



THE TENT

Congregation Beth Jacob's Monthly Newsletter
September, 2025



CBJ Calendar of Upcoming Events:

September 5: Deadline for submitting your listings for the Yizkor Book (See the article for details)

September 5, 7:00 pm: Erev Shabbat Elul Service preceding Izzy Davis' being called to the Torah to become a Bat Mitzvah (Hybrid)

September 6, 10:00 am: Shabbat Morning Service, with Rachmiel Klein, when Izzy Davis is called to the Torah to become a Bat Mitzvah. (hybrid) **All are invited! Come and celebrate this joyous occasion!** Mazel Tov to Izzy's parents, Elissa Levin-Maxham and Mark Maxham, and her grandparents, Jackie and Steve Winokur. The Oneg is being hosted by the Davis/Maxham and Winokur families.

September 12, 7:00 pm: Erev Shabbat Elul Service (Zoom only) Rabbi Mills will be sharing her screen for this service, so no prayer book will be necessary.

Please Note: After September 5th, we will be using the Elul prayer book for our Shabbat services. If you attend services by Zoom, see the article for information on how to order this prayer book.

September 13, 5:30 - 7:30 pm: Selichot on a Boat! (featuring a glorious sunset over Plymouth Harbor and an ice cream sundae buffet)

September 19, Outdoor Erev Shabbat Elul Service with Rachmiel at the home of Cantor Lanie and Rabbi Jan Katzew. Bring your picnic supper and a lawn chair at 5:00 pm; Service at 6:00 pm. (Hybrid) RSVP [HERE](#) to receive the address and driving directions. Include your name and that this is for the Outdoor Erev Shabbat Elul Service.

September 22, 7:00 pm: Rosh Hashanah Evening Service at The Spire (hybrid)

September 23, 10:00 am: Rosh Hashanah Youth and Adult Morning Service at The Spire (hybrid) Tashlich at Town Brook will follow this service.

September 24, 10:00 am: Rosh Hashanah Morning Service at CBJ (Hybrid)

September 27, 10:00 am: Shabbat Shuva Morning Service and Torah Study with Kiddush (including bagels, etc.) following the service. ([please RSVP here.](#)) (Include your name(s) and that this is for the Shabbat morning Service on September 27th.) The Kiddush brunch is being sponsored by the Klasky family in honor of the dedication of Lois Klasky's memorial plaque, which will take place that morning.

September 28, **12:00 pm**: Memorial Service at the Beth Jacob Cemetery. (Note the time change.)

[To see the complete CBJ Calendar on our website, click here.](#)



Please Join Us As We Celebrate Izzy Davis Being Called to the Torah

To Become a Bat Mitzvah!

Saturday, September 6th, 10:00 am

Isabelle (Izzy) Davis will be called to the Torah to become a Bat Mitzvah on Saturday morning, September 6th. Please come and help to celebrate this joyous occasion!

Izzy's parents, grandparents, Jackie and Steve Winokur, her sisters Addie and Liz, and all of her Beit Sefer friends and teachers are proud of her hard work and dedication in preparing for this day.

The Oneg on the previous Friday evening is being hosted by Izzy's Mom, Elissa Levin-Maxham. Mazel Tov to the entire family!

Rosh HaShanah Blessing for New Beginnings
Please share your new blessings with Rabbi Mills!



Rosh Hashanah celebrates a new year and new beginnings. During Rosh Hashanah morning services, we say a special blessing to honor new beginnings that have occurred in our lives. Rabbi Mills would like to share the name of those who celebrated the birth of a new child or grandchild (include the name of the child), welcomed a new individual into the family through marriage, or any other new beginning, such as purchasing a new home or starting a new job. Please send the information to Rabbi Mills to include for this special blessing at cbjplymouthrabbi@gmail.com

The High Holy Days Schedule!

SELICHOT ON A BOAT @ Plymouth Wharf 5:30 PM <hr/> 13 SEP	EREV ROSH HASHANA @ Spire 7:00 PM <hr/> 22 SEP	ADULT & YOUTH ROSH HASHANA SERVICES @ Spire 10:00 AM <hr/> 23 SEP	TASHLICH @Townbrook Following Morning Services <hr/> 23 SEP
ROSH HASHANA 2nd DAY @ CBJ 10:00 AM <hr/> 24 SEP	<p>Congregation Beth Jacob</p> <p>HIGH HOLY DAY</p> <p>SCHEDULE</p> <p>Please note location of each event!</p> 		
SHABBAT SHUVA MORNING SERVICE & TORAH STUDY 10:00 AM <hr/> 27 SEP	MEMORIAL SERVICE @ cemetery 12:00 PM <hr/> 28 SEP	KOL NIDRE @ Spire 7:00 PM <hr/> 1 OCT	YOM KIPPUR ADULT & YOUTH SERVICES @ Spire 10:00 AM <hr/> 2 OCT
AFTERNOON SERVICE @ Spire 3:00 PM <hr/> 2 OCT	YIZKOR AND NE'LAH @ Spire 4:30 PM <hr/> 2 OCT	SUKKOT DINNER & SERVICE @ FARM 5:00 PM <hr/> 10 OCT	Simchat Torah Celebration @ TBD 6:30 Yizkor 7:00 service <hr/> 17 OCT

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To Request Guest Tickets, [Click HERE](#).

NOTE: There will be a bus for both CBJ members and guests leaving from the Pinehills to the Spire Center for the first day of Rosh Hashanah, Kol Nidre, and Yom Kippur morning to help alleviate the parking problems.

September 13th, 5:30 - 7:30 pm - Selichot on a Boat!

This will be the fourth year that we have observed Selichot (the service that prepares us for the High Holy Days) on a boat as we cruise Plymouth Harbor just in time to marvel at the beautiful sight of the sun setting over the water. To top it all off, we will enjoy an ice cream buffet, with toppings and all of the fixings, before we return to the Plymouth waterfront. Bring your supper onboard and schmooze with long-time friends and meet newer members of our congregation.

[CLICK HERE TO SIGN UP!](#)

 Congregation Beth Jacob

Selichot

On A Boat

SATURDAY SEPTEMBER 13TH
5:30 TO 7:30 PM

BYOD (INNER),
SERVICE AS THE SUN SETS
ABOARD THE LOBSTER TALE

Leaving from Plymouth Wharf

RSVP BY SEPTEMBER 5TH RSVP@CBJPLYMOUTH.ORG

\$30 \$15
PER ADULT, 12 & UNDER

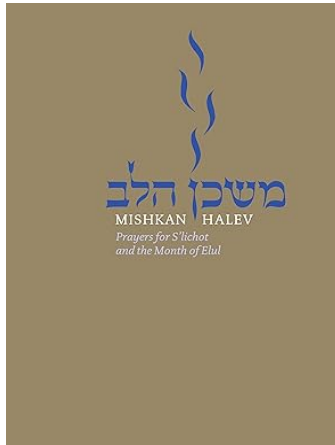
Our Last Summertime Shabbat Service of the Year!
Erev Shabbat Elul Service with Rachmiel!
September 19th at the Home of Rabbi Jan and Cantor Lanie Katzew
Bring your picnic supper at 5:00 pm, Service is at 6:00 pm



Anyone who has attended a Shabbat service at the Katzews' home knows how beautiful this location is. Bring your picnic supper and a lawn chair at 5:00 (sunsets are much earlier at this end of the year) and be prepared to enjoy the gorgeous natural setting and the added joy that Rachmiel brings to us. The Shabbat service will begin at 6:00. We will be using the Mishkan HaLev prayer book for this and the entire month of Elul. They will be available for everyone who attends in person. If you plan to attend by Zoom, you may wish to purchase this prayer book, either in hard copy or in the Kindle digital version. Information for ordering is on the next page.



The Mishkan HaLev Prayer Book Prayers for S'lichot and the Month of Elul



The Hebrew month of Elul began on Monday, August 25th. Beginning with our Erev Shabbat service on August 29th, and all through the month of Elul leading up to the High Holy Days, we will be using the Mishkan HaLev prayer book. This prayer book includes many beautiful readings and prayers that are only said during the month of Elul, the period when we are preparing ourselves for the High Holy Days. Physical copies of this prayer book will be available to everyone who attends in-person services during the month of Elul.

Because our service on August 29th will be conducted on Zoom only and Rabbi Mills will be sharing her screen, it will not be necessary for anyone to have a copy of the Mishkan HaLev prayerbook that evening.

We will not be lending out copies of Mishkan HaLev for your use at home. If you attend services by Zoom, you may wish to order this book from Amazon. The cost is \$9.99 for the Kindle version and \$18.00 for paperback. [Click here.](#) The CCAR Press is offering these hard copies of these prayer books at significant savings for a limited time. See the details below.

Sale on Prayer Books for Elul and the High Holy Days!



Mishkan HaLev and Mishkan HaNefesh, the two-volume set of prayer books for Rosh Hashanah and Yom Kippur, are currently on sale at the CCAR Press website.

See the titles on sale at prayersale.ccarpress.org and use the promo code **HHD5786** at checkout.



**Brotherhood Is Alive and Well!
Join CBJ's Brotherhood Today!**

Men: This is YOUR organization. Please join the Brotherhood and contribute your ideas for programs for the year ahead. With new energy and fresh ideas, we look forward to the restoration of monthly meetings and interesting and engaging programs in the coming months. It is not necessary to be a member of CBJ in order to be a member of Brotherhood.

Brotherhood Dues Form - 2025-2026

NAME _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____

AREAS OF INTEREST _____

Talent(s) that you would be willing to share _____

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. Please contact Russell Yale at skyyale@sbcglobal.net or by phone at (414-791-5500) to discuss. Thank you!

If you prefer being non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$25)___ Mitzvah Membership (\$36)___ "Big Macha" (\$54) _____

Make your check payable to: CBJ Brotherhood

Please indicate "Dues Payment" and mail to:

Seth Teles, 31 Birch Avenue, Plymouth, MA 02360

On-Line Payments Are Available!

You may also pay your Brotherhood dues online! [CLICK HERE!](#) Be sure to note that your payment is for Brotherhood dues. Thank you!



Brotherhood Bowling **The 1st and 3rd Thursdays of the Month at 3:00 pm at Kingston Ten Pins**

We'll now be bowling the first and third Thursdays of every month at 3:00 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as bowling shoe rental is available for a small additional fee, and there is a large selection of balls to use. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at scteles@aol.com or Arnold Gladstein at aralglad@verizon.net and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



Adult Education **Introduction to Judaism Class**

Are you Interested in learning more about basic Judaism or converting? Rabbi Mills will be beginning another Introduction to Judaism class following the High Holy Days. If you are interested in enrolling please reach out to Rabbi Mills directly at cbjpymouthrabbi@gmail.com

This Introduction to Judaism class will be taught by Rabbi Mills by Zoom, only. The class is complimentary for CBJ members, and the cost is \$180 for non members. This class will consist of 15 sessions.

The class is for those who want to explore the beliefs and rituals of Judaism for conversion and is also perfect for those raised Jewish who want a comprehensive overview of the Jewish faith, rituals and history.

Another Adult Education Opportunity!



Study the weekly Torah portion from a Musar approach with Rabbi Mills beginning October 2025

Starting with an introduction to Musar the week before parsha Bereshit, the beginning of our Torah, Rabbi Mills will be leading a Torah study class that will approach each portion using the techniques of Musar.

Mussar is a Jewish spiritual practice focused on personal ethical and spiritual growth, aiming to cultivate virtues and improve one's character. It emphasizes self-reflection, mindful actions, and consistent effort to align one's behavior with core Jewish values. The practice involves identifying areas for improvement (middot or soul traits) and developing a daily routine that includes a mantra, mindful action, and journaling.

Mussar offers a framework and a toolkit for translating the philosophical wisdom of **kabbalah** into a personalized, ongoing spiritual discipline. Although compared to Musar, Kabbalah is the more widely known branch of Jewish spirituality, Musar is a more reachable way to incorporate spirituality into your life. Kabbalah is spiritual/mystical and focuses on the unseen forces in the universe while Mussar is spiritual/practical, and focuses more on our inner world, and how it impacts the choices we make each day. There is significant overlap in the traditional Mussar and Kabbalistic literature so if you have explored Kabbalah, Mussar will complement and enrich your understanding. And for those of us who find Kabbalah a bit too "out there," you will be able to relate to the Mussar because it is a very grounded practice.

The class will use Rabbi Barry Block's text: The Mussar Torah commentary which you can read more about and order using this link::

https://www.ccarpress.org/shopping_product_detail.asp?pid=5047

All individuals taking the class should purchase this book!!!

If you are interested in taking the class, please email Rabbi Mills with your top 3 days and times for meeting.

We will determine when the class will meet based on those wishing to take the class.

To read more about musar, please see the following link which provides the history and an explanation in great detail or read below for a short overview;

<https://www.myjewishlearning.com/article/the-musar-movement/>

Core Concept:

Mussar is about becoming a "mensch," a person of integrity and good character, by actively working on one's inner world.

Middot (Soul Traits):

Mussar focuses on cultivating specific virtues or soul traits, such as humility, patience, compassion, gratitude, and more.

Self-Reflection and Mindfulness:

Practitioners examine their thoughts, feelings, and actions, identifying areas where they fall short of their desired character and where they can grow.

Daily Practice:

Mussar involves a structured daily routine that includes reciting a mantra, engaging in a mindful action, and journaling about one's experiences and reflections.

Universal Appeal:

While rooted in Jewish tradition, Mussar's principles of self-improvement and ethical living can be relevant and valuable for people of all backgrounds.

Jewish Ethics and Spirituality:

Mussar can be seen as a way to integrate Jewish spiritual teachings into daily life, fostering a deeper connection to one's faith and values

Even More Adult Education Opportunities

"Social Justice in Our Texts" is a monthly, free, Zoom-based program exploring how our Jewish sacred texts speak to today's pressing social issues such as reproductive rights, climate change, racial justice, poverty, LGBTQ+ rights, and so much more. These classes are accessible, deeply rooted in Jewish values and focused on some of the most important issues of our time. **All of the sessions are free and open to anyone.** The classes are taught by our rabbis from across the liberal movements. Register at laasok.org/current-offerings/#justice

Social Justice in our Texts

Jewish Wisdom for Building a Better World

תצדק

tzedeek
justice

A monthly 1-hour study session - free and open to all
Programs are Mondays at 3pm ET / Noon PT

 <p>Human Rights, Jewish Roots Rabbi Gabriel Kanter-Webber September 15, 2025</p>	 <p>Prophetic Voices Then and Now Rabbi Barbara Symons October 20, 2025</p>
 <p>Bodily Autonomy & Reproductive Rights Rabbi Cookie Lea Olshein November 17, 2025</p>	 <p>Repairing the World: Tikkun Olam as a Mystical Praxis Rabbi Leah Moser December 8, 2025</p>
 <p>The Torah of Reparations Jordan Berg Powers January 12, 2026</p>	 <p>Jewish Responses to Climate Change Rabbi Glenn Jacob February 2, 2026</p>
 <p>Speaking Up to Power: Learning From Esther Rabbi Laura Rappaport March 2, 2026</p>	 <p>What We Leave for the Poor Rabbi Barry Block April 20, 2026</p>
 <p>The Right to Live, The Right to Die Rabbi Sylvia Rothschild May 11, 2026</p>	 <p>Protecting LGBTQ+ Rights: A Jewish View Rabbi Micah Buck June 8, 2026</p>



Human Rights; Jewish Roots

How Jewish Wisdom Echoes in Modern Values



Monday, Sept 15 - 3pm Eastern on Zoom

With Rabbi Gabriel Kanter-Webber

Part of the "Social Justice in our Texts" Series



Human Rights; Jewish Roots
With Rabbi Gabriel Kanter-Webber
Monday, September 15 at 3pm ET

The Universal Declaration of Human Rights, drafted in 1948 by French Jewish jurist René Cassin, laid out a vision for dignity and freedom for all people. But long before the United Nations, Jewish tradition was already wrestling with many of the same ideas. In this session, we'll explore how biblical and rabbinic texts speak to the principles behind the Declaration. Together we'll ask: How deeply are human rights rooted in Jewish wisdom?

Register at laasok.org/current-offerings/#justice



REFLECTIONS FROM THE RABBI

The Immigration Crisis Here in Plymouth

On Thursday evening, August 12, about 10 members of Congregation Beth Jacob joined a standing room only crowd from local churches and social action organizations at Plymouth Church of the Pilgrimage for a **“Gathering of Faith and Community Leaders”**. The goal of this meeting convened by Indivisible Plymouth, MA was to “address mutual aid for vulnerable people affected by ICE.” We heard first hand from Haitian and Brazilian refugees on how they have been impacted by the current immigration and detention policies. We heard from them how they were no longer able to safely work and were in need of food for their children. One woman in attendance was giving birth on the following Monday and did not have a crib, diapers, or even enough food for her other two children. The needs they expressed and the situation they currently face were heartbreaking.

The focus of the meeting was on coming up with a detailed plan for immediate, humanitarian assistance for these and other immigrant communities, “with all political perspectives set aside in support of our shared mission.”

The week before I had attended a 4 hour **verifier training** at the Plymouth Public library along with about 5 other congregants including a CBJ teen (the only teen at the training!) This training was to teach us how to confront ICE when there is a report that they are in the area and what we legally have the right to do which includes videotaping the encounter. I, along with the other attendees, are now on a group chat in which we get notification if ICE is spotted in Plymouth and in groups of at least 2 can respond and try to prevent ICE from taking an immigrant into custody.

I am also aware of several congregants who go every Wednesday afternoon to the **demonstration** on Long Pond Road, across from Home Depot to bring attention to how ICE is traumatizing our local immigrant community and using the Plymouth County Jail as a site for detainees from all over the area and even other parts of our country.

All of these actions are what the Rabbi Abraham Joshua Heschell called “praying with your feet” and are just as important as prayer and other ritual observances. Reform congregations prioritize the words of Micah 6:8 to “act justly, to love mercy, and to walk humbly with your God.” Furthermore, as Reform Jews we are taught that the commandments between one human being toward another human being always take precedence over ritual commandments.

Our Torah commands us to "love the stranger as yourself" 36 times, which makes this phrase the most repeated commandment in the Torah. The emphasis on treating strangers with kindness and empathy is a recurring theme of our Bible, underscoring the importance of welcoming and including those who are different or new to the community. The rationale behind this repeated commandment is rooted in our own experience as strangers in Egypt, reminding us that we were once the "stranger" and therefore should empathize with the feelings of today's "stranger".

But our Torah goes further, we are told in the book of Leviticus that when a stranger resides with you in your land, you shall not wrong him." That's the first level of obligation. Do not wrong the stranger. But the passage continues saying "the stranger that resides with you, shall be to you as an equal." Why? Because we were strangers in the land of Egypt.

Currently, there are a lot of new laws, policies, and bills being enacted by our chief executive as well as by Congress that may cause us to debate and argue about just what the refugee is entitled to. But Rabbi Rick Jacobs, chair of the Reform Movement states it eloquently "It's about people. All of the people that we share the world with are part of God's family. To God, we aren't strangers. We're all God's children. There is equality and decency. And our obligation is beyond just not wronging such people, or not treating them in less than equal ways," but rather we must extend ourselves and act in a way that reflects our understanding of our common humanity."

When we remember that, not only does our Plymouth community become a better place but the whole world becomes better. **Please contact Rabbi Mills at cbjplymouthrabbi@gmail.com if you want to become involved in this activism!**

Beit Sefer News



Our new Beit Sefer school year for Kindergarten through 7th grade students will **begin on Sunday, September 7th**. This year, these classes will meet from 9:30 am to 11:30 am.

Our theme for the year is Israel Extravaganza.

CONGREGATION BETH JACOB 2025-2026 BEIT SEFER CALENDAR

September 7, 2025	1. The Founders (the Yishuv Period)
September 14, 2025	2. Overview of pre-1948 History
September 21, 2025	3. Rosh Hashana Lesson
September 28, 2025	4. Yom Kippur Lesson
October 5, 2025	5. Sukkot Lesson
October 12, 2025	NO SCHOOL: Indigenous People Day
October 19, 2025	6. Simchat Torah Lesson
October 26, 2025	7. The Fight for Independence
November 2, 2025	8. The Compromise: Knesset and the Gov't
November 9, 2025	9. The Early Year: Israel and its Neighbors
November 16, 2025	10. The Army
November 23, 2025	11. Kibbutzim and Moshavim
November 30, 2025	NO SCHOOL: Thanksgiving Weekend
December 7, 2025	12. Geography: Cities and Famous Places
December 14, 2025	13. Chanukah Lesson
December 21, 2025	NO SCHOOL: New Year's Break
December 28, 2025	NO SCHOOL: New Year's Break
January 4, 2026	14. Medot: Ashkenazi, Sephardi, Mizrahi
January 11, 2026	15. The Israeli Arab & the Palestinian Arab
January 18, 2026	NO SCHOOL: President's Day Weekend
January 25, 2026	16. Magic Carpet: the Ethiopians Arrive
February 1, 2026	17. Tu B'shvat Lesson:
February 8, 2026	18. The Religious and the Secular
February 15, 2026	NO SCHOOL: Winter Break
February 22, 2026	NO SCHOOL: Winter Break
March 1, 2026	19. Purim Lesson
March 8, 2026	20. Foods of Israel
March 15, 2026	21. Culture: Music and Sports
March 22, 2026	22. Famous Modern Israelis
March 29, 2026	23. Passover Lesson
April 5, 2026	24. Israeli Tech: Israel's gifts to the X World
April 12, 2026	25. Yom Ha'atzmaut Lesson
April 19, 2026	NO SCHOOL: Spring Break
April 26, 2026	NO SCHOOL: Spring Break
May 3, 2025	26. Lag B'omer Lesson
May 10, 2025	NO SCHOOL: Mother's Day
May 17, 2025	27. Shavuot Lesson

SPECIAL EVENTS

- ❖ **Saturday, September 13, 5:30 P.M.**
Selichot on a Boat
- ❖ **Tuesday, September 23, 10 A.M.**
Rosh Hashana Youth Service
- ❖ **Wednesday, October 1, 10 A.M.**
Yom Kippur Youth Service
- ❖ **Friday, October 10, 5:00 P.M.**
Beit Sefer Sukkot on the Farm
- ❖ **Friday, October 17, 6:00 P.M.**
Family Simchat Torah Service
- ❖ **Friday, December 12, 6:00 P.M.***
Family Chanukah Dinner & Service
*Tentative
- ❖ **Friday, March 6, 7:00 P.M.**
Family Purim Dinner & Service
- ❖ **Thursday, April 2, 5:30 P.M.**
Second Night Passover Seder

[To see and print the entire Beit Sefer Calendar for the year 2026, click here.](#)

Teen Talk Starting October 19th!



Teen talk is a joint learning and social program for our post-B'nai Mitzvah students (grades 8-12) that is a cooperative program between Congregation Beth Jacob and Cape Cod Synagogue in Hyannis and Falmouth Jewish Congregation. This program meets monthly on Sundays from 12:30 to 2:30 usually in a location in Sandwich which is equal distance for all 3 congregations. We will be discussing the Jewish view on mature topics that we cannot do at a younger age such as antisemitism or the Jewish view of afterlife as well as having the opportunity to meet and socialize with other Jewish teens in the area. The sessions will include lunch.

The highlight of each year will be a trip either to L'taken, the Reform movement's youth social justice training weekend in DC, to Jewish New York, or to follow in the footsteps of the Jews who impacted the Civil Rights Movement (a trip through key places in the deep south). This program also will facilitate going as a group to NFTY-NE (National Federation of Temple Youth-North East) social events in the Boston area.

Registration for this program is on the CBJ website under Beit Sefer. The cost of the program is \$100.

DATES FOR 2025-2026:

October 19
November 16
December 14
January 11
February 8
March 8
April 12
May 17



The Essential Prayers and Songs for Our Shabbat Evening Services

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here](#).



Limud Torah/Torah Study Group
with Rabbi Emeritus Lawrence Silverman
Monday mornings, from 8:30-9:45 am
THESE MEETINGS HAVE RESUMED!

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299

The High Holy Days Are Almost Here! **Where Have All the Prayer Books Gone?**



If you have borrowed a copy of Mishkan T'filah for our Shabbat and Festivals services and/or the 2-volume set of Mishkan HaNefesh, the prayer books that we use for Rosh Hashanah and Yom Kippur, **PLEASE RETURN THEM**. These books are the property of Congregation Beth Jacob and are not available for home use. They are needed for our in-person services, both for our congregants and guests.

If you would like to have your own copy of these prayer books for your use at home, they are available on Amazon or through the CCAR Press website. Kindle copies, available at the Amazon website, are surprisingly inexpensive (under \$10 each.)

Details for how to purchase your own personal copies of these prayer books for use at home for Zoom services are on the next page.



To order a Kindle or hardcopy of Mishkan T'Filah, see the links below.

(<https://www.amazon.com/Mishkan-Tfilah-Complete-Festivals-Transliterated-ebook/dp/B01AWYWZFQ>) or through the CCAR website
(<https://www.ccarnet.org/publications/resources-repaginated/>)



To order copies of Mishkan HaNefesh (Volume 1 for Rosh Hashanah and Volume 2 for Yom Kippur), from Amazon, either in hard copy or in the Kindle version, click on this link.

https://www.amazon.com/s?k=Mishkan+HaNefesh&i=digital-text&crd=1TY2L31VLSBG2&sprefix=mishkan+hanefesh%2Cdigital-text%2C410&ref=nb_sb_noss_1

To order copies from the CCAR Press, either in hard copy or in the Kindle version, click on the link below.

https://www.ccarpress.org/shopping_product_detail.asp?pid=50288

The CCAR Press website will redirect you to the Amazon website if you choose the Kindle version of these prayer books.

Finally, please consider DONATING one or more copies of these prayer books to CBJ in honor of a special event - a wedding, a Bar or Bat Mitzvah, a birthday or anniversary - or in memory of a loved one. Bookplates will be placed into all prayer books that you have donated. You may contact Rabbi Mills for more information (cbjplymouthrabbi@gmail.com.)

Thank you!

CBJ On The Move



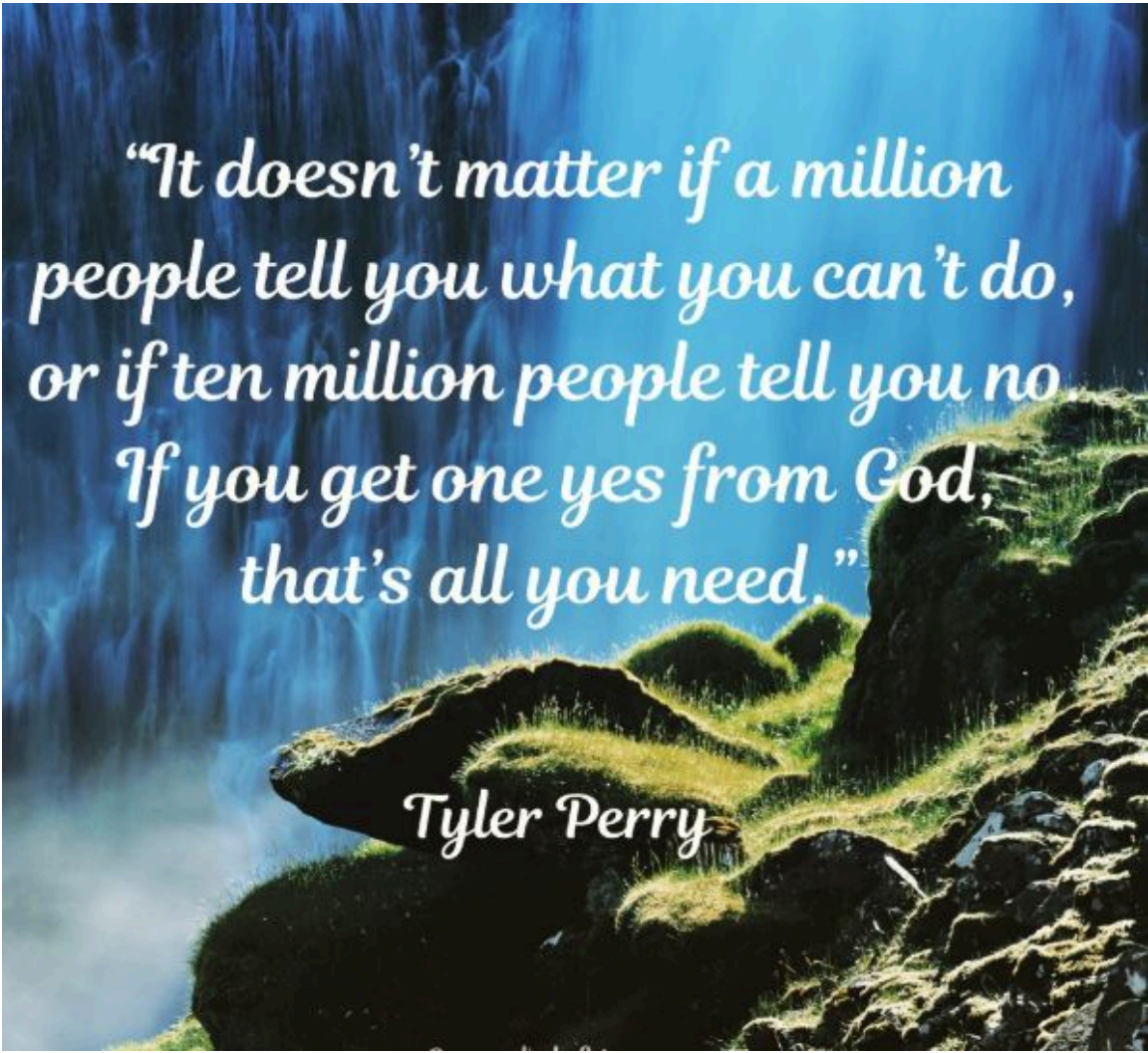
The search for CBJ's future new home is almost over! For the past 4 years, recognizing that our historic synagogue building is no longer adequate to meet our needs, we have been searching for a new site - one that is located in our historic town of Plymouth, is fully handicap accessible, offers adequate parking, space to hold social and education events, an inviting environment for our Hebrew School students to meet and learn, a kitchen that is large enough to accommodate congregational dinners, one that affords us the space to grow and flourish. While the search has been frustrating and has taken far longer than we had hoped, we are confident that our goal is in sight.

As previously reported, our Co-Presidents, Devon Fernald and Dianne Bluestein, together with Ethan Kusmin, have been investigating new properties as they have come onto the market, as well as options to purchase land on which to construct our new synagogue building. A promising site has been located, we hired an engineering firm to assess whether all of the Town-mandated requirements can be met and we received a favorable report from the engineering study.

Negotiations began and, pending receipt of the final P&S Agreement, the CBJ Board will vote to approve the signing of the Purchase and Sale Agreement. Because of unexpected delays on the part of the seller's attorney, we have not yet received the final P&S as of the publication date of this newsletter, although we do expect it shortly. Once we do receive it, the draft P&S will be reviewed by the Board. If the Board votes to approve it, the P&S will then be sent to all CBJ congregants for their review, and a vote to approve the signing of the P&S Agreement will be taken at a Congregational meeting that will be scheduled ten days later.

Pending the Congregants' approval, the P&S Agreement will be signed and we will apply for the required Town building permits. The existing house on the property will be torn down, the land will be leveled, and a new Morton-style steel building will be constructed on the site. Examples of Morton religious buildings can be seen at <https://mortonbuildings.com/projects/church>

Exciting times are ahead for Congregation Beth Jacob! Stay tuned!



*"It doesn't matter if a million
people tell you what you can't do,
or if ten million people tell you no.
If you get one yes from God,
that's all you need."*

Tyler Perry



As we all know, “It takes a village” to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. There are so many different ways that your skills could enhance CBJ!

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help. president@cbjpymouth.org



Mazel Tov to Izzy Davis on Becoming a Bat Mitzvah!

The CBJ community extends a hearty Mazel Tov to Isabelle (Izzy) Davis, who was called to the Torah on September 6th to become a Bat Mitzvah! Izzy is the daughter of Elissa Levin-Maxham and the granddaughter of Jackie and Steve Winokur.

Izzy's perseverance, dedication and hard work, together with excellent teaching, made this a memorable and beautiful occasion.

Thank you to Elissa for hosting the beautiful Oneg following the Erev Shabbat service the evening before on September 5th. Yasher Koach (well done)!



Please Volunteer to Sponsor an Oneg!

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members.

When you are a member of our congregation, you are asked to step forward **once a year** to host or sponsor an Oneg Shabbat for the members who attend services in person. Sponsors are asked to contribute \$54.00 to cover the cost for the Oneg. We will purchase the foods for the Oneg table, set up and clean up. [Click here to sign up for a specific date and pay.](#) If you prefer, you may send a check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Avenue, Plymouth, MA 02360.

Hosts are expected to purchase or bake the items for the Oneg and be there in person to help to set up and clean up. The choice of food items is up to you. The Oneg can be as elaborate or as simple as you like.

Please contact our Oneg Coordinator, Trish Garland ((trishrgarland@gmail.com) if you would like to sponsor or host an Oneg. Trish can provide advice about what items are popular, such as fresh fruit, nuts, baked goods (not necessarily homemade), ice cream with toppings, etc. It's a mitzvah!

MEMBERSHIP NEWS



Welcome to Our Newest Members!

Richard and Mary Jane Cohen

Richard and Mary Jane live in Plymouth and attended our Yom Kippur services last year. We are delighted to welcome them to our CBJ family!

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at ahabubs@gmail.com. [Click here for a link to CBJ's Application Form.](#)



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

Yahrzeit Fund:

- Joe & Paula Keller and Dara Campanella & family - in loving memory of Joe's mother, Adelilne Keller
- Allan & Judith Sherman - in loving memory of Allan's mother, Ruth Putnam Sherman
- Harry Shamir - in memory of Claire & Ludwig Jonas, who were murdered on the way to or while in Auschwitz at the end of August, 1942
- Louis B. Goldman - in loving memory of his father, Justin David Goldman

General Fund:

Jack & Nora Luftman - in honor of Norm Vickery's Adult Bar Mitzvah

In Support of the Tikkun Olam Food Bank Project:

General Fund in Support of CBJ's Musical Shabbatot with Rachmiel Klein:

Judith & Allan Sherman

Gift Card Program

Almost \$5,000 was recently received from CBJ's Gift Card Program.



Funding for Rachmiel Klein's Monthly Musical Performances

Rachmiel has been a featured songleader at our Shabbat services over the past several months, adding a new vibrancy and joy to our worship. His fee is partially subsidized by generous donations from a congregant, together with contributions from the Ray & Milly Russo Fund for Music and the Arts and the Rose Sherman Geller Fund for Jewish Family Life. **If you have been enjoying the music of Rachmiel Klein at our services, you may wish to contribute to those funds to replenish them.**

[Click here for a list of funds where donations may be made.](#)

[Click here to make a donation online.](#)



Thank you to everyone who has donated food and toiletry items for our food drive and who volunteered to deliver our collection to Christ Church Parish. This mitzvah will help many of our neighbors who depend on our support. This food drive was an example of Tikkun Olam in action. Our students had the opportunity to deliver the donations to the food pantry at the church and to learn how this effort affects the lives of members of the Plymouth community to rely on this support to care for their families.

This effort is ongoing. Many families continue to need our support.

Cash Donations: If you wish to make a monetary donation, you may do so online [using this link](#) on our website, or you may send a check to Congregation Beth Jacob, PO Box 3284, Plymouth, MA 02361, Attention: Treasurer. **Be sure to note that this is a donation for the Food Bank.** For more information, please contact the Co-Chair for our Social Committee, Judi Chaskes, at judithnowat@yahoo.com



**Join Reform Congregations throughout the United States For the
RAC's Flagship Social Justice Gathering
December 12 - December 15, 2025
Washington, D.C.**

In case, you wished you can have an experience similar to our teens who travel to DC for the RAC's (Religious Action Center of Reform Judaism) L'taken conference where they learn the liberal Jewish view on contemporary political issues and then lobby our elected officials, or if you're looking to learn more about making a difference when it comes to threats to democracy, rising antisemitism, the war between Israel and Hamas, and attacks on immigrants, LGBTQ+ people, reproductive rights, and more, join with hundreds of others for December's Consultation on Conscience, the RAC's flagship social justice gathering. Whether you're new to social justice work or a seasoned veteran, the Consultation is for you!

This wonderful program is restarting after a several year hiatus due to Covid.

There is a new Women of Reform Judaism Scholarship for the Consultation. Funding is available to anyone for whom the cost of attending is a barrier.

REGISTRATIONS ARE DUE BY NOVEMBER 28th.

Register by August 31 to take advantage of the Early Bird Rate!

Please use the following link to register:

https://events.urj.org/event/Consultation/Home?utm_source=sfmc&utm_medium=email&utm_content=8%2F14%2F2025__EmailJobID-9326711__



Mi Sheiberach (Prayers for Healing)

We pray for the Healing and Recovery of the following people, as well as all of those throughout the world who are suffering from violence, war and famine:

Isabelle Davis	Callan Crowley
Ina Lashin	Lynne Matson
Brian Lashin	Judith Orr
Joseph Keller	Sandy Batista
Tracey Gutman	Lauren DeFranzo
John R. Sore	Carol Williams
Susan Basiri	Nan Noble
Mary Ellen Dalgren	Gary Gersten
Maryann Leonard	Jeff Shelly
Sandy Magnes Silverman	Jerry Levine
Julian Lindquist	Eileen Blumenthal
Erin Sullivan	Andrea Weiss
Linda Daubert	Chris Davis
Benjamin Canter Stone	Ruth Anne Repking
Leslie Portney	Marilyn Levine
Joe Batista	Meredith Hoffman
Michael Marcus	Marlene Benjamin
Susan Penchansky	Esther Rucha
	Neil Rosenstrauch

[To hear the beautiful song, Heal Us Now, performed by Hazamir Hasharon, click here.](#)



Yahrzeits That Will be Observed This Month

(A memorial candle should be lit on the preceding evening.)

September

1 Louis Lipetz	Irene Sarke's father
1 Morris Teles	Seth Teles' father
3 Sarah D. Barron	Joel Barron's mother
4 Sylvia Krenis	Judith Sherman's mother
6 Philip Liss	Fran Shelly's father
7 Sarah Katz	Rabbi Mills cousin
7 Louis Lavine	
7 Annie Shapiro	mother of former member June Grippen
8 Victor Blass	Vicki Fitzgerald's father
8 Igo William Toabe	Mitchell Toabe's brother
9 Abraham Joseph Brody	
9 David Lipschitz	Rabbi Mills Grandfather
11 Jack Pearce	David Sollar's grandfather
11 Louis Shaffer	
12 Phil Blumenthal	Rabbi Mills Uncle
12 Mary L. Waterman	
13 Claire Jonas	Harry Shamir's grandmother
13 Ludwig Jonas	Harry Shamir's grandfather
13 Myron Aaron Policow	Past President
13 Celia Resnick	
13 Dorothy Schwartz	Michael Schwartz's mother
13 Lucy R. Simons	Lanie Katzew's mother
14 Abraham Sussman Brodie	
14 Taylor Nava Glover	
14 Judah Leib Sherman	Allan Sherman's great-grandfather
14 Jacob Shwom	Past CBJ President
15 Samuel Milner	
15 Dorothy Hyatt Smick	Lois Weiss' mother family
16 Harry Golden	
17 Deborah Arons	Paula Keller's and Cindy Teles' Cousin
18 Joyce Mills	Rabbi Mills Mother-in-law
19 Edward Albert	Ruth Albert Shiff's brother
19 George Gilbert	Don Gilbert's father
19 Julius Louis Putnam	Allan Sherman's grandfather
21 Harold Righter	William Righter family
22 Vickie Blass Fitzgerald	
23 Gail E. Jacobson	former CBJ member
23 Martha Lury	Gail Wax's mother
24 Ann Starr	Nancy Starr Pecorella's mother
24 Claire Sternfield	Marcia Baum's mother
25 Betty Rodman	David Rodman's wife
26 Bertha Klaff	
27 Rose Cohen	Debbie & Ben Cohen's mother
28 Helene Avraham-Katz	Rabbi Mills' cousin
28 Jack Bello	Susan Winokur's father

28 Jeffrey Levin	Elissa Davis' father, Past President
28 Ruth Albert Shiff	Daughter of Founder
28 Benedict Veiner	Cele Toabe's brother
29 Morris Bloom	CBJ member
29 Bessie Sophie Putnam	Allan Sherman's grandmother
29 Miriam E. Stutman	Mevinl Klasky's sister
29 Merlie Vidette	Member
30 Jacob Kaplan	Fay Meltzer's father
30 Bessie Keller	Harry Keller's mother
30 Harry Mankoff	Adeline Winokur;s father

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.

CBJ Yizkor Book -2026
It's Almost Too Late!
Act NOW to Have Your Memorial Names Listed!
The Deadline is Friday, September 5th!



We must always remember. To remember the members of your family whom you have lost and who continue to hold a precious place in your heart, please consider contributing to the CBJ General Fund by supporting our annual Yizkor Book fundraiser.

Below is the Yizkor Book form so you can fill out the information needed for your memorials. **Please note that we are continuing to offer a new feature that we introduced two years ago. You can add up to four photos to the Yom Kippur Yizkor Service powerpoint presentation that is shown at our High Holiday services.**

The deadline for finalizing this year's edition of the Yizkor Book is almost here! Please send your form with your check **as soon as possible** for your memorial listings to be included in this year's Yizkor Book.

Patty Sheehan
Yizkor Book Chair
100 Hillside Drive
Plymouth, MA 02360

To ensure that we receive your listing in time for it to be published, please send an email message to Patty with the details. Her email address is patriciabessersheehan@gmail.com

To expedite your payment, you may wish to pay on-line. [Click HERE.](#)

The format of this Yizkor Book requires that memorial listings be by individual names only, without identification of relationship or terms of endearment. If memorializing two people who were life partners, they must be listed as two individual names.

Donation \$9 per name

Example

In Memory of: Remembered by one of the following choices:

John Doe

1) John Adams

2) Mr. and Mrs. John Adams

3) Mr. and Mrs. John Adams and Family

4) John Adams and Abigail Smith

Jane Doe

5) John and Abigail Adams and Family

TOTAL \$18 for 2 memorials @9 per name

NAMES TO BE REMEMBERED (Please print clearly)

Name: Remembered by:

___ Submit same as last year, no additions, corrections, or deletions

___ Full page- with text and/or photos for family memorials, or the dedication of this edition @ \$180

___ Half page- with up to 12 lines of text and/or photo @ \$ 90

___ Holocaust Remembrance Page- in memory of those who perished @ \$9 per line of text.

___ I would like a copy of "We Remember Them" sent to me.

___ I would like to submit up to 4 photos for \$18 to add to the Yizkor Service powerpoint presentation. (Submit up to 4 photos to cbjpymouthrabbi@gmail.com)

Please use the back of this form for additional names to be listed in the Yizkor book and for the text of the full, or half page(s).

Please accept the enclosed total tax-deductible contribution of \$ _____ to memorialize my loved one(s) in the 2023-2024 Congregation Beth Jacob, We Remember Them.

Name of Contributor: _____

Address: _____

City and zip code: _____

Phone- home or cell: _____

This form must be completed and returned with your check, payable to Congregation Beth Jacob, as soon as possible. Please send checks to: Patty Sheehan, 100 Hillside Drive, Plymouth, MA 02360

If you have questions about this form, please contact Patty at 774-269-3736 or patriciabessersheehan@gmail.com



The Next Sisterhood Meeting
Monday, October 13th, at 7:00 pm (Zoom)
(No meeting in September)

Regular Monthly Sisterhood Meetings: are held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a mystery ride, a book discussion, a game night, a talent show, and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

The Zoom link for Sisterhood Meetings:

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzMzSTRJZ2J6VmM2WIBZenpXZz09>

Meeting ID: 818 8510 6141 Passcode: 579857

Join Us for Our Next Sisterhood Event!

Because of the busy High Holy Days schedule, there will not be any Sisterhood program in September. Look for our next event in October!

Dues for 2025-2026 Are Now Due!
Please Join Sisterhood!

Sisterhood has always been a backbone of CBJ, with its donation to the temple, the sponsoring of onegs and other events, and its various activities. In order for Sisterhood to continue in this vital role, we need you!!! **It is not necessary to be a member of CBJ to be a member of Sisterhood.**

There are 3 levels of dues.

\$25- ruby level

\$36- emerald level

\$54- diamond level

Please send your check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Ave.
Plymouth, MA 02360.

OR

You may pay online at <https://my.cheddarup.com/c/cbj-sisterhood/items>

Thank you!



Sisterhood Application Form -2026

Name _____

Phone _____ (home) _____ (cell)

Email _____

Area of interest _____

Talent you would be willing to share with the group _____

Program suggestions _____

If you prefer to be an inactive member, please indicate that preference here: _____

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities.

Ruby Membership: _____ \$25.00

Emerald Membership: _____ \$36.00

Diamond Membership: _____ \$54.00

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.

NEW! ONLINE PAYMENTS ARE NOW AVAILABLE!

You may now pay your Sisterhood dues online! [CLICK HERE](#)! Be sure to note that your payment is for Sisterhood dues. Thank you!

CBJ Gift Card Program



Please support CBJ by purchasing Gift Cards. When you do, CBJ receives a substantial commission and it costs you nothing.

Which popular restaurants and retail firms participate in our Gift Card program? Texas Roadhouse, Panera, Chipotle, Olive Garden, Fridays, Chili's, and 99, along with retail firms such as Stop & Shop, Shaw's, Big Y, Walmart, TJ Maxx, Marshall's, Zappo's Walgreen's, CVS (gift cards can be used to pay for your prescriptions), Home Depot, and hundreds of others.

[Check out this link to get a partial listing.](#)

You Can Order Gift Cards Online!

To order gift cards online, download the RaiseRight app on your Smartphone or computer. Set up your method of payment. **Enter CBJ's Enrollment Code 3477L3C988L9 which will designate Congregation Beth Jacob as your organization.** The gift cards can be mailed to you, or better yet, they will be available instantly in digital form in your RaiseRight wallet on your phone. Gift cards can also be refilled online. How convenient is that!

Breaking News!

You Can Now Book Travel through RaiseRight!

Make your earnings go the distance! You can now book hotels and car rentals directly through RaiseRight. Enjoy low prices, higher earnings, and the flexibility of booking with a credit or debit card while you raise money for CBJ! More information is available on RaiseRight.com.

Myra Glansberg's Remarks
at the Recent Plymouth Public Library Showing of the Documentary "October 8",
co-sponsored by CBJ and Hadassah Plymouth

Welcome - I'm Myra Glansberg, President of Hadassah Plymouth, the local chapter of Hadassah. For almost 50 years I have lived in Plymouth and been involved with Hadassah, The Women's Zionist Organization of America - a national organization established in 1912, now with over 500 chapters and over 300,000 members and associates across the USA.

What is Zionism? A word that seems to be very misunderstood these days. Zionism is the belief that Jews have the right to govern themselves in their ancestral homeland.

The connection of the Jewish people to the land of Israel dates back thousands of years, to Biblical times, when the land was known as Palestine and the indigenous inhabitants were Jews. In the 19th century, Theodor Herzl helped formalize and globalize the modern Zionist movement, which ultimately led to the establishment of the State of Israel in 1948. Today, supporting Zionism means promoting the continued existence of a Jewish state and upholding the right of Jews to live freely in their historic homeland.

Hadassah is a volunteer organization that inspires a passion for and commitment to the land, the people, and the future of Israel. Through education, advocacy, youth development, and support of medical care and research at Hadassah Medical Organization, Hadassah enhances the health and lives of people in Israel, the United States and worldwide.

From a study group over 100 years ago, Henrietta Szold helped launch the healthcare system in Israel and a legacy of engaging women throughout the United States. Today, Hadassah promotes programming to deepen our understanding of and enhance our pride in Zionism. Our Hadassah Medical Organization, a world-leader in research and care, was nominated for the Nobel Peace Prize in 2005 for being an oasis of peace in the Mid-East. Our advocacy efforts support Israel's security and a strong US-Israel relationship and further Hadassah's commitment to healing the world.

Anyone who recognizes the Jewish people's right to self-determination in their ancestral homeland and Israel's right to exist as a Jewish and democratic state is a Zionist. All are welcome to engage with, advocate with, and donate to Hadassah. Check out Hadassah.org, read and share about Hadassah, and contact me for further information.

"October 8" is available to rent on Amazon Prime.

Myra Glansberg

Hadassah Southern New England VP

Hadassah Plymouth President

H: 508-747-0372 C: 508-965-8810

Hadassah, the power to heal our world. Together.



Recipe for Rosh Hashanah Honey Cake



This honey cake is moist, tender, rich in flavor, comes together in one bowl, and is full of spices that will make your house smell like autumn.

Prep Time: 10 minutes Cook Time 45 minutes Servings: 10 slices Calories: 258 kcal

Ingredients

1-1/4 cups Flour All Purpose or Gluten Free
1/2 cup Sugar
1/2 cup vegetable oil
2 Eggs (room temperature)
1/2 cup Honey
1/2 cup Tea
1 teaspoon Vanilla extract
1 teaspoon Baking powder
1/2 teaspoon Baking soda
1/4 teaspoon Kosher salt
1 teaspoon Cinnamon
1/4 teaspoon Nutmeg

Instructions

1. Preheat an oven to 160c (320f) and prepare a parchment paper-lined loaf pan.
2. In a separate large mixing bowl, add the eggs, sugar, oil, vanilla extract, and honey, and mix well with a whisk. Add the hot tea into the wet mixture and mix until combined.
3. In a separate medium mixing bowl, add the dry ingredients: flour, baking powder, baking soda, salt, cinnamon, and nutmeg. Mix with a small whisk until combined.
4. Pour the dry ingredients into the wet ingredients mixture and carefully mix until just combined. (don't overmix!)
5. Pour the batter into a parchment paper-lined loaf pan and bake in a 160c (320f) preheated oven for 40-45 minutes or until a toothpick comes out clean.
6. Drizzle honey on top of the cake right when it comes out of the oven. Smooth it out with a spoon.
7. Let the cake cool for at least 30 minutes and serve!

Notes

1. Don't skip drizzling the top of the loaf with honey! This is the final touch that takes this honey cake to the next level.
2. Check doneness with a toothpick. Insert a toothpick into the center of the cake; if it comes out clean or with just a few crumbs attached, your cake is done.
3. For extra crunch, add chopped nuts of your choice.
4. Measure your flour correctly! When measuring your flour, avoid scooping it with a measuring cup. Instead, stir the flour with a spoon to create as many air pockets as possible, and spoon it into your measuring cup. Finally, level it with the back of a knife.
5. Line your baking pan with parchment paper! This step helps the cake to release easily from the pan.
6. Be patient! I know it's extremely tempting to eat this cake as it is pulled out of the oven, but let the loaf cool for at least 20 minutes so it will be firmer and won't crumble up.