



THE TENT

Congregation Beth Jacob's Monthly Newsletter
September, 2023



CBJ Calendar of Upcoming Events:

September 1st: Shabbat by the Pond (at the home of Ronnie Hirschhorn) Come with a picnic supper at 5:00. Our service will begin at 6:00. The address and driving instructions will be provided to everyone who RSVPs. rsvp@cbjplymouth.org

September 4 - September 11, 12:00 pm: Elul: Preparing for the High Holidays. Join us on Zoom each Monday and Thursday at noon for 20-minute sessions of study, reflection and meditation during the Hebrew month of Elul. [To see the flier, click here.](#) See the article to register!

September 8, 7:00 pm: Shabbat with guest speaker (in person and Zoom) Dan Rosenberg will be our guest speaker at services IN PERSON. Dan Rosenberg, recently published the book, Elusive Links (Read more in the article.)

September 9, 5:30 pm- 7:00 pm : Selichot in a Boat (See the flier)

September 10: Opening Day for Beit Sefer

September 15: Erev Rosh Hashanah, 7:00 - 9:00 pm (Spire)

September 14, 10:30 am-noon: Hadassah Delicious & Nutritious (see article for details)

September 15: Erev Rosh Hashanah morning (Day 1), 7:00 to 9:00 pm (Spire)

September 16: Rosh Hashanah, 10:00 am to 12:30 pm (Spire)

September 16, Rosh Hashanah Youth Service, 10 am (Spire)

September 17: Rosh Hashanah (Day 2), 10:00 am to 12:30 pm (Spire)

September 17: Tashlich & Reverse Tashlich, 4:00 pm (Town Brook)

September 24: Kol Nidre, 7:00 pm to 9:30 pm (Spire)

September 25: Yom Kippur Morning 10:00 am to 12:30 pm (Spire)

September 25: Yom Kippur Youth Service, 10 am - noon (Spire)

September 25: Yom Kippur Afternoon; 3:30 to 4:45 pm

September 25: Yom Kippur Yizkor & Neilah: 4:45 to 6 pm

September 22: Shabbat Shuvah (Zoom)

September 29: Erev Sukkot Service in the Sukkah, 7:00 pm.

September 30 - October 1 - Sukkot Sleepover at Plimoth Patuxet, 3 pm

See the "CBJ Weekly Update" for details and links.

[To see the complete CBJ Calendar on our website, click here.](#)



The Essential Prayers and Songs for Our Shabbat Evening Services

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here](#).



Selichot on a Boat!

Saturday, September 9th, 5:30 pm - 7:00 pm

You May Still Be Able to Climb Aboard!

Once again, we will be observing Selichot at the same time as we enjoy a mini-cruise. This year, we will be touring the Cape Cod Canal. Our boat, The Miss Chris, will be departing from the Onset Beach Pier (in Onset) at 5:30 pm. Boarding will begin at 5:15 pm. Parking is available at the pier for \$2.00 per hour - handicapped parking is free.

Bring your own dinner to enjoy onboard. There will be a cash bar. After our prayer service, ice cream sundaes will be served.

The cost is \$20.00 per person, and kids are free. You may pay online (www.cbjplymouth.org) or mail your check to:

Congregation Beth Jacob
Attention: Treasurer
P.O. Box 3284
Plymouth, MA 02361

You may also pay that evening, upon boarding.

RSVP's were due by August 22nd, but if you missed that date and would like to join us, please click on the following link to reserve your spot. rsvp@cbjplymouth.org.

[To see the flier for this event, click here.](#)

What is Selichot? by Barry Shrage Union for Reform Judaism



For many Jews, the High Holiday season begins with Rosh HaShanah and the start of the new month of Tishrei. Jewish tradition, however, teaches that the preceding month of Elul is a time of soul-searching and reflection to prepare oneself for the magnitude of the Days of Awe. It is during this time that we observe Selichot (also spelled s'lichot).

In the broadest definition, selichot are penitential prayers said before and during the High Holidays and other fast days throughout the year. But the term first appears as a reference to the biblical verses that were added to the Yom Kippur liturgy.

In Hebrew, selichot translates to “forgiveness,” and indeed there is an emphasis in these prayers on the merciful attributes with which God is said to govern the world.

In many ways, the prayers which make up the Selichot service mirror what we find on the Day of Atonement which follows soon after. The language of these qualities should sound familiar to anyone who has recited the liturgy throughout Yom Kippur when we speak about God’s ability to forgive “transgression, iniquity, and sin.”

We begin and end the season of repentance with the same words, calling out to the compassionate God who we hope will accept our prayers. The holiday itself occurs early in the month of Elul in Sephardic tradition, but on the Saturday evening just before Rosh HaShanah in Ashkenazi communities. Either way, prayers are read and meditations considered as individuals are encouraged to reflect on the past year and the changes they wish to make in the upcoming one.

Reform congregations have developed beautiful and meaningful programs for the observance of Selichot on the Saturday evening prior to Rosh HaShanah. This often includes a study program about the themes of repentance and forgiveness.

In addition to the Selichot service, a meaningful ritual of changing the Torah covers to those specifically designed for the High Holidays often precedes the service. The special covers are usually white, representing purity and the wish that through repentance, our sins will be made white as snow (Isaiah 1:18).

WHAT DO THE SHOFAR SOUNDS MEAN?



There are essentially four traditional shofar sounds:

Tekiah – One long blast

Shevraim – Three medium length blasts

Teruah – Nine short staccato sounds

Tekiah Gedolah – One extra long blast

There is not a single meaning to each of the shofar sounds. Over time, many meanings have been attributed to each type of shofar sound; however, there is essentially a consistent theme running through the various interpretations given for each particular shofar sound.

First Shofar sound - The Tekiah (one long blast)

The laws of Jewish halacha regarding the sounding of the shofar demand that all of the shofar notes sounded shall have a Tekiah to precede and succeed them. The Tekiah, with its long straight sound, is the bookends of all life. It comes first and it goes last. Tekiah indicates stability in life. It also indicates discipline and consistency. Stability, peace, discipline and consistency are values which help us raise children who grow up to be confident and fully aware of their self-worth. Tekiah is also considered to be the sound of the coronation of the King. Every year, during Rosh HaShannah, The new Jewish Year, G-d is crowned King of the universe. Crowning Him King acknowledges that His commandments are for the good of mankind and that His concern is that people live in peace and harmony. Tekiah accepts His reign in our lives.

However, Tekiah can be a symbol of complacency with the status quo, a complacency which will soon be stirred to action through courage which the Tekiah commands. We have lived a stable life, going about our mundane routine, day in and day out throughout the year. This routine made us indifferent to certain mistunes or defects present on our path. It made us feel safe and sound in that which is familiar. Tekiah is the sound which is to awaken us from a spiritual slumber and prepare us to what is coming next:

Second Shofar sound - The Shevarim (Three medium length blasts)

The Shevarim represents the times of trouble, the wails that emanate from the human heart when failure, tragedy and seemingly insurmountable problems befall us. No one can pass through this life without Shevarim. It is the call to look beyond ourselves, realize and empathize with the pain existing in this world. It is an awakening towards self evaluation, introspection and the heartbroken feeling that follows, when we understand that we have once again failed living to our full potential. It is the cry to reconnect, grow and achieve. Shevarim sound is also the sound of mourning for the Holy Temple which once stood in Jerusalem. The Jewish people have shed an ocean of tears over history due to the terrible ordeals they had to go through, but those tears have become the strong foundation of a national existence. Shever means fracture, something that is cracked and broken. It is in the darkness of the Shevarim, that we can find the

glimpse of hope and see the light that diffuses in. We come to full understanding of that which calls for a change. Each of us can build upon those very sounds of wailing to construct a better future for all of us.

Third Shofar sound - The Teruah (Nine short staccato sounds)

The Teruah is a call for accomplishment. It signals that passivity is unacceptable if our potential is to be realized. We need to be honest about the objective of our lives: Who we are, where we've been and the direction towards where we are headed. Teruah resembles a giant alarm clock, reminding us to complete the mission. It brings clarity, alertness and focus. The short staccato sounds remind us that progress is often measured in small steps, one foot after the other. Redemption and self-improvement are processes rather than miraculous and sudden epiphanies. We sound the shevarim and teruah consecutively during shofar service to indicate that after troubles and even tragedy, resilience and positive action is required. Thus the sounds of the shofar come to point our way towards a disciplined and active year that will be filled only with wails of joy and happiness.

Fourth Shofar Sound – Tekiah Gedolah (One extra long blast)

Finally, we gather all our resolutions and go back to the start. We have to right all wrongs. This is the purpose of the Tekiah Gedolah. Its long stable continuous sound helps us go back to square one with a feeling of awe. We witness the birth of a new and better self surrounded by the unwavering love of G-d which is always present but hardly ever noticed. The Long Tekiah opens our ears to hear it and feel it. It helps us regain stability and discipline so that we would be able to realize our new commitment to G-d and to our newborn self.

Elul: Preparing for the High Holidays 20-Minute Study Sessions from August 17th through September 11th

As one year comes to an end, we have the opportunity to reflect on our past, weighing our actions and finding our footing ahead of the New Year. Rabbis from small URJ congregations across North America are offering twice-weekly, 20 minute sessions of study, reflection and meditation on Zoom during the Hebrew month of Elul.

Sessions have been held on Mondays and Thursdays starting on August 17, and will continue until September 11 at 12 Noon ET. Come to one or come to all.

This program is free, but you must register to receive the Zoom link.

Register here:

<https://urj.tfaforms.net/901?id=7014u000001NwQp>

Rosh HaShanah is the Time for New Beginnings! A Message and Request from Rabbi Mills



Rosh Hashanah celebrates a new year and new beginnings. During Rosh Hashanah morning services, we say a special blessing to honor new beginnings that have occurred in our lives.

I would like to share the name of those who celebrated the birth of a new grandchild and of course the name of the grandchild, welcomed a new individual into the family through marriage etc., or any other new beginning, such as a new job.

Please send the information to Rabbi Mills to include for this special blessing.
cbjplymouthrabbi@gmail.com

High Holy Day Schedule 2023 (5784)



(All services will be held at The Spire)

Saturday, September 9: "Selichot on a Boat" - 5:30-7:00 pm (See the article for details)
Friday, September 15: Erev Rosh Hashanah, 7 pm to 9:00 pm
Saturday, September 16: Rosh Hashanah Day, 10 am to 12:30 pm
Saturday, September 16: Rosh Hashanah Youth Service, 10 am
Sunday, September 17: Rosh Hashanah Day, 10 am to 12:30 pm.
Sunday, September 17: Tashlich & Reverse Tashlich, 4:00 pm (at Town Brook)
Sunday, September 24: Kol Nidre, 7 pm to 9:30 pm
Monday, September 25: Yom Kippur Morning, 10 am to 12:30 pm.
Monday, September 25, Yom Kippur Youth Service, 10:00 am
Monday, September 26, Yom Kippur Afternoon, 3:30 to 4:45 pm
Monday, September 25, Yom Kippur Yizkor & Neilah, 5:45 to 6:00 pm

If you would like an aliyah for any of our High Holy Days services, please send an email to the Chair of our Ritual Committee, Seth Teles, at scteles@aol.com.

**To refresh your memory, please see the YouTube videos for the blessings before and after the Torah readings. [Click here for the Blessing before the Torah reading.](#)
[Click here for the Blessing after the Torah reading.](#)**

It's Summer for a Little While Longer!



Come to Our Last Outdoor Summer Shabbat Service! Shabbat by the Pond September 1st At the Home of Ronnie Hirschhorn

Since nightfall arrives earlier and earlier as we near the end of summer, this outdoor Shabbat service has been scheduled a little earlier to permit time for congregants to enjoy their picnic supper and schmooze, and for us to complete the Shabbat service and linger over the Oneg before it was completely dark.

The Schedule:

Plan to come at 5:00 with a picnic supper and your lawn chairs or blankets. There will be plenty of time to schmooze before we begin the Shabbat service at 6:00. A delicious Oneg will follow the service. Help with the Oneg would be greatly appreciated.

Please note that it will not be possible to swim or boat in the pond.

To help Ronnie plan for this event, please RSVP to her at aprocess@aol.com.
The address and driving instructions will be provided to everyone who sends an rsvp..



**Limud Torah/Torah Study Group
with Rabbi Emeritus Lawrence Silverman
Monday mornings, from 8:30-9:45 am**

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>
Meeting ID: 294 723 4661, Passcode: 720299

**Don't Miss This Special Shabbat Service Featuring Guest Speaker,
Dan Rosenberg
September 8, 7:00 pm (in person and by Zoom)**



On Friday, September 8th, author Dan Rosenberg will be our guest speaker at services IN PERSON. Dan Rosenberg, recently published the book, Elusive Links (you can read more about it here:

https://www.amazon.com/Elusive-Links-Connection-Compassion-Competition-ebook/dp/B0BN28T6N4/ref=sr_1_1?crd=1TGFO4DXOR4MZ&keywords=elusive+links+by+dan+rosenberg&qid=1680038096&prefix=Elusive+links%2Caps%2C258&sr=8-1).

It has a 4.8 rating on Amazon. An engrossing tale that spans and criss-crosses five centuries and two continents, Elusive Links masterfully connects Jewish history of the late 15th/early 16th and 21st centuries. While the development (and some presentation of the modern game) of golf serves as the backdrop for the story (hence the double entendre title), the historical information is fascinating, and the modern references thoroughly enjoyable. Additionally, the Jewish experience, central to the story, is well crafted and presented. A recent review from Jewish book world can be found at

<https://jewishbookworld.org/2023/06/philanthropy-family-research-and-golf-thoughts-on-elusive-links-by-dan-a-rosenberg/>

Click on the following link to learn more about Dan Rosenberg.

<https://danarosenberg.com/events/>



A Way to Make a Meaningful and Lasting Contribution

You may honor a special occasion or make a lasting contribution in memory of a loved one by donating a copy of Mishkan T'filah, our Shabbat and Festival Prayer Book. The price for each book is \$42.00. Bookplates with the acknowledgment of the dedication will be placed inside the front cover of each donated prayer book. For additional information, please contact Rabbi Mills. cbplymouthrabbi@gmail.com.

If you wish to contribute, please send your check, payable to Congregation Beth Jacob, with "Prayer Book Donation" in the memo line, to:

Congregation Beth Jacob
Attention: Treasurer
P.O. Box 3284
Plymouth, MA 02361



Brotherhood Bowling! The 1st and 3rd Wednesdays of the Month at 5:30 pm At Kingston Ten Pins

We'll be bowling the first and third Wednesday of every month at 5:30 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as bowling shoe rental is available for a small additional fee, and there is a large selection of balls to use. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at scteles@aol.com or Arnold Gladstein at aralglad@verizon.net and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



As we all know, “It takes a village” to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. Are you willing to take over the compilation and editing of our annual Yizkor Book? There are so many different ways that your skills could enhance CBJ!

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help. president@cbjplymouth.org



Help Wanted! We Need a New Oneg Chairperson!

Barbara Aharoni has donated much time and energy this past year to ensure we have wonderful and delicious dinners and Onegs. She truly went above and beyond, and we are grateful!

Although she will continue as our Membership Chair and our Yizkor Nook chair, both very time consuming responsibilities, she has stepped down as Oneg Chair. There are only so many hats that one person can wear at one time. And so....WE NEED A NEW ONEG CHAIR to coordinate the upcoming Onegs. Please consider volunteering for this role and reach out to our presidents if you are interested. president@cbjplymouth.org

Please Volunteer to Sponsor an Oneg!

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members.

MEMBERSHIP NEWS



If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at ahabubs@gmail.com. [Click here for a link to CBJ's Application Form.](#)



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

Yahrzeit/General Fund:

Judith & Allan Sherman - in memory of Judith's mother, Sylvia Krenis

General Fund:

Judith & Allan Sherman - in memory of Fay Meltzer

Judith & Allan Shrman - in honor of the birth of Rabbi Estelle's grandson, Samson (Shimshon)

Jacob & Minnie Kaplan NFTY Institute Fund:

Judge & Mrs. Gregory R. Baler, Atty, and Mrs. Adam J. Baler, in loving memory of Fay Meltzer

Rabbi's Discretionary Fund:

Sandra & Michael Schwartz



**The Next Sisterhood Meeting
Monday, September 11th, at 7:00 pm by Zoom**

Regular Monthly Sisterhood Meetings: will be held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a meditation/nature walk, a macrame workshop, and book discussion night and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

The Zoom link for Sisterhood meetings:

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzMzSTRJZ2J6VmM2WIBZenpXZz09>

Meeting ID: 818 8510 6141

Passcode: 579857



**Thank You to Sue Winokur For Hosting Sisterhood's Potluck Lunch on
August 24th!**

Sisterhood members gathered at Sue's beautiful seaside home and feasted on a bountiful array of delicious quiches, salads, kugels, sandwiches, fruit, ambrosia, rugelach, lemonade and sangria as we hugged, schmoozed, and enjoyed being together for our first in-person event since the beginning of Covid. Thank you, Sue, for your gracious hospitality!



Sisterhood Dues Notice

For almost 70 years, CBJ Sisterhood has been an essential part of CBJ, providing the link that binds together long-term members with newer members of our congregation. Being part of Sisterhood provides a great way to be introduced to and get to know the members of CBJ. We pray together, study together and, yes, we have fun together. Although the Covid pandemic had affected our ability to meet for the past 2 years, Sisterhood has resumed holding interesting and informative monthly meetings as we celebrate holidays together and raise funds for the benefit of our synagogue.

In the past, Sisterhood has provided support to our young students in the Beit Sefer program by sponsoring our Pizza in the Hut for Sukkot, as well as the annual Chanukah and Purim Parties. Sisterhood provides all of the supplies for the Temple kitchen; sponsors Onegs throughout the year, and helps us all to celebrate the various holidays in the Jewish calendar by providing appropriate holiday foods for the Oneg table. In addition, as its ongoing tzedakah commitment, Sisterhood supports the Kiva project, an international organization that provides loans for women to open new businesses, purchase livestock to sustain food supplies and become financially independent in countries such as Guatemala, Honduras, Ghana, The Philippines, The Congo, Uganda and Fiji. To learn more about Kiva, click here: <https://www.kiva.org> and <https://www.kiva.org/lend-by-category/women>

Sisterhood donates \$2500.00 to the Temple each year! We can't do it alone. We need your financial support. Please become a member of Sisterhood.

Name _____

Phone _____ (home) _____ (cell)

Email _____

Area of interest _____

Talent you would be willing to share with the group _____

Program suggestions _____ If you prefer to be an inactive member, please indicate that preference here: _____

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities.

Ruby Membership for 2023-2024: _____ \$25.00

Emerald Membership: _____ \$36.00

Diamond Membership: _____ \$54.00

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.



WHY YOU SHOULD JOIN CBJ's BROTHERHOOD

Over the 100 year history of CBJ, Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it."

Under the leadership of Brotherhood's new President, Louis Goldman, we are looking forward to resuming those "sumptuous" Brotherhood Breakfasts with their intriguing and informative guest speakers. Brotherhood is planning monthly Discussion Group meetings and has already revived our Movie Discussion Nights, to which all members of the congregation are invited. Brotherhood has also restarted their bowling nights on the 1st and 3rd Wednesdays of each month. This is an excellent opportunity for members to bond and share the often hilarious experience of what is loosely called "bowling." (You don't have to be an expert bowler to join the fun - just have a sense of humor!)

Brotherhood also provides $\frac{3}{4}$ of its treasury to our synagogue. Between our fundraisers and your dues, we have been able to contribute \$2,500 to CBJ's General Fund in each of the last few years, with the exception of the Covid pandemic. In addition, CBJ Brotherhood has been the catalyst for providing over \$7,200 in gift cards to the Greater Plymouth Food Warehouse.

Please become a member of CBJ Brotherhood so that we can continue this much needed help for our beloved CBJ as well as our extended Plymouth community.

NAME _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____

AREAS OF INTEREST _____

Talent(s) that you would be willing to share _____

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. If you prefer being non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$25)____ Mitzvah Membership (\$36)____

Make your check payable to: CBJ Brotherhood

Please indicate "Dues Payment" and mail to:

Seth Teles, 31 Birch Avenue, Plymouth, MA 02360



**The Following Yahrzeits Will be Observed This
Month:**

(A memorial candle should be lit on the preceding evening.)

September

- | | |
|--------------------------|-------------------------|
| 1 Victor Blass | 18 Betty Rodman |
| 1 Louis Lipetz | 19 Bertha Klaff |
| 1 Igo William Toabe | 20 Rose Cohen |
| 2 Abraham Joseph Brody | 21 Jack Bello |
| 4 Jack Pearce | 21 Jeffrey Levin |
| 4 Louis Shaffer | 21 Ruth Albert Shiff |
| 5 Phil Blumenthal | 21 Benedict Veiner |
| 5 Mary L. Waterman | 22 Bessie Sophie Putnam |
| 6 Claire Jonas | 22 Miriam E. Stutman |
| 6 Ludwig Jonas | 22 Merlie Vidette |
| 6 Myron Aaron Policow | 23 Jacob Kaplan |
| 6 Celia Resnick | 23 Bessie Keller |
| 6 Dorothy Schwartz | 23 Harry Mankoff |
| 7 Abraham Sussman Brodie | 25 Frances Bailey |
| 7 Judah Leib Sherman | 25 Isaac Barron |
| 7 Jacob Shwom | 25 Burton Cowan |
| 8 Samuel Milner | 27 Edith Poretsky |
| 8 Dorothy Hyatt Smick | 28 Phillip Gerber |
| 9 Harry Golden | 28 Bernard Kusmin |
| 9 David Lipschitz | 28 Steven Sandler |
| 11 Joyce Mills | 29 Abraham Lelyveld |
| 12 Edward Albert | 29 Isaac Stein |
| 12 George Gilbert | 29 Max Toabe |
| 12 Julius Louis Putnam | 29 Samuel Toabe |
| 14 Harold Righter | 30 Mitchell David Cohen |
| 16 Gail E. Jacobson | 30 Harriette Minsky |
| 17 Erica Buckman | 30 Reubin Winokur |
| 17 Ann Starr | |
| 17 Claire Sternfield | |

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.

Beit Sefer News



All of us at CBJ congratulate Devon Fernald, the Principal of our Religious School, our professional teaching staff, and Rabbi Mills for creating a program where students master the skills of Hebrew reading, learn the ritual prayers and songs that are integral to our religious services, learn about Jewish history and the lessons about Jewish values and ethics in the Torah - all taught in a creative way that engages them. Students have become comfortable and familiar with being on the Bimah and leading portions of Shabbat services long before their Bar or Bat Mitzvah ceremonies.

We look forward to expanding our physical space for our Beit Sefer classes this September, and welcome the enrolment of additional students into our Religious School; program. For additional information, please contact Devon Fernald at devon.portney@gmail.com.

School Calendar for 2023-2034

[Click here to see the School Calendar for 2023-2024.](#)

Sukkot under the Stars



**Saturday, September 30 to Sunday October 1: 3:00 pm to 9 am:
Sukkot Sleepover at Plimoth Patuxet**

Come learn about the connection between Sukkot and Thanksgiving with an overnight for Beit Sefer students and their parents. The event includes Havdalah, dinner, and breakfast and sleeping under the stars as we learn about Sukkot and its connection to Thanksgiving.



**The Plymouth Chapter of Hadassah Presents
Delicious & Nutritious
Thursday, September 14th, 10:30 am-noon
At Pinehills Stonebridge Cabana**

Featuring registered Dietician Marcia Richards and
CBJ's own Master Chef Jerry Levine
All are welcome!

Learn to make Israeli couscous, tabouli and hummus with fire roasted sweet red peppers

RSVPs would be appreciated. Please send an email to Sheryl at sherylann9@icloud.com

[To see the flier, click here.](#)



Recipe for Honey Cake (Perfect for Rosh Hashanah!)

(Makes two 9"loaves) 1 hour, 30 minutes

This recipe by Sally Rosenkranz is from the URJ website. Sally's daughter Rita wrote, "My late mother, Sally Rosenkranz, who was from Radom, Poland, lost her mother in the Holocaust. She learned to cook and bake from her aunt, refining recipes over the years."

INGREDIENTS

1/2 cup brewed coffee, cooled
3 1/2 cups sifted all-purpose flour
1/4 teaspoon salt
2 teaspoons baking powder
1 teaspoon baking soda
1 1/2 teaspoons ground cinnamon
1/4 teaspoon ground nutmeg
1/8 teaspoon powdered cloves (optional)
1 1/2 teaspoons powdered ginger (optional)
4 eggs
1 cup sugar
1 cup vegetable oil
2 cups dark honey
1 1/2 cups coarsely chopped walnuts or almonds
1 cup raisins (optional)

DIRECTIONS

1. Preheat the oven to 325°F and grease two 9-inch loaf pans or a 16 x 11 x 4-inch baking pan.
2. Brew the coffee and set it aside to cool.
3. In a medium bowl sift the flour, salt, baking powder, baking soda, cinnamon, nutmeg, cloves, and ginger.
4. In a separate large bowl, beat the eggs on medium speed, gradually adding the sugar and beating for several minutes, until the mixture turns a pale yellow.
5. Beat in the oil, honey, and cooled coffee. Gradually add the flour mixture to the egg mixture, beating on low speed to prevent the flour from flying out of the bowl. Turn the speed up to medium and beat for several minutes, until a smooth thick batter is formed.
6. Stir the chopped nuts into the batter. If adding raisins, stir them in at this time.
7. Fill the prepared pans halfway with batter. The cake rises considerably when baking. (Any extra batter can be used to make delicious muffins).
8. Bake at 325°F for 1 to 1 1/4 hours until the top of the cake is a cinnamon brown, but not burnt, and a bamboo skewer inserted in the center comes out clean. Cool completely before slicing.