

#### THE TENT

Congregation Beth Jacob's Monthly Newsletter July, 2025



#### **CBJ Calendar of Upcoming Events:**

Wednesday, July 2, 8:00pm: Kolot Hadorot: Voices of the Generations. Celebrating 50 Years of Women in the Cantorate, with our own Lanie Katzew being a big part of this event. Join the ACC (American Conference of Cantors) for a special evening celebrating the last 50 years of raising our voices in the cantorate, the first generation of female cantors, and the 50th anniversary of the ordination of Cantor Barbara J. Ostfeld. The concert will be held at a Washington, DC congregation, and it is being live streamed. To purchase tickets to stream this concert, click here: <a href="https://www.accantors.org/calendar/kolot-hadorot-voices-generations-celebrating-50-years-women-cantorate">https://www.accantors.org/calendar/kolot-hadorot-voices-generations-celebrating-50-years-women-cantorate</a> When the link opens, click on the link to Begin Order. The option to stream the concert is near the bottom of the order form. The price is \$36.00 (\$39.65 with service fee).

July 4, 7:00 pm: Rabbi Neil Katz has graciously invited us to join with Temple Beth El in Tyler, Texas for this week's Erev Shabbat Service. (by Zoom) Click here for Rabbi Katz' welcoming letter and the Zoom link. <a href="https://www.betheltyler.com/bethjacob">https://www.betheltyler.com/bethjacob</a>

July 10, 5:30-7:30 pm: Tikkun Olam Shalom Fair (See the article for details.)

July 11, 7:00 pm: Broadway Shabbat Erev Shabbat Service led by guest soloist Deb Rodgers, and Rabbi Mills will co-lead. (hybrid) The Oneg will be hosted by Michelle Tirella Ventura and Andre Ventura

July 14, 7:00 pm: Sisterhood meeting (Zoom)

July 18, Erev Shabbat Outdoor Service at the Pinehills. Picnic supper at 6:00 pm. Service at 7:00 pm. The Oneg will be hosted by Deb and Dave Dauer.

Saturday, July 26, 10:00 am: Shabbat Morning Service when Norman Vickery becomes a Bar Mitzvah. Norm is inviting the entire congregation to come to a kiddush at CBJ following the service. The Oneg is being hosted by Barbara Aharoni in honor of Norm's adult Bar Mitzvah.

August 2, 7:00 - 8:30 pm: Rabbi Mills will be teaching in the small congregation's' Tisha B'av adult learning program. This program will be a combination of short teachings by Reform Rabbis all over North American and readings and reflections from the Book of Lamentations. Click here to register.

#### Save the Dates!

August 16, 1:30 pm: The Movie "October 8" in the Fellows Room at the Plymouth Public Library. See the article for details!

September 13th - Selichot on a Boat!

To see the complete CBJ Calendar on our website, click here.



## We Have Been Invited to Attend the July 4th Erev Shabbat Service at Congregation Beth El in Tyler, Texas

July 4th falls on a Friday this year. Because we will not have a minyan that evening, Rabbi Mills has canceled our service and we have been invited to attend a lay-led Shabbat service, via Zoom, from Congregation Beth El. (Congregation Beth El is located in Tyler, Texas. Isn't Zoom wonderful!) Rabbi Neil Katz has sent a welcoming message to our congregation and has provided a link to live stream the Erev Shabbat service, either by Zoom or on YouTube..

Click here for the link: <a href="https://www.betheltyler.com/bethjacob">https://www.betheltyler.com/bethjacob</a>



Wednesday, July 2, 8:00pm: Kolot Hadorot: Voices of the Generations. Celebrating 50 Years of Women in the Cantorate, with our own Lanie Katzew being featured as a big part of this event.

Join the ACC (American Conference of Cantors) for a special evening celebrating the last 50 years of raising our voices in the cantorate, the first generation of female cantors, and the 50th anniversary of the ordination of Cantor Barbara J. Ostfeld. The concert will be held at a Washington, DC congregation, and it is being live streamed.

**Ticket information**: To purchase tickets to stream this concert, click on the link below. <a href="https://www.accantors.org/calendar/kolot-hadorot-voices-generations-celebrating-50-years-women-cantorate">https://www.accantors.org/calendar/kolot-hadorot-voices-generations-celebrating-50-years-women-cantorate</a> When the link opens, click on the link to Begin Order. The option to stream the concert is near the bottom of the order form.

The price is \$36.00 (\$39.65 with service fee).

#### Planning Ahead: The High Holiday Schedule!

SELICHOT ON A BOAT a Plymouth Wharf 5:30 PM

13 SEP

**EREV ROSH** HASHANA

a Spire

7:00 PM

22 SEP

ADULT & YOUTH ROSH **HASHANA** SERVICES a Spire 10:00 AM 23 SEP

**TASHLICH** a Townbrook

**Following** Morning **Services** 

23 SEP

ROSH **HASHANA** 2nd DAY a CBJ

10:00 AM

24 SEP

Congregation Beth Jacob

HIGH HOLY DAY 20

### SCHEDULE

Please note location of each event!





SHABBAT SHUVA MORNING SERVICE & TORAH STUDY 10:00 AM

27 SEP

MEMORIAL SERVICE a cemetery

10:00 AM

28 SEP

KOL NIDRE a Spire

7:00 PM

1 OCT

YOM KIPPUR ADULT & YOUTH SERVICES a Spire

10:00 AM

2 OCT

AFTERNOON SERVICE a Spire

3:00 PM

2 OCT

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YIZKOR AND **NE'LAH** @ Spire

4:30 PM

2 OCT

SUKKOT DINNER & SERVICE @ FARM

5:00 PM

10 OCT

Simchat Torah Celebration a TBD 6:30 Yizkor 7:00 service 17 OCT



# SAVE THE DATE! August 2nd, 7:00-8:30 pm Small Congregations' Tish B'av Adult Learning Program

Rabbi Mills will be teaching in the small congregation's' Tisha B'av adult learning program. This program will be a combination of short teaching by Reform Rabbis all over North American and readings and reflections from the Book of Lamentations.

Tisha b'Av is the focused day of loss for our People. It is a day of Lamentations, of Destruction, of sadness and pain. We join together with words of prayer, acts of memory and opportunities for learning and reflection to share the weight of the 9th of Av. Join us, participants and leaders of small URJ congregations on August 2nd at 8pm Eastern as we gather virtually for an observance of this powerful day on our calendar.

This program is free, but registration is required.

Here is the registration link: <a href="https://urj.tfaforms.net/901?id=701UG00000PDi9h">https://urj.tfaforms.net/901?id=701UG00000PDi9h</a>



Saturday, August 2, in the evening

#### **SAVE THE DATE!**

#### September 13th, 6:00 - 7:30 pm - Selichot on a Boat!

This will be the fourth year that we have observed Selichot (the service that prepares us for the High Holy Days) on a boat as we cruise Plymouth Harbor just in time to marvel at the beautiful sight of the sun setting over the water. To top it all off, we will enjoy an ice cream buffet, with toppings and all of the fixings, before we return to the Plymouth waterfront. Bring your supper onboard and schmooze with long-time friends and meet newer members of our congregation.



### It's Summertime! Join Us for Our Casual Outdoor Erev Shabbat Services!

# CONGREGATION BETH JACOB Outdoor Shabbatot Monthly: June-October

Friday, June 27 @ the Luftman home Shabbat Overlooking the Bay

Friday, July 18 @ the Pinehills Shabbat in the Pinehills with Rachmiel as cantorial soloist

Friday, August 16 @ the Engel home Shabbat in the Pool with a BBQ

Friday, September 19 @ the Katzew's Home Shabbat At Herring Pond

Friday, October 10@Bay End Farm Shabbat Sukkot at the Farm

June, July, & August Come at 6 pm with dinner or at 7 pm for Services,

September & October come at 5 pm with dinner or at 6 pm for services

PLEASE BRING A LAWNCHAIR



6:00 pm: Bring your own lawnchairs, blankets, and a picnic dinner (perhaps take-out from the Market) 7:00 pm Short camp-style Service led by CBJ's Rabbi Estelle Mills and our guitar-playing soloist Rachmiel Klein followed by an Oneg Shabbat and Schmoozing

www.CBJplymouth.org





#### **Brotherhood Is On the Move!**

On Sunday, June 22nd, members of Brotherhood enjoyed an early morning walk around downtown Plymouth and then gathered for breakfast at the Water Street Cafe.

#### Join CBJ's Brotherhood Today!

After a long period of dormancy, Brotherhood has sprung to life under the leadership of Russell Yale. Look for the restoration of monthly meetings and interesting and engaging programs in the coming months. <u>Click here for the Brotherhood Dues Form.</u>

#### **On-Line Payments Are Available!**

You may also pay your Brotherhood dues online! <u>CLICK HERE!</u> Be sure to note that your payment is for Brotherhood dues. Thank you!



# The Entire Congregation is Invited To Attend Norman Vicery's Adult Bar Mitzvah and Kiddush Lunch Saturday, July 26th at 10:00 am

Three years ago, under the guidance of Rabbi Mills, Norm became a convert to Judaism. Since that time, he has continued to study with Barbara Aharoni and has been actively engaged in the CBJ community, volunteering to do whatever has been needed.

On Saturday, July 26th, Norman will become a Bar Mitzvah, and he has invited the entire congregation to share in his joy as he celebrates this milestone event..

The entire congregation is invited to come to this Shabbat morning service and enjoy a celebratory kiddush lunch afterwards.

The Oneg is being hosted by Barbara Aharoni, in honor of Norm's remarkable achievement.

#### PLEASE RSVP!

Please rsvp to let Barbara know if you plan to attend Click the following link and be sure to include your name(s) and the number of people coming with you.

.l/We will be there on July 26th!



We have purchased the rights to show the first-run movie October 8th <a href="https://www.october8film.com/">https://www.october8film.com/</a> To see the trailer, click here. <a href="https://www.october8film.com/videos/">https://www.october8film.com/videos/</a>



#### The Essential Prayers and Songs for Our Shabbat Evening Services

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, <u>click here.</u>



#### Limud Torah/Torah Study Group with Rabbi Emeritus Lawrence Silverman Monday mornings, from 8:30-9:45 am

To join the Zoom Meeting, click on the link below: <a href="https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09">https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09</a> Meeting ID: 294 723 4661, Passcode: 720299

# It's Not Too Soon to Start Thinking About The High Holy Days! Where Have All the Prayer Books Gone?



If you have borrowed a copy of Mishkan T'filah for our Shabbat and Festivals services and/or the 2-volume set of Mishkan HaNefesh, the prayer books that we use for Rosh Hashanah and Yom Kippur, **PLEASE RETURN THEM**. These books are the property of Congregation Beth Jacob and are not available for home use. They are needed for our in-person services, both for our congregants and guests.

If you would like to have your own copy of these prayer books for your use at home, they are available on Amazon or through the CCAR Press website. Kindle copies, available at the Amazon website, are surprisingly inexpensive (under \$10 each.)

Details for how to purchase your own personal copies of these prayer books for use at home for Zoom services are on the next page.



To order a Kindle or hardcopy of Mishkan T'Filah, see the links below.

(https://www.amazon.com/Mishkan-Tfilah-Complete-Festivals-Transliterated-ebook/dp/B01AWY WZFQ) or through the CCAR website

(https://www.ccarnet.org/publications/resources-repaginated/)



To order copies of Mishkan HaNefesh (Volume 1 for Rosh Hashanah and Volume 2 for Yom Kippur), from Amazon, either in hard copy or in the Kindle version, click on this link. <a href="https://www.amazon.com/s?k=Mishkan+HaNefesh&i=digital-text&crid=1TY2L31VLSBG2&sprefix=mishkan+hanefesh%2Cdigital-text%2C410&ref=nb\_sb\_noss\_1">https://www.amazon.com/s?k=Mishkan+HaNefesh&i=digital-text&crid=1TY2L31VLSBG2&sprefix=mishkan+hanefesh%2Cdigital-text%2C410&ref=nb\_sb\_noss\_1</a>

To order copies from the CCAR Press, either in hard copy or in the Kindle version, click on the link below.

https://www.ccarpress.org/shopping\_product\_detail.asp?pid=50288

The CCAR Press website will redirect you to the Amazon website if you choose the Kindle version of these prayer books.

Finally, please consider DONATING one or more copies of these prayer books to CBJ in honor of a special event - a wedding, a Bar or Bat Mitzvah, a birthday or anniversary - or in memory of a loved one. Bookplates will be placed into all prayer books that you have donated. You may contact Rabbi Mills for more information (<a href="mailto:cbjplymouthrabbi@gmail.com">cbjplymouthrabbi@gmail.com</a>.) Thank you!



#### **GREAT NEWS!**

Vote Reform won a commanding victory! Your work has paid off! Our slate received more votes than any of the 22 slates by a wide margin. We got the largest number of votes in the history of the WZC - and we did so by running a fair, honorable campaign and holding up our Reform Jewish values.

We are the largest U.S. voice at the World Zionist Congress. This is a victory for the democratic ideals and Reform Jewish values that we share. This will mean that we will fight for pluralism and democracy; and secure significant funding for Reform causes. Our community showed up and it made a powerful difference.

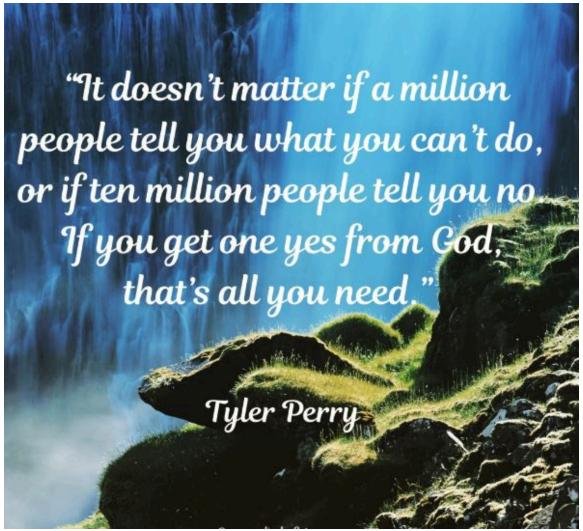
#### **CBJ On The Move**



The search is ongoing for CBJ's future new home - one that is located in our historic town of Plymouth, is fully handicap accessible, offers adequate parking, space to hold social and education events, an inviting environment for our Hebrew School students to meet and learn, a kitchen that is large enough to accommodate congregational dinners, one that affords us the space to grow and flourish. While the search has been frustrating and is taking far longer than we had hoped, we are confident that our goal is achievable. All we need is one - the right one.

Our Co-Presidents, Devon Fernald and Dianne Bluestein, together with Ethan Kusmin, have been investigating new properties as they have come onto the market, as well as options to purchase land on which to construct our new synagogue building.

A promising site has been located and we have hired an engineering firm to assess whether all of the Town-mandated requirements can be met, Updated information is being provided to our congregants at our Annual Meeting on June 29th.



#### **Brotherhood News**



#### **Brotherhood Is Alive and Well!**

On the morning of June 22nd, Russell Yale led a group of Brotherhood men on a walking tour of Plymouth. They met at Plymouth Rock, explored the downtown area, ending their excursion with breakfast at Water Street Cafe. Look for future meetings and programs that will be coming in the months to come!

Men: This is YOUR organization. Please join Brotherhood and contribute your ideas for programs for the year ahead. It is not necessary to be a member of CBJ in order to be a member of Brotherhood. See the dues form further on in this newsletter.



# Brotherhood Bowling The 1st and 3rd THURSDAYS of the Month at 3:00 pm at Kingston Ten Pins (Please note the change!)

We'll now be bowling the first and third **THURSDAYS** of every month at 3:00 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as bowling shoe rental is available for a small additional fee, and there is a large selection of balls to use. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at scteles@aol.com or Arnold Gladstein at aralglad@verizon.net and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



# Save the date! Thursday, July 10th, 5:30-7:30pm Tikkun Olam Shalom Fair, sponsored by the FJC (Falmouth Jewish Community) Social Justice Committee

Conversations and information about STEP (Science Training Encouraging Peace), ROZANA (healthcare in the Palestinian Territories and Israel), ALLMEP (Alliance for Middle East Peace), ARAVA Institute for Environmental Studies, Hand in Hand integrated Hebrew-Arabic taught schools K-12, Seeds of Peace summer camp, Givat Haviva International School for students and educators, and Groundwork.

Light Mediterranean snacks will be served.

This event is open to FJC congregants and their invited guests and friends, and our guests, congregants from Cape Cod Synagogue of Hyannis, and Congregation Beth Jacob, of Plymouth.

Please watch for more information to follow, but do mark your calendars for this educational and inspiring event



As we all know, "It takes a village" to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. There are so many different ways that your skills could enhance CBJ!

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help. president@cbiplymouth.org



#### Please Volunteer to Sponsor an Oneg!

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members.

When you are a member of our congregation, you are asked to step forward **once a year** to host or sponsor an Oneg Shabbat for the members who attend services in person. Sponsors are asked to contribute \$54.00 to cover the cost for the Oneg. We will purchase the foods for the Oneg table, set up and clean up. <u>Click here to sign up for a specific date and pay.</u> If you prefer, you may send a check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Avenue, Plymouth, MA 02360.

Hosts are expected to purchase or bake the items for the Oneg and be there in person to help to set up and clean up. The choice of food items is up to you. The Oneg can be as elaborate or as simple as you like.

Please contact our Oneg Coordinator, Trish Garland ((trishrgarland@gmail.com) if you would like to sponsor or host an Oneg. Trish can provide advice about what items are popular, such as fresh fruit, nuts, baked goods (not necessarily homemade), ice cream with toppings, etc. It's a mitzvah!



If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at ahabubs@gmail.com. Click here for a link to CBJ's Application Form.



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

#### Yahrzeit/General Fund:

Allan & Judith Sherman - in loving memory of Allan's mother, Ruth Putnam Sherman

### General Fund in Support of CBJ's Musical Shabbatot with Rachmiel Klein: Judith & Allan Sherman



#### **Funding for Rachmiel Klein's Monthly Musical Performances**

Rachmiel has been a featured songleader at our Shabbat services over the past several months, adding a new vibrancy and joy to our worship. His fee is partially subsidized by generous donations from a congregant, together with contributions from the Ray & Milly Russo Fund for Music and the Arts and the Rose Sherman Geller Fund for Jewish Family Life. If you have been enjoying the music of Rachmiel Klein at our services, you may wish to contribute to those funds to replenish them.

Click here for a list of funds where donations may be made.

Click here to make a donation online.

#### **Tikkun Olam**



Thank you to everyone who donated food and toiletry items for our food drive and who volunteered to deliver our collection to Christ Church Parish. This mitzvah will help many of our neighbors who depend on our support.

This food drive was an example of Tikkun Olam in action. Our students had the opportunity to deliver the donations to the food pantry at the church and to learn how this effort affects the lives of members of the Plymouth community to rely on this support to care for their families.

#### This effort is ongoing. Many families continue to need our support.

Cash Donations: If you wish to make a monetary donation, you may do so online using the CheddarUp payment link below or on our website, or you may send a check to Congregation Beth Jacob, PO Box 3284, Plymouth, MA 02361, Attention: Treasurer. Be sure to note that this is a donation for the Food Bank.

For more information, please contact Sue Moore at uzan@comcast.net.



#### Mi Sheberach (Prayers for Healing)

We pray for the Healing and Recovery of the following people, as well as all of those throughout the world who are suffering from violence, war and famine:

Michael Weiner Susan Penchansky Isabelle Davis Callan Crowley Ina Lashin Lynne Matson Brian Lashin Judith Orr Joseph Keller Sandy Batista Tracey Gutman Lauren DeFranzo John R. Sore Carol Williams Susan Basiri Nan Noble

Mary Ellen Dalgren Gary Gersten
Maryann Leonard Jeff Shelly
Sandy Magnes Silverman

Sandy Magnes Silverman Jerry Levine

Julian Lindquist Eileen Blumenthal

Erin Sullivan Andrea Weiss Linda Daubert Chris Davis

Benjamin Canter Stone Ruth Anne Repking
Leslie Portney Marilyn Levine
Joe Batista Charles Nelson
Michael Marcus Meredith Silverman

Marlene Benjamin

To hear the beautiful song, Heal Us Now, performed by Hazamir Hasharon, click here.



#### Yahrzeits That Will be Observed This Month

(A memorial candle should be lit on the preceding evening.)

#### **July 2025**

1 David StarrNancy Starr Pecorella2 Irving IsaacsonJeffrey Isaacson's father2 Sanford MillsRabbi Mills Father-in-law

3 Jack Greenberg Alyce Gladstein

4 Alice Harris

4 Steven Mills

4 Jack C. Swartz

4 Peter Traugott

4 Jack Weiss

5 Louis Lipschitz

Muriel Swartz's mother

Rabbi Mills Husband

Linda Hurwitz's father

Robin Gersten's father

Arnold&Lois Weiss

Rabbi Mills Uncle

5 Robert Donald Schwartz Eileen Loring's first husband

7 Joseph S. Cohen CBJ Founder

8 Kurt Weishaupt Hazel Minsky's father

11 Lena Milner Koblantz

11 Hyman Romanow

11 Raymond Russo CBJ member, Jonathan and Mark Russo's father

13 Esther Aranowitz Manny Arons' mother

13 Joseph Feinberg

15 Harry Minsky Jack Minsky's father

15 Jack Minsky President; Steve Minsky's father, Harriette Minsky's husband

15 Katherine P. Toabe Mitchell Toabe's sister

16 Melinda Hightower Don and Carol Gilbert Family
16 Selma Leopold Barbara Baron's mother
18 Roslyn Jarmel Ray Russo's sister

20 Toby Freedman AharoniBarbara Aharoni's mother20 Mary CohenDebbie Cohen's grandmother21 Helen L. ShiffEthel Shiff's sister-in-law22 Elizabeth GreeneAdeline Keller's mother23 Norman HollanderRobin Goldstein's father23 Melvin "Manny" MannAdeline Winokur's brother

25 Mary Edith Goldstein

25 Gladys Reuben Brenda Baler's sister

26 Meyer Cohen

28 Julius Cohen CBJ Founder; Debbie Cohen's grandfather

28 Jean Sackheim Feinberg Carl Finer's mother

28 Rebecca Lavine

28 Jacob Veiner Cele Toabe's father
 29 Joseph Carlin CBJ member
 29 Robin Goldstein CBJ member

30 Samuel Koblantz

31 Fay Meltzer Long time member

#### CBJ Yizkor Book 2025-2026



We must always remember. To remember the members of your family whom you have lost and who continue to hold a precious place in your heart, please consider contributing to the CBJ General Fund by supporting our annual Yizkor Book fundraiser.

Below is the Yizkor Book form so you can fill out the information needed for your memorials. Please note that we are continuing to offer a new feature that we introduced two years ago. You can add up to four photos to the Yom Kippur Yizkor Service powerpoint presentation that is shown at our High Holiday services.

Please send your form with your check **as soon as possible** for your memorial listings to be included in this year's Yizkor Book.

Patty Sheehan Yizkor Book Chair 100 Hillside Drive Plymouth, MA 02360 Congregation Beth Jacob Yizkor Book, We Remember Them 2023-2024 5784

The format of this Yizkor Book requires that memorial listings be by individual names only, without identification of relationship or terms of endearment. If memorializing two people who were life partners, they must be listed as two individual names.

were life partners, the	ey must be listed as two individual names.
Donation \$9 per nam	le e
In Memory of:	Remembered by one of the following choices:
John Doe	1) John Adams
	<ul><li>2) Mr. and Mrs. John Adams</li><li>3) Mr. and Mrs. John Adams and Family</li></ul>
	4) John Adams and Abigail Smith
Jane Doe	5) John and Abigail Adams and Family
TOTAL \$18 for 2 mei	morials @9 per name
NAMES TO BE REM Name: Remembered	IEMBERED (Please print clearly) by:
Submit same as	last year, no additions, corrections, or deletions
Full page- with to \$180	ext and/or photos for family memorials, or the dedication of this edition @
Half page- with u	p to 12 lines of text and/or photo @ \$ 90
Holocaust Reme	mbrance Page- in memory of those who perished @ \$9 per line of text.
I would like a cop	y of "We Remember Them" sent to me.
	omit up to 4 photos for \$18 to add to the Yizkor Service powerpoint up to 4 photos to cbjplymouthrabbi@gmail.com)
Please use the back text of the full, or half	of this form for additional names to be listed in the Yizkor book and for the page(s).
Please accept the en loved one(s) in the 20	closed total tax-deductible contribution of \$to memorialize my 023-2024 Congregation Beth Jacob, We Remember Them.
Name of Contributor:	
Address:	
City and zip code:	

This form must be completed and returned with your check, payable to Congregation Beth Jacob, as soon as possible. Please send checks to: Patty Sheehan, 100 Hillside Drive, Plymouth,MA 02360

Phone- home or cell:

If you have questions about this form, please contact Patty at 774-269-3736 or patriciabessersheehan@gmail.com



#### **Brotherhood Is Back!**

Over the 100 year history of CBJ, Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it."

Under the leadership of Brotherhood's new President, we are looking forward to resuming Brotherhood activities in the coming year. Please become a member of CBJ Brotherhood so that we can continue this much needed help for our beloved CBJ as well as our extended Plymouth community.

NAME		
HOME PHONE	CELL PHONE	
EMAIL		
AREAS OF INTEREST		
Talent(s) that you would be will		
If you have any new ideas for pyear, we look forward to hearin welcome and look forward to y support.	ng them. If you prefer being	g non-participatory, we still
Basic Membership (\$25) Mit	tzvah Membership (\$36)	"Big Macha" (\$54)
Make your o	check payable to: CBJ Brot	therhood
Please ind	icate "Dues Payment" and	mail to:
Seth Teles 3	1 Rirch Avenue Plymouth	MA 02360

On-line payments are available at <a href="https://www.cbjplymouth.org/make-a-payment">https://www.cbjplymouth.org/make-a-payment</a>
Be sure to specify that your payment is for Brotherhood dues.



## The Next Sisterhood Meeting Monday, July 14th, at 7:00 pm by Zoom

Regular Monthly Sisterhood Meetings: are held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a mystery ride, game night, a pot luck lunch, a talent show, and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

#### The Zoom link for Sisterhood meetings:

https://us02web.zoom.us/j/81885106141?pwd=dHd6LzMzSTRJZ2J6VmM2WIBZenpXZz09 Meeting ID: 818 8510 6141 Passcode: 579857

#### Join Us for Our Next Sisterhood Event!



#### July 24th - Skin Care and Makeup for the Mature Woman!

Join us as a licensed aesthetician teaches us the techniques of applying makeup to optimize your appearance!

#### Please Join Sisterhood!

Sisterhood has always been a backbone of CBJ, with its donation to the temple, the sponsoring of onegs and other events, and its various activities. In order for Sisterhood to continue in this vital role, we need you!!! It is not necessary to be a member of CBJ to be a member of Sisterhood.

There are 3 levels of dues. \$25- ruby level \$36- emerald level \$54- diamond level

Please send your check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Ave. Plymouth, MA 02360.

OR

You may pay online at <a href="https://my.cheddarup.com/c/cbj-sisterhood/items">https://my.cheddarup.com/c/cbj-sisterhood/items</a>
Thank you!



#### **Sisterhood Application Form**

Name		
Phone	(home)	(cell)
Email		
Area of interest		
Talent you would be willing to	share with the group	
Program suggestions		
If you prefer to be an inactive	member, please indicate	that preference here:
Dues are a primary source of fus and support our important p	• • •	Even if you can't participate, please join
Ruby Membership:	_ \$25.00	
<b>Emerald Membership:</b>	\$36.00	
Diamond Membership:		\$54.00

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#### Recipe for Moroccan Chicken Kebabs

Recipe by Tina Wasserman on the URJ Website



Whether served as part of an assortment of mezes, or small plates, or laid on a bed of couscous as part of a Moroccan meal, kebabs can be found throughout the Middle East and North Africa. This method of cooking and the use of spice demonstrate the recipe's migration westward with the Moors.

#### Ingredients:

1/2 medium onion, diced

2 tablespoons lightly-packed chopped fresh mint

1/3 cup extra virgin olive oil

1/4 teaspoon crushed red pepper

1 large clove garlic, minced

1 teaspoon ground coriander

1/2 teaspoon ground cumin

1 tablespoon lemon juice

1 pound boneless chicken breasts

#### **Directions:**

Combine the first 8 ingredients in a 1-quart glass bowl.

Remove the fillet from the chicken breasts, and cut all parts of the chicken into 1/2-inch cubes. Combine the chicken with the marinade in the bowl and marinate for at least 1/2 hour, but longer is better.

Skewer the chicken on metal skewers or bamboo sticks, and grill for about 6 minutes, basting occasionally with the remaining marinade. Serve as a first course to a Moroccan meal. Additional Notes

To identify the fillet of the breast for removal, look for the pearlized white membrane running lengthwise through the triangular piece of meat. Pull gently on that piece and it will slide out of its thin membrane pocket. If you don't see the membrane, it might have already been removed before sale.

Although the membrane can be eaten, it is best to remove it before grilling so that the meat won't curl up when the membrane becomes tight and pulls on the delicate chicken breast.