

## THE TENT

Congregation Beth Jacob's Monthly Newsletter January, 2025



#### **CBJ Calendar of Upcoming Events**

In the event of winter storms, in-person Shabbat services will be canceled and will be held on Zoom.

January 1, 5:30 pm - At Plymouth Town Hall - We will be lighting the last candle in our Chanukiah (Menorah), with singing, dancing, and Gelt drop! (See the flyer)

January 4, 10:00 am: Morning Shabbat Service with Torah Study and bagel brunch (This replaces our Friday evening service this week.) (hybrid) Please RSVP (cbjplymouthrabbi@gmail.com) so that Rabbi Mills knows how many bagels to order.

January 10, 7:00 pm: Erev Shabbat Service with Italian-themed potluck supper at 6:00 pm (hybrid) Sign up here to register!

January 13, 7:00 pm: Sisterhood meeting (Zoom)

January 17-19: Martin Luther King Observance Weekend - See the article for details!

January 17, 7:00 pm: Erev Shabbat Service with our songleader, Rachmiel Klein! (hybrid) The Oneg will be provided by Allison and Lane Goldberg, in honor of their son, CJ, who will be called to the Torah on Saturday

January 18, 10:00 am: Shabbat morning Service when CJ Goldberg will be called to the Torah to become a Bar Mitzvah! All are invited to attend!

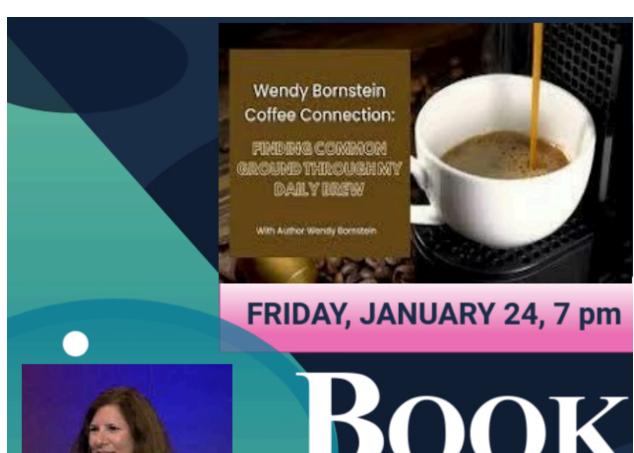
Sunday, January 19, 10:30 am: Community-Wide Interfaith Service for Martin Luther King, at the Church of the Pilgrimage, followed by lunch and a speaker. Service will include the Bethel AME praise choir. Rabbi Mills will read a portion from the Torah. Childcare will be available. This service will be in person only. If you can help to provide some desserts for the luncheon, please contact Rabbi Mills at <a href="mailto:cbjplymouthrabbi@gmail.com">cbjplymouthrabbi@gmail.com</a>.

January 24, 7:00 pm: Erev Shabbat Service with guest speaker, Wendy Bornstein, author of Coffee Connections: Finding Common Ground with My Daily Brew (hybrid) (See the article) The Oneg will be hosted by Susan Basiri and Pam Sechoka, in memory of their parents, Edwin and Mildred Goldberg.

January 31, 7:00 pm: Erev Shabbat Service (Zoom)

To see the complete CBJ Calendar on our website, click here.







WITH AUTHOR

**WENDY BORNSTEIN** 

DURING SHABBAT SERVICES

AT CONGREGATION BETH JACOB

8 PLEASANT STREET, PLYMOUTH

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## What is Wendy Bornstein's Book About?

Coffee Connections: Finding Common Ground Through My Daily Brew

Part memoir, part networking tips, Wendy's book ties both together with her love for coffee. She shares stories related to when she first tasted coffee as a teen through how she held coffee meet-ups with colleagues, friends and clients to establish a rapport before embracing on the shared purpose of their time together. She built many business relationships and friendships over a cup of coffee and while raising her family in the Metrowest Boston area before relocating full time to the Cape in 2021.

## Who is Wendy Bornstein? In Her Words....

I am a coffee-loving writer and realtor. Born in Boston and raised in Newton Mass I have lived in MetroWest Dover most of my adult life until moving to the Cape full time in 2021. After several years of work both in corporations and then residential real estate I recently launched a new career as a writer.

I went to The University of Massachusetts- Amherst where I earned a BS in Accounting in 1980. My first job out of school was auditing with Emhart Corporation in Hartford, CT. This position afforded me the opportunity to travel both domestically and abroad. After a year in Connecticut, I was ready to move to NYC and secured another audit position with Dun & Bradstreet Corporation. Missing family and friends, I decided to move back home after 2 years.

Back in Boston, first I was at Damon Corporation and then McCormack and Dodge. While at both companies, I simultaneously earned my MBA at BU Class of 1988. About a year after completing my MBA, I took time off from the corporate roles to raise a family. While the kids were in school, I did some financial consulting for start-up software companies as well as volunteering across multiple non-profit organizations to keep my business skills sharp.

Once the kids started college, I was ready to get back into the business world and decided to pursue a real estate career. I was an agent with Coldwell Banker since 2008 and most recently joined Today's Real Estate in Centerville. In addition, I have redefined myself as a writer, recently publishing my first book Coffee Connections: Finding Common Ground with My Daily Brew. This book is part memoir, part reflection of how I network. As a freelance writer, I am always networking and have joined both civic and social organizations to connect with local Cape businesses. I am the Treasurer on the Mashpee Cultural Council and volunteer at the Cotuit Center for the Arts as well as other community endeavors. I always look forward to new coffee connections.

Important Note About the January 24th Service with Our Guest Speaker, Wendy Bornstein

This service will be held in person at CBJ and will also be streamed on Zoom. If the weather is bad, we will switch to Zoom only, and Wendy will speak to us remotely on Zoom.



What a Great Way to Celebrate Purim!
Alex the Jester is Coming!

Tentative Dates: Saturday, March 8th or March 15th. Watch this space for updates!)
at the Beal House, 222 Main street in Kingston

This year, CBJ will be hosting Alex the Jester for a night of adult only Purim comedy. The event will take place at the Beal House, 222 Main street in Kingston. It will be a fundraiser for the congregation.

Prices for the various levels are still to be determined. The highest level will include a dinner prior to the comedy show at Paisano's in Kingston and reserved seats in the first few rows. Lots more information and a flyer will follow.

#### Who is Alex the Jester?

This gibberish-speaking jester is the brainchild of Alex Feldman, who has devoted his life to connecting with people around the world, bringing them laughter and insight. An accidental expert on nonverbal communication, Alex is a master of using face, body, and tone of voice. In his performances, speaking engagements, and TED Talk, Alex shows how anyone can be eloquent beyond words—and have better relationships at work and in life.

Laugh 'til you cry with Alexander, King of Jesters. He's dazzled audiences on Showtime, America's Got Talent, at Just for Laughs in Montreal, and off-Broadway in New York.

## To Learn More and to See YouTube Videos of What to Expect...

Click on the following link: <a href="https://alexthejester.com/">https://alexthejester.com/</a>



## ADULT EDUCATION PROGRAMS Coming in February - Save the Dates!

## Heaven, Hell and the Afterlife According to Judaism February 6th, 13th and 20th (Zoom)

Please join Rabbi Mills for this 3 session adult education course on Thursdays, February 6th, 13th and 20th, from 6:30 pm to 7:30 pm on Zoom. **Pre-Registration is required**. Email Rabbi Mills to register and receive the Zoom link. (<a href="mailto:cbiplymouthrabbi@qmail.com">cbiplymouthrabbi@qmail.com</a>)

## And if you are interested in in-depth learning, this program may be of interest to you!

Act now to register for the session starting in February!



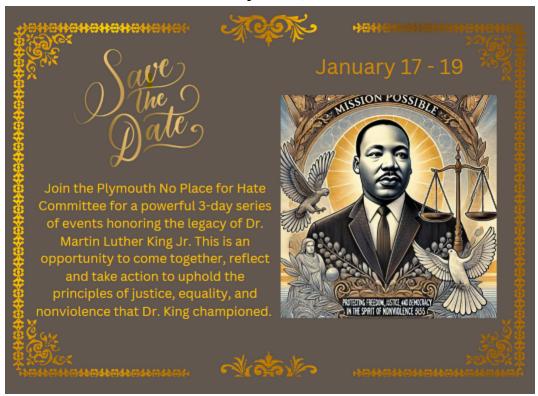
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Me'ah Classic is the premier Jewish educational program offered by Tamid of Hebrew College Adult Learning. Now entering its 30<sup>th</sup> year, Me'ah Classic continues to attract a wide array of learners seeking a comprehensive, engaging, and in-depth adult learning experience open to adults of all ages.

About the Me'ah Classic program: The Jewish "conversation" stretches over 3,000 years, with each generation, including our students, interpreting and reinterpreting the core texts of Jewish life. Students take a 100-hour ("Me'ah" is Hebrew for 100), two-year journey through the narrative of the Jewish people. The curriculum begins with an exploration of the Hebrew Bible and the Rabbinic period in Year One and continues in Year Two with an overview of the Medieval and Modern periods of Jewish history. Me'ah Classic courses are offered both in person and online via Zoom. Me'ah Classic welcomes students of all backgrounds! Many learners have no formal Jewish education, while others have formally studied Judaic subjects. Some participants are recent Jews by choice; some belong to other faith traditions. No prior formal Jewish education or knowledge of Hebrew is required.

Me'ah Classic is a two-year program. There are two semesters per year with four semesters over the course of the two-year program. The cost of Me'ah Classic is \$490 per semester per person. There is generous financial aid available through Hebrew College. Please contact Me'ah Co-Director, Terri Swartz Russell at tsrussell@hebrewcollege.edu to have a confidential discussion and to make arrangements for financial aid. For additional information visit the Me'ah Classic page on the Hebrew College website <a href="https://hebrewcollege.edu/programs/meah/">https://hebrewcollege.edu/programs/meah/</a>. A new cycle of the Me'ah program begins in February 2025 with the study of the Hebrew Bible, taught by stellar, long-time Me'ah instructor Rabbi Dr. Benjamin Samuels. Another cycle of the Me'ah program will begin in Fall 2025.

## MARTIN LUTHER KING OBSERVANCE WEEKEND January 17-19, 2025



We invite you to join us in celebrating the life and legacy of Dr. Martin Luther King Jr. during a powerful series of events taking place in Plymouth on January 17, 18 and 19, 2025.

Organized by the Plymouth No Place for Hate Committee and a host of generous local partners, the Schedule of Events is presented below.

#### SCHEDULE OF EVENTS

Friday, January 17, 2025, 7pm - Showing of the Film "I Am MLK Jr." at the Plimoth Patuxet Museum Movie Theater - Free Admission!

This documentary explores the life of Rev. Dr. Martin Luther King Jr. and his impact on civil rights through to the present day. Features John Lewis, Rev. Jesse Jackson, Rev. Al Sharpton, Van Jones, Nick Canon, among others.

Saturday, January 18, 2025 - MLK Day of Service - Several volunteer activities to be held in the Plymouth area.

Sunday, January 19, 2025 - at Plymouth Church of the Pilgrimage, 8 Town Square

10:30 AM – Ecumenical worship service, conducted jointly with the Bethel AME Church and other local congregations. Rabbi Mills will be a speaker.

12:00 – Light luncheon

1pm – 3pm – Program featuring Plymouth Middle School Chorus, essay contest winners, and featured speaker: President and CEO of the Urban League of Eastern Massachusetts, Rev. Rahsaan D. Hall, Esq.

For more information visit: www.plymouthnoplaceforhate.org



## Mi Sheberach (Prayers for Healing)

We pray for the Healing and Recovery of the following people, as well as all of those throughout the world who are suffering from violence, war and famine:

Michael Weiner
Isabelle Davis
Ina Lashin
Brian Lashin
Joseph Keller
Tracey Gutman
John R. Sore
Susan Basiri
Mary Ellen Dalgren

Maryann Leonard

Sandy Magnes Silverman

Julian Lindquist Erin Sullivan Linda Daubert

Benjamin Canter Stone

Ed Sore Cheryl Noonan

Leslie Portney

Joe Batista
Richie Cebel
Michael Marcus
Susan Penchansky

Callan Crowley Lynne Matson Judith Orr

Sandy Batista
Lauren DeFranzo
Carol Williams

Carol Williams
Nan Noble
Judi Chaskes
Gary Gersten
Jeff Shelly
Lois Klasky
Sandy Spekman

Jerry Levine

To hear the beautiful song, Heal Us Now, performed by Hazamir Hasharon, click here.



#### Yahrzeits That Will be Observed This Month

(A memorial candle should be lit on the preceding evening.)

#### January 2025

- 1 Israel Edward Ginsburg, Myra Glansberg's father
- 1 Max Penn
- 2 Nathan Hirschhorn, Dan Hirschhorn's father
- 5 Max Winter, Sherri Sore's grandfather
- 6 Anna B. Toabe, Mitchell Toabe's first wife
- 7 Florence Dezorett
- 7 Anne Lois (Kalm) Elowitz, Ronald Elowitz's mother
- 8 Abraham C. Goldman, Ethel Shiff's father
- 10 Samuel Arons, Manny Arons' uncle
- 10 Louis Coffman, Klasky family
- 10 Edwin Goldberg, Pam Sechoka and Susan Basiri's father
- 10 Jacob Steinberg, CBJ Founder; Plymouth's first Shochet
- 13 Frank Kabelsky, CBJ Founder
- 14 William Smick, Arnold & Lois Weiss
- 15 Albert Keil
- 16 Rhoda Burstein, Arnold & Lois Weiss
- 16 Louis Sherman, Past President of CBJ; Allan Sherman's father Rose Sherman Geller's brother
- 17 Elaine Winter Brown, Sherri Sore's mother
- 17 Kay Hodosh Falstein, Meredith Hoffman Silverman's aunt
- 17 Harvey Limon, Suzanne Goldberg's uncle
- 17 Ruth Ross, Janet Strauss' mother
- 18 Samuel Gereboff, Rose Sherman Geller's brother-in-law
- 19 Helen Evans, Pam Koplan's mother
- 19 Jacob Joseph Fortunow
- 19 Adeline Winokur, Steven & Larry Winokur's mother
- 20 Harry Guttman, Rabbi Mills' uncle
- 22 Ronald Goldberg, Susan Moore's father
- 22 Paula Lesser, Vicki Fitgerald's family
- 23 Isadore Albert, Founder; Ruth Albert Shiff's father
- 23 Edith Beatrice Kagan, Adeline Keller's sister
- 23 Pauline Resnick, lovingly remembered by Bernard Resnick
- 24 Rose Gottman, Rabbi Mills' grandmother
- 24 Jessica Pershing Strauss, Gordon Strauss' mother
- 26 Shirley Lubin, Sandy Brooks' mother
- 26 Bessie Skulsky, Debbie Cohen's grandmother
- 27 Hyman J. Aranowitz, Manny Arons' father,
- 30 Mendel Aranowitz, Manny Arons' grandfather,
- 31 David Resnick, CBJ Founder
- 31 Simon Resnick, CBJ Founder
- 31 Rebecca Shriber, Harriette Minsky's grandmother



## The Essential Prayers and Songs for Our Shabbat Evening Services

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, <u>click here.</u>



## Limud Torah/Torah Study Group with Rabbi Emeritus Lawrence Silverman Monday mornings, from 8:30-9:45 am

To join the Zoom Meeting, click on the link below: <a href="https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09">https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09</a> Meeting ID: 294 723 4661, Passcode: 720299

#### **Adult Education**

Social Justice in our Texts: A Monthly Zoom "Study Break"
A monthly 1-hour study session that continues to June - Free and open to all!

Mondays at 3:00 pm

Register at <u>laasok.org/current-offerings/#justice</u>



Immigration. Climate change. Marriage equality. LGBTQ+ inclusion. Voting and civic engagement. Respect for fellow human beings. Tikkun Olam.

What does Judaism teach us about creating a just society? This series is being taught by a variety of progressive rabbis, and will meet roughly once a month on Monday afternoons at 3:00. You may register for any of these study sessions individually, or for the entire series. Register now! To see the flyer with the complete schedule, click here Recordings of past programs are also available there.

Upcoming Topics: January 13: Disagree Constructively

February 10: Climate Justice April 7: Interfaith Relationships

May 12: Prophesy and Social Justice June 9: Judaism and Homosexuality



## A Way to Make a Meaningful and Lasting Contribution

CBJ is growing! As our membership increases, we need to add to our supply of ritual prayer books that are available for our congregants and guests who attend in-person services. This is especially true for our B'nai Mitzvot services when our sanctuary is filled.

You may honor a special occasion or make a lasting contribution in memory of a loved one by donating a copy of Mishkan T'filah, our Shabbat and Festival Prayer Book. The price for each book is \$42.00. Bookplates with the acknowledgment of the dedication will be placed inside the front cover of each donated prayer book. For additional information, please contact Rabbi Mills. <a href="mailto:cbjplymouthrabbi@gmail.com">cbjplymouthrabbi@gmail.com</a>.

If you wish to contribute, please send your check, payable to Congregation Beth Jacob, with "Prayer Book Donation" in the memo line, to:

Congregation Beth Jacob Attention: Treasurer P.O. Box 3284 Plymouth, MA 02361



As we all know, "It takes a village" to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. There are so many different ways that your skills could enhance CBJ!

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help. <a href="mailto:president@cbjplymouth.org">president@cbjplymouth.org</a>



Please Volunteer to Sponsor an Oneg!

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members.

When you are a member of our congregation, you are asked to step forward **once a year** to host or sponsor an Oneg Shabbat for the members who attend services in person. Please contact our Oneg Coordinator, Trish Garland, to choose the date when you can sponsor or host an Oneg. Open dates are published in the Weekly Update.

Sponsors are asked to contribute \$54.00 to cover the cost for the Oneg. Please send a check, payable to CBJ Sisterhood, to Cindy Teles at 31 Birch Avenue, Plymouth, MA 02360. Hosts are expected to cover the cost of the Oneg and be there in person to set up and clean up.

Please contact our Oneg Coordinator, Trish Garland ((trishrgarland@gmail.com) if you would like to sponsor or host an Oneg. Trish can provide advice about what items are popular, such as fresh fruit, nuts, baked goods (not necessarily homemade), ice cream with toppings, etc. It's a mitzvah!



#### **Welcome to Our Newest Members!**

#### Adam & Victoria Bond

Adam and Victoria Bond live in Plymouth. He is an attorney with a general law practice in Middleboro. Adam has attended our Shabbat services in the past and has participated in Brotherhood events. His special interests include magic, music, theatre and sailing.

Adam would like to participate in Adult Education, Brotherhood, Membership and Publicity. Please welcome Adam and Victoria to our CBJ family!

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at <a href="mailto:ahabubs@gmail.com">ahabubs@gmail.com</a>.

Click here for a link to CBJ's Application Form.



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

#### Yahrzeit/General Fund:

- Allan & Judith Sherman in loving memory of Judith's father, Max Krenis
- Jerry & Laura Treppel in loving memory of Laura's mother, Linda Lamel
- Sherri & Ed Sore in loving memory of Sherri's father, William Lashin
- Paul & Pamela Sechoka in loving memory of Pam's father, Edwin Goldberg
- Paul & Pamela Sechoka in loving memory of Pam's mother, Mildred Goldberg

#### **General Donations:**

- Rabbi Jan & Cantor Alane Katzew in memory of Rabbi Mills' mother, Ann Gottman
- Rabbi Jan & Cantor Alane Ktzew in loving memory of Cantor Laney's brother, Eric Simons
- Rabbi Jan & Cantor Alane Katzew in honor of their new grandson, Ariel Sior

Rabbi's Discretionary Fund: Jerrold Hoffman - in appreciation

Rachmiel Klein Songleader Program: Allan & Judith Sherman

**Building Fund:** Suzanne Goldberg & Lisa Ricker

High Holiday Appeal: Rabbi Sandra & Arnold Bellush

Rosh Hashanah Food Drive: Elliott Berger

In Thanks for Attending High Holiday Services: Gary & Patricia Gootzit

Click here for a list of funds.

Click here to make a donation online.



#### **Funding for Rachmiel Klein's Monthly Musical Performances**

Rachmiel has been a featured songleader at our Shabbat services over the past several months, adding a new vibrancy and joy to our worship. His fee is partially subsidized by generous donations from a congregant, together with contributions from the Ray & Milly Russo Fund for Music and the Arts and the Rose Sherman Geller Fund for Jewish Family Life. If you have been enjoying the music of Rachmiel Klein at our services, you may wish to contribute to those funds.

#### **Beit Sefer News**



Students at CBJ's Religious School master the skills of Hebrew reading, learn the ritual prayers and songs that are integral to our religious services, learn about Jewish history and the lessons about Jewish values and ethics in the Torah - all taught in an engaging and creative way. Students have become comfortable and familiar with being on the Bimah and leading portions of Shabbat services long before their Bar or Bat Mitzvah ceremonies. Continuing Jewish education is encouraged through Confirmation and engagement with Jewish Youth Groups in the Greater South Shore area.

## **Updated School Calendar for 2024-2025**

Click here to see the School Calendar for 2024-2025.

## **Topics for Upcoming Beit Sefer Classes**

January 5: Balaam

January 12: Daughters of Zelophehad January 19: No School (MLK Day) January 26: Deborah and Other Judges



## The Next Sisterhood Meeting Monday, January 13, at 7:00 pm by Zoom

Regular Monthly Sisterhood Meetings: will be held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a book discussion, a game night, a pot luck lunch, getting together for a movie/restaurant, and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

## The Zoom link for Sisterhood meetings:

https://us02web.zoom.us/j/81885106141?pwd=dHd6LzMzSTRJZ2J6VmM2WIBZenpXZz09

Meeting ID: 818 8510 6141

Passcode: 579857



## **Sisterhood Dues Notice for 2024-2025**

For almost 70 years, CBJ Sisterhood has been an essential part of CBJ, providing the link that binds together long-term members with newer members of our congregation. Being part of Sisterhood provides a great way to be introduced to and get to know the members of CBJ. We pray together, study together and, yes, we have fun together. Although the Covid pandemic had affected our ability to meet for the past 2 years, Sisterhood has resumed holding interesting and informative monthly meetings as we celebrate holidays together and raise funds for the benefit of our synagogue.

In the past, Sisterhood has provided support to our young students in the Beit Sefer program by sponsoring our Pizza in the Hut for Sukkot, as well as the annual Chanukah and Purim Parties. Sisterhood provides all of the supplies for the Temple kitchen; sponsors Onegs throughout the year, and helps us all to celebrate the various holidays in the Jewish calendar by providing appropriate holiday foods for the Oneg table. In addition, as its ongoing tzedakah commitment, Sisterhood supports the Kiva project, an international organization that provides loans for women to open new businesses, purchase livestock to sustain food supplies and become financially independent in countries such as Guatemala, Hondurus, Ghana, The Philippines, The Congo, Uganda and Fiji. To learn more about Kiva, click here: <a href="https://www.kiva.org/lend-by-category/women">https://www.kiva.org/lend-by-category/women</a>

**Sisterhood donates \$2500.00 to the Temple each year!** We can't do it alone. We need your financial support. Please become a member of Sisterhood.

Name			
Phone	(home)	(cell)	
Email			
Area of interest			
Talent you would be willing to	share with the group		_
Program suggestions			If
you prefer to be an inactive me	mber, please indicate tha	t preference here:	
Dues are a primary source of fu us and support our important p	• • •	Even if you can't participate, please join	
Ruby Membership:	\$25.00		
Emerald Membership: _	\$36.00		
Diamond Membership:		\$54.00	

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.

#### **Brotherhood News**



No meetings or events are planned at this time, and the future of Brotherhood is being assessed. It is possible that there is no longer any interest in maintaining this organization and that we need to explore other ways to satisfy the need of congregants to meet and socialize that is not gender-specific. Please contact Devon and Dianne (president@cbjplymouth.org) if you wish to discuss this.



# Brotherhood Bowling! The 1st and 3rd Wednesdays of the Month at 3:00 pm at Kingston Ten Pins

The Brotherhood bowling group continues to meet on the first and third Wednesday of every month at 3:00 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as shoe rental is available for a small additional fee, and there is a large selection of balls to use.

This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor!

Contact Seth Teles at scteles@aol.com or Arnold Gladstein at aralglad@verizon.net and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!

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## **Overnights of Hospitality Winter Emergency Shelter**

The Plymouth Area Interfaith Council Association (PAICA) needs your help!

The Plymouth Taskforce to End Homelessness, in collaboration with the Fr. Bill's and Mainspring (FBMS) organization, will offer winter emergency shelter to 20-25 single individuals through Saturday, March 30. We can't continue this important ministry without your help. We need volunteer chaperones to commit to giving one evening of their time from 5pm-11pm to provide support to the Fr. Bill's staff person and to show our unhoused neighbors that they are not forgotten. We who have volunteered in the past have been touched by the appreciation shown by many of the guests. It has been a very rewarding experience!

Two people are needed at the shelter at all times. There will be two Fr. Bill's staff from 11pm to 7am, so the volunteer chaperone is only needed for the evening until the second staff person arrives.

The shelter rotates weekly among three congregations beginning Sunday, November 26 through Saturday, March 30 - Christ Church, First Baptist Church and St Mary's and St Joseph Collaborative at St Mary's Parish Center, using the fellowship halls. Orientation is provided.

To sign up as a chaperone, go to <a href="https://www.mealtrain.com/trains/k4w5gd">https://www.mealtrain.com/trains/k4w5gd</a>

To review the chaperone guidelines, go to <a href="https://plymouth-taskforce-homeless.org/volunteer/">https://plymouth-taskforce-homeless.org/volunteer/</a>

If you have questions, please call Connie Melahoures, President of the Plymouth Taskforce to End Homelessness at 508.367.0516 or email conmel@aol.com.

## Recipe for Cinnamon Apple Challah



## Ingredients

#### **DOUGH**

1 envelope instant yeast (2 1/4 teaspoons)

2 1/2 cups bread flour

1/2 cup warm water (100 degrees)

2 eggs for the dough and 1 egg for an egg wash

1 teaspoon vanilla

1/4 cup vegetable oil

1 teaspoon cinnamon for the dough

1 teaspoon salt

1/4 cup sugar

.....

#### **FILLING**

2 apples

1 teaspoon cinnamon

1 teaspoon sugar

#### **Directions**

- 1. Whisk yeast and 1/2 cup of flour with warm water (100 degrees). Let it sit for 10 minutes until puffy.
- 2. Whisk two eggs, oil, vanilla, 1 teaspoon cinnamon, 1/4 cup sugar and salt into the yeast slurry until mixed in.
- 3. Add the remaining 2 cups of flour and mix with your hands into a ball.
- 4. Knead the ball of dough for about 5 to 10 minutes until smooth; add more water if it is tough or add flour if it is sticky.
- 5. Put the dough in a clean and warm bowl and cover with plastic wrap. Let it ferment for one hour until puffy.
- 6. Peel and chop up your apples into bite sized pieces and sprinkle them with cinnamon and sugar.
- Once dough is ready, divide into three sections and roll each one out into a flat piece on parchment paper. Sprinkle some apples at one end and roll up the long way making sure to avoid air bubbles.
- 8. Repeat with other dough balls.
- 9. Braid strands starting in the middle, braiding each side and securing at the ends. Put challah on a sheet pan lined with parchment paper.
- 10. Cover with plastic wrap and ferment another hour and a half until it is triple the size.
- 11. Preheat the oven to 350°F.
- 12. Wash the challah with the last egg and bake for 35 minutes until golden brown