



## THE TENT

Congregation Beth Jacob's Monthly Newsletter  
April, 2026

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### CBJ Calendar of Upcoming Events:

THURSDAY, April 23, 3:00 pm: Social Justice in Our Texts Program - "What We Leave for the Poor" with Rabbi Barry Block - . By Zoom. Free for everyone but registration is required. See the article for details.

April 1 at sundown: First Seder as Passover begins

April 2, 5:30 pm: CBJ's 2nd Night Community Passover Seder at Hotel 1620

April 3, 7:00 pm: Erev Shabbat Service (Zoom only)

Saturday, April 11, **10:15 am**: Shabbat Morning Service with Yizkor, Torah Study and bagel brunch at the Plymouth Public Library Board Room. Please rsvp if you plan to attend even if you are a "regular" who attends each week. . ([rsvp@cbjplymouth.org](mailto:rsvp@cbjplymouth.org)) (in person only) Thank you to Sisterhood for sponsoring the bagel brunch!

April 13, 7:00 pm: Sisterhood meeting (Zoom)

Tuesday, April 14, 7:00 pm: Yom Hashoah Community Service in the Fehlow Room at the Plymouth Public Library (Hybrid)

April 17, 7:00 pm: Erev Shabbat Service featuring Rachmiel, at Christ Church Parish, 149 Court Street, Plymouth (hybrid). The Oneg is being sponsored by Judith & Allan Sherman in honor of Allan's 88th birthday on March 16th and their 62nd wedding anniversary on March 21st.

April 24, Erev Yom Ha'atzmaut/Hadassah Service preceded by Israeli Dinner. Potluck dinner at 6:00; Shabbat service at 7:00pm. Location: Christ Church, 149 Court Street. Thank you to Myra Glansberg and members of Hadassah, who are hosting the Oneg following the service. [SIGN UP HERE](#) or click on the link below, **Please note that this is a MEAT meal (no dairy in any dishes!)** <https://www.signupgenius.com/go/60B0F49ADAD28AAF49-63123986-yomhaatzmaut#/>

Saturday, April 25, 2:00 pm - screening of A TREE OF LIFE: THE PITTSBURGH SYNAGOGUE SHOOTING, in the Fehlow Meeting Room at the Plymouth Public Library. This film creates a deeply personal, trauma-informed portrait of the survivors, victims, and victims' family members of the Pittsburgh Synagogue attack on October 27, 2018, and brings into sharp focus the hate-based crisis that threatens our collective safety and the very social fabric of our society. As the first film to document the survivor's stories and the only documentary with this level of personal access to the survivors and families of the victims, viewers will experience first-hand how the lives of those directly affected have profoundly changed and how the Pittsburgh community and the congregations set out on a path towards healing.

May 27th, 2026 Jewish Heritage Celebration at Fenway Park! See the article for details!

[To see the complete CBJ Calendar on our website, click here.](#)



# Community Passover Seder

Thursday, April 2, 2026  
5:00-8:00 p.m.

## Hotel 1620

180 Water Street | Plymouth, MA 02360

**Cost:** Adult Member \$52 / Kids (ages 12 and under) \$18;  
Adult: Non-Member \$62/ Non-member kids (ages 12 and under) \$20  
Space is limited.

**RSVP: Reserve your spot** no later than Friday, March 20, 2026.

Your payment is your reservation, and unfortunately, there are no refunds.

For questions, contact Dianne Bluestein via email at  
[dsbluestein@yahoo.com](mailto:dsbluestein@yahoo.com).

[Register Now](#)

# CBJ Community Passover Seder 2026

Our kosher-style, sit down Seder meal is professionally catered and formally served. A full meal includes gefilte fish, matzah ball soup, roasted chicken, potato and fresh vegetables, and all the traditional Passover foods, followed by fresh fruit and homemade macaroons. Wine and grape juice will be supplied. **A vegetarian option is available.**

**Price:** Adult: Members: \$52, Non-Members: \$62 Children (12 and under):  
Members: \$18, Non-Members: \$20

Although we requested RSVPs by March 20th, sometimes there are last minute cancellations. If you missed the deadline and would like to attend, you are welcome to join us if there is still space.

**[CLICK HERE TO REGISTER!](#)**

For questions, please contact Dianne Bluestein by email at  
[dsbluestein@yahoo.com](mailto:dsbluestein@yahoo.com)

# Passover

April 1-9



## Passover: Customs and Rituals

Passover is perhaps the most widely observed holiday of the entire year, and many families have long-standing, beloved traditions that have been passed down from generation to generation. But the heart of the holiday is telling the story of the Exodus from Egypt, and both old and new traditions are equally welcome in the celebration! The teaching of this story, which is so central to Jewish life and history, can be customized for all ages and learning levels, and getting everyone involved is always encouraged, so use your imagination, and the many resources available, and create a holiday celebration that's perfect for your family and friends.

Passover, along with Sukkot and Shavuot, is one of the Shalosh R'galim, or Three Pilgrimage Festivals, major holidays during which people in ancient times gathered in Jerusalem with their agricultural offerings. There are several mitzvot unique to Passover, which are evident in the customs and rituals of the holiday to this day: matzah; maror; chametz; biur chameitz (removal of leaven from the home); and the Haggadah.

## THE SEDER

The seder is the centerpiece of any Passover experience. A seder is a festive meal that takes place on the first night (and in some families also on the second night) of the holiday. Family and friends join together to celebrate. The word seder literally means "order," and the Passover seder has 15 separate steps in its traditional order. These steps are laid out in the Haggadah. Many congregations hold a community seder during at least one night of Passover. There are also synagogue services held on the first day of the holiday, and Yizkor services held on the last day.

**The 15 steps of the seder can be summed up by this Hebrew rhyme:**

Kadeish, Ur'chatz,  
Karpas, Yachatz,  
Magid, Rachtzah,  
Motzi, Matzah,  
Maror, Korech,  
Shulchan Oreich,  
Tzafun, Barech,  
Hallel, Nirtzah

**Listen to the "Order of the Seder," based on the ancient Babylonian chant (sung by Cantor Kathy Barr).**

<https://reformjudaism.org/media/audio/kadeish-urchatzmp3>

**Each of these 15 steps is summarized and explained below:**

### **Kadeish: Sanctification**

A blessing is recited over wine in honor of the holiday. When the seder falls on a Friday night, this version of the Kiddush is recited for Passover and Shabbat. When the seder falls on a Saturday night, we continue with a special version of Havdalah. The wine is then drunk. A second cup is then poured (but not yet drunk).

### **Ur'chatz: Washing**

Participants wash their hands without a blessing in preparation for eating the Karpas.

### **Karpas: Vegetable**

A vegetable (usually parsley) is dipped in salt water and eaten. The vegetable symbolizes the lowly origins of the Jewish people; the salt water symbolizes the tears shed as a result of our slavery. Parsley is a good vegetable to use for this purpose, because when you shake off the salt water, it looks like tears.

### **Yachatz: Breaking**

The middle of the three matzot on the table is broken into two pieces. The smaller part is returned to the pile, the larger one is set aside for the afikoman (see below).

### **Magid: The Story**

A retelling of the story of the Exodus from Egypt and the first Pesach. This begins with the youngest person asking The Four Questions, a set of questions about the proceedings designed to encourage participation in the seder. The Magid is designed to satisfy the needs of four different types of people: the wise ones, who want to know the technical details; the wicked ones, who exclude themselves (and learn the penalty for doing so); the simple ones, who need to know the basics; and the ones who are unable to ask, who don't even know enough to know what they need to know. At the end of the Magid, a blessing is recited over the second cup of wine and it is drunk.

### **Rachtzah: Washing**

Participants wash their hands again, this time with a blessing, in preparation for eating the matzah.

### **Motzi: Blessing over Grain Products**

HaMotzi, the blessing for bread or grain products used as a meal, is recited over the matzah.

### **Matzah: Blessing over Matzah**

A blessing specific to matzah is recited, and a bit of matzah is eaten.

### **Maror: Bitter Herbs**

A blessing is recited over a bitter vegetable (usually raw horseradish; sometimes romaine lettuce), and it is eaten. This gesture symbolizes the bitterness of slavery. The maror is dipped in charoset, which symbolizes the mortar used by the Jews in building during their slavery. Note that there are two bitter herbs on the seder plate: one labeled maror and one labeled chazeret. The one labeled maror should be used for maror and the one labeled chazeret should be used in the Koreich, below.

### **Koreich: The Sandwich**

Rabbi Hillel was of the opinion that the maror should be eaten together with matzah and the paschal offering in a sandwich. In his honor, we eat some maror on a piece of matzah, with some charoset. (Because we no longer sacrifice animals, so there is no paschal offering to eat).

### **Shulchan Oreich: Dinner**

A festive meal is eaten. There is no particular requirement regarding what to eat at this meal (except, of course, that chametz cannot be eaten). Among Ashkenazi Jews, gefilte fish and matzah ball soup are often eaten at the beginning of the meal. Roast chicken or turkey are common as traditional main courses, as is beef brisket. Jews with far-ranging palates can put their own unique, contemporary stamp on this meal.

### **Tzafun: The Afikoman**

The piece of matzah set aside earlier is eaten as “dessert,” the last food of the meal. Different families have different traditions relating to the afikoman. Some have the children hide it, while the parents have to either find it or ransom it back. Others have the parents hide it, with a small prize given to the finder. The idea is to keep the children awake and attentive throughout the pre-meal proceedings, in anticipation of this part of the seder.

### **Barech: Grace after Meals**

The third cup of wine is poured, and Birkat HaMazon is recited. This is similar to the grace that would be recited on any Shabbat, but with the special insertion for Passover. At the end, a blessing is said over the third cup of wine and it is drunk. The fourth cup is poured, including a cup set aside for the prophet Elijah, who is supposed to herald the Messiah, and is supposed to come on Pesach to do so. The door is then opened to invite Elijah into our homes.

To see a YouTube video explaining the Blessing After the Meal (Birkat HaMazon), [click here](#)

To see a wonderful YouTube video that will help you to learn the Birkat HaMazon (with transliteration), [click here](#).

### **Hallel: Praises**

The standard group of psalms that make up a full Hallel is recited at this point. A blessing is recited over the last cup of wine and it is drunk.

### **Nirtzah: Closing**

A simple statement that the seder has been completed, with a wish that next year, we may celebrate Pesach in Jerusalem (i.e., that the Messiah will come within the next year). The closing may be followed by various traditional songs, hymns and stories.

## RITUAL OBJECTS

The seder plate contains various symbolic foods referred to in the seder itself. The contents of a seder plate vary by tradition, but most of them contain a shankbone, lettuce, an egg, greens, a bitter herb, and charoset.

These symbolic foods should be placed near the leader of the seder. During the course of the seder, they are pointed out and explained:

On the seder plate (use either a special one for this purpose or a regular dinner plate), include:

Shankbone, zeroa, symbolizes the lamb that was sacrificed in ancient days

Roasted egg, beitzah, represents the Passover offering of ancient days, as well as the wholeness and continuing cycle of life

Bitter herbs, maror, a reminder of the bitter lives of the Hebrew slaves

Charoset, the mixture of apples, nuts, sweet wine, cinnamon and sugar in the Ashkenazic fashion or dates, nuts and sweet wine in the Sephardic tradition, reminds us of the bricks and mortar made by the Hebrew slaves

Greens, karpas, symbolizes spring, the time of year when Passover takes place

Also place on the table:

Three matzot (plural of matzah), on a plate with a cloth or napkin cover

Salt water, a reminder of the tears shed by the Hebrew slaves

Cup of Elijah, Kos Eliyahu, symbolizes the hope for a redemptive future

Along with these traditional symbols, families may choose to include a Cup of Miriam, Kos Miriam, a special goblet filled with water, on the holiday table. This symbol honors Miriam, the sister of Moses, who played a vital role in the history of our people. Many families and congregations add an orange to the seder plate, too, as a symbol of inclusion of the LGBTQ+ community and others who feel marginalized in Jewish life (not, as the story has often been told, as a symbol of women in the rabbinate).

The Haggadah (plural is haggadot) contains the text of the seder. There are many different haggadot: some concentrate on involving children in the seder; some concentrate on the sociological or social justice aspects of Passover; there are even historical haggadot and critical editions.

The afikoman is half of the middle matzah that is broken in the fourth step of the seder, yachatz. It is customary to hide the afikoman, and the person who finds it gets a prize! The afikoman is eaten last of all at the seder, during step 12, tzafun.

## Passover Foods

During Passover we eat matzah, or unleavened bread, and avoid eating chametz to remember our past and celebrate our freedom. Many of us also avoid eating kitniyot. Read on to learn what it is, what it means, and how we approach all of it during this holiday.

### WHAT IS CHAMETZ?

Chametz ("food that has leavened") refers to food containing any amount of wheat, barley, rye, oats, and spelt, that has leavened, or "puffed up."

### ISN'T MATZAH OFTEN MADE FROM WHEAT?

That's true, matzah is made from wheat. But, when matzah is made, the wheat flour is kept absolutely dry until it's mixed with water and immediately baked. Technically, it takes 18 minutes for flour to ferment and rise, so matzah must be prepared and baked in fewer than 18 minutes.

## OK. NOW, WHAT'S KITNIYOT?

Kitniyot ("small things") includes legumes, beans, peas, rice, millet, corn, and seeds. Many Ashkenazi Jews (Jews of central and eastern European descent) choose not to eat kitniyot on Passover.

## WHY DON'T PEOPLE EAT KITNIYOT ON PASSOVER?

There have been many reasons that Ashkenazic communities have refrained from eating kitniyot on Passover. For example, there was a concern that because kitniyot can be ground to make flour and then baked, one could mistakenly assume that their neighbor was eating chametz.

There was also concern that chametz grain might get mixed up with kitniyot if they were stored in close proximity. This kitniyot prohibition was not accepted by most Sephardic Jews (Jews of Spanish, Middle Eastern, and North African descent).

## DIDN'T I READ SOMEWHERE THAT REFORM JEWS CAN EAT KITNIYOT ON PASSOVER?

You likely did read that somewhere! Actually, three groups of Rabbis in the recent past have met and, independent of each other, ruled that both Ashkenazi and Sephardi Jews should be permitted to eat rice, corn, and kitniyot during Passover. These groups were the Responsa Committee of the Reform Jewish Movement (a responsa is a rabbinic decision), the Responsa Committee of the Israeli Conservative Movement, and the Conservative Movement's Committee on Jewish Law and Standards.

These rabbinical committees determined that the prohibition of eating rice, beans, and kitniyot is in direct contradiction to the opinion of all the sages of the Mishnah and Talmud (except one), and also contradicts the theory, as well as the practice of more than 50 post-Talmudic Sages. Opposition to the ban on eating kitniyot dates back to 13th-century France, when one rabbi called it "a mistaken company" and another calling it a "foolish custom."

Still, it's a personal decision, and many Reform Jews choose to abstain from eating kitniyot on Passover. (Check out this blog post about choosing foods to make your Passover meaningful.)

## What CAN We Eat on Passover?



[Click here to explore some wonderful recipes that are on the URJ \(Union for Reform Judaism\) website.](#) Oh my! Just looking through this page made me hungry!!





## From Mitzrayim to Massachusetts: A Passover Gathering for Immigrant Justice

Monday, April 6, 7:00-8:00 pm

This Passover season, join RAC-MA on Monday, April 6th for a virtual gathering connecting the story of the Exodus with the urgent call to support immigrant justice today. Through song, learning, and conversation, we'll reflect on the Passover themes of migration and freedom to explore what they ask of us in this moment. Together we'll share insights from Jewish tradition, connect in small-group discussions, and take meaningful action to support our immigrant neighbors. Come be inspired in community and ready to help build a more just and welcoming Massachusetts! By Zoom. [Register HERE.](#)

From  
**Mitzrayim to Massachusetts**

**A Passover Gathering  
for Immigrant Justice**



- Reflection on where we fit into the Passover story
- Conversation on Passover and immigration justice
- Sing together, discuss together, take action together.

**Monday, April 6, 7-8 PM on Zoom**

*Register with link below*

**rac** | **MASSACHUSETTS**  
RELIGIOUS ACTION CENTER  
OF REFORM JUDAISM

Click on the following link to register: <https://urj.tfaforms.net/901?id=701UG00000dO78U>

## Introduction to Judaism Class



**Wednesdays, February 4-May 13  
7:00-8:00 pm on Zoom.**

[Click HERE to Request the Zoom link.](#)

Why do we pray? How do we pray? What do our prayers mean? Do we simply mouth Hebrew words by memory or do we understand them? Come to our Introduction to Judaism class to learn more!

The class is being taught by Rabbi Mills, together with Barbara Aharoni. All are welcome.

The fee is \$150 for Non-Members (which will be applied as a credit if the participant joins the congregation); free for members of CBJ who would like to learn more about Judaism.

Financial hardship scholarships are available. Please email Rabbi Estelle Mills at [cbjplymouthrabbi@gmail.com](mailto:cbjplymouthrabbi@gmail.com) for any financial assistance.

There is no requirement to attend every week. Classes will be recorded for students to rewatch any missed sessions. However, these recordings will not be made public. They will be made available, upon request.



## REFLECTIONS FROM THE RABBI

When we think of the Jewish New Year, *Rosh Hashanah* and the solemn tone of the High Holy Days come to mind. During the holy days, our prayers remind us that we are growing older, that life is fleeting, and that we must examine and make changes in our actions. We celebrate *Rosh Hashanah*, however, in Elul, the seventh month of our Jewish calendar.

The Torah however also refers to the first day of the month of *Nissan*, the month of Passover as the New Year. The Rabbis explained that the reason why both *Elul*, a fall month, and *Nissan*, a spring month are associated with New Years' can be understood by observing natural order. There are two times during the year when we feel an end and a beginning. One is in the fall, with the departure of summer and warm weather and when farmers gather their crops. The other is the spring, when we respond to the change of seasons with excitement about the longer days, increased sunshine, and the budding of the trees and flowers. The delight that often accompanies the beginning of spring is wonderfully expressed in Song of Songs, the biblical book we read on Passover which exclaims "*For now winter is past, the rains are over and gone, the blossoms have appeared, and the song of the turtledove is again heard in our land (2:11-12).*"

Because spring is a more joyous time than fall, *Nissan*, the month of Passover, and not *Elul*, was proclaimed the first month of our calendar. The mood at Passover is festive, celebrating spring, birth, and rebirth, rather than warning of death. Passover is usually celebrated with family and friends and the youth are not only encouraged to participate, but they also have specific roles. At Passover, we celebrate the next generation and pass on to them the value of being part of the Jewish people. In addition, Passover and spring invite us to enjoy the sunshine and flowers and take notice that much of nature which turned brown or disappeared six months ago has come back to life. Barren trees are blossoming, withered grass is turning green and growing once again. Passover (*Pesach* in Hebrew), also known as *Chag Aviv*, the Spring holiday, the festival of hope, calls on us to celebrate life!

Passover brings with it a surge of optimism and hope. This optimism is reflected in *Dayenu*, "it would have been enough". The message of this song and ultimately of our Seders is to let us concentrate on what has gone well, what we have achieved, and the

many blessings in our lives. As we celebrate Passover this year, think of how many *dayenu* verses each of us can thankfully recite.

Passover teaches us to keep hope alive like our enslaved ancestors in Egypt. During our Seders this year, let us celebrate the good like the Israelites who danced at the shores of the Reed Sea rather than dwelling on the desert stretching before them. Let us each take a moment to remember that Passover celebrates the coming of spring once again, the beautiful beginning of a new year in our calendar, and an opportunity to reflect on all the good in our lives and the world. As we sit down to Seder 2026, be thankful for having lived to see another spring burst forth and celebrate rebirth and freedom. *Chag Pesach Sameach*- Happy Passover! May this Passover truly be a celebration of life, of freedom, of new beginnings, and of the coming of spring.

### **A Second (short) Reflection from Rabbi Mills**

As I write this, I am listening to the final speaker of what has been one of the most incredibly impactful, deep, and thoughtful learning experiences of my career. I feel greatly honored and so grateful to be one of the 150 rabbis across all Jewish denominations to be included in this "invite only" conference. I have spent the last three days learning with and from the most respected rabbinic colleagues and Jewish leaders of contemporary times. Please see the link below for more information. I will be sharing more with you in the weeks to come.

<https://ejewishphilanthropy.com/150-rabbis-congregate-for-zionism-conference-am-id-fraught-moment-for-jewish-identity/>

Warmly  
Rabbi Mills



## MEMBERSHIP NEWS

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at [ahabubs@gmail.com](mailto:ahabubs@gmail.com). [Click here for a link to CBJ's Application Form.](#)



To Allan Sherman on his 88th birthday and Judith & Allan Sherman on their 62rd Wedding Anniversary!



### **Heartfelt Condolences and Sympathy to Dr. Al Baum on the Passing of His beloved wife, Marcia**

The congregation extends our heartfelt condolences and sympathy to Dr. Al Baum and his family on the passing of his beloved wife, Marcia, on March 22nd. Burial was at the Beth Jacob portion of the Vine Brook Cemetery on March 25th.

Zichrona Livracha זכרונה לברכה

May Marcia's memory be for a blessing.

## Adult Education

"Social Justice in Our Texts" is a monthly, free, Zoom-based program exploring how our Jewish sacred texts speak to today's pressing social issues such as reproductive rights, climate change, racial justice, poverty, LGBTQ+ rights, and so much more. These classes are accessible, deeply rooted in Jewish values and focused on some of the most important issues of our time. **All of the sessions are free and open to anyone.** The classes are taught by our rabbis from across the liberal movements. Register at [laasok.org/current-offerings/#justice](https://laasok.org/current-offerings/#justice)

# Social Justice in our Texts

## Jewish Wisdom for Building a Better World

יָדָה  
tzedeq  
justice

A monthly 1-hour study session - free and open to all

Programs are Mondays at 3pm ET / Noon PT

 <p style="text-align: center; font-weight: bold;">Human Rights, Jewish Roots</p> <p style="text-align: center;">Rabbi Gabriel Kanter-Webber September 15, 2025</p>	 <p style="text-align: center; font-weight: bold;">Prophetic Voices Then and Now</p> <p style="text-align: center;">Rabbi Barbara Symons October 20, 2025</p>
 <p style="text-align: center; font-weight: bold;">Bodily Autonomy &amp; Reproductive Rights</p> <p style="text-align: center;">Rabbi Cookie Lea Olshein November 17, 2025</p>	 <p style="text-align: center; font-weight: bold;">Repairing the World: Tikkun Olam as a Mystical Praxis</p> <p style="text-align: center;">Rabbi Leah Moser December 8, 2025</p>
 <p style="text-align: center; font-weight: bold;">The Torah of Reparations</p> <p style="text-align: center;">Jordan Berg Powers January 12, 2026</p>	 <p style="text-align: center; font-weight: bold;">Jewish Responses to Climate Change</p> <p style="text-align: center;">Rabbi Glenn Jacob February 2, 2026</p>
 <p style="text-align: center; font-weight: bold;">Speaking Up to Power: Learning From Esther</p> <p style="text-align: center;">Rabbi Laura Rappaport March 2, 2026</p>	 <p style="text-align: center; font-weight: bold;">What We Leave for the Poor</p> <p style="text-align: center;">Rabbi Barry Block Thursday, April 23, 2026</p>
 <p style="text-align: center; font-weight: bold;">The Right to Live, The Right to Die</p> <p style="text-align: center;">Rabbi Sylvia Rothschild May 11, 2026</p>	 <p style="text-align: center; font-weight: bold;">Protecting LGBTQ+ Rights: A Jewish View</p> <p style="text-align: center;">Rabbi Micah Buck June 8, 2026</p>




















**The Next Program:  
What We Leave for the Poor  
THURSDAY, April 23, at 3pm  
With Rabbi Barry Block**



Vashti, Mordechai and Esther all speak up for justice and righteousness in the book of Esther in different ways. Their approaches don't all prove effective. How does the book help inform our own choices when faced with injustice?

**Free and open to all, but registration is required.**

[CLICK HERE TO REGISTER.](#)

[laasok.org/current-offerings/#justice](https://laasok.org/current-offerings/#justice)

**Oh No! Did You Miss the Bus?**



Did you miss the presentation by Rabbi Laura Rappaport, entitled “Speaking Up to Power: Learning from Esther?” No worries!

[Click on the link below for the YouTube recording.](#)



**Study the Weekly Torah Portion from a Mussar approach with Rabbi Mills  
Thursdays, from 7:00-8:00 pm (by Zoom)  
You Are Welcome to Join at Any Time!**

On Thursday evenings, Rabbi Mills has been leading a Torah study class that approaches each weekly Torah portion using the Jewish spiritual practice of Mussar, which focuses on personal ethical and spiritual growth, aims to cultivate virtues and improve one's character. It emphasizes self-reflection and mindful actions to align one's behavior with core Jewish values. The practice involves identifying areas for improvement (middot or soul traits) and developing a daily routine that includes a mantra, mindful action, and journaling. The class is interactive, with participants encouraged to share their experiences and insights with each other. Strong bonds of friendship have developed since the class started in early January, as we have met each week and learned more about each other. And perhaps that is one of the most important teachings: Discovering the importance of knowing and caring about others in our Jewish family and our community at large.

Mussar offers a framework and a toolkit for translating the philosophical wisdom of kabbalah into a personalized, ongoing spiritual discipline. Although compared to Mussar, Kabbalah is the more widely known branch of Jewish spirituality, Mussar is a more reachable way to incorporate spirituality into your life. (Before we can change the world, we must first strive to perfect ourselves.)

**Recommended Text:** The class is using Rabbi Barry Block's text: The Mussar Torah commentary which you can read more about and order using this link::

[https://www.ccarpress.org/shopping\\_product\\_detail.asp?pid=50475](https://www.ccarpress.org/shopping_product_detail.asp?pid=50475)

All individuals taking the class should consider purchasing this book since it will help you to follow along, **It is also available on Amazon.** Search for **The Mussar Torah Commentary: A Spiritual Path to Living a Meaningful and Ethical Life** by Rabbi Barry H. Block. The Kindle edition costs \$9.99.

To read more about this class and about Mussar, click below.

<https://drive.google.com/file/d/1HVabTIdM6A1VL8GOqr4CmMIDVqAxNTdn/view?usp=sharing>

**Pre-registration is not required. Each week's class is self-contained, so there is no need to commit to attend the entire course. You may attend whenever it is convenient.**

**The Zoom link:**

<https://us02web.zoom.us/j/83422046402?pwd=NGWoLRbY7vz9FntsIwWhbzU7XCn9J6.1>

Meeting ID: 834 2204 6402

Passcode: 208323



**CRAIGVILLE RETREAT:**  
**Sound, Silence, and Deep Stillness on Cape Cod**  
With Aviva Chernick.  
**May 24-27, 2026**

Sound, Silence and Stillness on Cape Cod is an invitation to dive inward through deep rest, stillness, tranquility and peace. Through experience including sacred sound and song, wisdom teaching, guided meditation and recurring periods of social silence, we may find the still, small voice within, the voice of Emet/Truth. Regularly scheduled periods of walking meditation, sitting meditation and social silence create the structure of the retreat and allow for deep integration of the practice.

**Aviva Chernick**

Aviva Chernick, our retreat teacher, is an award-winning singer and teacher of voice and meditation. She is known and widely admired for her riveting voice, inviting presence, and extraordinary weaving of ritual. For more information about Aviva, visit: [Neyshev.com](http://Neyshev.com)

**Sponsor**

This retreat is sponsored by a new organization, Menuchah on Cape Cod, created by Mark Russo and friends. Menuchah is a Hebrew word meaning deep rest, stillness, tranquility and peace. We aim to foster contemplative retreat experiences with particular emphasis on beautiful natural settings, warm hospitality, presence and dedicated practice.

**Accommodations**

Two options are available for this retreat: Residential or Commuter (both include all meals)

1. Costs for Residential Option staying in one of the Craigsville summer cottage rooms, most with dedicated bathrooms (includes accommodations, all meals, use of retreat facility)

\*Single \$450 \*Double \$500 \*Triple or quad \$550

2. Cost for Commuter Retreat Option: (includes all meals and use of facility)

\*\$400 (you make your own accommodations for the overnight stays; a list of nearby Bed and Breakfasts will be provided)

**For Detailed Information, Registration Form, and listing of B&B's in the area for those who would like to arrange their own accommodations, [CLICK HERE](#). or on the following link:**

<https://drive.google.com/file/d/1ULkNKyUbj1YDEbLce7HIHvvVXmfRH36z/view?usp=sharing>

## Beit Sefer News



Under the leadership of Rabbi Mills, CBJ's Religious School provides a program where students master the skills of Hebrew reading, learn the ritual prayers and songs that are integral to our religious services, learn about Jewish history and the lessons about Jewish values and ethics in the Torah - all taught in a creative way that engages them. Students have become comfortable and familiar with being on the Bimah and leading portions of Shabbat services long before their Bar or Bat Mitzvah ceremonies. Our theme for the year has been Israel Extravaganza.

To see the entire Beit Sefer Calendar, click below:

<https://drive.google.com/file/d/1w00k4l315DN3uzEMslm0dNHYhYorElwS/view?usp=sharing>

CONGREGATION BETH JACOB 2025-2026 BEIT SEFER CALENDAR	
September 7, 2025	1. The Founders (the Yishuv Period)
September 14, 2025	2. Overview of pre-1948 History
September 21, 2025	3. Rosh Hashana Lesson
September 28, 2025	4. Yom Kippur Lesson
October 5, 2025	5. Sukkot Lesson
October 12, 2025	NO SCHOOL: Indigenous People Day
October 19, 2025	6. Simchat Torah Lesson
October 26, 2025	7. Pre-Independence Challenges
November 2, 2025	8. Yishuv to Declaration of Independence
November 9, 2025	9. The IDF and the Independence War
November 16, 2025	10. Kibbutzim and Moshavim
November 23, 2025	11. Knesset and the Government
November 30, 2025	NO SCHOOL: Thanksgiving Weekend
December 7, 2025	12. Geography: Cities and Famous Places
December 14, 2025	13. Chanukah Lesson
December 21, 2025	NO SCHOOL: New Year's Break
December 28, 2025	NO SCHOOL: New Year's Break
January 4, 2026	14. Foods of Israel
January 11, 2026	15. The Israeli Arab & the Palestinian Arab
January 18, 2026	NO SCHOOL: President's Day Weekend
January 25, 2026	NO SCHOOL SNOW DAY
February 1, 2026	NO SCHOOL SNOW DAY
February 8, 2026	NO SCHOOL SNOW DAY
February 15, 2026	NO SCHOOL WINTER BREAK
February 22, 2026	NO SCHOOL: WINTER BREAK
March 1, 2026	16. Tu B'Shvat: Making the Desert Bloom
March 8, 2026	17. Purim Carnival
March 15, 2026	18. Medot: Ashkenazi, Sephardi, Mizrahi
March 22, 2026	19. Magic Carpet: Ethiopian Jews
March 29, 2026	21. Passover Lesson: Celebrating Mimouna
April 5, 2026	22. Culture: Music, Sports & Famous Israelis
April 12, 2026	23 Yom Ha'atzmaut: What is Zionism
April 19, 2026	NO SCHOOL: Spring Break
April 26, 2026	NO SCHOOL: Spring Break
May 3, 2025	24. Lag B'omer Lesson (archery range)
May 10, 2025	NO SCHOOL: Mother's Day
May 17, 2025	25. Shavuot Lesson (rock climbing gym?)

### SPECIAL EVENTS

- ❖ **Saturday, September 13, 5:30 P.M.**  
Selichot on a Boat
- ❖ **Tuesday, September 23, 10 A.M.**  
Rosh Hashana Youth Service
- ❖ **Wednesday, October 1, 10 A.M.**  
Yom Kippur Youth Service
- ❖ **Friday, October 10, 5:00 P.M.**  
Beit Sefer Sukkot on the Farm
- ❖ **Friday, October 17, 6:00 P.M.**  
Family Simchat Torah Service
- ❖ **Friday, December 12, 6:00 P.M.\***  
Family Chanukah Dinner & Service
- ❖ **Friday, March 6, 7:00 P.M.**  
Family Purim Dinner & Service
- ❖ **Thursday, April 2, 5:30 P.M.**  
Second Night Passover Seder

26. May 31<sup>st</sup>: The Bedouin  
27. June 7: Religious vs secular

### The Beit Sefer Calendar for April:

Thursday, April 2, 5:30 pm: Second Night Passover Seder

April 5: Culture, Music, Sports and Famous Israelis

April 12: Yom Ha'Hatzmaut: What is Zionism

April 19: No School - Spring Break

April 26: No School - Spring Break

## **Our Teen Talk Learning and Social Program for our Post-B'nai Mitzvah Students!**



Teen talk is a joint learning and social program for our post-B'nai Mitzvah students (grades 8-12) that is a cooperative program between Congregation Beth Jacob and Cape Cod Synagogue in Hyannis and Falmouth Jewish Congregation. This program meets monthly on Sundays from 12:30 to 2:30 usually in a location in Sandwich which is equal distance for all 3 congregations. We have been discussing the Jewish view on mature topics that we cannot do at a younger age such as antisemitism or the Jewish view of afterlife as well as having the opportunity to meet and socialize with other Jewish teens in the area. The sessions include lunch.

The highlight of this year is a trip to follow in the footsteps of the Jews who impacted the Civil Rights Movement with a trip through key places in the deep south. This program also will facilitate going as a group to NFTY-NE (National Federation of Temple Youth-North East) social events in the Boston area.

### **REMAINING DATES FOR 2026:**

April 12

May 17

**Are You in Your 20's or Early 30's?  
Looking for a Social Group to Meet Other Jewish Individuals in the  
Plymouth Area?  
CBJ Gen Z is For You!**



For all those in their 20's and early 30's, CBJ has started a new social group to help meet other Jewish individuals your age in the Plymouth area. Singles and couples are welcome, and significant others need not be Jewish. The first meeting was held on October 21st at 6:15 pm at Tree House Brewing in Sandwich. To be put on the email list of their activities please email Noa Mills at [noa.r.mills@gmail.com](mailto:noa.r.mills@gmail.com).



## **The Essential Prayers and Songs for Our Shabbat Evening Services**

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here](#).



**Limud Torah/Torah Study Group  
with Rabbi Emeritus Lawrence Silverman  
Monday mornings, from 8:30-9:45 am**

**NEW LINK BELOW!**

**For updated information about meeting dates, please contact Rabbi Silverman at [rabbilawrence@gmail.com](mailto:rabbilawrence@gmail.com).**

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/82165076579?pwd=OEBcT7R8YQQDWGPpbn98karyLBqs9w.1>

## **Social Action Overnights of Hospitality The Last Date This Year: April 4**

CBJ is invited to participate with many of the Plymouth area churches in supporting **The Plymouth Taskforce to End Homelessness**. Starting on Sunday, November 30th, the Plymouth Taskforce to End Homelessness, in collaboration with the Father Bill's and Mainspring (FBMS) organization, offered winter emergency shelter to 20-25 single individuals through Saturday, April 4th. The Taskforce needs folks to serve as Shelter Volunteers and Meal Providers. Shelter Volunteers commit to give one evening of their time from 4:45 to approximately 9:00 pm. They provide support to the FBMS staff. Meal Providers prepare meals at home to serve at the shelter. Since it started on Sunday, November 30th of last year, the shelter has rotated weekly among three congregations - Christ Church, First Baptist Church and St Mary's and St. Joseph Collaborative at St Mary's Parish Center, using the fellowship halls. Orientation is provided. This program will end for this season on April 4th.

- To sign up as a Shelter Volunteer or Meal Provider, go to <https://www.mealtrain.com/trains/k4w5gd>. Slots for Meal Providers tend to fill up quickly.
- To review the Shelter Volunteer and Meal Provider guidelines, go to <https://plymouth-taskforce-homeless.org>
- Questions? Call Connie Melahoures, President of the Plymouth Taskforce to End Homelessness at 508.367.0516 or email [conmel@aol.com](mailto:conmel@aol.com)



**PLEASE HELP THE LOCAL PLYMOUTH IMMIGRANT COMMUNITY  
THROUGH THE NEW FORMED ACTION WITH NEIGHBORS GROUP  
a collaboration of our local houses of worship**

If you have a monetary donation, please make the check out out and mail it to:

Peace Abbey Foundation  
8 Town Square  
Plymouth, MA 02360

We are collecting-

- Gift cards to Walmart, Market Basket
- Food: Dried white rice, dried black beans, red beans, canned beans, Goya spices, garlic powder, paprika, canola oil, pasta, canned tomato products, bags of onions, garlic, Goya cookies.
- Monetary donations for rent, legal aide, utilities
- Baby products: Diapers- Size 1,4,5 and 6, wipes, baby wash, baby lotion
- Kids/adult Clothing: hats, gloves, winter coats- 2T, 5, 6 (boys and girls), teens (boys and girls), adults (women and men), socks men and women, boys and girls, babies (infant, 4 mos, 6 months to 2T)

**Together we CAN do what we cannot do apart.**



As we leave the past behind, we look forward to a bright future for CBJ in the year that lies ahead. The contents of the synagogue have been packed up and moved to a secure storage facility. During our transition year, we have been holding our in-person Shabbat services at Christ Church (on the corner of Court and Lothrop Streets in Plymouth, at the Plymouth Public Library, on Zoom, outdoors, and in congregants' homes. (Thank you to Jack and Nora Luftman for their generosity in providing their beautiful home for our Erev Shabbat service on March 20th.) Our Beit Sefer classes are being held in Robinson Hall at the Church of the Pilgrimage. "God Provides!" For a while, we will be "wandering Jews," but we joyfully anticipate being in our new building in the near future. Our new home will be fully handicapped accessible, will offer adequate parking, will have space for us to hold social and education events, will provide an inviting environment for our Hebrew School students to meet and learn, and will have a kitchen that is large enough to accommodate congregational dinners. This new space will give us the opportunity to grow and flourish far into the future.

We are scheduled to officially close on our historic synagogue building in the next couple of weeks and are scheduled to close on the 279 Summer Street property by May, after we have filed the necessary permits and they have been approved by the Planning Board.

In the coming months, the land at our 279 Summer Street site will then be cleared, and we will hire an architect to design our new Morton-style steel building to be constructed. Examples of Morton religious buildings can be seen at <https://mortonbuildings.com/projects/church>. The architectural renderings for the exterior and interior of our new building will be provided to the Congregation when they are available. The photograph below of a Reform synagogue in Greenwich, Connecticut will give you a better idea of how our new building will look.



### **New Building Gala Fundraising Kickoff Event - May 2nd!**

Our fundraising kickoff event has been scheduled for May 2nd, when we'll share full updates and begin officially meeting with congregants and other donors. Watch your mailbox for your invitation!

## **What You Should Know About CBJ's Temporary Home for Erev Shabbat Services During Our Transition**

During the transition period while our new synagogue building is being constructed, Erev Shabbat Services will be held at Christ Church Parish, which is located at 149 Court Street in Plymouth (at the corner of Court and Lothrop Streets.)



Christ Church Parish is an Episcopal church, and we have been offered the use of their beautiful facilities, providing ample space for our Friday evening services and the use of their well-appointed kitchen and large social hall for our Onegs. We have been provided space to store our Torah, prayerbooks, and other ritual objects, and there are no Christian images or artifacts in the areas that we will be using.

### **There's No Harm in Asking....**



We are looking for individuals to host some services and our monthly potluck dinners in their home during the months our new building will be under construction. If you are willing to host a dinner and service in your home, please contact Rabbi Mills. ([cbjplymouthrabbi@gmail.com](mailto:cbjplymouthrabbi@gmail.com))



As we all know, “It takes a village” to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

**Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. There are so many different ways that your skills could enhance CBJ!**

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help. [president@cbjplymouth.org](mailto:president@cbjplymouth.org)



### **Please Volunteer to Sponsor an Oneg in 2026!**

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members.

When you are a member of our congregation, you are asked to step forward **once a year** to host or sponsor an Oneg Shabbat for the members who attend services in person. Sponsors are asked to contribute \$54.00 to cover the cost for the Oneg. We will purchase the foods for the Oneg table, set up and clean up. [Click here to sign up for a specific date and pay.](#) If you prefer, you may send a check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Avenue, Plymouth, MA 02360.

Hosts are expected to purchase or bake the items for the Oneg and be there in person to help to set up and clean up. The choice of food items is up to you. The Oneg can be as elaborate or as simple as you like.

Please contact our Oneg Coordinator, Trish Garland ([trishrgarland@gmail.com](mailto:trishrgarland@gmail.com)) if you would like to sponsor or host an Oneg. Trish can provide advice about what items are popular, such as fresh fruit, nuts, baked goods (not necessarily homemade), ice cream with toppings, etc. It's a mitzvah!



Thank You to the following families who have volunteered to sponsor or host an Oneg in the coming months::

1. April 17 - Allan & Judith Sherman, in honor of Allan's 88th birthday and their 62nd wedding anniversary.
2. April 24 - Myra Glansberg and the Plymouth Chapter of Hadassah - in honor of Yom Ha'Atzmaut and Hadassah
3. May 8 - Norm & Lillian Vickery ((S'more Oneg on Lag B'omer)
4. May 15 - Ruth& Ken Perlow



**2026 Jewish Heritage Celebration Night at Fenway  
Wednesday, May 27th! (Red Sox v Atlanta Braves)  
SIGN UP NOW BEFORE THE MAY 20th DEADLINE!**

Join us along with all of the other Boston area congregations at Fenway Park for Jewish Heritage Celebration Night at Fenway Park! While there are no guarantees that the Sox will win, hope springs eternal in the human breast of Red Sox fans everywhere!!

As an additional bonus, ticket holders who purchase through this special offer will receive a Red Sox Jewish Heritage Jersey with BOSTON written in Hebrew! (see the photo below..) Jerseys will be available in sizes Adult S-XL, with sizes distributed on a first-come, first-served basis. This jersey is a beauty - well worth the price of the ticket all by itself.



**TICKET PRICES:** Special group pricing is available only until May 20th and we will need 15 participants in order to qualify for the reduced rate. Depending on the number of people who respond, we will either hire a bus, as we did last year, or provide the option of carpooling to all who are interested. The price per ticket will be \$43 (ticket cost of \$38 + \$5 handling fee) for grandstand seats.

**TRANSPORTATION:** Sign up to take the bus to Fenway Park. It's cheaper than driving and paying to park at Fenway Park. We will have two stops:

1st pickup at 4:45pm: Park n Ride at exit 13

2nd pickup at 5:15pm: Route 228 Park n Ride at exit 35

Cost: \$25pp (Kids under 13 are free)

[Click HERE for details and registration form..](#)



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

**Yahrzeit/General Fund:**

Phyllis Klasky In Loving Memory of Lois Klasky, Dinah VanWest Philip VanWest

**Gift Card Program:**

Jeff Isaacson

**Ray & Milly Russo Cultural Heritage & Arts Fund:**

Jack & Nora Luftman

**The Rose Sherman Geller Fund for Jewish Family Life  
(to support the funding of Rachmiel Klein's musical services):**

Harry and Barbara Aharoni-Shamr - in Loving memory of Cousin Stanley Goldfarb

**Rachmiel Klein's Cantorial Services: Allan & Judith Sherman**



**Funding for Rachmiel Klein's Monthly Cantorial Performances**

Rachmiel has been a featured songleader at our Shabbat services over the past year, adding a new vibrancy and joy to our worship. His fee is not paid from your dues or from CBJ's General Fund, but is being subsidized by generous donations from a congregant family, together with contributions from the Ray & Milly Russo Fund for Music and the Arts and the Rose Sherman Geller Fund for Jewish Family Life. If you have been enjoying the music of Rachmiel Klein at our services, you may wish to contribute to those funds or make a small monthly donation designated for the funding of Rachmiel's cantorial services. [Click here for a list of funds where donations may be made.](#)

[Click here to make a donation online.](#)





### **Yahrzeits That Will be Observed This Month**

*(A memorial candle should be lit on the preceding evening.)*

#### **April**

- 1 Sadye Sherman Gereboff - Rose Geller's sister/Fund donor
- 1 Louis Segal - Millie Segal's husband
- 1 Albert A. Silverman - Rabbi Lawrence Silverman's father
- 2 Drazel Carlin
- 2 Miryam Mokuvos - Sandra Bellush's Mother
- 3 Samuel Poretsky - Rhonda John's father
- 3 Irving J. Sadow
- 3 Leah Supornick - Susan Moore's aunt
- 3 Mitchell Toabe - Past President
- 5 Milton C. Engel - Brad Engel's father
- 5 Fannie Penn - Muriel Swartz's grandmother
- 5 Aaron Slawsby
- 6 Victor A. Shiff - Past President; Ethel Shiff's husband
- 8 Jennifer Ruggeri - Kimberly Glover's sister
- 9 Maurice Benjamin Resnick - CBJ Founder
- 9 Max Winokur
- 10 Joseph Greenberg - Alyce Gladstein's father
- 10 Cecille Rosen - Jack Rosen's sister
- 10 Joseph Barney Van West - Lois Klasky's brother
- 11 David Keil
- 11 Rosalyn Kraus - Sandy Spekman's mother
- 12 Barry S. Meltzer - Long time member
- 13 James Moore - Susan Moore's brother
- 14 Eleanor Goldberg - Mark Goldberg's mother
- 14 Hyman John Klasky - Harriette Minsky & Mel Klasky's father
- 16 Robert Goldberg - Lane Goldberg's father
- 17 Lily Winter - Sherri Sore's grandparents
- 20 Morris Bindow - Barbara Barron's father
- 20 Morton Hollander - Robin Goldstein's uncle
- 20 Jacob Keller
- 21 Allan Elowitz (Croitoru) - Ronald Elowitz's father
- 21 Estelle Pokross Sherman - Hy Sherman's wife and Allan Sherman's aunt
- 22 Estelle Epstein - Suzanne Goldberg's mother
- 22 Lillian Goober - Lynne Bryan's mother
- 22 Frances Riback - Ronnie Hirschhorn's mother
- 22 Celia Sadow
- 22 Fannie D. Shiff - Ethel Shiff's mother-in-law
- 23 Samuel B. Fortunow
- 26 Harry Jacobson

26 Helen Spekman - Hyman Spekman's mother  
27 Helen Pearce - David Sollar's grandmother  
29 Maurice Treppel - Jerry Treppel's father  
30 Arthur E. Jacobs - Michelle Baken's father  
30 Muriel Swartz - Linda Hurwitz's mother

*May their memory forever abide as a blessing.*

### **Yahrzeit Donations**

[Donations in memory of a loved one may be made here.](#)



### **Food Bank Donations to Families in Need**

**The need for food assistance is greater than ever in the Plymouth area,** As of November first, the Supplemental Nutrition Assistance Program (SNAP) has had no government funding. This will affect 41.7 million Americans who depend on SNAP to feed their children and themselves, including our seniors. CBJ Beit Sefer has already been collecting food for Tikkun Olam.

Many of our congregants are anxious to respond to this outrage by donating to our CBJ Food Drive. Below are guidelines for what items are needed most urgently. **Please be aware that for donations to SNAP, the focus is on the quality and safety of canned goods rather than just the expiration date. High-acid canned goods (like tomatoes) are best within 18 months past the date, while low-acid foods (like meats and vegetables) can last 2-5 years or more.** [Click HERE for guidelines for what items are needed most urgently.](#)

**Please bring non-perishable food items, as well as disposable diapers and personal hygiene items when you attend services in person.**

**Cash Donations:** If you wish to make a monetary donation, you may do so online [using this link](https://www.cbjplymouth.org/donate/donate-now), (<https://www.cbjplymouth.org/donate/donate-now>) or you may send a check to Congregation Beth Jacob, PO Box 3284, Plymouth, MA 02361, Attention: Treasurer. **Be sure to note that this is a donation for the Food Bank.**



**The Next Sisterhood Meeting  
Monday, April 13, at 7:00 pm (Zoom)**

Regular Monthly Sisterhood Meetings: are held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Please come to the meeting and share your ideas!

**The Zoom link for Sisterhood Meetings:**

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzZmSTRJZ2J6VmM2WIBZenpXZz09>  
Meeting ID: 818 8510 6141 Passcode: 579857

**To join Sisterhood or to renew your membership, see below.**  
(If you have already paid your dues, Thank You!)

Sisterhood has always been a backbone of CBJ, with its donation to the temple, the sponsoring of onegs and other events, and its various activities. In order for Sisterhood to continue in this vital role, we need you!!! **It is not necessary to be a member of CBJ to be a member of Sisterhood.**

There are 3 levels of dues: \$25- Ruby level; \$36- Emerald level; and \$54- Diamond level

Please send your check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Ave. Plymouth, MA 02360.

**OR**

You may pay online at <https://my.cheddarup.com/c/cbj-sisterhood/items>

**The Next Planned Sisterhood Program**



A Visit to the Duxbury Art Museum and Lunch  
April 23rd, 12:00 noon

RSVP to Ronnie Hirschhorn if you would like to come to the museum and/or lunch afterwards.

[aprocess@aol.com](mailto:aprocess@aol.com)



## Sisterhood Application Form 2025-2026

Name \_\_\_\_\_

Phone \_\_\_\_\_ (home) \_\_\_\_\_ (cell)

Email \_\_\_\_\_

Area of interest \_\_\_\_\_

Talent you would be willing to share with the group \_\_\_\_\_

Program suggestions \_\_\_\_\_

If you prefer to be an inactive member, please indicate that preference here: \_\_\_\_\_

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities. **You do not have to be a member of CBJ to join our Sisterhood (although we hope that you will!)**

**Ruby Membership:** \_\_\_\_\_ \$25.00

**Emerald Membership:** \_\_\_\_\_ \$36.00

**Diamond Membership:** \_\_\_\_\_ \$54.00

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.

**NEW! ONLINE PAYMENTS ARE NOW AVAILABLE!**

You may now pay your Sisterhood dues online! [CLICK HERE!](#) Be sure to note that your payment is for Sisterhood dues. Thank you!

**If you have already paid your dues, THANK YOU!**

## CBJ Gift Card Program



Please support CBJ by purchasing Gift Cards. When you do, CBJ receives a substantial commission and it costs you nothing.

Which popular restaurants and retail firms participate in our Gift Card program? Texas Roadhouse, Panera, Chipotle, Olive Garden, Fridays, Chili's, and 99, along with retail firms such as Stop & Shop, Shaw's, Big Y, Walmart, TJ Maxx, Marshall's, Zappo's Walgreen's, CVS (gift cards can be used to pay for your prescriptions), Home Depot, and hundreds of others.

[Check out this link to get a partial listing.](#)

### You Can Order Gift Cards Online!

To order gift cards online, download the RaiseRight app on your Smartphone or computer. Set up your method of payment. **Enter CBJ's Enrollment Code 3477L3C988L9 which will designate Congregation Beth Jacob as your organization.** The gift cards can be mailed to you, or better yet, they will be available instantly in digital form in your RaiseRight wallet on your phone. Gift cards can also be refilled online. How convenient is that!

### You Can Now Book Travel through RaiseRight!

Make your earnings go the distance! You can now book hotels and car rentals directly through RaiseRight. Enjoy low prices, higher earnings, and the flexibility of booking with a credit or debit card while you raise money for CBJ! More information is available on [RaiseRight.com](http://RaiseRight.com).



## Brotherhood Bowling

### The 1st and 3rd Thursdays of the Month at 3:00 pm at Kingston Ten Pins

We bowl 3 strings and pay only the special rate of \$4.50/string. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at [scteles@aol.com](mailto:scteles@aol.com) or Arnold Gladstein at [aralglad@verizon.net](mailto:aralglad@verizon.net) and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!

## Recipe for Flourless Chocolate Cake



**This is the BEST Flourless Chocolate Cake recipe. It is easy to make, gluten-free, and oh so decadent! It is the perfect dessert for any occasion.(but especially for Passover!) (This recipe is from King Arthur Flour. Does anyone else find that to be funny?)**

Prep Time 15 minutes; Cook Time 25 minutes

Servings: 16 Calories: 292 calories (not too bad....but who's counting?)

### Ingredients

1 cup semisweet or dark chocolate chips or chopped chocolate

1/2 cup unsalted butter (cut up)

3/4 cup granulated sugar

1/4 teaspoon salt (not needed if you use salted butter)

1 teaspoon vanilla extract

3 large eggs slightly beaten

1/2 cup Dutch process cocoa powder

### Instructions

Preheat the oven to 375 degrees F. Grease an 8-Inch round cake pan with nonstick cooking spray. Cut a piece of parchment to fit the bottom of the pan. Place it in the bottom of the pan and spray it with nonstick cooking spray. Set aside.

Heat a couple of inches of water in a saucepan until simmering. Put the chocolate into a large bowl, and heat over the simmering water until it is melted. Stir well. Add the butter and stir until melted and the mixture is smooth.

Remove the pan from the heat. Add the sugar, salt, and vanilla extract and stir to combine. Add the eggs, one at a time, and stir until smooth. Add the cocoa powder and stir until just combined. Don't over mix.

Pour the batter into the prepared pan and bake the cake for 25 minutes or until the cake has a thin crust on the top and the center registers 200°F on an instant-read thermometer.

Let the cake cool on a wire cooling rack for 10 minutes. Loosen the edges of the pan with a butter knife and carefully turn it upside down onto a cake plate or serving plate. The bottom of the cake will now be the top of the cake. Let the cake cool completely. Cut the cake into slices and serve with powdered sugar and raspberries, if desired. This cake is also great with whipped cream or ice cream.

### Nutrition

Serving: 16g | Calories: 292 cal | Carbohydrates: 27g | Protein: 4g | Fat: 20g | Saturated Fat: 11g | Cholesterol: 57mg | Sodium: 55mg | Potassium: 277mg | Fiber: 4g | Sugar: 19g | Vitamin A: 345IU | Calcium: 37mg | Iron: 2.8mg