



THE TENT

Congregation Beth Jacob's Monthly Newsletter

August, 2023



CBJ Calendar of Upcoming Events:

August 4th, 7:00 pm: Tu B'Av Shabbat Service (Zoom) (What is Tu'B'Av? It's Israeli Valentine's Day!)

August 11: Shabbat in a Pool Evening Service at the home of Kate and Brad Engel. Come for BBQ potluck supper at 6:00; Shabbat service will start at 7:00.

August 17-September 11, 12:00 pm: Elul: Preparing for the High Holidays. Join us on Zoom each Monday and Thursday at noon for 20-minute sessions of study, reflection and meditation during the Hebrew month of Elul. [To see the flier, click here.](#) See the article to register!

August 18, 7:00 pm: Rosh Chodesh Elul Shabbat (in person at CBJ and Zoom)

August 24, 12:00 pm: Sisterhood Potluck Lunch at the home of Sue Winokur

August 25, 7:00 pm: Shabbat Evening Service (Zoom)

See the "CBJ Weekly Update" for details and links.

[To see the complete CBJ Calendar on our website, click here.](#)



The Essential Prayers and Songs for Our Shabbat Evening Services

To access a document with YouTube videos of the prayers and songs that we sing at our Shabbat evening services, [click here.](#)

High Holy Day Schedule 2023



Saturday, September 9: "Selichot on a Boat" time TBD
Friday, September 15: Erev Rosh Hashanah, 7 pm to 9:30 pm
Saturday, September 16: Rosh Hashanah Day, 10 am to 12:30 pm
Sunday, September 17: Rosh Hashanah Day, 10 am to 12:30 pm.
Sunday, September 24: Kol Nidre, 7 pm to 9:45 pm
Monday, September 25: Yom Kippur Day, 10 am to 6:30 pm.

Elul: Preparing for the High Holidays 20-Minute Study Sessions from August 17th through September 11th

As one year comes to an end, we have the opportunity to reflect on our past, weighing our actions and finding our footing ahead of the New Year. Rabbis from small URJ congregations across North America will offer twice-weekly, 20 minute sessions of study, reflection and meditation on Zoom during the Hebrew month of Elul.

Sessions will be held on Mondays and Thursdays starting on August 17 and continuing until September 11 at 12 Noon ET

For more information, contact Rabbi Jeffrey Goldwasser
rabbi.j.goldwasser@gmail.com

Register here:

<https://urj.tfaforms.net/901?id=7014u000001NwQp>

It's Summer for a Little While Longer!



Come to Our Outdoor Summer Shabbatot!

Celebrate the waning days of summer! (Can you believe how fast time is flying by?) Join us for our remaining summer outdoor Shabbat services, each in a different beautiful natural setting. Come early with a picnic dinner if you wish; schmooze with old friends and new before and after the services. Please remember to bring lawn chairs when you come.

- August 11th: Shabbat IN a Pool with a BBQ (at the home of Kate and Brad Engel) Come at 6:00 for a BBQ/potluck Supper; the service will begin at 7:00. RSVP to let us know that you will be coming and what side dishes or desserts you will be bringing to share. rsvp@cbjplymouth.org The address for the Engels' will be provided to everyone who sends an RSVP.
- September 1st: Shabbat by the Pond (at the home of Ronnie Hirschhorn) - Coming at the tail-end of summer, when the days have gotten noticeably shorter and sunset arrives much earlier, the schedule for this Shabbat is an hour earlier than our usual outdoor services. Come with a picnic supper at 5:00. Our service will begin at 6:00. The address and driving instructions will be provided later.



**Limud Torah/Torah Study Group
with Rabbi Emeritus Lawrence Silverman
Monday mornings, from 8:30-9:45 am**

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299

Mazel Tov to Elissa Levin on Her Marriage to Mark Maxham!



At 10:00 on the morning of July 5th, Rabbi Mills officiated at the wedding of Elissa Davis and Mark Maxham. The congregation extends our congratulations to Elissa and Mark and to their entire families. Mazel Tov!

Schedule of Upcoming Shabbat Services Through October

August 4: Zoom only celebrating Tu B'av

August 11: Shabbat at the Pool with BBQ

August 18: Rosh Chodesh Elul Shabbat Service at the Temple

August 25: Shabbat Service (Zoom only)

September 1: Shabbat at the Pond

September 8: Shabbat with guest speaker (in person and Zoom)

On Friday, September 8th, Dan Rosenberg will be our guest speaker at services IN PERSON.

Dan Rosenberg, recently published the book, Elusive Links (you can read more about it here

https://www.amazon.com/Elusive-Links-Connection-Compassion-Competition-ebook/dp/B0BN28T6N4/ref=sr_1_1?crid=1TGFO4DXOR4MZ&keywords=elusive+links+by+dan+rosenberg&qid=1680038096&srefix=Elusive+links%2Caps%2C258&sr=8-1). It has a 4.8 rating on Amazon. It is

an engrossing tale that spans and criss-crosses five centuries and two continents, masterfully connecting Jewish history of the late 15th/early 16th and 21st centuries. While the development (and some presentation of the modern game) of golf serves as the backdrop for the story (hence the double entendre title), the historical information is fascinating, and the modern references thoroughly enjoyable. Additionally, the Jewish experience, central to the story, is well crafted and presented. A recent review from Jewish book world can be found at

<https://jewishbookworld.org/2023/06/philanthropy-family-research-and-golf-thoughts-on-elusive-links-by-dan-a-rosenberg/>

Here is his webpage. <https://danarosenberg.com/events/>

September 9: Selichot (info coming)

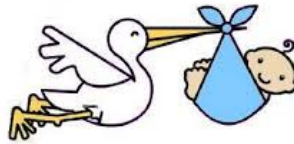
September 15: Erev Rosh Hashanah (Spire)

September 22: Shabbat Shuvah (Zoom)

September 29: Erev Sukkot Service in the Sukkah.

October 6: Family Simchat Torah service with the unrolling of the Torah and consecration (tentative hot dog Torah dinner again)

Welcome to the Newest Member of the Mills Family!



Rabbi Mills and family welcomed Samson Philip Mills (Shimshon Peretz in Hebrew) officially into the tribe.

Born on July 9th, and weighing 7 pounds 5 ounces, Samson is named for his paternal grandfather Rabbi Steven Mills, his maternal great grandmother Pearl Rosenstrauch, and honorary great grandfather Philip Blumenthal- three incredible and very missed individuals whose spirits will now be carried on in him. Mazel Tov!

To see photos of Samson, [click here](#).



A Way to Make a Meaningful and Lasting Contribution

You may honor a special occasion or make a lasting contribution in memory of a loved one by donating a copy of Mishkan T'filah, our Shabbat and Festival Prayer Book. The price for each book is \$42.00. Bookplates with the acknowledgment of the dedication will be placed inside the front cover of each donated prayer book. For additional information, please contact Rabbi Mills. cbplymouthrabbi@gmail.com.

If you wish to contribute, please send your check, payable to Congregation Beth Jacob, with "Prayer Book Donation" in the memo line, to:

Congregation Beth Jacob
Attention: Treasurer
P.O. Box 3284
Plymouth, MA 02361



Brotherhood Bowling! The 1st and 3rd Wednesdays of the Month at 5:30 pm At Kingston Ten Pins

We'll be bowling the first and third Wednesday of every month at 5:30 pm. We bowl 3 strings and pay only the special rate of \$4.50/string. You don't need to have any equipment, as bowling shoe rental is available for a small additional fee, and there is a large selection of balls to use. This is a great way to get together with other members of Brotherhood, renew old friendships, and make new ones. You don't have to be good at bowling to participate - all you need is a good sense of humor! Contact Seth Teles at scteles@aol.com or Arnold Gladstein at aralglad@verizon.net and let us know if you would like to join us. Is your spouse or significant other welcome? Of course!



As we all know, "It takes a village" to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly.

Do you enjoy singing? Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services. Are you adept with handling computer technology? We need someone in our congregation who is willing to assist with managing Zoom audio and video settings for our Shabbat services and other programs that are being streamed. Are you willing to take over the compilation and editing of our annual Yizkor Book? There are so many different ways that your skills could enhance CBJ!

Please contact our co-Presidents, Devon Fernald and Dianne Bluestein, if you are able to help.
president@cbjpymouth.org



Please Volunteer to Sponsor an Oneg!

Thank You to Barbara Aharoni, who has graciously volunteered to serve as CBJ's Oneg Chair for the coming year. This is one more of the many ways that Barbara has served our congregation over time, and we are grateful for her dedication in helping to sustain our Jewish community, as well as the greater Plymouth area at large.

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members. Please contact Barbara at ahabubs@gmail.com to reserve a date!

MEMBERSHIP NEWS



Welcome to Our Newest Members!

Phyllis Stern

2 Prower Landing, Plymouth

Phyllis is a neighbor of Loey and Arnold Weiss and attended CBJ's High Holy Days services last year. She is interested in Social Action, Community Service and fighting anti-semitism.

Roger and Rina Vertes

34 Warren Avenue, Plymouth

Rina and Roger attended our Shabbat at the Sea Shabbat Service at the Luttmans' home in June, and Rina is already an active member of Sisterhood. Welcome, Rina and Roger!

Gary & Robin Gersten

109 Seaview Drive, Plymouth

Robin is a social worker with a specialization in children and families. She is interested in art, photography and would like to be involved in Adult Education, Religious School education, and social programs. Robin is already actively involved in Sisterhood. Gary is a Civil Engineer with specializations in project management and construction. He is interested in Brotherhood, Building and Grounds, and Computer Support, including records, spreadsheets and databases.

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at ahabubs@gmail.com. [Click here for a link to CBJ's Application Form.](#)



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

Yahrzeit/General Fund:

- Dr. Sherman Geller - in memory of his mother, Rose Sherman Geller
- Allan & Judith Sherman - in memory of Allan's mother, Ruth Putnam Sherman
- Jonathan Russo - in memory of his father, Ray Russo
- Suzanne Goldberg - in memory of Elizabeth Epstein
- Judith & Allan Sherman - in memory of Judith's mother, Sylvia Krenis

Tree of Life:

Phyllis Klasky donated a leaf on CBJ's Tree of Life in honor of Rabbi Emeritus Lawrence Silverman

Rabbi Discretionary Fund:

Phyllis Coffman - in honor of Lois Klasky's birthday.. (Phyllis grew up in Plymouth and left in 1946. Her maiden name was Zall.)



In Sympathy

The congregation extends our heartfelt condolences to Susanne Lelyveld-Wittenberg and her family on the passing of her mother, Adelaide Lelyveld, on July 10th. May her memory abide as a blessing.

We also mourn the death of Fay Melzer, who passed away on July 24th after a long illness. Fay and her husband, Dr. Barry Meltzer (z'l) were long-time members of CBJ, and contributed greatly to the congregation and the greater Plymouth community over the years. We extend our heartfelt condolences to the Meltzer family. May Fay's memory forever abide as a blessing..

Editor's Note: In searching online for information about Fay, I came across this wonderful article about Fay and Barry Meltzer that was published in Wicked Local on the occasion of Barry's death in April of 2015. What an incredible tribute to them both. [To read the article, click here.](#)

Beit Sefer News



All of us at CBJ congratulate Devon Fernald, the Principal of our Religious School, our professional teaching staff, and Rabbi Mills for creating a program where students master the skills of Hebrew reading, learn the ritual prayers and songs that are integral to our religious services, learn about Jewish history and the lessons about Jewish values and ethics in the Torah - all taught in a creative way that engages them. Students have become comfortable and familiar with being on the Bimah and leading portions of Shabbat services long before their Bar or Bat Mitzvah ceremonies.

We look forward to expanding our physical space for our Beit Sefer classes this September, and welcome the enrolment of additional students into our Religious School; program. For additional information, please contact Devon Fernald at devon.portney@gmail.com.



The Next Sisterhood Event Will be on August 24th at 12:00 pm

We are excited to announce that our next Sisterhood meeting will be a potluck lunch on Thursday, August 24th at 1:00 pm at the home of Susan Winokur. This will be our first in-person meeting since the pandemic, and we are looking forward to seeing and schmooze with our fellow members, both old and new, in a relaxed and beautiful setting. Thank you to Sue for graciously offering her home for this meeting!

RSVP to Ronnie Hirschhorn at aprocess@aol.com to let her know that you will be coming and what you will bring to share. Sue's address will be provided to everyone who sends an RSVP. To see the flier for this event, [click here](#).

The Next Sisterhood Meeting Monday, August 14th, at 7:00 pm by Zoom

Regular Monthly Sisterhood Meetings: will be held on the second Monday of each month. Your input is important to us? What sorts of programs would YOU like to participate in during the coming months? Future potential events include a book discussion night and a series of programs focusing on Jewish Women of Action. Please come to the meeting and share your ideas!

The Zoom link for Sisterhood meetings:

<https://us02web.zoom.us/j/81885106141?pwd=dHd6LzMzSTRJZ2J6VmM2WIBZenpXZz09>

Meeting ID: 818 8510 6141

Passcode: 579857



Sisterhood Dues Notice

For almost 70 years, CBJ Sisterhood has been an essential part of CBJ, providing the link that binds together long-term members with newer members of our congregation. Being part of Sisterhood provides a great way to be introduced to and get to know the members of CBJ. We pray together, study together and, yes, we have fun together. Although the Covid pandemic had affected our ability to meet for the past 2 years, Sisterhood has resumed holding interesting and informative monthly meetings as we celebrate holidays together and raise funds for the benefit of our synagogue.

In the past, Sisterhood has provided support to our young students in the Beit Sefer program by sponsoring our Pizza in the Hut for Sukkot, as well as the annual Chanukah and Purim Parties. Sisterhood provides all of the supplies for the Temple kitchen; sponsors Onegs throughout the year, and helps us all to celebrate the various holidays in the Jewish calendar by providing appropriate holiday foods for the Oneg table. In addition, as its ongoing tzedakah commitment, Sisterhood supports the Kiva project, an international organization that provides loans for women to open new businesses, purchase livestock to sustain food supplies and become financially independent in countries such as Guatemala, Honduras, Ghana, The Philippines, The Congo, Uganda and Fiji. To learn more about Kiva, click here: <https://www.kiva.org> and <https://www.kiva.org/lend-by-category/women>

Sisterhood donates \$2500.00 to the Temple each year! We can't do it alone. We need your financial support. Please become a member of Sisterhood.

Name _____

Phone _____ (home) _____ (cell)

Email _____

Area of interest _____

Talent you would be willing to share with the group _____

Program suggestions _____ If

you prefer to be an inactive member, please indicate that preference here: _____

Dues are a primary source of funds for many projects. Even if you can't participate, please join us and support our important programs and activities.

Last Chance for Special Reduced Dues Rate for 2023: _____ \$18.00

The regular minimum dues rate of \$25.00 per year will become effective in September. Join now to take advantage of the special reduced rate!

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360.



WHY YOU SHOULD JOIN CBJ's BROTHERHOOD

Over the 100 year history of CBJ, Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it."

Under the leadership of Brotherhood's new President, Louis Goldman, we are looking forward to resuming those "sumptuous" Brotherhood Breakfasts with their intriguing and informative guest speakers. Brotherhood is planning monthly Discussion Group meetings and has already revived our Movie Discussion Nights, to which all members of the congregation are invited. Brotherhood has also restarted their bowling nights on the 1st and 3rd Wednesdays of each month. This is an excellent opportunity for members to bond and share the often hilarious experience of what is loosely called "bowling." (You don't have to be an expert bowler to join the fun - just have a sense of humor!)

Brotherhood also provides $\frac{3}{4}$ of its treasury to our synagogue. Between our fundraisers and your dues, we have been able to contribute \$2,500 to CBJ's General Fund in each of the last few years, with the exception of the Covid pandemic. In addition, CBJ Brotherhood has been the catalyst for providing over \$7,200 in gift cards to the Greater Plymouth Food Warehouse.

Please become a member of CBJ Brotherhood so that we can continue this much needed help for our beloved CBJ as well as our extended Plymouth community.

NAME _____

HOME PHONE _____ CELL PHONE _____

EMAIL _____

AREAS OF INTEREST _____

Talent(s) that you would be willing to share _____

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. If you prefer being non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$25)____ Mitzvah Membership (\$36)____

Make your check payable to: CBJ Brotherhood

Please indicate "Dues Payment" and mail to:

Seth Teles, 31 Birch Avenue, Plymouth, MA 02360



**The Following Yahrzeits Will be Observed This
Month:**

(A memorial candle should be lit on the preceding evening.)

August

1 Oscar Mokuvos	15 Benjamin Righter
2 Abraham Sherman	16 Milton Geller
2 Minnie Steinberg	16 Phyllis Bell O'Connor
3 Gunnar Carlson	17 Justin D Goldman
4 Hyman Sheff	17 Barnett Portnoy
5 Joseph Gottman	19 Esther Russo
6 Lillian Gilbert	19 Michael B. Shuman
6 Alter Greenspoon	21 Hymen W. Bell
6 Morris Stern	21 Elsie Rosenblum
8 Douglas Worthman	23 Marion Glansberg
9 Alexander Finkelstein	23 Lilyan E. Kabelsky
9 Ansel Gladstein	24 Charlotte Helen Resnick
9 Mollie Swartz	25 Morris Teles
10 Harold Samuel Finer	26 Leonard Freed
11 Gertrude B. Klasky	26 Nettie Lipschitz
11 Freda Rebecca Robinson	27 Sarah D. Barron
12 Julius Cooper	28 Sylvia Krenis
12 Israel DeZorets	30 Philip Liss
13 Albert Finkelstein	31 Sarah Katz
13 Adeline Keller	31 Louis Lavine
15 Bessie "Billie" Ginsburg	31 Annie Shapiro
15 Beatrice Kalaminsky	

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.

Recipe for Marinated Cucumber-Onion Salad



Ingredients:

- 5 cucumbers
- 1 red onion
- 1 cup apple cider vinegar (or white vinegar, red wine vinegar, rice vinegar)
- 1/2 cup sugar (or more to taste)
- 1/2 cup water
- 1 teaspoon salt

Instructions:

1. Peel and slice cucumbers into thin slices. (A mandolin works well. Just be careful!)
2. Cut onion in half and cut into very thin slices.
3. Combine onions and cucumbers in a large bowl.
4. In a separate, medium-sized bowl, combine remaining ingredients. Stir until sugar dissolves.
5. Pour vinegar mixture over cucumbers and onions. Stir until the cucumbers are evenly coated in the dressing.
6. Refrigerate at least 20 minutes. Before serving, drain liquid and place in a serving bowl to serve.

Notes: You can store these vinegar marinated cucumbers in your refrigerator in a jar or air-tight container for up to three days. Any longer than that and the cucumbers will lose their "crisp-ness" and become limp.

Nutrition

Calories: 66kcal | Carbohydrates: 14g | Protein: 1g | Fat: 1g | Saturated Fat: 1g | Sodium: 237mg | Potassium: 220mg | Fiber: 1g | Sugar: 13g | Vitamin A: 108IU | Vitamin C: 6mg | Calcium: 25mg | Iron: 1mg