



THE TENT

Congregation Beth Jacob's Monthly Newsletter
August, 2025



CBJ Calendar of Upcoming Events:

August 1, Erev Shabbat & Tisha B'Av Service, (hybrid) preceded by potluck supper
6:00 pm: Dinner 7:00 pm: Service

The Oneg is being sponsored by an anonymous donor. Todah! (Thank you!)

[Sign up HERE for the potluck supper](#) (This is a dairy meal - no meat please!)

August 2, 7:00 - 8:30 pm: Rabbi Mills will be teaching in the small congregation's Tisha B'av adult learning program. This program will be a combination of short teachings by Reform Rabbis all over North American and readings and reflections from the Book of Lamentations. [Click here to register.](#)

August 8, 7:00 pm: Sisterhood Shabbat and Tu B'Av (Jewish Valentine's Day!) with Rachmiel Klein
The Oneg is being hosted by members of Sisterhood.

August 10, 10:30 am: Required meeting with Rabbi Mills and Grade K-7 Beit Sefer parents to review behavioral and other expectations. Immediately following, there will be a B'nai Mitzvah parent's meeting for those with students in 5th-7th grades to go over the B'nai Mitzvah handbook.

August 11, 7:00 pm: Sisterhood meeting (Zoom)

August 15, Shabbat at the Pool Outdoor Service at the home of Brad & Kate Engel (hybrid)
6:00 pm: BBQ dinner (hot dogs, hamburgers, veggie burgers & all the fixings!) Watch for a link to sign up!
7:00 pm: Service begins (Our Beit Sefer students will be acting out the parts while in the pool.)

The Oneg is being hosted by the Engels' and all attending the dinner.

August 16, 1:30 - 4:00 pm: The Movie "October 8" in the Fehlow Meeting Room at the Plymouth Public Library. This film looks at the explosion of antisemitism on college campuses, social media, and in the streets of America beginning the day after the October 7th attack on Israel by Hamas. CBJ and the Plymouth Chapter of Hadassah have subsidized the licensing cost for showing this film. To offset this cost, we are requesting voluntary donations. **RSVPs are required.** [CLICK HERE.](#) Following the movie, our own Ronnie Hirschhorn, who is a Holocaust educator, will lead a discussion on antisemitism. See the article for details!!

August 21: Sisterhood Event - Potluck Lunch! Watch for details!

Saturday, August 23, 10:00 am: Shabbat Morning Service with Torah Study and bagel brunch.
Please RSVP if you are coming so that we know how many bagels to order.
RSVP@cbjplymouth.org The bagel brunch is being funded by Sisterhood.

August 29, 7:00 pm: Erev Shabbat Elul Service (Zoom only)

[To see the complete CBJ Calendar on our website, click here.](#)

Planning Ahead: The High Holiday Schedule!

**SELICHOT
ON A BOAT**
@ Plymouth
Wharf
5:30 PM
13 SEP

**EREV ROSH
HASHANA**
@ Spire
7:00 PM
22 SEP

**ADULT &
YOUTH ROSH
HASHANA
SERVICES**
@ Spire
10:00 AM
23 SEP

TASHLICH
@Townbrook
**Following
Morning
Services**
23 SEP

**ROSH
HASHANA
2nd DAY**
@ CBJ
10:00 AM
24 SEP

Congregation Beth Jacob
HIGH HOLY DAY
SCHEDULE
Please note location
of each event!



**SHABBAT
SHUVA
MORNING
SERVICE &
TORAH STUDY**
10:00 AM
27 SEP

**MEMORIAL
SERVICE**
@ cemetery
10:00 AM
28 SEP

**KOL
NIDRE**
@ Spire
7:00 PM
1 OCT

**YOM
KIPPUR
ADULT &
YOUTH
SERVICES**
@ Spire
10:00 AM
2 OCT

**AFTERNOON
SERVICE**
@ Spire
3:00 PM
2 OCT

**YIZKOR AND
NE'LAH**
@ Spire
4:30 PM
2 OCT

**SUKKOT
DINNER &
SERVICE**
@ FARM
5:00 PM
10 OCT

**Simchat
Torah
Celebration**
@ TBD
**6:30 Yizkor
7:00 service**
17 OCT

Made with PosterMyWall.com

Tish B'Av and Tu B'Av - What is the Difference Between Them? A LOT!



The difference between these two holidays couldn't be greater! Their only similarity is that they both occur during the Hebrew month of Av, Tish B'Av on the 9th of the month of Av, and Tu B'Av on the 15th.



Tisha B'Av

Tisha B'Av, which commemorates the destruction of Solomon's Temple by the Babylonians in 586 (before the common era) and the destruction of the Second Temple by the Romans in the year 70 (of the common era). Tisha B'Av is observed by fasting and mourning and reading the prophet Jeremiah's scroll called "Ay'chah," in Hebrew; in English it is called "Lamentations."

Why do we remember such terrible destruction that occurred nearly 2,000 years ago? Much of the world can't understand why we insist on remembering and reading the literature of the Holocaust. This past January, in concert with the United Nations and the President of Poland, the world stood still for several hours as we turned our attention toward Auschwitz on the day that marked the 75th anniversary of the liberation of that horrible death camp. Why? It is history. What was, was. Why keep revisiting old and painful chapters in our history?

They say that Napoleon, the emperor, was passing through the Jewish ghetto in Paris and heard sounds of crying coming from a nearby synagogue. He stopped to ask a local person what the lament was about. He was told that the Jews were remembering the destruction of the Temple. "When did that happen?" asked the emperor. He was then told, "Oh, about 1,700 years ago." Hearing this, Napoleon stated with strong conviction that a people who never forgot their past always would be destined to have a future.

Even in the midst of the ruins of two Temples, we refused to forget. When the Babylonians led our people into captivity, the Jews wept and sang: "By the waters of Babylon we sat down and wept for Zion." Why did we cry? For our lost wealth, our homes, our businesses? No. We cried for Zion and Jerusalem. In the midst of our bondage, we imagined a time would come for rebuilding. Out of the ruins, out of which the people came, they imagined the possibility of a return. And because we refused to forget Jerusalem, we did return.

There was a return in ancient times 70 years after the Babylonian exile. But 65 years after the Roman had destroyed the Second Temple, in the year 135 (of the common era), the Romans, who exiled the Jews for a second time and for a long time. Many centuries passed before the Declaration of Independence of the State of Israel in 1948 came about; and that happened because all those generations of our people wouldn't give up the "tikvah," the hope.

If we refuse to forget, if we observe Tisha B'Av, we can hope to rebuild someday. If we don't remember how to observe, we can read about it and learn. It's important to observe our people's original "National Day of Mourning." Skip going to the movies. Forego going to a restaurant. Sit down on a low seat or bench to mourn with your people. Read or listen to the chanting of the prophet Jeremiah's scroll of Lamentations. And don't give up! Be strong, and remember.

As we grow in strength and commitment, we grow in memory. As we grow in memory, the possibilities for our future are endless.

Tu B'Av (Jewish Valentine's Day)



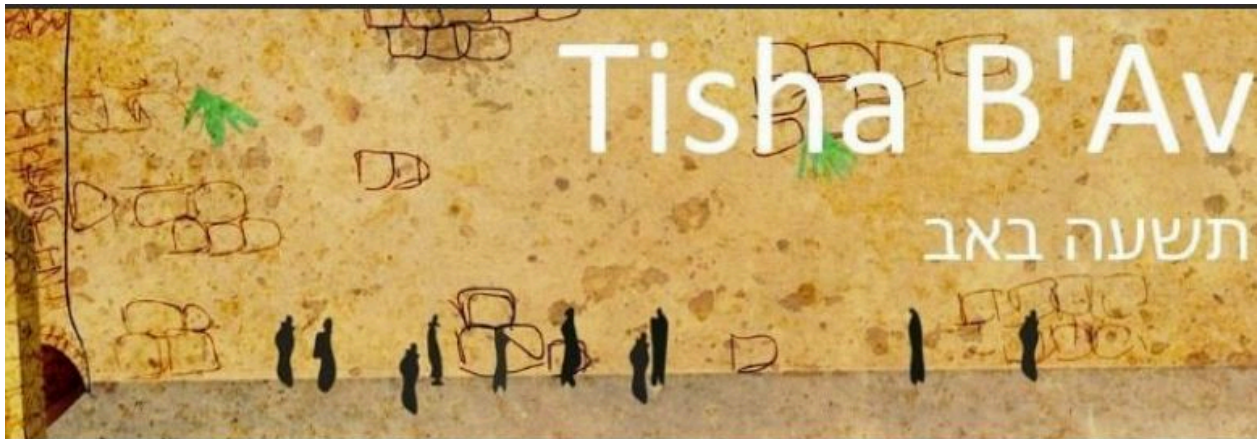
Tu B'Av, as a holiday of joy and lovemaking, represents the ultimate rise from mourning and embrace of life and its bounty, with gratitude for our own capacity for love itself.

According to the Mishnah, during the time when the Temple stood, Tu B'Av (now often referred to as the Jewish Valentine's Day) was a day of courtship, when young women would dress in borrowed white dresses and dance in the vineyards, wooing the young men.

But unlike Valentine's Day, Tu B'Av is not only about romantic love.

We are encouraged to treat **all** people with kindness, respect, and empathy. On this day, we emerge from our deep mourning for the destruction of the two Temples in Jerusalem and find a new purpose. Based on the hatred that Jews have endured throughout history, we find renewed motivation to work toward and create a society free of animosity.

**August 2nd, 7:00-8:30 pm
Small Congregations' Tisha B'av Adult Learning
Program**



**Small URJ Congregations
Sharing Tisha b'Av
Saturday, August 2nd at 8:00 PM Eastern**

Tisha b'Av is the focused day of loss for our People. It is a day of Lamentations, of Destruction, of sadness and pain. We join together with words of prayer, acts of memory and opportunities for learning and reflection to share the weight of the 9th of Av. Join us, participants and leaders of small URJ congregations as we gather virtually for an observance of this powerful day on our calendar.

Rabbi Mills will be teaching in the small congregation's Tisha B'av adult learning program. This program will be a combination of short teaching by Reform Rabbis all over North American and readings and reflections from the Book of Lamentations.

REGISTER NOW!

This program is free, but registration is required. Here is the registration link:

<https://urj.tfaforms.net/901?id=701UG00000PDi9h>

LINK TO THE PRAYER SERVICE: [Click here.](#)

SAVE THE DATE!

September 13th, 5:30 - 7:30 pm - Selichot on a Boat!

This will be the fourth year that we have observed Selichot (the service that prepares us for the High Holy Days) on a boat as we cruise Plymouth Harbor just in time to marvel at the beautiful sight of the sun setting over the water. To top it all off, we will enjoy an ice cream buffet, with toppings and all of the fixings, before we return to the Plymouth waterfront. Bring your supper onboard and schmooze with long-time friends and meet newer members of our congregation.



 Congregation Beth Jacob

Selichot On A Boat

SATURDAY SEPTEMBER 13TH
5:30 TO 7:30 PM
BYOD (INNER),
SERVICE AS THE SUN SETS
ABOARD THE LOBSTER TALE
Leaving from Plymouth Wharf
RSVP BY SEPTEMBER 5TH RSVP@CBJPLYMOUTH.ORG

\$30 \$15
PER ADULT, 12 & UNDER

It's Summertime!
Join Us for Our Casual Outdoor Erev Shabbat Services!
BBQ Potluck Supper at the Pool
August 15th at the Home of Kate and Brad Engel!
Potluck BBQ at 6:00 pm, Service at 7:00 pm



Brad and Kate are providing hot dogs, hamburgers, veggie burgers, rolls and condiments. Sign up to provide side dishes (potato salad, cole slaw, salads, baked beans, soft drinks, fruit, cookies/brownies) You are welcome to swim in the pool before dinner if you would like. (Bring your own towel.)

Watch the Weekly Update for the sign up to bring side dishes, salads, desserts, etc. (This is a meat or parve meal - no dairy please!)

The Shabbat service will begin at 7:00. Our Beit Sefer kids will be acting out parts of the service while they are in the pool. [Click here for the Outdoor Shabbat service prayer book.](#)

Photos of Shabbat at The Pinehills on July 18th

It was a perfect summer evening as the congregants and guests of CBJ gathered at the grassy Amphitheatre in the Pinehills. After dining on their picnic suppers and schmoozing, everyone observed Shabbat, reading from the special Outdoor Prayer Book in this beautiful natural setting, and enjoying the music that Rachmiel brings to us, After the service, there were Oneg treats galore, thanks to Deb Dauer, and, of course, more schmoozing!







Brotherhood Is Alive and Well!

Join CBJ's Brotherhood Today!

After a long period of dormancy, Brotherhood has sprung to life under the leadership of Russell Yale. Brotherhood has held two very successful walks this summer - the first on June 22nd in downtown Plymouth, followed by a breakfast at the Water Street Cafe, and the second on July 13th along one of Plymouth's beautiful nature trails. Look for the restoration of monthly meetings and interesting and engaging programs in the coming months. [Click here for the Brotherhood Dues Form.](#)

On-Line Payments Are Available!

You may also pay your Brotherhood dues online! [CLICK HERE!](#) Be sure to note that your payment is for Brotherhood dues. Thank you!

SATURDAY, AUGUST 16th 1:30- 4:00 p.m.
@ AT THE PLYMOUTH PUBLIC LIBRARY

Donations
Appreciated
Free popcorn
Provided

THE FIGHT FOR THE SOUL OF AMERICA

THE MUST SEE MOVIE

OCTOBER

8

GLOBALIZE THE
INTIFADA



Movie followed by discussion on Antisemitism
by local Holocaust educator, Ronnie Hirschhorn

Sponsored by Congregation Beth Jacob & Hadassah Plymouth

OCTOBER 8 lookS at the explosion of antisemitism on college campuses, social media and in the streets of America beginning the day after the October 7th attack on Israel by Hamas. Through meticulous investigation, the film also uncovers how over decades, Hamas created sophisticated networks in America to permeate U.S. institutions and examines the tsunami of online anti-semitism, propaganda, and disinformation unleashed by Iran, China and Russia with the sole purpose of dividing American society

We have purchased the rights to show the first-run movie October 8th To see the trailer, click here. <https://www.october8film.com/videos/> To **RSVP and make your voluntary donation in any amount**, [click here](#). FOLLOWING THE VIEWING OF THE MOVIE, HOLOCAUST EDUCATOR RONNIE HIRSHHORN WILL LEAD A DISCUSSION ON ANTISEMITISM.



Reflections from the Rabbi

July 2025

On Friday August 1st our congregation will commemorate Tisha B'av, the destruction of the first and second temples (the first by the Babylonians in 586 B.C.E; the second by the Romans in 70 C.E.) with a dinner of consolation and a service of remembrance and on Saturday evening, August 2nd, we will join other small Reform congregations throughout North America to listen to the chanting of the Book of Lamentations and for an adult education opportunity to learn more about this day in our history.

Tisha B'Av is named for the date of the month - Tish'a beAv" - the Ninth of Av, on which it falls and is the day when we remember not only the destruction of the Temple, but also many other misfortunes and tragedies which have befallen the Jewish people that ironically also occurred on this day. It is written in the Mishnah, "Five misfortunes befell our ancestors ... on the ninth of Av. ...On the ninth of Av it was decreed that our ancestors should not enter the [Promised] Land, the Temple was destroyed the first and second time, Bethar was captured and the city [Jerusalem] was ploughed up." (Ta'anit 4:6). In more modern times, other tragedies such as the expulsion of the Jews from England in 1290 and later from Spain in 1492, and the dissolution of the Warsaw ghetto and the deportation of its occupants to Auschwitz occurred on the 9th of Av.

For most Reform Jews, though, the observance of Tish'a beAv was lost not only because the rebuilding of the Temple in Jerusalem is not part of the ideology of the Reform movement, as we believe that the creation of the modern Jewish state, the state of Israel, is equal to the rebuilding the Temple itself. But also, because although we continued to recognize the Ninth of Av as a day for commemorating our suffering, we optimistically thought our days of suffering and being the object of hatred were behind us. Tikun Olam, repairing the world, so others would not suffer as we had become the main goal of Reform Judaism. So rather than dwelling on the hatred that had befallen us, we were taught to work to help others whose rights are threatened: such as the immigrant, the LGBTQ+ community, and those who face racism. We who have been victimized understood the consequences of hatred of the "other" and made it our mission to speak up and work for equality for all humanity.

Yet once again, the spotlight of hatred has turned its powerful beam toward our people while many of our community are turning our heads or closing our eyes. We have learned too many times what are the consequences of ignoring antisemitism. The recent spike in violent incidents directed against Jewish Americans is unrefutable. In recent months, there was the arson at Governor Josh Shapiro's residence, the deadly shooting at the Capital Jewish Museum, and the assaults and a murder at a rally supporting Israeli hostages. And while the overwhelming share of Americans condemn the recent attacks, there are millions of people who excuse or endorse violence against Jews.

The ADL Center for Antisemitism Research conducted a new survey to assess the national mood toward antisemitism. It concluded that “almost one quarter (24%) of Americans said the attacks against Jews were understandable,” 15% said the violence was “necessary” and 13% said the attackers were “justified”(July 17, 2025). More disturbing is that 68% of Americans understand that phrases like “globalize the intifada” and “from the river to the sea” are antisemitic and increase the risk of violence against Jews and yet do not condemn those saying these phrases. The ADL also found that “when presented with information about three recent antisemitic attacks **24%** of Americans said the attacks were “understandable”, **24%** believed they were staged to gain sympathy for Israel, **22%** said the incidents were not antisemitic, **15%** said the violence was “necessary”, **14%** didn’t consider them hate crimes, and **13%** said they were “justified”. Additionally, despite the overall rejections of antisemitic violence, significant numbers of Americans hold troubling beliefs about Jews: **34%** believe American Jews are more loyal to Israel than to the U.S, **30%** say Jews have too much influence in politics and media, and **27%** believe Jews in America should answer for the actions of Israel.

On Tisha B’av we recall the choices that people made that led to the past tragedies our people endured such as the Holocaust and remember that most of society remained silent. But as the ADL survey concluding remarks state “society is never stagnant – it is always changing and forces are always influencing it, **and we always have a choice how we will respond.**

Antisemitism is increasing throughout the world, and here in our backyards. We must learn from the past and not ignore its signs. As always, the first step is education and knowledge. PLEASE come to the Plymouth Public library on Saturday, August 16th at 1:30 pm to view the eye-opening documentary ‘October 8’ which recently played in first run theatres throughout the United States and which CBJ and Hadassah Plymouth is bringing to Plymouth because no one else in this community would (and other so-called organizations working for a better Plymouth will not even publicize our showing of this film!)

The ADL has long found that recognizing antisemitism is as serious a problem as reducing antisemitic attitudes. In their recent survey, 60% of Americans at least somewhat agreed that antisemitism is a serious problem and yet they are remaining silent. As Kurt Tucholsky stated, “A country is not only what it does, it is also what it tolerates.” A choice must be made and, as history has shown, every choice will have a consequence. We must each ask ourselves, what choice will we make? What will we tolerate today in the year 2025 in the United States of America?

Beit Sefer News



Our new Beit Sefer school year for Kindergarten through 7th grade students will **begin on Sunday, September 7th. This year, these classes will meet from 9:30 am to 11:30 am.**

Our theme for the year is Israel Extravaganza.

CONGREGATION BETH JACOB 2025-2026 BEIT SEFER CALENDAR

September 7, 2025	1. Overview of pre-1948 History
September 14, 2025	2. The Founders (the Yishuv Period)
September 21, 2025	3. Rosh Hashana Lesson
September 28, 2025	4. Yom Kippur Lesson
October 5, 2025	5. Sukkot Lesson
October 12, 2025	NO SCHOOL: Indigenous People Day
October 19, 2025	6. Simchat Torah Lesson
October 26, 2025	7. The Fight for Independence
November 2, 2025	8. The Compromise: Knesset and the Gov't
November 9, 2025	9. The Early Year: Israel and its Neighbors
November 16, 2025	10. The Army
November 23, 2025	11. Kibbutzim and Moshavim
November 30, 2025	NO SCHOOL: Thanksgiving Weekend
December 7, 2025	12. Geography: Cities and Famous Places
December 14, 2025	13. Chanukah Lesson
December 21, 2025	NO SCHOOL: New Year's Break
December 28, 2025	NO SCHOOL: New Year's Break
January 4, 2026	14. Medot: Ashkenazi, Sephardi, Mizrahi
January 11, 2026	15. The Israeli Arab & the Palestinian Arab
January 18, 2026	NO SCHOOL: President's Day Weekend
January 25, 2026	16. Magic Carpet: the Ethiopians Arrive
February 1, 2026	17. Tu B'Shvat Lesson
February 8, 2026	18. The Religious and the Secular
February 15, 2026	NO SCHOOL: Winter Break
February 22, 2026	NO SCHOOL: Winter Break
March 1, 2026	19. Purim Lesson
March 8, 2026	20. Foods of Israel
March 15, 2026	21. Culture: Music and Sports
March 22, 2026	22. Famous Modern Israelis
March 29, 2026	23. Passover Lesson
April 5, 2026	24. Israeli Tech: Israel's gifts to the World
April 12, 2026	25. Yom Ha'atzmaut Lesson
April 19, 2026	NO SCHOOL: Spring Break
April 26, 2026	NO SCHOOL: Spring Break
May 3, 2025	26. Lag B'omer Lesson
May 10, 2025	NO SCHOOL: Mother's Day
May 17, 2025	27. Shavuot Lesson

SPECIAL EVENTS

- ❖ Saturday, September 13, 5:30 P.M.
Selichot on a Boat
- ❖ Tuesday, September 23, 10 A.M.
Rosh Hashana Youth Service
- ❖ Wednesday, October 1, 10 A.M.
Yom Kippur Youth Service
- ❖ Friday, October 10, 5:00 P.M.
Beit Sefer Sukkot on the Farm
- ❖ Friday, October 17, 6:00 P.M.
Family Simchat Torah Service
- ❖ Friday, December 12, 6:00 P.M.*
Family Chanukah Dinner & Service
*Tentative
- ❖ Friday, March 6, 7:00 P.M.
Family Purim Dinner & Service
- ❖ Thursday, April 2, 5:30 P.M.
Second Night Passover Seder

As a way to increase the opportunities for Jewish social interactions for our post-B'nai Mitzvah students, Rabbi Mills is also initiating a new program for students in the 8th grade through Confirmation. This will be a combined program with students from CBJ and the Falmouth and Hyannis congregations. See the Weekly Update for upcoming details!

[To see and print the entire Beit Sefer Calendar for the year 2025-2026, click here.](#)



The Essential Prayers and Songs for Our Shabbat Evening Services

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here](#).



**Limud Torah/Torah Study Group
with Rabbi Emeritus Lawrence Silverman
Monday mornings, from 8:30-9:45 am**

THESE MEETINGS HAVE BEEN SUSPENDED FOR THE SUMMER.

Watch this space for further information.

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299

It's Not Too Soon to Start Thinking About The High Holy Days! Where Have All the Prayer Books Gone?



If you have borrowed a copy of Mishkan T'filah for our Shabbat and Festivals services and/or the 2-volume set of Mishkan HaNefesh, the prayer books that we use for Rosh Hashanah and Yom Kippur, **PLEASE RETURN THEM**. These books are the property of Congregation Beth Jacob and are not available for home use. They are needed for our in-person services, both for our congregants and guests.

If you would like to have your own copy of these prayer books for your use at home, they are available on Amazon or through the CCAR Press website. Kindle copies, available at the Amazon website, are surprisingly inexpensive (under \$10 each.)

Details for how to purchase your own personal copies of these prayer books for use at home for Zoom services are on the next page.



To order a Kindle or hardcopy of Mishkan T'Filah, see the links below.

(<https://www.amazon.com/Mishkan-Tfilah-Complete-Festivals-Transliterated-ebook/dp/B01AWYWZFQ>) or through the CCAR website
(<https://www.ccarnet.org/publications/resources-repaginated/>)



To order copies of Mishkan HaNefesh (Volume 1 for Rosh Hashanah and Volume 2 for Yom Kippur), from Amazon, either in hard copy or in the Kindle version, click on this link.

https://www.amazon.com/s?k=Mishkan+HaNefesh&i=digital-text&crd=1TY2L31VLSBG2&sprefix=mishkan+hanefesh%2Cdigital-text%2C410&ref=nb_sb_noss_1

To order copies from the CCAR Press, either in hard copy or in the Kindle version, click on the link below.

https://www.ccarpress.org/shopping_product_detail.asp?pid=50288

The CCAR Press website will redirect you to the Amazon website if you choose the Kindle version of these prayer books.

Finally, please consider DONATING one or more copies of these prayer books to CBJ in honor of a special event - a wedding, a Bar or Bat Mitzvah, a birthday or anniversary - or in memory of a loved one. Bookplates will be placed into all prayer books that you have donated. You may contact Rabbi Mills for more information (cbjplymouthrabbi@gmail.com.)

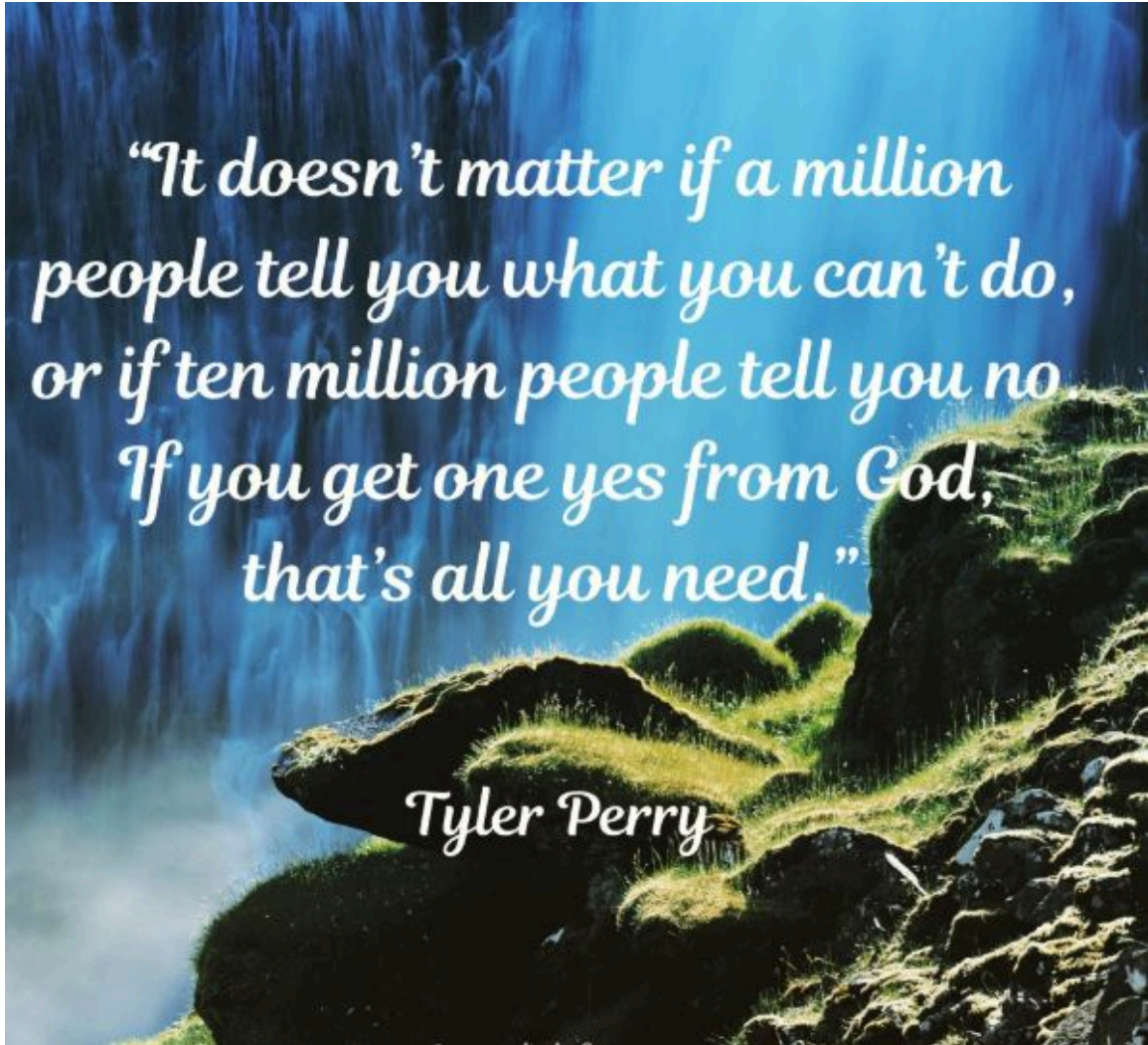
Thank you!

CBJ On The Move



The search is ongoing for CBJ's future new home - one that is located in our historic town of Plymouth, is fully handicap accessible, offers adequate parking, space to hold social and education events, an inviting environment for our Hebrew School students to meet and learn, a kitchen that is large enough to accommodate congregational dinners, one that affords us the space to grow and flourish. While the search has been frustrating and is taking far longer than we had hoped, we are confident that our goal is achievable. All we need is one - the right one...and much progress has been made.

As previously reported, our Co-Presidents, Devon Fernald and Dianne Bluestein, together with Ethan Kusmin, have been investigating new properties as they have come onto the market, as well as options to purchase land on which to construct our new synagogue building. A promising site has been located and we have hired an engineering firm to assess whether all of the Town-mandated requirements can be met. We have received a positive report from the engineering study, and negotiations have begun. Stay tuned!



*"It doesn't matter if a million
people tell you what you can't do,
or if ten million people tell you no.
If you get one yes from God,
that's all you need."*

Tyler Perry

Brotherhood News



Brotherhood Is Alive and Well!

On the morning of June 22nd, Russell Yale led a group of Brotherhood men on a walking tour of Plymouth. They met at Plymouth Rock, explored the downtown area, ending their excursion with breakfast at Water Street Cafe. Look for future meetings and programs that will be coming in the months to come!

Men: This is YOUR organization. Please join the Brotherhood and contribute your ideas for programs for the year ahead. It is not necessary to be a member of CBJ in order to be a member of Brotherhood. See the dues form further on in this newsletter.



Brotherhood Bowling

**The 1st and 3rd THURSDAYS of the Month at 3:00 pm at Kingston
Ten Pins
(Please note the change!)**

We'll now be bowling the first and third THURSDAYS of every month at 3:00 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as bowling shoe rental is available for a small additional fee, and there is a large selection of balls to use. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at scteles@aol.com or Arnold Gladstein at araglad@verizon.net and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



As we all know, “It takes a village” to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. There are so many different ways that your skills could enhance CBJ!

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help. president@cbjplymouth.org



Mazel Tov to Norman Vickery!

The entire CBJ community sends our heartfelt Mazel Tov to Norm on his being called to the Torah on the morning of Saturday, July 26, when he became an adult Bar Mitzvah! After completing his conversion to Judaism three years ago, Norm continued to study with Barbara Aharoni and learned to read Hebrew in a year and a half.

Norm has become a dedicated member of CBJ. He attends weekly Shabbat services regularly and cheerfully volunteers to help in any way that he can. Yasher koach, Norm! Well done! See the photographs on the following pages!











Please Volunteer to Sponsor an Oneg!

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members.

When you are a member of our congregation, you are asked to step forward **once a year** to host or sponsor an Oneg Shabbat for the members who attend services in person. Sponsors are asked to contribute \$54.00 to cover the cost for the Oneg. We will purchase the foods for the Oneg table, set up and clean up. [Click here to sign up for a specific date and pay.](#) If you prefer, you may send a check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Avenue, Plymouth, MA 02360.

Hosts are expected to purchase or bake the items for the Oneg and be there in person to help to set up and clean up. The choice of food items is up to you. The Oneg can be as elaborate or as simple as you like.

Please contact our Oneg Coordinator, Trish Garland ((trishrgarland@gmail.com) if you would like to sponsor or host an Oneg. Trish can provide advice about what items are popular, such as fresh fruit, nuts, baked goods (not necessarily homemade), ice cream with toppings, etc. It's a mitzvah!



MEMBERSHIP NEWS

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at ahabubs@gmail.com. [Click here for a link to CBJ's Application Form.](#)



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

Yahrzeit/General Fund:

Allan & Judith Sherman - in loving memory of Allan's mother, Ruth Putnam Sherman
Allan & Judith Sherman - in honor of Norman Vickery's Adult Bar Mitzvah

In Support of the Tikkun Olam Food Bank Project:

Harry Shamir & Barbara Aharoni

General Fund in Support of CBJ's Musical Shabbatot with Rachmiel Klein:

Judith & Allan Sherman

Rabbi's Discretionary Fund:

Norman Vickery, in appreciation of Rabbi Mills
Morton Cahn, in honor of Jordan Cahn's upcoming Bar Mitzvah

In Special Appreciation:

to Phyllis Klasky and members of the Klasky family, who paid to have the Holocaust Bench and plaque at the cemetery repaired and refurbished beautifully. This bench was given to Congregation Beth Jacob on Rosh Hashanah, 2009, by Lois and Melvin Klasky, in memory of their parents, Dinah and Philip Van West and Gertrude and Hyman Klasky.



Funding for Rachmiel Klein's Monthly Musical Performances

Rachmiel has been a featured songleader at our Shabbat services over the past several months, adding a new vibrancy and joy to our worship. His fee is partially subsidized by generous donations from a congregant, together with contributions from the Ray & Milly Russo Fund for Music and the Arts and the Rose Sherman Geller Fund for Jewish Family Life. **If you have been enjoying the music of Rachmiel Klein at our services, you may wish to contribute to those funds to replenish them.**

[Click here for a list of funds where donations may be made.](#)

[Click here to make a donation online.](#)

Tikkun Olam



Thank you to everyone who donated food and toiletry items for our food drive and who volunteered to deliver our collection to Christ Church Parish. This mitzvah will help many of our neighbors who depend on our support.

This food drive was an example of Tikkun Olam in action. Our students had the opportunity to deliver the donations to the food pantry at the church and to learn how this effort affects the lives of members of the Plymouth community to rely on this support to care for their families.

This effort is ongoing. Many families continue to need our support.

Cash Donations: If you wish to make a monetary donation, you may do so online using the CheddarUp payment link below or on our website, or you may send a check to Congregation Beth Jacob, PO Box 3284, Plymouth, MA 02361, Attention: Treasurer. **Be sure to note that this is a donation for the Food Bank.**

For more information, please contact Sue Moore at uzan@comcast.net.



Mi Sheberach (Prayers for Healing)

We pray for the Healing and Recovery of the following people, as well as all of those throughout the world who are suffering from violence, war and famine:

Isabelle Davis
Ina Lashin
Brian Lashin
Joseph Keller
Tracey Gutman
John R. Sore
Susan Basiri
Mary Ellen Dalgren
Maryann Leonard
Sandy Magnes Silverman
Julian Lindquist
Erin Sullivan
Linda Daubert
Benjamin Canter Stone
Leslie Portney
Joe Batista
Michael Marcus
Susan Penchansky

Callan Crowley
Lynne Matson
Judith Orr
Sandy Batista
Lauren DeFranzo
Carol Williams
Nan Noble
Gary Gersten
Jeff Shelly
Jerry Levine
Eileen Blumenthal
Andrea Weiss
Chris Davis
Ruth Anne Repking
Marilyn Levine
Meredith Hoffman
Marlene Benjamin
Esther Rucha

[To hear the beautiful song, Heal Us Now, performed by Hazamir Hasharon, click here.](#)



Yahrzeits That Will be Observed This Month

(A memorial candle should be lit on the preceding evening.)

1 Oscar Mokuvos	Sandra Bellush's Father
2 David Kaufman	Remembered by Trish Garland
2 Bert Sternfield	Marcia Baum's father
4 Judah James Evans	Pam Koplan's father
5 Joseph Gottman	Rabbi Mills Grandfather
5 Louis K. Kaplow	
5 Mary Kaplowitz	
5 Devorah Spector	Mitchell Toabe's grandmother
6 Elizabeth Epstein	Suzanne Goldberg's niece
6 Jacob S. Shiff	Ethel Shiff's father-in-law
9 Abraham Sherman	CBJ Founder; Allan Sherman's grandfather
9 Minnie Steinberg	Jacob Steinberg's daughter
10 Gunnar Carlson	Elaine Carlson's father
11 Hyman Sheff	Shelly family
12 Seymour Kraus	Sandy Spekman's father
13 Lillian Gilbert	Don Gilbert's mother
13 Alter Greenspoon	CBJ Founder
13 Morris Stern	Past President; Bea Stern's husband
15 Douglas Worthman	Pat Van Tosh's husband
16 Alexander Finkelstein	Frank&Gloria Finkelstein
16 Ansel Gladstein	Arnold Gladstein brother
16 Mollie Swartz	Linda Hurwitz grandmother
17 Harold Samuel Finer	Carl Finer's father
17 Justin D Goldman	Louis Goldman's father
18 Gertrude B. Klasky	Harriette Minsky & Mel Klasky's mother
18 Freda Rebecca Robinson	
19 Julius Cooper	William Righter's grandfather
19 Israel DeZorets	CBJ Founder
20 Albert Finkelstein	Frank&Gloria Finkelstein
20 Adeline Keller	Jackie K. Winokur and Joe Keller mother
22 Bessie "Billie" Ginsburg	Myra Glansberg's mother
22 Bernice Kalaminsky	Elayne Kalaminsky's mother
22 Benjamin Righter	William Righter's father
23 Milton Geller	Past President; Rose Sherman Geller's husband
23 Phyllis Bell O'Connor	Lucille Arons' sister
24 Barnett Portnoy	Sadie & Manny Arons' aunt
26 Zelda Cohen	Ben Cohen's wife, Michael Cohen's mother
26 Nettie Lipschitz	Rabbi Mills Grandmother
26 Esther Russo	Ray Russo's mother
26 Michael B. Shuman	Marion & Sid Shuman's son
28 Hymen W. Bell	Lucille Arons's father
30 Marion Glansberg	Ken Glansberg's mother
30 Lilyan E. Kabelsky	

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.

CBJ Yizkor Book 2025-2026



We must always remember. To remember the members of your family whom you have lost and who continue to hold a precious place in your heart, please consider contributing to the CBJ General Fund by supporting our annual Yizkor Book fundraiser.

Below is the Yizkor Book form so you can fill out the information needed for your memorials. **Please note that we are continuing to offer a new feature that we introduced two years ago. You can add up to four photos to the Yom Kippur Yizkor Service powerpoint presentation that is shown at our High Holiday services.**

Please send your form with your check **as soon as possible** for your memorial listings to be included in this year's Yizkor Book.

Patty Sheehan
Yizkor Book Chair
100 Hillside Drive
Plymouth, MA 02360

The format of this Yizkor Book requires that memorial listings be by individual names only, without identification of relationship or terms of endearment. If memorializing two people who were life partners, they must be listed as two individual names.

Donation \$9 per name

Example

In Memory of: Remembered by one of the following choices:

John Doe

1) John Adams

2) Mr. and Mrs. John Adams

3) Mr. and Mrs. John Adams and Family

4) John Adams and Abigail Smith

Jane Doe

5) John and Abigail Adams and Family

TOTAL \$18 for 2 memorials @9 per name

NAMES TO BE REMEMBERED (Please print clearly)

Name: Remembered by:

___ Submit same as last year, no additions, corrections, or deletions

___ Full page- with text and/or photos for family memorials, or the dedication of this edition @ \$180

___ Half page- with up to 12 lines of text and/or photo @ \$ 90

___ Holocaust Remembrance Page- in memory of those who perished @ \$9 per line of text.

___ I would like a copy of "We Remember Them" sent to me.

___ I would like to submit up to 4 photos for \$18 to add to the Yizkor Service powerpoint presentation. (Submit up to 4 photos to cbjpymouthrabbi@gmail.com)

Please use the back of this form for additional names to be listed in the Yizkor book and for the text of the full, or half page(s).

Please accept the enclosed total tax-deductible contribution of \$ _____ to memorialize my loved one(s) in the 2023-2024 Congregation Beth Jacob, We Remember Them.

Name of Contributor: _____

Address: _____

City and zip code: _____

Phone- home or cell: _____

This form must be completed and returned with your check, payable to Congregation Beth Jacob, as soon as possible. Please send checks to: Patty Sheehan, 100 Hillside Drive, Plymouth, MA 02360

If you have questions about this form, please contact Patty at 774-269-3736 or patriciaabessersheehan@gmail.com



Brotherhood Is Back!

Over the 100 year history of CBJ, Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it."

We are looking forward to resuming Brotherhood activities in the coming year. Please become a member of CBJ Brotherhood for the 2025-2026 year!

NAME_____

HOME PHONE_____CELL PHONE _____

EMAIL_____

AREAS OF INTEREST _____

Talent(s) that you would be willing to share_____

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. Please contact Russell Yale at skyyale@sbcglobal.net or by phone at (414-791-5500) to discuss. Thank you!

If you prefer being non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$25)___ Mitzvah Membership (\$36)___ "Big Macha" (\$54) _____

Make your check payable to: CBJ Brotherhood

Please indicate "Dues Payment" and mail to:

Seth Teles, 31 Birch Avenue, Plymouth, MA 02360

On-line payments are available at <https://www.cbjplymouth.org/make-a-payment>

Be sure to specify that your payment is for Brotherhood dues.



The Next Sisterhood Meeting
Monday, August 11th, at 7:00 pm by Zoom

Regular Monthly Sisterhood Meetings: are held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a mystery ride, a book discussion, a game night, a talent show, and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

The Zoom link for Sisterhood meetings:

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzMzSTRJZ2J6VmM2WIBZenpXZz09>

Meeting ID: 818 8510 6141 Passcode: 579857

Join Us for Our Next Sisterhood Event!
August 21st - A Potluck Lunch

Watch for details!

Please Join Sisterhood!

Sisterhood has always been a backbone of CBJ, with its donation to the temple, the sponsoring of onegs and other events, and its various activities. In order for Sisterhood to continue in this vital role, we need you!!! **It is not necessary to be a member of CBJ to be a member of Sisterhood.**

There are 3 levels of dues.

\$25- ruby level

\$36- emerald level

\$54- diamond level

Please send your check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Ave.
Plymouth, MA 02360.

OR

You may pay online at <https://my.cheddarup.com/c/cbj-sisterhood/items>

Thank you!



Sisterhood Application Form 2025-2026

Name _____

Phone _____ (home) _____ (cell)

Email _____

Area of interest _____

Talent you would be willing to share with the group _____

Program suggestions _____

If you prefer to be an inactive member, please indicate that preference here: _____

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities.

Ruby Membership: _____ \$25.00

Emerald Membership: _____ \$36.00

Diamond Membership: _____ \$54.00

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.

NEW! ONLINE PAYMENTS ARE NOW AVAILABLE!

You may now pay your Sisterhood dues online! [CLICK HERE](#)! Be sure to note that your payment is for Sisterhood dues. Thank you!

Recipe for Jordan Marsh Blueberry Muffins

(as published in The Boston Globe on November 22, 2017)



Makes 12 regular or 24 mini muffins

Baker Nick Malgieri came up with this formula for Boston's beloved blueberry muffins, sold at a bakery in the now defunct department store, Jordan Marsh. Many recipes have circulated over the years, but none that capture the true taste. This does! You may have to be of a certain age to remember tasting these legendary blueberry muffins (or even remember when Jordan Marsh even existed!) People came from miles around to buy these blueberry beauties. Enjoy!

Ingredients:

2 cups flour
2 teaspoons baking powder
½ teaspoon salt
8 tablespoons (1 stick) unsalted butter, at room temperature
1¼ cups sugar
2 eggs
½ teaspoon vanilla extract
½ cup buttermilk
1 pint (2 cups) fresh or frozen wild blueberries
Extra sugar (for sprinkling)

Directions:

1. Slide a rack in the middle of the oven. Set the oven at 375 degrees. Line a regular muffin pan or 2 mini pans with paper liners.
2. In a bowl, whisk the flour, baking powder, and salt.
3. In an electric mixer fitted with the paddle attachment, if you have one (or use the whisk), cream the butter and sugar until light. Beat in the eggs, one at a time, until the batter is smooth. Blend in the vanilla. Add the flour mixture to the batter alternately with the buttermilk, beginning and ending with flour, mixing only until incorporated. Do not overmix or the muffins will be tough.
4. Remove the bowl from the mixer stand. Fold in the blueberries.
5. Scoop or spoon the batter into the liners; if making regular-size muffins, one regular ice cream scoop makes a perfect size. Sprinkle the tops with sugar.
6. Bake regular muffins for 30 minutes, rotating the pan halfway through baking, or until well-risen and golden. Bake minis for 15 minutes, checking after 10 minutes, or until golden.
7. Keep muffins loosely covered at room temperature on the day they are baked.