



## THE TENT

Congregation Beth Jacob's Monthly Newsletter  
April, 2024

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### CBJ Calendar of Upcoming Events:

April 5, 7:00 pm: Erev Shabbat Service - (Zoom)

April 7, 6:00 - 8pm: Brotherhood Discussion Group - at New World Tavern. The Plymouth Chief of Police will speak with us about Security in the face of the rise of antisemitism. See the article for details.

April 8, 7:00 pm **No** Sisterhood Meeting (The next meeting will be on May 13th.)

April 12, 7:00 pm: Erev Shabbat Service ( Zoom)

April 15, 7:00 pm: Brotherhood meeting (Zoom)

April 19, 7:00 pm: Shabbat Hagadol Service (Hybrid service - in person and by Zoom)

Sunday, April 21, 11:00 am - 8:00 pm: Dine & Donate Fundraising at Papa Gino's! (See article)

April 22: First Night of Passover

Tuesday, April 23, 5:00 pm: CBJ's Community Passover Seder at Hotel 1620, Water Street, Plymouth. See the article for details and to register!

April 26, 7:00 pm: Erev Shabbat Service (Zoom)

April 29: 7th day of Passover

### Save the Dates!

Saturday, May 11, 1:30 pm : Brotherhood Movie/Discussion - Fehlow's Meeting Room at the Plymouth Public Library The film: The Flat

Sunday, May 19th: Sisterhood Trip to the Sandwich Glass Museum and Lunch at Daniel Webster Inn.

[To see the complete CBJ Calendar on our website, click here.](#)

**Reserve Now!**



**Auschwitz. Not Long Ago. Not Far Away Exhibition  
June 23 at 11am  
at The Castle, Park Plaza, 130 Columbus Avenue,  
Boston**

Please join Rabbi Estelle Mills and the Congregation Beth Jacob community for a group tour of the Auschwitz. Not long ago. Not far away. Exhibition. Carpooling will be arranged.

If you have questions about this event, please contact Rabbi Mills at [cbjpymouthrabbi@gmail.com](mailto:cbjpymouthrabbi@gmail.com).

**Tickets are limited!** [Click here to register and pay.](#)

For more information about this event, click the following link:  
<https://theauschwitzexhibition.com/>

We know that June seems a long way off in the future, but don't miss this opportunity to see this exhibit. **Register today.** (If the date for our tour is inconvenient for you or our group tickets have already sold out, you may purchase tickets directly by [clicking here.](#))



# JOIN US FOR CBJ's PASSOVER SEDER

Tuesday, April 23, 5:00 PM

at the Hotel 1620 | 180 Water Street, Plymouth, MA

Congregation Beth Jacob invites you to join us for our annual community seder, an engaging, interactive evening with a delicious, kosher style Passover dinner.

Your payment is your reservation.

Members: Adult: \$50, Child: \$18

Non-Member: Adult: \$60, Child: \$20

To register, click the red button or scan QR Code.

[Register Now](#)



If you have any questions, email us at [president@cbjplymouth.org](mailto:president@cbjplymouth.org).

[www.cbjplymouth.org](http://www.cbjplymouth.org)



Made with PosterMyWall.com

The deadline for registration is April 9th. Space is limited! The menu details (including vegetarian option) are on the registration form.

[Click here to register.](#)



**Get Ready for Passover by Supporting CBJ's  
Dine & Donate Fundraising Event!**

**Sunday, April 21st, from 11:00 am - 8:00 pm**

**At Papa Gino's, 81 Carver Road in Plymouth**

Congregation Beth Jacob will earn 20% of all qualifying sales from orders placed on April 21st, from 11:00 am - 8:00 pm.



## Congregation Beth Jacob

will earn **20%** of all qualifying sales  
from orders placed on **April 21<sup>st</sup>**.



**Sunday, April 21, 2024**

**11:00 AM - 8:00 PM**

**Plymouth • 81 Carver Road • 508-747-5386**

- **Walk-in or phone orders:** Mention this fundraiser when you place your order for the organization to get credit for your order.
- **Online orders:** Enter code 19 at the payment screen and then click redeem.
- **Fundraiser orders** are only valid with regular priced menu items and cannot be paired with coupons or deals. Fundraisers are not valid on third party orders.



**Valid for all Dine-In, Carry Out,  
Online & Delivery orders!**

**View menu & place online orders @ [papaginos.com](http://papaginos.com)**



**Join Us For Our Community Passover Seder!**  
**April 23, 5:00 - 7:00 pm**  
**At Hotel 1620 (new venue this year)**

You are invited to celebrate the second night of Passover at CBJs Community Seder. Enjoy a delicious kosher-style seder meal of matzoh ball soup, gefilte fish, roasted chicken, potatoes and vegetables, with fresh fruit and homemade macaroons for dessert. A vegetarian option is available.

[Click here for the Registration Form and to submit your payment](#)

# Passover

April 22-April 29, 2024



## Passover: Customs and Rituals

Passover is perhaps the most widely observed holiday of the entire year, and many families have long-standing, beloved traditions that have been passed down from generation to generation. But the heart of the holiday is telling the story of the Exodus from Egypt, and both old and new traditions are equally welcome in the celebration! The teaching of this story, which is so central to Jewish life and history, can be customized for all ages and learning levels, and getting everyone involved is always encouraged, so use your imagination, and the many resources available, and create a holiday celebration that's perfect for your family and friends.

Passover, along with Sukkot and Shavuot, is one of the Shalosh R'galim, or Three Pilgrimage Festivals, major holidays during which people in ancient times gathered in Jerusalem with their agricultural offerings. There are several mitzvot unique to Passover, which are evident in the customs and rituals of the holiday to this day: matzah; maror; chametz; biur chameitz (removal of leaven from the home); and the Haggadah.

## THE SEDER

The seder is the centerpiece of any Passover experience. A seder is a festive meal that takes place on the first night (and in some families also on the second night) of the holiday. Family and friends join together to celebrate. The word seder literally means "order," and the Passover seder has 15 separate steps in its traditional order. These steps are laid out in the Haggadah. Many congregations hold a community seder during at least one night of Passover. There are also synagogue services held on the first day of the holiday, and Yizkor services held on the last day.

**The 15 steps of the seder can be summed up by this Hebrew rhyme:**

Kadeish, Ur'chatz,  
Karpas, Yachatz,  
Magid, Rachtzah,  
Motzi, Matzah,  
Maror, Korech,

Shulchan Oreich,  
Tzafun, Barech,  
Hallel, Nirtzah

**Listen to the "Order of the Seder," based on the ancient Babylonian chant (sung by Cantor Kathy Barr).**

<https://reformjudaism.org/media/audio/kadeish-urchatzmp3>

**Each of these 15 steps is summarized and explained below:**

### **Kadeish: Sanctification**

A blessing is recited over wine in honor of the holiday. When the seder falls on a Friday night, this version of the Kiddush is recited for Passover and Shabbat. When the seder falls on a Saturday night, we continue with a special version of Havdalah. The wine is then drunk. A second cup is then poured (but not yet drunk).

### **Ur'chatz: Washing**

Participants wash their hands without a blessing in preparation for eating the Karpas.

### **Karpas: Vegetable**

A vegetable (usually parsley) is dipped in salt water and eaten. The vegetable symbolizes the lowly origins of the Jewish people; the salt water symbolizes the tears shed as a result of our slavery. Parsley is a good vegetable to use for this purpose, because when you shake off the salt water, it looks like tears.

### **Yachatz: Breaking**

The middle of the three matzot on the table is broken into two pieces. The smaller part is returned to the pile, the larger one is set aside for the afikoman (see below).

### **Magid: The Story**

A retelling of the story of the Exodus from Egypt and the first Pesach. This begins with the youngest person asking The Four Questions, a set of questions about the proceedings designed to encourage participation in the seder. The Magid is designed to satisfy the needs of four different types of people: the wise ones, who want to know the technical details; the wicked ones, who exclude themselves (and learn the penalty for doing so); the simple ones, who need to know the basics; and the ones who are unable to ask, who don't even know enough to know what they need to know. At the end of the Magid, a blessing is recited over the second cup of wine and it is drunk.

### **Rachtzah: Washing**

Participants wash their hands again, this time with a blessing, in preparation for eating the matzah.

### **Motzi: Blessing over Grain Products**

HaMotzi, the blessing for bread or grain products used as a meal, is recited over the matzah.

### **Matzah: Blessing over Matzah**

A blessing specific to matzah is recited, and a bit of matzah is eaten.

### **Maror: Bitter Herbs**

A blessing is recited over a bitter vegetable (usually raw horseradish; sometimes romaine lettuce), and it is eaten. This gesture symbolizes the bitterness of slavery. The maror is dipped in



charoset, which symbolizes the mortar used by the Jews in building during their slavery. Note that there are two bitter herbs on the seder plate: one labeled maror and one labeled chazeret. The one labeled maror should be used for maror and the one labeled chazeret should be used in the Koreich, below.

### **Koreich: The Sandwich**

Rabbi Hillel was of the opinion that the maror should be eaten together with matzah and the paschal offering in a sandwich. In his honor, we eat some maror on a piece of matzah, with some charoset. (Because we no longer sacrifice animals, so there is no paschal offering to eat).

### **Shulchan Oreich: Dinner**

A festive meal is eaten. There is no particular requirement regarding what to eat at this meal (except, of course, that chametz cannot be eaten). Among Ashkenazi Jews, gefilte fish and matzah ball soup are often eaten at the beginning of the meal. Roast chicken or turkey are common as traditional main courses, as is beef brisket. Jews with far-ranging palates can put their own unique, contemporary stamp on this meal.

### **Tzafun: The Afikoman**

The piece of matzah set aside earlier is eaten as “dessert,” the last food of the meal. Different families have different traditions relating to the afikoman. Some have the children hide it, while the parents have to either find it or ransom it back. Others have the parents hide it, with a small prize given to the finder. The idea is to keep the children awake and attentive throughout the pre-meal proceedings, in anticipation of this part of the seder.

### **Barech: Grace after Meals**

The third cup of wine is poured, and Birkat HaMazon is recited. This is similar to the grace that would be recited on any Shabbat, but with the special insertion for Passover. At the end, a blessing is said over the third cup of wine and it is drunk. The fourth cup is poured, including a cup set aside for the prophet Elijah, who is supposed to herald the Messiah, and is supposed to come on Pesach to do so. The door is then opened to invite Elijah into our homes.

To see a YouTube video explaining the Blessing After the Meal (Birkat HaMazon), [click here](#)  
To see a wonderful YouTube video that will help you to learn the Birkat HaMazon (with transliteration), [click here](#).

### **Hallel: Praises**

The standard group of psalms that make up a full Hallel is recited at this point. A blessing is recited over the last cup of wine and it is drunk.

### **Nirtzah: Closing**

A simple statement that the seder has been completed, with a wish that next year, we may celebrate Pesach in Jerusalem (i.e., that the Messiah will come within the next year). The closing may be followed by various traditional songs, hymns and stories.

The seder has a number of biblical origins for its customs. Exodus 12:3-11 describes the meal of lamb, unleavened bread, and bitter herbs which the Israelites ate just prior to the Exodus. In addition, three separate passages in Exodus (12:26-7, 13:8, and 13:14) and one in Deuteronomy (6:20-21) emphasize the duty of parents to tell the story of the Exodus to their children.



## RITUAL OBJECTS

The seder plate contains various symbolic foods referred to in the seder itself. The contents of a seder plate vary by tradition, but most of them contain a shankbone, lettuce, an egg, greens, a bitter herb, and charoset.

These symbolic foods should be placed near the leader of the seder. During the course of the seder, they are pointed out and explained:

On the seder plate (use either a special one for this purpose or a regular dinner plate), include:

Shankbone, zeroa, symbolizes the lamb that was sacrificed in ancient days

Roasted egg, beitzah, represents the Passover offering of ancient days, as well as the wholeness and continuing cycle of life

Bitter herbs, maror, a reminder of the bitter lives of the Hebrew slaves

Charoset, the mixture of apples, nuts, sweet wine, cinnamon and sugar in the Ashkenazic fashion or dates, nuts and sweet wine in the Sephardic tradition, reminds us of the bricks and mortar made by the Hebrew slaves

Greens, karpas, symbolizes spring, the time of year when Passover takes place

Also place on the table:

Three matzot (plural of matzah), on a plate with a cloth or napkin cover

Salt water, a reminder of the tears shed by the Hebrew slaves

Cup of Elijah, Kos Eliyahu, symbolizes the hope for a redemptive future

Along with these traditional symbols, families may choose to include a Cup of Miriam, Kos Miriam, a special goblet filled with water, on the holiday table. This symbol honors Miriam, the sister of Moses, who played a vital role in the history of our people. Many families and congregations add an orange to the seder plate, too, as a symbol of inclusion of the LGBTQ+ community and others who feel marginalized in Jewish life (not, as the story has often been told, as a symbol of women in the rabbinate).

The Haggadah (plural is haggadot) contains the text of the seder. There are many different haggadot: some concentrate on involving children in the seder; some concentrate on the sociological or social justice aspects of Passover; there are even historical haggadot and critical editions.

The afikoman is half of the middle matzah that is broken in the fourth step of the seder, yachatz. It is customary to hide the afikoman, and the person who finds it gets a prize! The afikoman is eaten last of all at the seder, during step 12, tzafun.

## Passover Foods

During Passover we eat matzah, or unleavened bread, and avoid eating chametz to remember our past and celebrate our freedom. Many of us also avoid eating kitniyot. Read on to learn what it is, what it means, and how we approach all of it during this holiday.

### WHAT IS CHAMETZ?

Chametz ("food that has leavened") refers to food containing any amount of wheat, barley, rye, oats, and spelt, that has leavened, or "puffed up."

### ISN'T MATZAH OFTEN MADE FROM WHEAT?

That's true, matzah is made from wheat. But, when matzah is made, the wheat flour is kept absolutely dry until it's mixed with water and immediately baked. Technically, it takes 18 minutes for flour to ferment and rise, so matzah must be prepared and baked in fewer than 18 minutes.

OK. NOW, WHAT'S KITNIYOT?

Kitniyot ("small things") includes legumes, beans, peas, rice, millet, corn, and seeds. Many Ashkenazi Jews (Jews of central and eastern European descent) choose not to eat kitniyot on Passover.

WHY DON'T PEOPLE EAT KITNIYOT ON PASSOVER?

There have been many reasons that Ashkenazic communities have refrained from eating kitniyot on Passover. For example, there was a concern that because kitniyot can be ground to make flour and then baked, one could mistakenly assume that their neighbor was eating chametz.

There was also concern that chametz grain might get mixed up with kitniyot if they were stored in close proximity. This kitniyot prohibition was not accepted by most Sephardic Jews (Jews of Spanish, Middle Eastern, and North African descent).

DIDN'T I READ SOMEWHERE THAT REFORM JEWS CAN EAT KITNIYOT ON PASSOVER?

You likely did read that somewhere! Actually, three groups of Rabbis in the recent past have met and, independent of each other, ruled that both Ashkenazi and Sephardi Jews should be permitted to eat rice, corn, and kitniyot during Passover. These groups were the Responsa Committee of the Reform Jewish Movement (a responsa is a rabbinic decision), the Responsa Committee of the Israeli Conservative Movement, and the Conservative Movement's Committee on Jewish Law and Standards.

These rabbinical committees determined that the prohibition of eating rice, beans, and kitniyot is in direct contradiction to the opinion of all the sages of the Mishnah and Talmud (except one), and also contradicts the theory, as well as the practice of more than 50 post-Talmudic Sages. Opposition to the ban on eating kitniyot dates back to 13th-century France, when one rabbi called it "a mistaken company" and another calling it a "foolish custom."

Still, it's a personal decision, and many Reform Jews choose to abstain from eating kitniyot on Passover. (Check out this blog post about choosing foods to make your Passover meaningful.)

### **What CAN We Eat on Passover?**



[Click here to explore some wonderful recipes that are on the URJ \(Union for Reform Judaism\) website.](#) Oh my! Just looking through this page made me hungry!!



## **The Essential Prayers and Songs for Our Shabbat Evening Services**

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here](#).



**Limud Torah/Torah Study Group  
with Rabbi Emeritus Lawrence Silverman  
Monday mornings, from 8:30-9:45 am**

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299

**Introduction to Judaism Class  
Wednesdays, from 3:30-4:30 pm  
Continuing**



This class, which Rabbi Mills started in January for those interested in converting, is also open, free of charge, to all congregants who may wish to learn more about Judaism. The topic is different each week, so you may drop in for as many sessions as you wish.

The Zoom link is in the Member Login page of the CBJ website. [Click here](#). Access to this page requires a password. If you need assistance, please contact Judith Sherman at [judith.sherman@gmail.com](mailto:judith.sherman@gmail.com).



## Brotherhood News



### **Brotherhood Bowling The 1st and 3rd Wednesdays of the Month at 4:30 pm at Kingston Ten Pins**

We'll be bowling the first and third Wednesday of every month at 5:30 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as bowling shoe rental is available for a small additional fee, and there is a large selection of balls to use. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at [scteles@aol.com](mailto:scteles@aol.com) or Arnold Gladstein at [aralglad@verizon.net](mailto:aralglad@verizon.net) and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



### **Brotherhood Discussion Group At the New World Tavern in Plymouth Sunday, April 7th, from 6:00 pm - 8:00 pm The Topic: Security in the Face of the Rise in Anti-Semitic Threats**

CBJ Brotherhood is pleased to host Plymouth Chief of Police Dana Flynn, who will address the issue of Anti-Semitic threats, and what the Plymouth Police are doing to keep Plymouth's Jewish Community safe. He will also discuss what we can do to protect our membership and our facility. Chief Flynn is an individual that is very approachable and will be comfortable answering all questions. Currently, CBJ has security personnel at CBJ when we have a meeting at our facility.

This dinner meeting will take place at the New World Tavern (56 Main St., Plymouth) on Sunday, April 7th, from 6:00 PM to 8:00 PM. (Please note that the kitchen closes at 7 pm so please arrive at around 6 pm to get your dinner ordered.) The New World Tavern offers a wide and reasonably priced menu. As has been done in the past, attendees will be responsible for ordering and paying for their food and beverages.

This meeting is open to everyone, as this is a topic of interest to all genders. The Brotherhood Board is looking forward to meeting you at this, the first Brotherhood Dinner Meeting, since before COVID-19.

We need a minimum of 10 people to attend, and space is limited to a maximum of 24. **Please send your rsvp to Louis Goldman to reserve your space.** Provide your name and the number of people coming with you. [Click here.](#)

## **Next Brotherhood Meeting Monday, April 15 at 7:00 pm (by Zoom)**

The Brotherhood has held well-attended meetings in February and March and has accomplished a great deal in planning upcoming programs and activities.

Men: This is YOUR organization! Please participate! Come to meetings and share your ideas! Volunteer your time and effort to help to make these programs happen. Many hands make light work!



### **Movie/Discussion May 11, 1:30 pm The Fehlaws Meeting Room at the Plymouth Public Library The Movie: The Flat**

Join us for Brotherhood's Movie and Discussion of the award-winning film, The Flat on Saturday, May 11th in The Fehlaws Meeting Room at the Plymouth Public Library. This venue is completely handicap accessible and has plenty of parking. You do not have to be a member of Brotherhood to attend. Everyone, regardless of gender, is welcome!

Summary of the film: At age 98, director Arnon Goldfinger's grandmother passed away, leaving him the task of clearing out the Tel Aviv flat that she and her husband shared after immigrating from Nazi Germany in the 1930s. Sifting through photos, letters, files, and objects, Goldfinger undertook the complex process of making sense of the accumulated ephemera of a lifetime. The result is a moving family portrait and an insightful look at the ways different generations deal with the memory of the Holocaust.

Alternating between being hilariously funny and heartbreakingly tragic, The Flat offers many topics that can be discussed afterwards.

The length of the movie is 1 hour and 38 minutes.

Language: Hebrew with very readable subtitles

[To watch a trailer, click here.](#)



As we all know, “It takes a village” to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

**Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. Are you willing to take over the compilation and editing of our annual Yizkor Book? There are so many different ways that your skills could enhance CBJ!**

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help. [president@cbjpymouth.org](mailto:president@cbjpymouth.org)



### **Please Volunteer to Sponsor an Oneg!**

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members. **We need Oneg hosts for the following dates.**

#### **At the synagogue:**

April 19th (Shabbat Hagadol)

#### **Looking Ahead to Warmer Weather Shabbat Services Held at Outdoors Locations:**

June 14 (Shavuot), and June 28

Please contact Barbara Aharoni by email ([ahabubs@gmail.com](mailto:ahabubs@gmail.com)) or by phone (774-404-7107) if you would like to host an Oneg following one of our in-person services. Barbara can provide advice about what items are popular, such as fresh fruit, nuts, baked goods (not necessarily homemade), ice cream with toppings, etc. It's a mitzvah!



## MEMBERSHIP NEWS



### **Please Welcome Our Newest Members!**

Rabbi Jan Katzew & Cantor Alane (Lanie) Katzew  
Plymouth

Cantor Lanie Katzew and Rabbi Jan Katzew (former HUC professor and department head for the URJ among many other national accolades) have made Plymouth their permanent home in their retirement and have expanded their previous summer cottage to a year round home. They have joined CBJ as Courtesy Members and have made a substantial voluntary donation to our temple. As you might expect, Cantor Laney is blessed with a beautiful singing voice, as those who attended our Shabbat service in person on February 23rd can attest! We are delighted to welcome Rabbi Jan and Cantor Lanie to the CBJ family.

Erin Yale & Adam Horwitz  
Plymouth

Erin and Adam have moved to The Pinehills from Milwaukee where they have been very active in their Reform synagogue. Erin is a hospital administrator and will be working at Beth Israel Plymouth (which will always be known as "the Jordan Hospital to us oldtimers!") Adam is the president of a company in Rhode Island. They are interested in joining Sisterhood and Brotherhood. They have 2 daughters: Abigail is attending Wellesley College, and Amelia will be attending NYU. Welcome, Erin and Adam!

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at [ahabubs@gmail.com](mailto:ahabubs@gmail.com). [Click here for a link to CBJ's Application Form.](#)



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

### **Donations to Rabbi Mills' Discretionary Fund**

#### **In Support of the Congregation and Israel:**

Claire O'Hanlon

#### **In Support of Those in Need in Israel:**

Carol Gilbert

Norm Vickery

Myra Glasser

Ronnie Hirschhorn

The Engel Family

Lois and Phyllis Klasky

Devon Fernald

From Carol Gilbert: in memory of Charlotte Lippman

### **Yahrzeit/General Fund**

Suzanne Goldberg - in loving memory of her husband, Stephen

Joseph & Paula Keller - in loving memory of Joe's father, Dr. Harry Keller

Fred Wax & Gail Lury Wax - in loving memory of Fred's wife, Terry Wax

Steve & Jackie Winokur - in loving memory of Jackie's father, Dr. Harry Keller

### **General Fund**

Paul & Pam Sechoka - in support of CBJ's Panera Dine & Donate fundraiser

CBJ also thanks Anne Geller for her generous donation to the Plymouth Food Warehouse (which was part of CBJ's Souper Bowl Shabbat)

### **CBJ Building Fund**

CBJ has received a generous donation to our Building Fund from the Meltzer family and the Estate of Dr. Barry and Fay Meltzer, with Jonathan and Vicki Meltzer's message, "May it help to bring a new home to the congregation." Toda Raba!

תודה רבה

[Click here for a list of funds where donations may be made.](#)

[Click here to make a donation online.](#)

## Beit Sefer News



Students at CBJ's Religious School master the skills of Hebrew reading, learn the ritual prayers and songs that are integral to our religious services, learn about Jewish history and the lessons about Jewish values and ethics in the Torah - all taught in an engaging and creative way. Students have become comfortable and familiar with being on the Bimah and leading portions of Shabbat services long before their Bar or Bat Mitzvah ceremonies. Continuing Jewish education is encouraged through Confirmation and engagement with Jewish Youth Groups in the Greater South Shore area .

### **Updated School Calendar for 2023-2024**

[Click here to see the School Calendar for 2023-2024.](#)

### **Topics for Upcoming Beit Sefer Classes**

April 7 (Session 20) Passover (Seder Plate)

April 14: No School -Spring recess

April 21: No School - Spring recess

April 28: (Session 21) Counting the Omer





**The Next Sisterhood Meeting  
Monday, May 13th, at 7:00 pm by Zoom**

Regular Monthly Sisterhood Meetings: are held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a mystery ride, game night, a pot luck lunch, a talent show, getting together for a movie/restaurant, and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

**The Zoom link for Sisterhood meetings:**

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzMzSTRJZ2J6VmM2WIBZenpXZz09>

Meeting ID: 818 8510 6141 Passcode: 579857

**2023-2024 Sisterhood Dues Are Due!**



Early in 2023, when Sisterhood was reorganizing after the hiatus caused by the Covid pandemic, members were offered a reduced dues rate of \$18.00 because of the shortened calendar of meetings and events. If you joined Sisterhood then, it is now time to submit your dues for the 2023-2024 season. Please see the next page for the Application Form and details.

**Save the Date!  
Sisterhood's Next Social Event  
Trip to the Sandwich Glass Museum and Lunch at Daniel Webster Inn  
Sunday, May 19th**



Details will be coming soon. Watch this space!



## Sisterhood Dues Notice for 2023-2024

For almost 70 years, CBJ Sisterhood has been an essential part of CBJ, providing the link that binds together long-term members with newer members of our congregation. Being part of Sisterhood provides a great way to be introduced to and get to know the members of CBJ. We pray together, study together and, yes, we have fun together. Although the Covid pandemic had affected our ability to meet for the past 2 years, Sisterhood has resumed holding interesting and informative monthly meetings as we celebrate holidays together and raise funds for the benefit of our synagogue.

In the past, Sisterhood has provided support to our young students in the Beit Sefer program by sponsoring our Pizza in the Hut for Sukkot, as well as the annual Chanukah and Purim Parties. Sisterhood provides all of the supplies for the Temple kitchen; sponsors Onegs throughout the year, and helps us all to celebrate the various holidays in the Jewish calendar by providing appropriate holiday foods for the Oneg table. In addition, as its ongoing tzedakah commitment, Sisterhood supports the Kiva project, an international organization that provides loans for women to open new businesses, purchase livestock to sustain food supplies and become financially independent in countries such as Guatemala, Honduras, Ghana, The Philippines, The Congo, Uganda and Fiji. To learn more about Kiva, click here: <https://www.kiva.org> and <https://www.kiva.org/lend-by-category/women>

**Sisterhood donates \$2500.00 to the Temple each year!** We can't do it alone. We need your financial support. Please become a member of Sisterhood.

Name \_\_\_\_\_

Phone \_\_\_\_\_ (home) \_\_\_\_\_ (cell)

Email \_\_\_\_\_

Area of interest \_\_\_\_\_

Talent you would be willing to share with the group \_\_\_\_\_

Program suggestions \_\_\_\_\_ If  
you prefer to be an inactive member, please indicate that preference here: \_\_\_\_\_

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities.

**Ruby Membership:** \_\_\_\_\_ \$25.00

**Emerald Membership:** \_\_\_\_\_ \$36.00

**Diamond Membership:** \_\_\_\_\_ \$54.00

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.



## WHY YOU SHOULD JOIN CBJ's BROTHERHOOD

Over the 100 year history of CBJ, Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it."

Under the leadership of Brotherhood's new President, Louis Goldman, we are looking forward to resuming those "sumptuous" Brotherhood Breakfasts with their intriguing and informative guest speakers. Brotherhood is planning monthly Discussion Group meetings and has already revived our Movie Discussion Nights, to which all members of the congregation are invited. Brotherhood has also restarted their bowling nights on the 1st and 3rd Wednesdays of each month. This is an excellent opportunity for members to bond and share the often hilarious experience of what is loosely called "bowling." (You don't have to be an expert bowler to join the fun - just have a sense of humor!)

Brotherhood also provides  $\frac{3}{4}$  of its treasury to our synagogue. Between our fundraisers and your dues, we have been able to contribute \$2,500 to CBJ's General Fund in each of the last few years, with the exception of the Covid pandemic. In addition, CBJ Brotherhood has been the catalyst for providing over \$7,200 in gift cards to the Greater Plymouth Food Warehouse.

Please become a member of CBJ Brotherhood so that we can continue this much needed help for our beloved CBJ as well as our extended Plymouth community.

NAME \_\_\_\_\_

HOME PHONE \_\_\_\_\_ CELL PHONE \_\_\_\_\_

EMAIL \_\_\_\_\_

AREAS OF INTEREST \_\_\_\_\_

Talent(s) that you would be willing to share \_\_\_\_\_

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. If you prefer being non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$25)\_\_\_\_ Mitzvah Membership (\$36)\_\_\_\_ Big Macha (\$54) \_\_\_\_\_

Make your check payable to: CBJ Brotherhood

Please indicate "Dues Payment" and mail to:

Seth Teles, 31 Birch Avenue, Plymouth, MA 02360



**The Following Yahrzeits Will be Observed This  
Month:**

*(A memorial candle should be lit on the preceding evening.)*

**April 2024**

1 Mendel Zavalcofsky	13 Ida (Sherman) Padlusk
2 Adele Baler	17 Ida Kabelsky
2 Miryam Mokuvos	18 Dan Hirschhorn
2 Estelle Gladstein Ravage	18 Mary Jane Katz
2 Ida Sandler	18 Joseph George Resnick
5 Sayde Arons	21 Dora Sackheim
6 Phillip Van West	22 Sadye Sherman Gereboff
6 Isadore H. Waterman	22 Louis Segal
7 Samuel Bailey	22 Albert A. Silverman
7 Henry Grace	23 Drazel Carlin
8 Lawrence Hollander	24 Samuel Poretsky
9 Max Chell	24 Irving J. Sadow
9 Irving Miller	24 Leah Supornick
10 Janet Lee Kalaminsky	24 Mitchell Toabe
10 Bernard Skulsky	26 Fannie Penn
11 Ida Herman	26 Aaron Slawsby
12 Shirley Friedman	27 Victor A. Shiff
12 Jeffrey Hirschhorn	30 Maurice Benjamin Resnick
13 Isaac Cohen	30 Max Winokur

*May their memories be for a blessing and live forever in the hearts of all who knew and loved them.*



## Recipe for Flourless Chocolate Cake



**This is the BEST Flourless Chocolate Cake recipe. It is easy to make, gluten-free, and oh so decadent! It is the perfect dessert for any occasion.(but especially for Passover!)**  
**(This recipe is from King Arthur Flour. Does anyone else find that to be funny?)**

Prep Time 15 minutes; Cook Time 25 minutes

Servings: 16    Calories: 292 calories (not too bad....but who's counting?)

### Ingredients

1 cup semisweet or dark chocolate chips or chopped chocolate  
1/2 cup unsalted butter (cut up)  
3/4 cup granulated sugar  
1/4 teaspoon salt (not needed if you use salted butter)  
1 teaspoon vanilla extract  
3 large eggs slightly beaten  
1/2 cup Dutch process cocoa powder

### Instructions

Preheat the oven to 375 degrees F. Grease an 8-Inch round cake pan with nonstick cooking spray. Cut a piece of parchment to fit the bottom of the pan. Place it in the bottom of the pan and spray it with nonstick cooking spray. Set aside.

Heat a couple of inches of water in a saucepan until simmering. Put the chocolate into a large bowl, and heat over the simmering water until it is melted. Stir well. Add the butter and stir until melted and the mixture is smooth.

Remove the pan from the heat. Add the sugar, salt, and vanilla extract and stir to combine. Add the eggs, one at a time, and stir until smooth. Add the cocoa powder and stir until just combined. Don't over mix.

Pour the batter into the prepared pan and bake the cake for 25 minutes or until the cake has a thin crust on the top and the center registers 200°F on an instant-read thermometer.

Let the cake cool on a wire cooling rack for 10 minutes. Loosen the edges of the pan with a butter knife and carefully turn it upside down onto a cake plate or serving plate. The bottom of the cake will now be the top of the cake. Let the cake cool completely.

Cut the cake into slices and serve with powdered sugar and raspberries, if desired. This cake is also great with whipped cream or ice cream.

### Nutrition

Serving: 16g | Calories: 292 cal | Carbohydrates: 27g | Protein: 4g | Fat: 20g | Saturated Fat: 11g | Cholesterol: 57mg | Sodium: 55mg | Potassium: 277mg | Fiber: 4g | Sugar: 19g | Vitamin A: 345IU | Calcium: 37mg | Iron: 2.8mg