



## THE TENT

Congregation Beth Jacob's Monthly Newsletter  
February, 2024

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### CBJ Calendar of Upcoming Events:

February 2, 7:00 pm: Erev Shabbat Service - (Zoom) - Rabbi Mills is in Israel for a CCAR Convention. Seth Teles will conduct this service.

February 9, 7:00 pm: Erev Repro Shabbat Service (Hybrid - in person and Zoom)



Repro Shabbat takes place annually on Parshat Mishpatim, the reading of which contains the verses commonly referenced as the foundation of Judaism's approach to reproductive health, rights, and justice. Individuals and communities across the world gather to celebrate Repro Shabbat and the Jewish traditions it honors.

February 12, 7:00 pm **No Sisterhood Meeting this month.**

February 16, 7:00 pm: Erev Shabbat Service (Zoom)

February 19, 7:00 pm: Brotherhood Meeting! See The Weekly Update for the Zoom link.

February 23, 7:00 pm: Erev Shabbat Service - Hybrid (in person and by Zoom)

February 25, 7:00 pm: CBJ Board Meeting (by Zoom)

See the "CBJ Weekly Update" for details and links.

[To see the complete CBJ Calendar on our website, click here.](#)



## **The Essential Prayers and Songs for Our Shabbat Evening Services**

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here](#).



**Limud Torah/Torah Study Group  
with Rabbi Emeritus Lawrence Silverman  
Monday mornings, from 8:30-9:45 am**

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299

**Introduction to Judaism Class  
Wednesdays, from 3:30-4:30 pm  
Continuing**



In January, Rabbi Mills started a new Introduction to Judaism class for those interested in converting. The classes are held on Wednesday afternoons, from 3:30 - 4:30. The cost for non-members is \$180, which will be credited toward their membership dues when they become members of CBJ.

**This class is also open, free of charge, to all congregants who may wish to learn more about Judaism. The topic will be different each week, so you may drop in for as many sessions as you wish. The Zoom link is in the Member Login page of the CBJ website. [Click here](#). Access to this page requires a password. If you need assistance, please contact Judith Sherman at [judith.sherman@gmail.com](mailto:judith.sherman@gmail.com).**

## **Coming in March - Save the Date!**

South Shore Shabbat  
March 29th, 7:00 pm  
Congregation Beth Jacob Will Be the Host This Year!

For the past several years, seven reform temples located on the South Shore have been observing Erev Shabbat services together. CBJ has been participating in this collaborative Shabbat service for the past couple of years, since Rabbi Mills became our rabbi. This is a remarkable event as the rabbis and cantors from each congregation lead us all in worship. Each year, this service is hosted by a different congregation, and it is our turn this year. Please mark your calendars and plan to come out that evening as we sing, pray, and share the Shabbat experience as a community. More details will be coming later.

We are privileged to have Rabbi Josh Weinberg as our guest speaker that night. You may read more about him below.

**Rabbi Josh Weinberg**  
**Vice President, Israel and Reform Zionism and Executive Director, ARZA**  
**(the Association of Reform Zionists of America)**



Rabbi Josh Weinberg serves as the Vice President of the URJ for Israel and Reform Zionism and is the Executive Director of ARZA, the Association of Reform Zionists of America. He was ordained from the HUC-JIR Israeli Rabbinic Program in Jerusalem, and is currently living in New York. Josh previously served as the Director of the Israel program for the Reconstructionist Rabbinical College and as a faculty member of NFTY-EIE High School in Israel teaching Jewish History. Josh is a reserve officer in the IDF spokesperson's unit, has hiked the Israel-trail, and came on Aliyah to Israel in 2003.

Originally from Chicago, he has a B.A. from University of Wisconsin in Hebrew Literature, Political Science and International Relations, and an M.A. at the Hebrew University in Jewish Education.

Josh has taught and lectured widely throughout Israel, the U.S. and Europe, as well as on Kivunim and Shnat Netzer gap-year programs. He has led numerous tours and trained tour educators for the Reform movement's Israel experiences. In addition to being a STorahTelling "Mayven," Josh has a passion for the environment and spends lots of time outdoors hiking and climbing, playing music and volleyball. Josh is passionate about anything connected to Israel and hopes to strengthen the connection between the Reform movement and the Jewish State. He is married to Mara Sheftel Getz, and is the proud abba of Noa, Ella, Mia, and Alma.

## Brotherhood News

### Brotherhood Meeting! Monday, February 19th at 7:00 pm (by Zoom)



Brotherhood is holding its meetings on the third Monday of each month, going forward.

Men: This is YOUR organization! Please come to this meeting and share your ideas for programs that you would like to participate in. Traditional activities have included Sunday morning Brotherhood breakfasts, discussion groups, a Men's Seder, and Brotherhood Movies.

#### **The Zoom link to participate in this meeting is:**

<https://us02web.zoom.us/j/82523722189?pwd=VFIXdzRrd0h2M1piTIF1b3o3NjFDUT09>



### Brotherhood Bowling The 1st and 3rd Wednesdays of the Month at 4:30 pm at Kingston Ten Pins

We'll be bowling the first and third Wednesday of every month at 5:30 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as bowling shoe rental is available for a small additional fee, and there is a large selection of balls to use. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at [scteles@aol.com](mailto:scteles@aol.com) or Arnold Gladstein at [aralglad@verizon.net](mailto:aralglad@verizon.net) and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



As we all know, “It takes a village” to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

**Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. Are you willing to take over the compilation and editing of our annual Yizkor Book? There are so many different ways that your skills could enhance CBJ!**

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help. [president@cbjplymouth.org](mailto:president@cbjplymouth.org)



### **Please Volunteer to Sponsor an Oneg!**

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members. **We need Oneg hosts for the following dates:**

- February 23
- March 23 (Purim) and
- April 19

**Thank you to Norman Vickery, who has volunteered to host the Oneg on February 9th, and Judi Chaskes, who has volunteered to host the Oneg on March 9th in honor of her father’s birthday.**

Please contact Barbara Aharoni by email ([ahabubs@gmail.com](mailto:ahabubs@gmail.com)) or by phone (774-404-7107) if you would like to host an Oneg following one of our in-person services. Barbara can provide advice about what items are popular, such as fresh fruit, nuts, baked goods (not necessarily homemade), ice cream with toppings, etc. It’s a mitzvah!

## MEMBERSHIP NEWS



### Welcome to Our Newest Member!

Andrea Kolbe  
6 Loring Blvd., Apt. B3135  
Plymouth, MA

Andrea moved to Plymouth in March, 2023 and has been attending Shabbat services regularly. She is a peer counselor specialist in the area of mental health. Formerly a member of Congregation Bethel in Bennington, Vermont, Andrea is an experienced Hebrew School teacher and B'nai Mitzvot tutor. She is a teacher of art and music and is eager to become more involved in the CBJ community. Welcome, Andrea!

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at [ahabubs@gmail.com](mailto:ahabubs@gmail.com). [Click here for a link to CBJ's Application Form.](#)



### **Donations to CBJ (from July 2023 - January 2024)**

While CBJ was in the process of transitioning to our new accounting software, many donations that we received were unreported to me and were not published in The Weekly Update and The Tent. We are always grateful for the support of our congregants and friends, and apologize for the delay. The following donations have been received, from July 2023 through January 2024:

#### **In Response to the Yom Kippur Appeal:**

Dr. Patricia Van Tosh  
Jack and Sandi Rosen  
Jeffrey Isaacson  
Fred and Irene Sarke  
Dr. and Mrs. David Grace  
Lois and Phyllis Klasky  
Anne Geller  
Stanley Levinson  
Susan Moore and Roy Moore  
Allan and Judith Sherman  
Jerry and Laura Treppel  
Ronnie Hirschhorn  
Gary and Sandy Brooks  
Susan Resnick  
Burton and Donna Matross

**Yahrzeit/General Fund:**

Dr. Jonathan Russo, In memory of Ray Russo  
Suzanne Goldberg, In memory of Elizabeth Epstein  
Dr. Patricia Van Tosh, In Memory of Doug Worthman  
Joseph and Paula Keller, In Memory of Adeline Keller  
Anne Geller, In Memory of Fay Meltzer  
Louis B. Goldman, In Memory of Justin D Goldman  
Frank & Gloria Finkelstein, in memory of Albert Finkelstein and Alexander Finkelstein  
Don and Carol Gilbert, In Memory of Lillian Gilbert  
Kenneth and Cheryl Jasper, In Memory of Adelaide Lelyveld  
Judge & Mrs. Gregory R. Baler, In Loving Memory of Fay K. Meltzer  
Allan and Judith Sherman, In Memory of Sylvia Kremis  
Allan and Judith Sherman, In Honor of the birth of Rabbi Mill's grandson Samson Phillip Mills  
Allan and Judith Sherman, In Memory of Fay Meltzer  
Ronald and Cherilynn Elowitz, In Memory of Allan Elowitz and Anne Lois Kalm Elowitz  
Lane and Allison Goldberg, In Memory of Robert Goldberg  
Meredith Glansberg, In Memory of Ken Glansberg  
Harriet Goodman, In Memory of Fay Meltzer  
Paul and Pamela Sechoka, In honor of the birth of Rabbi Estelle's grandson, Samson  
Arnold and Lois Weiss, In memory of Rhoda Burstein  
Deborah Cohen, In Memory of Rose Cohen  
Barbara Aharoni and Harry Aharoni, In memory of Ludwig & Claire Jonas  
Don and Carol Gilbert, In Memory of George Gilbert  
Dr. Fred Wax and Gail Lury Wax, In memory of Terri Wax  
Jeffrey and Francine Shelly, In memory of Edythe Shelly  
Fred and Irene Sarke, In Memory of Louis Lipetz  
Deborah Cohen, In Memory of Harris B. Cohen  
Susanne Lelyveld Wittenberg, In memory of Mark Lelyveld  
Joseph and Paula Keller, In memory of Reubin and Adeline Winokur  
Stephen and Jackie Winokur, In Memory of Reubin Winokur  
Stephen and Jackie Winokur, In Memory of Adeline Keller  
Stephen and Hazel Minsky, In Honor of Lois Klasky's 95th Birthday  
Dr. Jonathan Russo, In memory of Milly Russo  
Paul and Pamela Sechoka, In Memory of Mildred Goldberg  
Sherri and Ed Sore, In memory of Elaine Winter Brown  
Jerry and Laura Treppel, In Honor of Linda Lamel  
Fred and Irene Sarke, In memory of Albert Sarke  
Ronald and Cherilynn Elowitz, In memory of Anne Lois (Kalm) Elowitz  
Paul and Pamela Sechoka, In memory of Edwin Goldberg  
Jacob and Nora Luftman, In Memory of Hannah Luftman  
Barbara Aharoni and Harry Shamir, In memory of Haim (Carlo) Shamir  
Arnold and Lois Weiss, In memory of Eleanor Weiss  
Susan Basiri, In memory of Mildred Goldberg  
Lois and Phyllis Klasky, In Memory of Melvin Klasky  
Phyllis Klasky, In Memory of Melvin Klasky  
Allan and Judith Sherman, In Memory of Max Krenis and Louis Sherman  
Susan Basiri, In memory of Edwin P Goldberg

Allan and Judith Sherman, In Memory of Louis Sherman  
Stephen and Jackie Winokur, In Memory of Adeline Winokur  
Ronnie Hirschhorn, In Memory of Nathan Hirschhorn  
Allan and Judith Sherman, In Memory of Sheila Toabe Davis

**Ray & Milly Russo Cultural Heritage Fund:**

Mark Russo VMD

**Prayer Book Donations:**

Susan Moore and Roy Moore - 2 High Holiday Books, In fond and loving memory of the Moore and Zahreciyan families

## Beit Sefer News



Students at CBJ's Religious School master the skills of Hebrew reading, learn the ritual prayers and songs that are integral to our religious services, learn about Jewish history and the lessons about Jewish values and ethics in the Torah - all taught in an engaging and creative way. Students have become comfortable and familiar with being on the Bimah and leading portions of Shabbat services long before their Bar or Bat Mitzvah ceremonies. Continuing Jewish education is encouraged through Confirmation and engagement with Jewish Youth Groups in the Greater South Shore area .

## Updated School Calendar for 2023-2024

[Click here to see the School Calendar for 2023-2024.](#)

### Topics for Upcoming Beit Sefer Classes

February 4 Session 14: Shabbat

February 11 Session 15: Havdalah

February 18 NO SCHOOL: Winter Recess

February 25 NO SCHOOL: Winter Recess





**The Next Sisterhood Meeting  
Monday, March 11th, at 7:00 pm by Zoom  
(There will be no Sisterhood meeting in February.)**

Regular Monthly Sisterhood Meetings: are held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a game night, a pot luck lunch, getting together for a movie/restaurant, and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

**The Zoom link for Sisterhood meetings:**

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzZmSTRJZ2J6VmM2WIBZenpXZz09>

Meeting ID: 818 8510 6141 Passcode: 579857

**2023-2024 Sisterhood Dues Are Due!**



Early in 2023, when Sisterhood was reorganizing after the hiatus caused by the Covid pandemic, members were offered a reduced dues rate of \$18.00 because of the shortened calendar of meetings and events. If you joined Sisterhood then, it is now time to submit your dues for the 2023-2024 season. Please see the next page for the Application Form and details.



## Sisterhood Dues Notice for 2023-2024

For almost 70 years, CBJ Sisterhood has been an essential part of CBJ, providing the link that binds together long-term members with newer members of our congregation. Being part of Sisterhood provides a great way to be introduced to and get to know the members of CBJ. We pray together, study together and, yes, we have fun together. Although the Covid pandemic had affected our ability to meet for the past 2 years, Sisterhood has resumed holding interesting and informative monthly meetings as we celebrate holidays together and raise funds for the benefit of our synagogue.

In the past, Sisterhood has provided support to our young students in the Beit Sefer program by sponsoring our Pizza in the Hut for Sukkot, as well as the annual Chanukah and Purim Parties. Sisterhood provides all of the supplies for the Temple kitchen; sponsors Onegs throughout the year, and helps us all to celebrate the various holidays in the Jewish calendar by providing appropriate holiday foods for the Oneg table. In addition, as its ongoing tzedakah commitment, Sisterhood supports the Kiva project, an international organization that provides loans for women to open new businesses, purchase livestock to sustain food supplies and become financially independent in countries such as Guatemala, Honduras, Ghana, The Philippines, The Congo, Uganda and Fiji. To learn more about Kiva, click here: <https://www.kiva.org> and <https://www.kiva.org/lend-by-category/women>

**Sisterhood donates \$2500.00 to the Temple each year!** We can't do it alone. We need your financial support. Please become a member of Sisterhood.

Name \_\_\_\_\_

Phone \_\_\_\_\_ (home) \_\_\_\_\_ (cell)

Email \_\_\_\_\_

Area of interest \_\_\_\_\_

Talent you would be willing to share with the group \_\_\_\_\_

Program suggestions \_\_\_\_\_ If

you prefer to be an inactive member, please indicate that preference here: \_\_\_\_\_

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities.

**Ruby Membership:** \_\_\_\_\_ \$25.00

**Emerald Membership:** \_\_\_\_\_ \$36.00

**Diamond Membership:** \_\_\_\_\_ \$54.00

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.



## WHY YOU SHOULD JOIN CBJ's BROTHERHOOD

Over the 100 year history of CBJ, Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it."

Under the leadership of Brotherhood's new President, Louis Goldman, we are looking forward to resuming those "sumptuous" Brotherhood Breakfasts with their intriguing and informative guest speakers. Brotherhood is planning monthly Discussion Group meetings and has already revived our Movie Discussion Nights, to which all members of the congregation are invited. Brotherhood has also restarted their bowling nights on the 1st and 3rd Wednesdays of each month. This is an excellent opportunity for members to bond and share the often hilarious experience of what is loosely called "bowling." (You don't have to be an expert bowler to join the fun - just have a sense of humor!)

Brotherhood also provides  $\frac{3}{4}$  of its treasury to our synagogue. Between our fundraisers and your dues, we have been able to contribute \$2,500 to CBJ's General Fund in each of the last few years, with the exception of the Covid pandemic. In addition, CBJ Brotherhood has been the catalyst for providing over \$7,200 in gift cards to the Greater Plymouth Food Warehouse.

Please become a member of CBJ Brotherhood so that we can continue this much needed help for our beloved CBJ as well as our extended Plymouth community.

NAME \_\_\_\_\_

HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

AREAS OF INTEREST \_\_\_\_\_

Talent(s) that you would be willing to share \_\_\_\_\_

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. If you prefer being non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$25)\_\_\_\_ Mitzvah Membership (\$36)\_\_\_\_

Make your check payable to: CBJ Brotherhood

Please indicate "Dues Payment" and mail to:

Seth Teles, 31 Birch Avenue, Plymouth, MA 02360



**The Following Yahrzeits Will be Observed This  
Month:**

*(A memorial candle should be lit on the preceding evening.)*

**February 2024**

- 1 Abraham Jacob Toabe
- 2 Rabbi Abraham Hirsch Carlin
- 3 Rina Strumsky Shamir
- 4 Sarah Litcofsky
- 5 Saul Dezorett
- 5 Frank Gladstein
- 6 Max Kramer
- 6 Helen Rice
- 6 Edward Romanow
- 6 Connie Van Tosh
- 7 Beatrice Feinberg
- 7 Hilda Keil Toabe
- 8 Stanley Nydell
- 9 Richard Pecorella
- 9 Ida Penn
- 9 Morris Resnick
- 9 Arthur Rosenblum
- 11 Jeanne Gurwitch
- 15 Robert Arons
- 15 Hyman Sherman
- 16 Renee Katz
- 19 Roberta Lipetz
- 22 Madelyn Siegel
- 22 Howard Weinberg
- 25 Betty Balton
- 25 Samuel Goldberg
- 25 Sally Sarke
- 26 Joseph Bolotin
- 26 Joseph L. Harris
- 26 Morris Melniker

*May their memories be for a blessing and live forever in the hearts of all who knew and loved them.*



## **Overnights of Hospitality Winter Emergency Shelter**

The Plymouth Area Interfaith Council Association (PAICA) needs your help!

Starting Sunday, November 26, The Plymouth Taskforce to End Homelessness, in collaboration with the Fr. Bill's and Mainspring (FBMS) organization, has been offering winter emergency shelter to 20-25 single individuals through Saturday, March 30. We can't continue this important ministry without your help. We need volunteer chaperones to commit to giving one evening of their time from 5pm-11pm to provide support to the Fr. Bill's staff person and to show our unhoused neighbors that they are not forgotten. We who have volunteered in the past have been touched by the appreciation shown by many of the guests. It has been a very rewarding experience!

Two people are needed at the shelter at all times. There will be two Fr. Bill's staff from 11pm to 7am, so the volunteer chaperone is only needed for the evening until the second staff person arrives.

The shelter rotates weekly among three congregations beginning Sunday, November 26 through Saturday, March 30 - Christ Church, First Baptist Church and St Mary's and St Joseph Collaborative at St Mary's Parish Center, using the fellowship halls. Orientation is provided.

To sign up as a chaperone, go to <https://www.mealtrain.com/trains/k4w5gd>

To review the chaperone guidelines, go to <https://plymouth-taskforce-homeless.org/volunteer/>

If you have questions, please call Connie Melahoures, President of the Plymouth Taskforce to End Homelessness at 508.367.0516 or email [conmel@aol.com](mailto:conmel@aol.com).

## Recipe for Russian Cabbage Borscht

By Tina Wasserman via the URJ Website



Tina writes: My mother was a first-generation American. She learned to speak Yiddish when her cousins escaped Poland in the early 1930s to come and live near her. She was poor growing up, and her cooking as an adult reflected the reverence she had for the simplest of ingredients. This soup is a perfect representation of a "less is more" mentality and the love affair the Eastern European cooks had with all things sweet and sour. The original recipe was shown to me with a *shiterein* (a handful or a pinch — a nondescript amount of ingredients — of this and that). Here is my recipe for another generation.

### INGREDIENTS

3 strips of flanken meat (short ribs), about 1 ½ pounds  
2 ½ quarts water  
1 large onion  
One 15.5-ounce can peeled tomatoes in liquid  
One 8-ounce can tomato sauce  
1 medium or ½ large head of cabbage, finely sliced into shreds  
Salt and freshly ground pepper to taste  
1 cup dark raisins  
1/4 cup dark brown sugar or to taste  
Lemon juice (optional)

### DIRECTIONS

Rinse off meat and place in a 4-quart pot. Add the water, bring to a boil, and simmer for 30 minutes, skimming the top of the soup occasionally to remove the brown foam.  
Add the onion, after piercing it 4 or 5 times with a sharp knife. This technique allows the flavor of the onion to permeate the soup without the onion disintegrating.  
Squeeze the canned tomatoes through your fingers so that you get uneven strings of crushed tomato. Add this and any liquid from the can to the pot. Add the tomato sauce.  
Add the shredded cabbage, salt and pepper to taste, and the raisins to the soup pot, and cook for 1 ½ hours partially covered.  
After 1 ½ hours, add the brown sugar and adjust the seasonings to your taste, using some lemon juice, if needed, to balance the sweet-and-sour taste.  
Cook for 1/2 hour more. Remove the onion, break up the meat into pieces, remove the bones, and serve.

**Additional Notes:** This soup, like most soups, tastes even better the second day and freezes very well. If the soup is too thin for you, either add additional tomato sauce or thicken with an *einbreene*, which is a mixture of equal parts pareve margarine and flour that is added in small amounts to the hot soup to create the desired thickness.

Flour can never be added directly to a hot liquid without creating little floating lumps. Mixing it into a fat first will allow the flour to dissolve slowly and evenly. When preparing soup, it is always a good idea to cook meat alone in water for the first 30 minutes. Any impurities rise to the surface as a foam that is easily removed, which helps clarify the soup.