



THE TENT

Congregation Beth Jacob's Monthly Newsletter
October, 2023



CBJ Calendar of Upcoming Events:

September 29, 6:00 pm: Erev Sukkot Dinner and Service in the Sukkah, (Pizza in the Hut dinner preceding the Service (in person and by Zoom)

September 30 - October 1 - Sukkot Sleepover at Plimoth Patuxet, 3 pm

October 6, 7:00 pm: Family Simchat Torah service with the unrolling of the Torah and consecration with Oneg - in person and on Zoom

October 13, 7:00 pm: Shabbat Service (Zoom only)

October 14, 1:30 pm: Brotherhood Movie and Discussion in The Fehlow Meeting Room at the Plymouth Public Library."Nora's Will" See the article for details.

October 20, 7:00 pm: Shabbat Service (Zoom only) - led by Seth Teles

October 24th: Dine and Donate at Bertucci's in Colony Place - Download the Flyer and present it when you come, or provide the special code 293-682-246.

October 27, 7:00 pm: Shabbat Service (Hybrid with Oneg)

See the "CBJ Weekly Update" for details and links.

[To see the complete CBJ Calendar on our website, click here.](#)



The Essential Prayers and Songs for Our Shabbat Evening Services

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here](#).



Announcing Brotherhood Movie/Discussion! Saturday, October 14th at 1:30 pm In the Fehlow Meeting Room at the Plymouth Public Library Free to All!

Brotherhood is sponsoring its first movie/discussion of the year with an award-winning comedy entitled "Nora's Will."

Nora's Will is a delightful comedy, with many significant themes to discuss afterwards.

Short Summary:

After Nora dies, it is up to her relatives to "pick up the pieces" and organize the proper funeral arrangements. Her husband Jose is the person who starts the process, only to discover that there is much he doesn't know about who his ex-wife really was. Gradually, we are introduced to many of the important people in Nora's life, learning how each of them related to Nora while she was alive.

The full review is here: <https://www.imdb.com/title/tt1143148/reviews>

Trailer: <https://www.youtube.com/watch?v=DBxSBH2ELjI>

We are fortunate to be able to use the Fehlow Meeting Room at the Plymouth Public Library. The building and restrooms are handicap accessible and there is ample parking. Popcorn and movie snacks will be available (of course!)

Brotherhood members, their families, all congregants and friends of CBJ are invited to come, as well as members of the Plymouth area Jewish community. This event is open to all, regardless of gender.

Look What Our Beit Sefer Students Did On Opening Day of Our Religious School!

For the first class of the year, our Beit Sefer students met at Plymouth County Farm to learn about the Yom Kippur scapegoat, an ancient tradition where an actual goat would symbolically carry away people's sins. Rabbi Mills taught the students about the concept of ritual, which is the theme of this year's curriculum. They loved meeting the goats and taking in the beauty of the rest of the farm. What a wonderful way to start the year!





**Limud Torah/Torah Study Group
with Rabbi Emeritus Lawrence Silverman
Monday mornings, from 8:30-9:45 am**

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299

**Schedule of Upcoming Shabbat Services
Through October**

September 29: Erev Sukkot Service and dinner in the Sukkah - Hybrid Service with pizza in the Hut preceding the service.

October 6: Family Simchat Torah service with the unrolling of the Torah and consecration (tentative hot dog Torah dinner again) - in person and on Zoom

October 13, 7:00 pm: Shabbat Service (Zoom only)

October 20, 7:00 pm: Shabbat Service (Zoom only) - led by Seth Teles

October 27, 7:00 pm: Shabbat Service (Hybrid with Oneg sponsored by Pam Sechoka and Susan Basiri, in memory of their mother, Mildred Goldberg)



WHAT IS SUKKOT?

Sukkot is one of the most joyful festivals on the Jewish calendar. "Sukkot," a Hebrew word meaning "booths" or "huts," refers to the Jewish festival of giving thanks for the fall harvest. The holiday has also come to commemorate the 40 years of Jewish wandering in the desert after the giving of the Torah atop Mt. Sinai.

Also called Z'man Simchateinu (Season of Our Rejoicing), Sukkot is the only festival associated with an explicit commandment to rejoice. Sukkot is celebrated five days after Yom Kippur on the 15th of the Hebrew month of Tishrei, and is marked by several distinct traditions. One, which takes the commandment to dwell in booths literally, is to erect a sukkah, a small, temporary booth or hut. Sukkot (in this case, the plural of sukkah) are commonly used during the seven-day festival for eating, entertaining and even for sleeping.

Our sukkot have open walls and open doors, and this encourages us to welcome as many people as we can. We invite family, friends, neighbors, and community to rejoice, eat, and share what we have with each other.

The Saga of the Citron

TOBY SONNEMAN

This Sukkot, take the time to inhale the aroma of a citron - that giant, knobby, lemon-shaped fruit with thick, dense skin - and you'll encounter an exhilarating fragrance. It may be almost inedible - bitter and dry, with little pulp or juice - but its unique scent of lemon and lime and its ever-bearing tree have endowed this native plant of northeast India with curative and ritual status. From ancient through medieval times, people utilized the fruit as a remedy for everything from snakebites and seasickness to muscular pain and skin disease.

THE CITRON & SUKKOT

It is not known when the Jews first encountered the citron (etrog in Hebrew), though scholars believe that Jewish exiles in Babylonia brought it back to Palestine sometime before 600 BCE. During the Second Temple period (515 BCE to 70 CE), when Jews regarded the harvest festival of Sukkot as the most important holiday of the year (so much so that Sukkot was known simply

as HeHag--The Festival), the etrog was a frequent motif on coins and synagogue mosaics of the time.

It remains a matter of debate when exactly the etrog was adopted to fulfill the Torah commandment to "take the fruit of a beautiful tree" during Sukkot. Though it has been proposed that the biblical "fruit of the goodly tree" was originally a different fruit, later replaced by the citron, most scholars have rejected this theory on the grounds that Jews of the era were very conservative in adhering to religious traditions.

To continue reading this fascinating article, click here:

<https://www.reformjudaism.org/jewish-holidays/sukkot/saga-citron>

How to shake the lulav and etrog video

<https://www.youtube.com/watch?v=nTVP3Kkl-O4>

or better:

<https://www.youtube.com/watch?v=RZ5t-t-AJ7E>



Sh'mini Atzeret and Simchat Torah

As Sukkot comes to an end, we encounter additional special days in the Jewish calendar: Sh'mini Atzeret and Simchat Torah.

Sh'mini Atzeret was originally a time of reflection on the holy days of Sukkot, which had just ended. Jews who left the sukkot they had occupied throughout Sukkot engaged in a final day of prayer before returning to their daily routine. Over time, Sh'mini Atzeret also became a day on which Jews recited a special prayer for rain in the year to come – quite appropriate in view of Sukkot's agricultural motif.

Simchat Torah

During congregational Simchat Torah celebrations and services, the Torah scrolls are taken from the ark and carried by congregants around the synagogue seven times. During these seven

hakafot, those not carrying a Torah often will wave brightly colored flags, sing Hebrew songs and dance. The singing, dancing, and flag-waving that accompany the hakafot symbolize the collective joy of Torah study and a commitment to lifelong Jewish learning.

The origin of making, decorating, and carrying flags during the hakafot is unclear. Some scholars hold that marching with flags recaptures the history of the 12 ancient tribes of Israel, when each tribe had its own banner. Other scholars believe this practice originated in the Middle Ages and was borrowed from certain Christian customs.

Some congregations also unroll an entire Torah scroll as part of the celebration and read from well-known sections or stories.

The Torah service is the focal point of the Simchat Torah celebration. One rabbi, cantor, or member of the congregation opens the Torah and reads the last section of the fifth and final book of the Torah, D'varim (Deuteronomy). A second person then opens another Torah scroll and reads the opening section of the first book of the Torah, B'reishit (Genesis). The selection from D'varim tells of the death and legacy of Moses, the prophet and leader of the Jewish people. The reading from B'reishit, the very first words of the Torah, recounts the story of God's creation of the world.

In many synagogues on Simchat Torah, various members of the congregation are called to the Torah for an aliyah ("going up," which refers to the honor of ascending the bimah to recite the blessings before and after the Torah is read). Other synagogues may call all the children who have not yet reached the age of bar or bat mitzvah for a blessing in front of the Torah. Before the entire congregation, with a tallit spread above their heads, the children receive a special blessing from the clergy. In many Reform synagogues, Simchat Torah also is a time when children just entering religious school are blessed. This custom is called Consecration.

WHAT ARE SH'MINI ATZERET AND SIMCHAT TORAH?

Immediately following Sukkot, we observe Sh'mini Atzeret and Simchat Torah, a fun-filled day during which we celebrate the completion of the annual reading of the Torah and affirm Torah as one of the pillars on which we build our lives.

As part of the celebration, the Torah scrolls are taken from the ark and carried or danced around the synagogue seven times. During the Torah service, the concluding section of the fifth book of the Torah, D'varim (Deuteronomy), is read, and immediately following, the opening section of Genesis, or B'reishit, is read. This practice represents the cyclical nature of the relationship between the Jewish people and the reading of the Torah.

Historically, Sh'mini Atzeret and Simchat Torah were two separate holidays (a day of reflection after the end of Sukkot and a celebration of Torah the following day). However, in Israel and in Reform congregations, which generally observe one day of holidays rather than two, Sh'mini Atzeret is observed concurrently with Simchat Torah.



A Way to Make a Meaningful and Lasting Contribution

You may honor a special occasion or make a lasting contribution in memory of a loved one by donating a copy of Mishkan T'filah, our Shabbat and Festival Prayer Book. The price for each book is \$42.00. Bookplates with the acknowledgment of the dedication will be placed inside the front cover of each donated prayer book. For additional information, please contact Rabbi Mills. cbjplymouthrabbi@gmail.com.

If you wish to contribute, please send your check, payable to Congregation Beth Jacob, with "Prayer Book Donation" in the memo line, to:

Congregation Beth Jacob
Attention: Treasurer
P.O. Box 3284
Plymouth, MA 02361



Brotherhood Bowling!

**The 1st and 3rd Wednesdays of the Month at 4:30 pm (Please note earlier start time!)
At Kingston Ten Pins**

We'll be bowling the first and third Wednesday of every month at 5:30 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as bowling shoe rental is available for a small additional fee, and there is a large selection of balls to use. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at scteles@aol.com or Arnold Gladstein at aralglad@verizon.net and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



As we all know, "It takes a village" to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. Are you willing to take over the compilation and editing of our annual Yizkor Book? There are so many different ways that your skills could enhance CBJ!

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help.

president@cbjpymouth.org



Please Volunteer to Sponsor an Oneg!

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members.

MEMBERSHIP NEWS



Welcome to Our Newest Members!

Gabriel (Gabby) Skidmore

19 Hillside Avenue, Middleboro, MA 02346

Gabby was a welcome guest at CBJ's High Holy Days services last year and has now become a member of the CBJ family. Welcome Gabby!

Ann & Lawrence Maddeford

50 Nonantum Road, Plymouth, MA 02360

We are delighted to welcome back Ann and Larry, who have rejoined our CBJ family!

Eliana Roth & Jacob Gadbois

1 Maria Avenue, Sagamore Beach, MA 02562

Eliana and Jacob were married by Rabbi Mills on September 2nd. Eliana is a behavior analyst/consultant who is interested in art, nature exploration, and youth development. She would like to become active in fundraising, our religious school, and social programs. Jacob is a project manager who is into running, biking and swimming. They have two daughters, Kyla and Leya. Previous members of Temple Emmanuel for 10 years, Eliana and Jacob are looking forward to attending services at CBJ and meeting other local Jewish families.

Craig Wilensky

30 Loring Blvd., Apartment 102, Plymouth, MA 02360

Craig recently moved to Plymouth and would like to become part of the Plymouth Jewish community. He was a member of his previous congregation for 20 years. Craig is the CEO of a software company and enjoys skiing, fishing, boating, biking and scuba diving.

Robin Tam

115 Grove Street, Hanover, MA 02339

Robin and her husband are the parents of 2 children: Jordan, who is in the 4th grade, and Avery, who is in the 2nd grade. Robin is interested in art, cooking, music, education, fitness and yoga. She would like to be involved in our Beit Sefer program and in Sisterhood.

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at ahabubs@gmail.com. [Click here for a link to CBJ's Application Form.](#)

October 24th Dine & Donate at Bertucci's in Colony Place!



Rabbi Mills has initiated a new program to raise funds for CBJ in a painless and enjoyable way. Many eating establishments donate a percentage of their revenue on certain designated dates for the benefit of non-profit organizations. Our first venture at sweetFrog in August was a huge success as we all enjoyed delicious soft yogurt and supported CBJ at the same time.

Our next Dine & Donate will be on October 24th at Bertucci's in Colony Place. That's a Tuesday. What's special about that? Well, Tuesdays are Family Pizza Night! When you purchase one pizza, you get one free! That's a great deal!

What makes it even better is that Bertucci's will donate 15% of profits on all To-Go, Delivery and Dine-In sales at all Bertucci's locations, **provided that you present this special code: 293-682-246.**

Spread the word to your families, friends and neighbors! Help CBJ raise funds in a fun, painless and delicious way!



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

Yahrzeit/General Fund:

- Rollene Saal, Richard Waterman and their families - in memory of their parents, Dr. I.H. Waterman and Hattie Waterman

General Fund:

Pam & Paul Sechoka - in honor of the birth of Rabbi Mills' grandson, Samson

Ray & Milly Russo Cultural Heritage & Arts Fund:

Mark & Kim Russo - in memory of Mark's parents, Ray and Milly Russo

Beit Sefer News



Students at CBJ's Religious School master the skills of Hebrew reading, learn the ritual prayers and songs that are integral to our religious services, learn about Jewish history and the lessons about Jewish values and ethics in the Torah - all taught in an engaging and creative way. Students have become comfortable and familiar with being on the Bimah and leading portions of Shabbat services long before their Bar or Bat Mitzvah ceremonies. Continuing Jewish education is encouraged through Confirmation and engagement with Jewish Youth Groups in the Greater South Shore area .

We welcome the enrollment of additional students into our Religious School; program. For additional information, please contact Rabbi Estelle Mills (cbjplymouthrabbi@gmail.com) or Michelle Tirella Ventura (michelletirella@gmail.com).

School Calendar for 2023-2024

[Click here to see the School Calendar for 2023-2024.](#)



The Next Sisterhood Meeting
Monday, October 9th, at 7:00 pm by Zoom

Regular Monthly Sisterhood Meetings: will be held on the second Monday of each month. Your input is important to us! What sorts of programs would YOU like to participate in during the coming months? Future potential events include a macrame workshop, and book discussion night and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

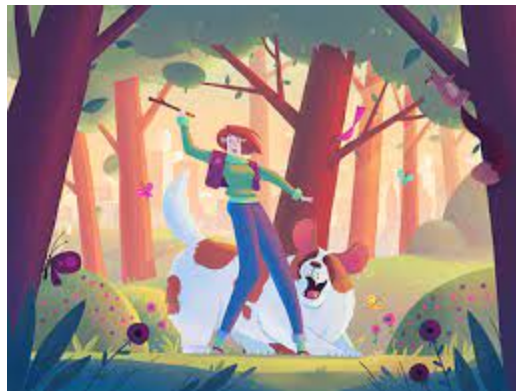
The Zoom link for Sisterhood meetings:

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzZmSTRJZ2J6VmM2WIBZenpXZz09>

Meeting ID: 818 8510 6141

Passcode: 579857

The Next Sisterhood Event
Meditation/Nature Walk
Thursday, October 5th at 1:30 pm
RSVPs Requested!



Our next Sisterhood program is a meditation session and walk that Sue Moore will lead on Thursday, October 5th at 1:30 at her house. The program will begin with seated stress reduction breathing exercises, followed by easy, slow walking during which participants will be using their various senses of sight, hearing, and feeling to connect with the natural environment. Participants are encouraged to wear comfortable supportive shoes, comfortable clothing including long pants, and a hat. This program is designed to be fun, interesting and educational. RSVP to Sue at uzan@comcast.net. RSVPs were requested by September 28th, but it's not too late to join us! Sue's address and driving instructions will be provided to everyone who sends an RSVP..



Sisterhood Dues Notice

For almost 70 years, CBJ Sisterhood has been an essential part of CBJ, providing the link that binds together long-term members with newer members of our congregation. Being part of Sisterhood provides a great way to be introduced to and get to know the members of CBJ. We pray together, study together and, yes, we have fun together. Although the Covid pandemic had affected our ability to meet for the past 2 years, Sisterhood has resumed holding interesting and informative monthly meetings as we celebrate holidays together and raise funds for the benefit of our synagogue.

In the past, Sisterhood has provided support to our young students in the Beit Sefer program by sponsoring our Pizza in the Hut for Sukkot, as well as the annual Chanukah and Purim Parties. Sisterhood provides all of the supplies for the Temple kitchen; sponsors Onegs throughout the year, and helps us all to celebrate the various holidays in the Jewish calendar by providing appropriate holiday foods for the Oneg table. In addition, as its ongoing tzedakah commitment, Sisterhood supports the Kiva project, an international organization that provides loans for women to open new businesses, purchase livestock to sustain food supplies and become financially independent in countries such as Guatemala, Honduras, Ghana, The Philippines, The Congo, Uganda and Fiji. To learn more about Kiva, click here: <https://www.kiva.org> and <https://www.kiva.org/lend-by-category/women>

Sisterhood donates \$2500.00 to the Temple each year! We can't do it alone. We need your financial support. Please become a member of Sisterhood.

Name _____

Phone _____ (home) _____ (cell)

Email _____

Area of interest _____

Talent you would be willing to share with the group _____

Program suggestions _____ If
you prefer to be an inactive member, please indicate that preference here: _____

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities.

Ruby Membership: _____ \$25.00

Emerald Membership: _____ \$36.00

Diamond Membership: _____ \$54.00

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.



WHY YOU SHOULD JOIN CBJ's BROTHERHOOD

Over the 100 year history of CBJ, Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it."

Under the leadership of Brotherhood's new President, Louis Goldman, we are looking forward to resuming those "sumptuous" Brotherhood Breakfasts with their intriguing and informative guest speakers. Brotherhood is planning monthly Discussion Group meetings and has already revived our Movie Discussion Nights, to which all members of the congregation are invited. Brotherhood has also restarted their bowling nights on the 1st and 3rd Wednesdays of each month. This is an excellent opportunity for members to bond and share the often hilarious experience of what is loosely called "bowling." (You don't have to be an expert bowler to join the fun - just have a sense of humor!)

Brotherhood also provides $\frac{3}{4}$ of its treasury to our synagogue. Between our fundraisers and your dues, we have been able to contribute \$2,500 to CBJ's General Fund in each of the last few years, with the exception of the Covid pandemic. In addition, CBJ Brotherhood has been the catalyst for providing over \$7,200 in gift cards to the Greater Plymouth Food Warehouse.

Please become a member of CBJ Brotherhood so that we can continue this much needed help for our beloved CBJ as well as our extended Plymouth community.

NAME _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____

AREAS OF INTEREST _____

Talent(s) that you would be willing to share _____

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. If you prefer being non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$25)____ Mitzvah Membership (\$36)____

Make your check payable to: CBJ Brotherhood

Please indicate "Dues Payment" and mail to:

Seth Teles, 31 Birch Avenue, Plymouth, MA 02360



**The Following Yahrzeits Will be Observed This
Month:**

(A memorial candle should be lit on the preceding evening.)

October

1 Sydney Glansberg	23 Morton Arons
1 Ari Meltzer	23 Sara Bellush
3 Celia Aranowitz	24 Ethel Shiff
4 Hyman Hurwitz	25 Frank Goldberg
4 Milly Russo	26 Manis Albert
5 Eva Erie	26 Erika Blass
6 Harry Louis Smith	26 Marion T. Bryan
6 Joseph Wax	26 Edythe Shelly
7 Ken Glansberg	27 Pearl Keil
8 Lillian Roth	27 Max Sadow
9 Fannie Winokur	28 Mark Lelyveld
10 David Samuel Katz	28 Nettie B. Resnick
11 Richard Balton	28 Amanda Russo
12 Anna Veiner	29 Meyer Baron
13 Reva Brody	29 David M. Goldstein
14 Manny Arons	29 Phyllis E. Levenson
14 Abraham Selig Feinberg	30 Sylvia Rubinfen Cohen
15 Joan-Betty Bernard	30 Ruth Broder Ennis
15 Zelda Gladstein	30 Trude Weishaupt
17 Harris B. Cohen	31 Alfred Diamond
17 Steven Ginsburg	31 Jorge Epstein
17 Sarah Sherman	31 Dora Goodman
17 Harry L. Skulsky	31 Sally Jaffee
18 Lionel D. Greene	31 Miriam Ross Toabe
19 Anna P. Rodman	
21 Hannah Luftman	

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.

Recipe for Pumpkin Bread (perfect for Sukkot and Simchat Torah)



Fragrant with cinnamon and nutmeg, this classic recipe is a popular autumn favorite, delicious for Shabbat, to serve in the [sukkah](#) and to celebrate [Simchat Torah](#). This bread freezes well, too.

INGREDIENTS

1 cup oil
1 cup orange juice
4 eggs, beaten
1 can (15 ounces) pumpkin or squash
3 cups sugar
3 cups flour
1 1/2 teaspoons salt
2 teaspoons baking soda
1/2 teaspoon baking powder
1 teaspoon cinnamon
1 teaspoon nutmeg
1 cup chopped nuts

DIRECTIONS

1. Preheat the oven to 325°F. Grease and flour two 9" x 5" loaf pans.
2. Mix oil, orange juice, eggs, and pumpkin.
3. Mix together sugar, flour, salt, baking soda, baking powder, and spices, and add to the egg mixture. Mix in the chopped nuts.
4. Bake for 1 1/4 to 1 1/2 hours or until a toothpick inserted in the center comes out clean. Cool completely before slicing.