



THE TENT

Congregation Beth Jacob's Monthly Newsletter
October, 2025



CBJ Calendar of Upcoming Events:

October 1, 7:00 pm: Kol Nidre (Yom Kippur Evening) service at The Spire (hybrid)

October 2, 10:00 am: Yom Kippur Morning Adult and Youth Services at The Spire (hybrid)

October 2, 3:00 pm: Yom Kippur Afternoon Service at The Spire (hybrid)

October 2, 4:30 pm: Yizkor and N'eilah Service at the Spire (hybrid)

October 4, 10:00 am: Shabbat Morning Service and Torah Study with bagel brunch

Please RSVP if you plan to attend (cbjplymouthrabbi@gmail.com) Please include your name(s) and that this is for the October 4th Service, Sisterhood is providing the bagel brunch.

October 10: Shabbat Sukkot Outdoor Service (with a Jewish ghost story!) at the farm. (hybrid)

5:00 pm: Bring your own picnic dinner

6:00 pm: Erev Shabbat service

The Oneg is being provided by our Beit Sefer families

October 12, 2:00 pm: Visit to the NOVA Exhibition in Boston. See the article for details.

October 13, 7:00 pm: Sisterhood meeting (Zoom)

October 17, 7:00 pm: Shabbat Simchat Torah service with our cantorial soloist, Rachmiel Klein, preceding Jordan Cahn becoming a Bar Mitzvah. This service will be held at The John Carver Inn. (hybrid) The Oneg will be hosted by the Cahn family.

October 18, 10:00 am: Shabbat Morning Services when Jordan Cahn is called to the Torah to become a Bar Mitzvah. This service will be held at The John Carver Inn. (hybrid) The Oneg will be hosted by the Cahn family.

October 20, 3:00 pm: Social Justice in Our Texts Series - Prophetic Voices Then and Now (by Zoom.) Free, but registration is required. Register at laasok.org/current-offerings/#justice

October 24, 6:00 pm: Sh'Bark Shabbat Service (Blessing of the Animals) Location TBD (hybrid)

October 31, 7:00 pm: Erev Shabbat Service (by Zoom)

[To see the complete CBJ Calendar on our website, click here.](#)

The High Holy Days Schedule!

SELICHOT ON A BOAT @ Plymouth Wharf 5:30 PM 13 SEP	EREV ROSH HASHANA @ Spire 7:00 PM 22 SEP	ADULT & YOUTH ROSH HASHANA SERVICES @ Spire 10:00 AM 23 SEP	TASHLICH @Townbrook Following Morning Services 23 SEP
ROSH HASHANA 2nd DAY @ CBJ 10:00 AM 24 SEP	<p>Congregation Beth Jacob</p> <h1>HIGH HOLY DAY</h1> <h1>SCHEDULE</h1> <p>Please note location of each event!</p> 		
SHABBAT SHUVA MORNING SERVICE & TORAH STUDY 10:00 AM 27 SEP	MEMORIAL SERVICE @ cemetery 12:00 PM 28 SEP	KOL NIDRE @ Spire 7:00 PM 1 OCT	YOM KIPPUR ADULT & YOUTH SERVICES @ Spire 10:00 AM 2 OCT
AFTERNOON SERVICE @ Spire 3:00 PM 2 OCT	YIZKOR AND NE'LAH @ Spire 4:30 PM 2 OCT	SUKKOT DINNER & SERVICE @ FARM 5:00 PM 10 OCT	Simchat Torah Celebration @ TBD 6:30 Yizkor 7:00 service 17 OCT

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To Request Guest Tickets, [Click HERE](#).

**Free Bus From The Pinehills to CBJ's Rosh Hashanah and Yom Kippur Services at The Spire!
Available to All!**



This year, we are offering a free bus service from The Pinehills to CBJ's HH Services at The Spire. This is available to all of our congregants and guests. You do not have to be a resident of The Pinehills to use this bus, but you must register beforehand. The bus is leaving from The Market parking lot across from the liquor store 45 minutes before the start of services and will return 15-20 minutes after the end of services.

Reserve your seats now! This option is on a first come first serve basis as long as there is room on the bus. **Register HERE.** <https://forms.gle/FjhvBQkQUERkbfRV9>

Yom Kippur Food Drive



Please donate the food you would have eaten at Yom Kippur, and more, at CBJ's annual Yom Kippur Food Drive. On your seats during Rosh Hashanah were grocery bags decorated by our Beit Sefer students. Please remember to fill it, or any bag, with non-perishable food and toiletry items and return it to the congregation by Simchat Torah. Thank you!



WHAT IS SUKKOT?

Sukkot is one of the most joyful festivals on the Jewish calendar. "Sukkot," a Hebrew word meaning "booths" or "huts," refers to the Jewish festival of giving thanks for the fall harvest. The holiday has also come to commemorate the 40 years of Jewish wandering in the desert after the giving of the Torah atop Mt. Sinai.

Also called Z'man Simchateinu (Season of Our Rejoicing), Sukkot is the only festival associated with an explicit commandment to rejoice. Sukkot is celebrated five days after Yom Kippur on the 15th of the Hebrew month of Tishrei, and is marked by several distinct traditions. One, which takes the commandment to dwell in booths literally, is to erect a sukkah, a small, temporary booth or hut. Sukkot (in this case, the plural of sukkah) are commonly used during the seven-day festival for eating, entertaining and even for sleeping.

Our sukkot have open walls and open doors, and this encourages us to welcome as many people as we can. We invite family, friends, neighbors, and community to rejoice, eat, and share what we have with each other.

The Saga of the Citron

Take the time to inhale the aroma of a citron - that giant, knobby, lemon-shaped fruit with thick, dense skin - and you'll encounter an exhilarating fragrance. It may be almost inedible - bitter and dry, with little pulp or juice - but its unique scent of lemon and lime and its ever-bearing tree have endowed this native plant of northeast India with curative and ritual status. From ancient through medieval times, people utilized the fruit as a remedy for everything from snakebites and seasickness to muscular pain and skin disease.

How to shake the lulav and etrog video

<https://www.youtube.com/watch?v=nTVP3Kkl-O4>

or better:

<https://www.youtube.com/watch?v=RZ5t-t-AJ7E>



Sh'mini Atzeret and Simchat Torah

As Sukkot comes to an end, we encounter additional special days in the Jewish calendar: Sh'mini Atzeret and Simchat Torah.

Sh'mini Atzeret was originally a time of reflection on the holy days of Sukkot, which had just ended. Jews who left the sukkot they had occupied throughout Sukkot engaged in a final day of prayer before returning to their daily routine. Over time, Sh'mini Atzeret also became a day on which Jews recited a special prayer for rain in the year to come – quite appropriate in view of Sukkot's agricultural motif.

Simchat Torah

During congregational Simchat Torah celebrations and services, the Torah scrolls are taken from the ark and carried by congregants around the synagogue seven times. During these seven hakafot, those not carrying a Torah often will wave brightly colored flags, sing Hebrew songs and dance. The singing, dancing, and flag-waving that accompany the hakafot symbolize the collective joy of Torah study and a commitment to lifelong Jewish learning.

The origin of making, decorating, and carrying flags during the hakafot is unclear. Some scholars hold that marching with flags recaptures the history of the 12 ancient tribes of Israel, when each tribe had its own banner. Other scholars believe this practice originated in the Middle Ages and was borrowed from certain Christian customs.

It has become CBJ's tradition to unroll an entire Torah scroll as part of the celebration and read from well-known sections or stories. The Torah service is the focal point of the Simchat Torah celebration. The Rabbi reads the last section of the fifth and final book of the Torah, D'varim (Deuteronomy) and then, without a break, scurries across the aisle to read from the second Torah scroll to read the opening section of the first book of the Torah, B'reishit (Genesis). The selection from D'varim tells of the death and legacy of Moses, the prophet and leader of the Jewish people. The reading from B'reishit, the very first words of the Torah, recounts the story of God's creation of the world.

In many synagogues on Simchat Torah, various members of the congregation are called to the Torah for an aliyah ("going up," which refers to the honor of ascending the bimah to recite the blessings before and after the Torah is read). Other synagogues may call all the children who have not yet reached the age of bar or bat mitzvah for a blessing in front of the Torah. Before the entire congregation, with a tallit spread above their heads, the children receive a special blessing from the clergy. In many Reform synagogues, Simchat Torah also is a time when children just entering religious school are blessed. This custom is called Consecration.

Come to Our Last Outdoor Shabbat Service of the Year!
Sukkot On the Farm
At Bay End Farm
200 Bournedale Rd., Buzzards Bay, MA, just one mile from the
Bourne Rotary
October 10th
Picnic Supper at 5:00 pm and Service at 6:00 pm



The Schedule:

Plan to come at 5:00 with a picnic supper and your lawn chairs. There will be plenty of time to schmooze before we begin the Shabbat service at 6:00, which will be led by our Beit Sefer students. The Oneg is being provided by our Beit Sefer parents.



**Please Join Us for
a Visit to The Nova Exhibition:
The Moment Music Stood Still
Sunday, October 12th at 2:00 pm
Registration is Required.**

Rabbi Mills is arranging for us to visit this emotionally moving exhibition on Sunday afternoon, October 12th at 2:00. The group price is \$20.81 per person. Carpooling will be available.
[REGISTER AND PAY USING THIS LINK.](#)

This exhibition was enthusiastically received in New York City, Miami, LA, Washington DC, Toronto and Buenos Aires.

Visitors will travel on a timeline of the Nova Music Festival on October 7th, telling the story of the events on that dreadful day. It is a carefully-crafted mosaic of information, evidence, and emotion - the remains of joy, which now serves as bleak evidence of the sharp contrast between revered values and the cruel sting of the reality of that day. We invite you to walk through the winding path from the depths of pain and loss to the threshold of action, the healing and the hope of the community. The events on that black Saturday will be presented as a shocking contrast between light and darkness, good and evil, that is relevant to the entire world.

The installation creates a sacred space echoing the weight of the victims' and survivors' memories, surrounded by remains salvaged from the festival grounds—scorched cars, bullet-riddled bathroom stalls, and personal belongings all left behind. Visitors will be invited to join a plea for the safe return of the hostages who are still held in captivity by Hamas terrorists. Nova survivors of the brutal attack will be attending as witnesses to the tragedy they experienced on that day. Beyond the brutality and evil that occurred on October 7, the exhibition will capture the enduring spirit of the Tribe of Nova with the installation of the healing room. This sanctuary is intended for visitors to mend their spirits, reflect, and find solace after bearing witness to the harrowing events of The Nova Music Festival. Hanging tall and bright is the hopeful plea that “We will dance again”.

[To learn more about this Exhibition, click here.](#)



Adult Education Introduction to Judaism Class

Are you Interested in learning more about basic Judaism or converting? Rabbi Mills will be beginning another Introduction to Judaism class following the High Holy Days. If you are interested in enrolling please reach out to Rabbi Mills directly at cbjplymouthrabbi@gmail.com

This Introduction to Judaism class will be taught by Rabbi Mills by Zoom, only. The class is complimentary for CBJ members, and the cost is \$180 for non members. This class will consist of 15 sessions.

The class is for those who want to explore the beliefs and rituals of Judaism for conversion and is also perfect for those raised Jewish who want a comprehensive overview of the Jewish faith, rituals and history.

Another Adult Education Opportunity!



Study the weekly Torah portion from a Musar approach with Rabbi Mills beginning October 2025

Starting with an introduction to Musar the week before parsha Bereshit, the beginning of our Torah, Rabbi Mills will be leading a Torah study class that will approach each portion using the techniques of Musar.

Mussar is a Jewish spiritual practice focused on personal ethical and spiritual growth, aiming to cultivate virtues and improve one's character. It emphasizes self-reflection, mindful actions, and consistent effort to align one's behavior with core Jewish values. The practice involves identifying areas for improvement (middot or soul traits) and developing a daily routine that includes a mantra, mindful action, and journaling.

Mussar offers a framework and a toolkit for translating the philosophical wisdom of **kabbalah** into a personalized, ongoing spiritual discipline. Although compared to Musar, Kabbalah is the more widely known branch of Jewish spirituality, Musar is a more reachable way to incorporate spirituality into your life. Kabbalah is spiritual/mystical and focuses on the unseen forces in the universe while Mussar is spiritual/practical, and focuses more on our inner world, and how it impacts the choices we make each day. There is significant overlap in the traditional Mussar and

Kabbalistic literature so if you have explored Kabbalah, Mussar will complement and enrich your understanding. And for those of us who find Kabbalah a bit too “out there,” you will be able to relate to the Mussar because it is a very grounded practice.

The class will use Rabbi Barry Block's text: The Mussar Torah commentary which you can read more about and order using this link::

https://www.ccarpress.org/shopping_product_detail.asp?pid=5047

All individuals taking the class should purchase this book!!!

If you are interested in taking the class, please email Rabbi Mills with your top 3 days and times for meeting.

We will determine when the class will meet based on those wishing to take the class.

To read more about musar, please see the following link which provides the history and an explanation in great detail or read below for a short overview;

<https://www.myjewishlearning.com/article/the-musar-movement/>

Core Concept:

Mussar is about becoming a "mensch," a person of integrity and good character, by actively working on one's inner world.

Middot (Soul Traits):

Mussar focuses on cultivating specific virtues or soul traits, such as humility, patience, compassion, gratitude, and more.

Self-Reflection and Mindfulness:

Practitioners examine their thoughts, feelings, and actions, identifying areas where they fall short of their desired character and where they can grow.

Daily Practice:

Mussar involves a structured daily routine that includes reciting a mantra, engaging in a mindful action, and journaling about one's experiences and reflections.

Universal Appeal:

While rooted in Jewish tradition, Mussar's principles of self-improvement and ethical living can be relevant and valuable for people of all backgrounds.

Jewish Ethics and Spirituality:

Mussar can be seen as a way to integrate Jewish spiritual teachings into daily life, fostering a deeper connection to one's faith and values

Even More Adult Education Opportunities

"Social Justice in Our Texts" is a monthly, free, Zoom-based program exploring how our Jewish sacred texts speak to today's pressing social issues such as reproductive rights, climate change, racial justice, poverty, LGBTQ+ rights, and so much more. These classes are accessible, deeply rooted in Jewish values and focused on some of the most important issues of our time. **All of the sessions are free and open to anyone.** The classes are taught by our rabbis from across the liberal movements. Register at laasok.org/current-offerings/#justice

Social Justice in our Texts

Jewish Wisdom for Building a Better World

תצדק

tzedeek
justice

A monthly 1-hour study session - free and open to all
Programs are Mondays at 3pm ET / Noon PT

 <p>Human Rights, Jewish Roots Rabbi Gabriel Kanter-Webber September 15, 2025</p>	 <p>Prophetic Voices Then and Now Rabbi Barbara Symons October 20, 2025</p>
 <p>Bodily Autonomy & Reproductive Rights Rabbi Cookie Lea Olshein November 17, 2025</p>	 <p>Repairing the World: Tikkun Olam as a Mystical Praxis Rabbi Leah Moser December 8, 2025</p>
 <p>The Torah of Reparations Jordan Berg Powers January 12, 2026</p>	 <p>Jewish Responses to Climate Change Rabbi Glenn Jacob February 2, 2026</p>
 <p>Speaking Up to Power: Learning From Esther Rabbi Laura Rappaport March 2, 2026</p>	 <p>What We Leave for the Poor Rabbi Barry Block April 20, 2026</p>
 <p>The Right to Live, The Right to Die Rabbi Sylvia Rothschild May 11, 2026</p>	 <p>Protecting LGBTQ+ Rights: A Jewish View Rabbi Micah Buck June 8, 2026</p>

Prophetic Voices Then and Now



**Monday, Oct 20 - 3pm Eastern on Zoom
With Rabbi Barbara Symons**

Part of the "Social Justice in our Texts" Series



**Prophetic Voices, Then and Now
With Rabbi Barbara Symons
Monday, October 20 at 3pm ET (by Zoom)**

What does it mean to be a prophet? What does prophecy demand of us today? In this session, we'll sketch a "job description" of a prophet, and explore who the Hebrew prophets were. Then we'll turn to the week's Haftarah (prophetic reading)—analyzing the text through the prophet's lens and then offering alternative voices as we listen carefully for the call to action. This class invites us to hear the prophets anew, and to ask how their message challenges and empowers us.

Anyone who registers for this class will receive a discount code for Rabbi Symons's book, *Prophetic Voices*, from the CCAR Press.

This program is organized by Laasok: The Liberal Beit Midrash, and co-sponsored by: A Wider Bridge, AMMUD: Jews of Color Torah Academy, CCAR Press, the Central Conference of American Rabbis, Central Synagogue, Congregation B'nai Israel in Little Rock, Arkansas, Congregation Shaarey Zedek in East Lansing, Michigan, Congregation Shir Chadash of the Hudson Valley, Keshet, Kirva Institute, Temple B'nai Or in Morristown, New Jersey, Temple Judea in Coral Gables, Temple Sholom in Scotch Plains, New Jersey, Tzedek Box, the Union for Reform Judaism, and the Religious Action Center.

**Part of the "Social Justice in our Texts" Study Series.
Free and open to all. Register at laasok.org/current-offerings/#justice**



REFLECTIONS FROM THE RABBI

The Jewish New Year 5786 has begun. And like all the new years that have come before, this New Year has not yet proven to be the one in which the world finally changes, and we usher in the messianic era and an end to bloodshed and innocent lives lost. Rather, the Gaza War continues to rage as does Russian attack on the Ukraine, hostages have been in captivity for over two years, and young children are being used as human shields. Instability in our world and fear of the future loom on the horizon. Antisemitism continues to increase throughout the world. Yet, we are taught that it is up to us to bring about change, that we have free will and the intellect to make the world a very different place. Peace is not something we pray and hope for, peace must be sometimes we work for. In Judaism no one is exempt from doing what they can to make the world a better place and perhaps it is from billions of little acts of kindness and caring that real change and peace will emerge.

As we prepare to hear the final blasts of the shofar on Yom Kippur afternoon, I ask you to think about this paraphrase below of the words of Rabbi Ethan Prosnit:

“As Yom Kippur draws to a conclusion this year, may the blast of the shofar serve as a sharp reminder of every innocent life taken in senseless warfare. May the shofar’s sound echo like the sirens of the firefighters, police officers and first responders whose actions and sacrifice are always extraordinary. May the shofar’s blast help us appreciate the fragility of life.

As Yom Kippur draws to a conclusion this year, may the blast of the shofar serve as an alarm to us. May its sound remind us of our missteps this past year -- our biases, our prejudices, our own actions that may have made this world a less peaceful and tolerant place. May the shofar call us to heed our best instincts and act with compassion and love.

As Yom Kippur draws to a conclusion this year, may the blast of the shofar serve as a sound of comfort to all. To those wounded spiritually who continue to recover; to those who lost loved ones and friends; and to all whose hearts were broken by witnessing the pain of others.

As Yom Kippur draws to a conclusion this year, may the sound of the shofar help us reflect on how our world has changed in the past decade and how it has remained the same. And let each of us individually and communally recommit ourselves to again make our world whole.

As Yom Kippur draws to a conclusion this year, may the sound of the shofar lead us to reflect upon the year that was and the year that will be - where we have been and where we hope to be when next year’s Days of Awe arrive. We pray that through our acts of Teshuvah, and our acts of kindness, our world will become a more tolerant, just, and peaceful place. May this be God’s will.”

I wish you and your family a Shanah Tovah: A Happy New Year and May this New Year be a year of inner peace for each of you and a year of outer peace for our world.

Beit Sefer News



Under the leadership of Rabbi Mills, CBJ's Religious School provides a program where students master the skills of Hebrew reading, learn the ritual prayers and songs that are integral to our religious services, learn about Jewish history and the lessons about Jewish values and ethics in the Torah - all taught in a creative way that engages them. Students have become comfortable and familiar with being on the Bimah and leading portions of Shabbat services long before their Bar or Bat Mitzvah ceremonies. Our new Beit Sefer school year for Kindergarten through 7th grade students began on Sunday, September 7th. **This year, these classes will meet from 9:30 am to 11:30 am.** Our theme for the year is Israel Extravaganza. This promises to be another creative and exciting year for our Religious School students! We welcome the enrollment of additional students into our Religious School; program. For additional information, please contact Devon Fernald at devon.portney@gmail.com.

CONGREGATION BETH JACOB 2025-2026 BEIT SEFER CALENDAR

September 7, 2025	1. The Founders (the Yishuv Period)
September 14, 2025	2. Overview of pre-1948 History
September 21, 2025	3. Rosh Hashana Lesson
September 28, 2025	4. Yom Kippur Lesson
October 5, 2025	5. Sukkot Lesson
October 12, 2025	NO SCHOOL: Indigenous People Day
October 19, 2025	6. Simchat Torah Lesson
October 26, 2025	7. The Fight for Independence
November 2, 2025	8. The Compromise: Knesset and the Gov't
November 9, 2025	9. The Early Year: Israel and its Neighbors
November 16, 2025	10. The Army
November 23, 2025	11. Kibbutzim and Moshavim
November 30, 2025	NO SCHOOL: Thanksgiving Weekend
December 7, 2025	12. Geography: Cities and Famous Places
December 14, 2025	13. Chanukah Lesson
December 21, 2025	NO SCHOOL: New Year's Break
December 28, 2025	NO SCHOOL: New Year's Break
January 4, 2026	14. Medot: Ashkenazi, Sephardi, Mizrahi
January 11, 2026	15. The Israeli Arab & the Palestinian Arab
January 18, 2026	NO SCHOOL: President's Day Weekend
January 25, 2026	16. Magic Carpet: the Ethiopians Arrive
February 1, 2026	17. Tu B'shvat Lesson:
February 8, 2026	18. The Religious and the Secular
February 15, 2026	NO SCHOOL: Winter Break
February 22, 2026	NO SCHOOL: Winter Break
March 1, 2026	19. Purim Lesson
March 8, 2026	20. Foods of Israel
March 15, 2026	21. Culture: Music and Sports
March 22, 2026	22. Famous Modern Israelis
March 29, 2026	23. Passover Lesson
April 5, 2026	24. Israeli Tech: Israel's gifts to theX World
April 12, 2026	25. Yom Ha'atzmaut Lesson
April 19, 2026	NO SCHOOL: Spring Break
April 26, 2026	NO SCHOOL: Spring Break
May 3, 2025	26. Lag B'omer Lesson
May 10, 2025	NO SCHOOL: Mother's Day
May 17, 2025	27. Shavuot Lesson

SPECIAL EVENTS

- ❖ **Saturday, September 13, 5:30 P.M.**
Selichot on a Boat
- ❖ **Tuesday, September 23, 10 A.M.**
Rosh Hashana Youth Service
- ❖ **Wednesday, October 1, 10 A.M.**
Yom Kippur Youth Service
- ❖ **Friday, October 10, 5:00 P.M.**
Beit Sefer Sukkot on the Farm
- ❖ **Friday, October 17, 6:00 P.M.**
Family Simchat Torah Service
- ❖ **Friday, December 12, 6:00 P.M.*.**
Family Chanukah Dinner & Service
*Tentative
- ❖ **Friday, March 6, 7:00 P.M.**
Family Purim Dinner & Service
- ❖ **Thursday, April 2, 5:30 P.M.**
Second Night Passover Seder

[To see and print the entire Beit Sefer Calendar for the year 2026, click here.](#)

October 5: Sukkot lesson
 October 12: No school (Indigenous People Day)
 October 19: Simchat Torah lesson
 October 26: The fight for Independence

Teen Talk Starting October 19th!



Teen talk is a joint learning and social program for our post-B'nai Mitzvah students (grades 8-12) that is a cooperative program between Congregation Beth Jacob and Cape Cod Synagogue in Hyannis and Falmouth Jewish Congregation. This program meets monthly on Sundays from 12:30 to 2:30 usually in a location in Sandwich which is equal distance for all 3 congregations. We will be discussing the Jewish view on mature topics that we cannot do at a younger age such as antisemitism or the Jewish view of afterlife as well as having the opportunity to meet and socialize with other Jewish teens in the area. The sessions will include lunch.

The highlight of each year will be a trip either to L'taken, the Reform movement's youth social justice training weekend in DC, to Jewish New York, or to follow in the footsteps of the Jews who impacted the Civil Rights Movement (a trip through key places in the deep south). This program also will facilitate going as a group to NFTY-NE (National Federation of Temple Youth-North East) social events in the Boston area.

Registration for this program is on the CBJ website under Beit Sefer. The cost of the program is \$100.

DATES FOR 2025-2026:

October 19
November 16
December 14
January 11
February 8
March 8
April 12
May 17



The Essential Prayers and Songs for Our Shabbat Evening Services

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here](#).



**Limud Torah/Torah Study Group
with Rabbi Emeritus Lawrence Silverman
Monday mornings, from 8:30-9:45 am**

For updated information about meeting dates, please contact Rabbi Silverman at rabbilawrence@gmail.com.

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299

Social Action Overnights of Hospitality November 30 - April 4

CBJ is invited to participate with many of the Plymouth area churches in supporting **The Plymouth Taskforce to End Homelessness**. Starting on Sunday, November 30th, the Plymouth Taskforce to End Homelessness, in collaboration with the Father Bill's and Mainspring (FBMS) organization, will offer winter emergency shelter to 20-25 single individuals through Saturday, April 4th. The Taskforce needs folks to serve as Shelter Volunteers and Meal Providers. Shelter Volunteers commit to give one evening of their time from 4:45 to approximately 9:00 pm. They provide support to the FBMS staff. Meal Providers prepare meals at home to serve at the shelter. The shelter rotates weekly among three congregations beginning Sunday, November 30 th through Saturday, April 4th - Christ Church, First Baptist Church and St Mary's and St. Joseph Collaborative at St Mary's Parish Center, using the fellowship halls. Orientation is provided.

- To sign up as a Shelter Volunteer or Meal Provider, go to <https://www.mealtrain.com/trains/k4w5gd>. Slots for Meal Providers tend to fill up quickly.
- To review the Shelter Volunteer and Meal Provider guidelines, go to <https://plymouth-taskforce-homeless.org>
- Questions? Call Connie Melahoures, President of the Plymouth Taskforce to End Homelessness at 508.367.0516 or email conmel@aol.com

CBJ On The Move

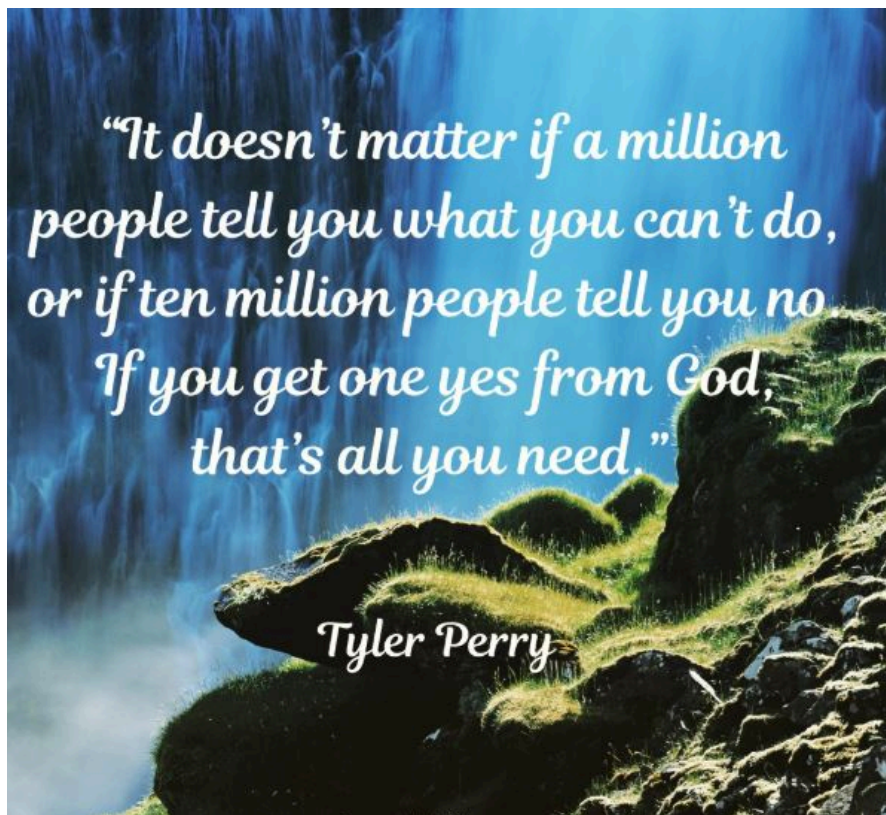


The search for CBJ's future new home is over! At the Congregational meeting held on September 16th, a majority of our membership voted to approve the signing of the Purchase & Sale for the land located at 279 Summer Street in Plymouth for the purpose of erecting a Morton-style steel building for our new synagogue. Our new home will be fully handicapped accessible, will offer adequate parking, will have space for us to hold social and education events, will provide an inviting environment for our Hebrew School students to meet and learn, and will have a kitchen that is large enough to accommodate congregational dinners. This new space will give us the opportunity to grow and flourish far into the future.

Once the P&S Agreement has been signed, we will make an initial deposit, the full Engineering Report will be completed, and we will apply for the required Town building permits. If all goes well, we expect to close by the end of this year.

The existing house on the property will be torn down, the land will be leveled, and we will hire an architect to design our new Morton-style steel building to be constructed on the site. Examples of Morton religious buildings can be seen at <https://mortonbuildings.com/projects/church>. The architectural renderings for the exterior and interior of our new building will be provided to the Congregation when they are available.

Exciting times are ahead for Congregation Beth Jacob! Stay tuned!





As we all know, “It takes a village” to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. There are so many different ways that your skills could enhance CBJ!

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help.
president@cbjplymouth.org



Mazel Tov to Jordan Cahn on Becoming a Bar Mitzvah!

The CBJ community extends a hearty Mazel Tov to Jordan Cahn, who will be called to the Torah on October 18th to become a Bar Mitzvah!

Jordan’s perseverance, dedication and hard work, together with excellent teaching, made this a memorable and beautiful occasion. Mazel Tov to Jordan’s parents, Sam and Niki, and to the entire Cahn family!



Please Volunteer to Sponsor an Oneg!

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members.

When you are a member of our congregation, you are asked to step forward **once a year** to host or sponsor an Oneg Shabbat for the members who attend services in person. Sponsors are asked to contribute \$54.00 to cover the cost for the Oneg. We will purchase the foods for the Oneg table, set up and clean up. [Click here to sign up for a specific date and pay.](#) If you prefer, you may send a check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Avenue, Plymouth, MA 02360.

Hosts are expected to purchase or bake the items for the Oneg and be there in person to help to set up and clean up. The choice of food items is up to you. The Oneg can be as elaborate or as simple as you like.

Please contact our Oneg Coordinator, Trish Garland ((trishrgarland@gmail.com) if you would like to sponsor or host an Oneg. Trish can provide advice about what items are popular, such as fresh fruit, nuts, baked goods (not necessarily homemade), ice cream with toppings, etc. It's a mitzvah!



Thank You

to the following families who have volunteered to host or sponsor Onegs for the following dates:

October 24: Brad & Kate Engel

November 7: Rabbi Jan & Cantor Lanie Katzew

November 21: Ron & Cherilynn Elowitz

December 5: Hyman & Sandy Spekman



MEMBERSHIP NEWS

Welcome to Our Newest Members!

Rhonda Spigel

Rhonda is no stranger to CBJ! She has been a frequent guest at our Shabbat services and events and has now moved to The Pinehills in Plymouth. We warmly welcome her to our CBJ family!

Elliott & Stacey Berger

Stacey and Elliott moved to The Pinehills in Plymouth from Westborough, where they were members of Congregation B'Nai Shalom. Elliott is a Sales Engineer and Stacey is a Physical Therapist.

Katie Lamoureux

Katie and her family live in Plymouth. Katie is a member of the Resnick family, who were among the founders of CBJ. Her children, Brooks and Bryce, are enrolled in our Beit Sefer this year, and Katie is interested in getting involved with our Parent Teacher Organization and our Religious School.

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at ahabubs@gmail.com. [Click here for a link to CBJ's Application Form.](#)



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

Yahrzeit Fund:

- Judith & Allan Sherman - in loving memory of Judith's mother, Sylvia Krenis
- Steve & Jackie Winokur - in loving memory of Jackie's mother, Adeline Keller
- Joe & Paula Keller, Dara Campanella, and Seth & Cindy Teles - in memory of Paula Jessee
- Dr. Patricia Van Tosh - in loving memory of her husband, Dr. Douglas Worthman
- Dr. Fred Wax & Gail Lury Wax - in loving memory of Gail's mother, Martha Lury, and Fred's father, Joseph Wax
- Harry Shamir & Barbara Aharoni - in loving memory of Harry's grandparents, Claire Jonas and Ludwig Jonas
- Dr. Donald & Carol Gilbert - in loving memory of Don's father, George Gilbert

New Building Fund:

Linda Wexler

Contribution to General Fund:

Rabbi Jan and Cantor Alane Katzew

General Fund in Support of CBJ's Musical Shabbatot with Rachmiel Klein:

Judith & Allan Sherman



Funding for Rachmiel Klein's Monthly Musical Performances

Rachmiel has been a featured songleader at our Shabbat services over the past several months, adding a new vibrancy and joy to our worship. His fee is partially subsidized by generous donations from a congregant, together with contributions from the Ray & Milly Russo Fund for Music and the Arts and the Rose Sherman Geller Fund for Jewish Family Life. **If you have been enjoying the music of Rachmiel Klein at our services, you may wish to contribute to those funds to replenish them.**

[Click here for a list of funds where donations may be made.](#)

[Click here to make a donation online.](#)



Thank you to everyone who has donated food and toiletry items for our food drive and who volunteered to deliver our collection to Christ Church Parish. This mitzvah will help many of our neighbors who depend on our support. This food drive was an example of Tikkun Olam in action. Our students had the opportunity to deliver the donations to the food pantry at the church and to learn how this effort affects the lives of members of the Plymouth community to rely on this support to care for their families.

This effort is ongoing. Many families continue to need our support.

Cash Donations: If you wish to make a monetary donation, you may do so online [using this link](#) on our website, or you may send a check to Congregation Beth Jacob, PO Box 3284, Plymouth, MA 02361, Attention: Treasurer. **Be sure to note that this is a donation for the Food Bank.** For more information, please contact the Co-Chair for our Social Committee, Judi Chaskes, at judithnowat@yahoo.com



**Join Reform Congregations throughout the United States For the
RAC's Flagship Social Justice Gathering
December 12 - December 15, 2025
Washington, D.C.**

In case, you wished you can have an experience similar to our teens who travel to DC for the RAC's (Religious Action Center of Reform Judaism) L'taken conference where they learn the liberal Jewish view on contemporary political issues and then lobby our elected officials, or if you're looking to learn more about making a difference when it comes to threats to democracy, rising antisemitism, the war between Israel and Hamas, and attacks on immigrants, LGBTQ+ people, reproductive rights, and more, join with hundreds of others for December's Consultation on Conscience, the RAC's flagship social justice gathering. Whether you're new to social justice work or a seasoned veteran, the Consultation is for you!

This wonderful program is restarting after a several year hiatus due to Covid.

There is a new Women of Reform Judaism Scholarship for the Consultation. Funding is available to anyone for whom the cost of attending is a barrier.

REGISTRATIONS ARE DUE BY NOVEMBER 28th.

Register by August 31 to take advantage of the Early Bird Rate!

Please use the following link to register:

https://events.urj.org/event/Consultation/Home?utm_source=sfmc&utm_medium=email&utm_content=8%2F14%2F2025__EmailJobID-9326711__



Mi Sheiberach (Prayers for Healing)

We pray for the Healing and Recovery of the following people, as well as all of those throughout the world who are suffering from violence, war and famine:

Isabelle Davis	Lynne Matson
Ina Lashin	Judith Orr
Brian Lashin	Sandy Batista
Joseph Keller	Lauren DeFranzo
Tracey Gutman	Carol Williams
John R. Sore	Nan Noble
Susan Basiri	Gary Gersten
Mary Ellen Dalgren	Jeff Shelly
Maryann Leonard	Jerry Levine
Sandy Magnes Silverman	Eileen Blumenthal
Julian Lindquist	Andrea Weiss
Erin Sullivan	Chris Davis
Linda Daubert	Ruth Anne Repking
Benjamin Canter Stone	Marilyn Levine
Leslie Portney	Meredith Hoffman
Joe Batista	Marlene Benjamin
Michael Marcus	Esther Rucha
Susan Penchansky	Neil Rosenstrauch
	Susan Moore

Callan Crowley

[To hear the beautiful song, Heal Us Now, performed by Hazamir Hasharon, click here.](#)



Yahrzeits That Will be Observed This Month

(A memorial candle should be lit on the preceding evening.)

October

- 2 Isaac Barron - Joel Barron's father
- 2 Burton Cowan - Past President
- 4 Edith Poretsky - Rhonda John's mother
- 5 Phillip Gerber - Robin Hunter's stepfather
- 5 Bernard Kusmin - Ethan Kusman's grandfather
- 5 Steven Sandler - Myra Glansberg's cousin
- 6 Isaac Stein
- 6 Max Toabe - CBJ Founder, Mitchell Toabe's father
- 6 Samuel Toabe - Mitchell Toabe's half-brother
- 7 Mary Brochstein
- 7 Mitchell David Cohen
- 7 Harriette Minsky - Mel Klasky's sister, Steve Klasky's mother
- 7 Reubin Winokur - Past President; Steve & Larry Winokur's father
- 8 Sydney Glansberg - Ken Glansberg's father
- 8 Ari Meltzer - Len Meltzer's first wife
- 10 Celia Aranowitz - Manny Arons' family
- 11 Hyman Hurwitz - James Hurwitz's father
- 11 Milly Russo - Ray Russo's wife, Mark and Jonathan Russo's mother
- 12 Eva Erie - Laney Kalaminsky's grandmother
- 12 Ann Gottman - Rabbi Mills Mother
- 12 Benjamin Spekman - Hyman Spekman's father
- 13 Thomas Sheehan - Patty Sheehan's husband
- 13 Harry Louis Smith - CBJ Founder
- 13 Joseph Wax - Fred Wax's father
- 14 Ken Glansberg - Myra Glansberg's husband
- 15 Lillian Roth - Starr Family
- 16 Fannie Winokur - Larry and Steve Winokur's mother
- 18 Richard Balton - Vicki Fitzgerald's uncle
- 19 Anna Veiner
- 20 Reva Brody
- 21 Manny Arons - Paula Keller's and Cindy Teles' father
- 21 Abraham Selig Feinberg
- 21 Zelda Gladstein - Arnold Gladstein mother
- 23 Sara Bellush - Arnold Bellush's Mother
- 24 Harris B. Cohen- Past President
- 24 Steven Ginsburg - Myra Glansberg's brother
- 24 Sarah Sherman - Allan Sherman's grandmother
- 24 Harry L. Skulsky
- 25 Lionel D. Greene - Adeline Keller's father
- 27 Evelyn Klotz - Beth Segal's maternal grandmother
- 28 Hannah Luftman - Nora and Jack Luftman's daughter
- 30 Morton Arons - Manny Arons' father
- 31 Ethel Shiff



**The Next Sisterhood Meeting
Monday, October 13th, at 7:00 pm (Zoom)**

Regular Monthly Sisterhood Meetings: are held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a mystery ride, a book discussion, a game night, a talent show, and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

The Zoom link for Sisterhood Meetings:

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzMzSTRJZ2J6VmM2WIBZenpXZz09>

Meeting ID: 818 8510 6141 Passcode: 579857

**Dues for 2025-2026 Are Now Due!
Please Join Sisterhood!**

Sisterhood has always been a backbone of CBJ, with its donation to the temple, the sponsoring of onegs and other events, and its various activities. In order for Sisterhood to continue in this vital role, we need you!!! **It is not necessary to be a member of CBJ to be a member of Sisterhood.**

There are 3 levels of dues.

\$25- ruby level

\$36- emerald level

\$54- diamond level

Please send your check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Ave.
Plymouth, MA 02360.

OR

You may pay online at <https://my.cheddarup.com/c/cbj-sisterhood/items>

Thank you!



Sisterhood Application Form 2025-2026

Name _____

Phone _____ (home) _____ (cell)

Email _____

Area of interest _____

Talent you would be willing to share with the group _____

Program suggestions _____

If you prefer to be an inactive member, please indicate that preference here: _____

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities.

Ruby Membership: _____ \$25.00

Emerald Membership: _____ \$36.00

Diamond Membership: _____ \$54.00

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.

NEW! ONLINE PAYMENTS ARE NOW AVAILABLE!

You may now pay your Sisterhood dues online! [CLICK HERE](#)! Be sure to note that your payment is for Sisterhood dues. Thank you!

CBJ Gift Card Program



Please support CBJ by purchasing Gift Cards. When you do, CBJ receives a substantial commission and it costs you nothing.

Which popular restaurants and retail firms participate in our Gift Card program? Texas Roadhouse, Panera, Chipotle, Olive Garden, Fridays, Chili's, and 99, along with retail firms such as Stop & Shop, Shaw's, Big Y, Walmart, TJ Maxx, Marshall's, Zappo's Walgreen's, CVS (gift cards can be used to pay for your prescriptions), Home Depot, and hundreds of others.

[Check out this link to get a partial listing.](#)

You Can Order Gift Cards Online!

To order gift cards online, download the RaiseRight app on your Smartphone or computer. Set up your method of payment. **Enter CBJ's Enrollment Code 3477L3C988L9 which will designate Congregation Beth Jacob as your organization.** The gift cards can be mailed to you, or better yet, they will be available instantly in digital form in your RaiseRight wallet on your phone. Gift cards can also be refilled online. How convenient is that!

Breaking News!

You Can Now Book Travel through RaiseRight!

Make your earnings go the distance! You can now book hotels and car rentals directly through RaiseRight. Enjoy low prices, higher earnings, and the flexibility of booking with a credit or debit card while you raise money for CBJ! More information is available on RaiseRight.com.



Join CBJ's Brotherhood Today!

Men: This is YOUR organization. Please join the Brotherhood and contribute your ideas for programs for the year ahead. With new energy and fresh ideas, we look forward to the restoration of monthly meetings and interesting and engaging programs in the coming months. It is not necessary to be a member of CBJ in order to be a member of Brotherhood.

Brotherhood Dues Form - 2025-2026

NAME _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____

AREAS OF INTEREST _____

Talent(s) that you would be willing to share _____

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. Please contact Russell Yale at skyyale@sbcglobal.net or by phone at (414-791-5500) to discuss. If you prefer to be non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$25)___ Mitzvah Membership (\$36)___ "Big Macha" (\$54) _____

Make your check payable to: CBJ Brotherhood

Please indicate "Dues Payment" and mail to:

Seth Teles, 31 Birch Avenue, Plymouth, MA 02360

On-Line Payments Are Available!

You may also pay your Brotherhood dues online! [CLICK HERE!](#) Be sure to note that your payment is for Brotherhood dues. Thank you!



Brotherhood Bowling

The 1st and 3rd Thursdays of the Month at 3:00 pm at Kingston Ten Pins

We bowl 3 strings and pay only the special rate of \$4.50/string. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at scteles@aol.com or Arnold Gladstein at aralglad@verizon.net and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



Mostly Apples Apple Cake

Ingredients

For the pan:

1/2 tablespoon butter, softened

1/4 cup (30g) sliced almonds, optional

For the Apple cake:

3/4 cup (90g) Unbleached All-Purpose Flour or Gluten Flour

1/4 cup (24g) Almond Flour

1 teaspoon baking powder

1/2 teaspoon table salt

6 tablespoons (85g) unsalted butter, melted

2 large eggs, at room temperature

3/4 cup (160g) light brown sugar, packed

1/2 teaspoon almond extract*

3 firm apples, peeled and sliced about 1/4" thick (4 1/2 cups or 550g) (not MacIntosh or Honeycrisp)

Instructions

Preheat the oven to 350°F. Lightly grease the bottom of an 8" or 9" springform pan or round cake pan (this will help the parchment adhere), then line the bottom with a parchment round. Generously butter the parchment and sides of the pan with the softened butter. Sprinkle with the sliced almonds, a bit at a time, pressing gently to adhere them to the pan. Your coating won't be perfectly even, and that's OK.

Weigh your flours; or measure them by gently spooning into a cup, then sweeping off any excess. In a medium bowl, whisk together the flours, baking powder, and salt.

In a large bowl, whisk together the melted butter, eggs, sugar, and extract until creamy, lighter in color, and slightly foamy, about 30 seconds to 1 minute. Whisk in the dry ingredients until just combined. Use a flexible spatula to fold the apples into the batter until evenly coated. (It will look like there isn't much batter, but don't panic.) Scrape the batter into the prepared pan and use your spatula to nudge the apples into a mostly-even layer.

Bake the apple cake until golden-brown on top and a toothpick or paring knife inserted into the center comes out clean, about 50 to 55 minutes. Remove the cake from the oven and let cool for 15 minutes on a wire rack. Run a paring knife or offset spatula around the edges of pan, then, if using a springform, release sides of pan; or, if using a cake pan, invert it onto a rack or plate, remove the parchment, and turn it back over, top-side up, onto a wire rack. Let cool for at least 15 minutes more. For the neatest pieces, slice with a sharp serrated knife, which will help you saw through the apple pieces rather than crushing them.

Storage information: This apple cake is best served the day it's baked, but it can be stored, uncovered at room temperature, for up to 3 days (press parchment or plastic wrap directly to cut surfaces but don't cover the cake, as it will become damp).