



THE TENT

Congregation Beth Jacob's Monthly Newsletter

January, 2023



CBJ Calendar of Upcoming Events:

January 6, 7:00 pm: Friday Evening Shabbat Service

January 13, 7:00 pm: Friday Evening Shabbat Service

January 20, 7:00 pm: Friday Evening Shabbat Service

January 27, 7:00 pm: Friday Evening Shabbat Service

January 30, 7:00 pm: CBJ Board Meeting

Save the Dates!

February 3,, 7:00 pm: Friday Evening Shabbat Service with Tu Bishvat Seder (in-person and by Zoom)

And can Purim be far behind? Attention all singers and thespians (of all ages!) - CBJ will be having a Purim Spiel on March 3rd! No talent required - just be able to attend a few rehearsals and have a sense of fun! Contact Rabbi Mills by February 10th if you are interested! (cbjpymouthrabbi@gmail.com) See the flier at the end of this newsletter.

See the "CBJ Weekly Update" for details and links.

[To see the complete CBJ Calendar on our website, click here.](#)



Limud Torah/Torah Study Group

with Rabbi Emeritus Lawrence Silverman

Most Monday mornings, from 8:30-9:45 am

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299

If you have questions about when this class will be meeting, please contact Rabbi Silverman at rabbilawrence@gmail.com.

Volunteers Are Needed!



As we all know, “It takes a village” to make an organization successful. There are many opportunities for congregants to lend their talents to the work that it takes to keep our congregation running smoothly. Sisterhood is still looking for a member who is willing to assume a leadership position for the coming year.

Do you play a musical instrument? A few simple chords played on a guitar or the ethereal sound of a flute can do so much to enhance the beauty of our services.

Please contact our co-Presidents, Ronnie Hirschhorn and Fred Sarke, if you are able to help.
president@cbjplymouth.org

Look What Our CBJ Teens Are Doing in January!



For the first time, two of our Hebrew School students will be attending a very special social action seminar called L'Taken in Washington, D.C. Rabbi Mills will accompany Skyler Zeitz and Sarah Engel on this very exciting weekend that is being made possible through the generosity of the Jacob and Minnie Kaplan NFTY Institute Fund and the Rose Sherman Geller Fund for Jewish Family Life. The program is designed to both expose teens to a variety of public policy issues and explore the Jewish values that inform the Reform Movement's advocacy around these issues. Throughout the weekend, students will learn how to write an effective, persuasive and passionate speech on a topic of their choice to present when they visit the offices of their Senators and Representatives on the Monday of the program. The Monday Hill visits with Congress is a unique experience that very few Americans take advantage of and one that can have a significant impact on the course of legislation. After meeting with our students, Members of Congress have chosen to co-sponsor, offer amendments to and vote for pieces of legislation that participants discussed.

On Friday and Saturday, students will have the opportunity to attend programs on a range of topics, including Israel, the environment, reproductive rights, LGBTQ civil rights, church/state separation, international relations and more! Students will also visit the National Holocaust Memorial Museum and the Smithsonian National Mall and celebrate havdalah at the Jefferson Memorial, while having the chance to meet and mingle with Reform Jews from across the United States, all of whom are in D.C. for the same reason — to pursue tikkun olam.

To learn more about the L'Taken program, click below:

<https://rac.org/leadership-development/empowering-young-leaders/ltaken-social-justice-seminars>

and

<https://rac.org/leadership-development/empowering-young-leaders/ltaken-social-justice-seminars/what-ltaken>



Please Volunteer to Sponsor an Oneg!

Thank You to Barbara Aharoni, who has graciously volunteered to serve as CBJ's Oneg Chair for the coming year. This is one more of the many ways that Barbara has served our congregation over time, and we are grateful for her dedication in helping to sustain our Jewish community, as well as the greater Plymouth area at large.

If you would like to honor a special occasion (birthday, anniversary, etc.) in a very special way, please consider sponsoring an Oneg. A beautiful, welcoming Oneg table of challah, fruit, baked goods, or even ice cream sundaes is a sign of our warm hospitality to our congregants, guests, and prospective members. Please contact Barbara at ahabubs@gmail.com to reserve a date! Thank you!



MEMBERSHIP NEWS

If you would like to learn more about CBJ and are interested in becoming part of our Jewish community, please contact our Membership Chair, Barbara Aharoni, at ahabubs@gmail.com. [Click here for a link to CBJ's Application Form.](#)

Meet Louis Goldman, Brotherhood's New President!

Sometimes, patience pays off. The art of waiting until the right opportunity presents itself results in great success. That certainly seems to be true for our Brotherhood. After the passing of Dan Hirschhorn (z'l), and partly because of the Covid pandemic, Brotherhood entered into a period of near-dormancy when nobody was willing or able to assume the presidency.

That period is now over. At Brotherhood's reorganization meeting on December 14th, one of CBJ's newest members volunteered and was elected to become Brotherhood's new President. Louis brings with him a wealth of experience, energy, and dedication to Jewish synagogue life. Under his leadership, Brotherhood can look forward to an exciting year! [Read Louis' message to the congregation here.](#)



Congregation Beth Jacob is grateful for all donations that are received. The following donations were recently received:

Yahrzeit/General Fund:

- Jeffrey & Franny Shelly - in memory of Jeff's parents, Arnold B. Shelly and Edythe L. Shelly, and Franny's parents, Philip Liss and Tina Liss
- Burt & Donna Matross - in memory of Burt's father, Samuel Matross
- Fred Wax - in memory of Shawn Heaslip
- Harry Shamir & Barbara Aharoni - in memory of Harry's father, Haim (Carlo) Shamir
- Jerry & Laura Treppel - in memory of Jerry's sister, Linda Lamel
- Judith & Allan Sherman - in memory of Judith's father, Max Krenis

Rabbi's Discretionary Fund:

A donation was made by Fred and Monette Vigder in memory of Ann Kusmin Martins.



A Way to Make a Meaningful and Lasting Contribution

You may honor a special occasion or make a lasting contribution in memory of a loved one by donating a copy of Mishkan T'filah, our Shabbat and Festival Prayer Book. The price for each book is \$42.00. Bookplates with the acknowledgment of the dedication will be placed inside the front cover of each donated prayer book. For additional information, please contact Rabbi Mills. cbplymouthrabbi@gmail.com.

If you wish to contribute, please send your check, payable to Congregation Beth Jacob, with "Prayer Book Donation" in the memo line, to:

Congregation Beth Jacob
P.O. Box 3284
Plymouth, MA 02361



Sisterhood Dues Notice and Appeal for a New President

For almost 70 years, CBJ Sisterhood has been an essential part of CBJ, providing the link that binds together long-term members with newer members of our congregation. Being part of Sisterhood provides a great way to be introduced to and get to know the members of CBJ. We pray together, study together and, yes, we have fun together. Although the Covid pandemic has affected our ability to meet for the past 2 years, Sisterhood is looking forward to being able to resume holding interesting and informative monthly meetings as we celebrate holidays together and raise funds for the benefit of our synagogue. **To help to make this happen, Sisterhood needs a congregant who is willing to serve as our new President. We need ideas for programming - a cooking demonstration? A field trip? An interesting speaker? A Sisterhood book club?**

In the past, Sisterhood has provided support to our young students in the Beit Sefer program by sponsoring our Pizza in the Hut for Sukkot, as well as the annual Chanukah and Purim Parties. Sisterhood provides all of the supplies for the Temple kitchen; sponsors Onegs throughout the year, and helps us all to celebrate the various holidays in the Jewish calendar by providing appropriate holiday foods for the Oneg table. In addition, as its ongoing tzedakah commitment, Sisterhood supports the Kiva project, an international organization that provides loans for women to open new businesses, purchase livestock to sustain food supplies and become financially independent in countries such as Guatemala, Honduras, Ghana, The Philippines, The Congo, Uganda and Fiji. To learn more about Kiva, click here: <https://www.kiva.org> and <https://www.kiva.org/lend-by-category/women>

Sisterhood donates \$2500.00 to the Temple each year!

We can't do it alone. We need your financial support. Please become a member of Sisterhood so we can continue our support of our beloved CBJ.

Name _____

Phone _____ (home) _____ (cell)

Email _____

Area of interest _____

Talent you would be willing to share with the group _____

Program suggestions _____

If you prefer to be an inactive member, please indicate that preference here: _____

Dues are a primary source of funds for many projects. Please consider the following levels of contribution when writing your membership check. Even if you can't participate, please join us and support our important programs and activities. Thank you for your generous support.

Basic Membership _____ **\$25.00** **Sarah** _____ **\$36.00** **Rebecca** _____ **\$54.00**

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to: Cindy Teles, 31 Birch Avenue, Plymouth MA 02360



CBJ BROTHERHOOD DUES NOTICE

Over the 100 year history of CBJ, Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it."

Under the leadership of Brotherhood's new President, Louis Goldman, we are looking forward to resuming those "sumptuous" Brotherhood Breakfasts with their intriguing and informative guest speakers. In the past, Brotherhood has planned monthly Discussion Group meetings, as well as Movie Nights, to which all members of the congregation have been invited. Brotherhood members have enjoyed the camaraderie of our bowling nights, as well as the bonding and sharing experience of our Men's "Ribs N Beer" seder. We have raised funds with our July 4th Hot Dog stand outside The Spire Center, and have planned CBJ's Family Picnic at Charge Pond. Are these activities that Brotherhood members would like to continue?

We also provide $\frac{3}{4}$ of our treasury to our synagogue. Between our fundraisers and your dues, we have been able to contribute \$2,500 to CBJ's General Fund in each of the last few years. In addition, CBJ Brotherhood has been the catalyst for providing over \$7,200 in gift cards to the Greater Plymouth Food Warehouse.

Please become a member of CBJ Brotherhood so that we can continue this much needed help for our beloved CBJ as well as our extended Plymouth community.

NAME_____

HOME PHONE_____CELL PHONE _____

EMAIL_____

AREAS OF INTEREST _____

Talent(s) that you would be willing to share_____

If you have any new ideas for programming or Brotherhood activities for the coming year, we look forward to hearing them. If you prefer being non-participatory, we still welcome and look forward to your membership. We thank you for your generous support.

Basic Membership (\$36)____ Mitzvah Membership (\$54)____ Big Macher (\$72)____

Make your check payable to: CBJ Brotherhood
Please indicate "Dues Payment" and mail to:
Seth Teles, 31 Birch Avenue, Plymouth, MA 02360

Just as Food Nourishes Our Bodies, Music Feeds Our Souls. The Music That Rabbi Mills Has Introduced Us To in our Shabbat Services Will Surely Lift Your Spirits!



Shalom Aleichem - You have never heard such a beautiful rendition. The Zamir Chorale performs Debbie Friedman's version of Shalom Aleichem (the last musical piece that she wrote before her death.) It is absolutely gorgeous!

<https://www.youtube.com/watch?v=tL5ljmVcDOM>

Lecha Dodi: We welcome the Shabbat Queen by singing "Lecha Dodi." Listen to Josh Warshawsky's version. [Click here.](#)

Shiru Adonai (Sing Unto God a New Song)

(Julie Silver) [To see the video with transliteration, click here.](#)

Barchu (Roll Into Day) Rabbi Mills has introduced us to a beautiful version of Barchu, composed and performed by Noam Katz from his album, Drum in Hand. [click here to hear it.](#)

Barchu - For a very different and haunting musical interpretation of Barchu, performed by Craig Taubman, listen to this version from his album "Friday Night Live." [Click here to hear it.](#)

Hashkiveinu/Let There Be Love (Noah Aronson)

https://www.youtube.com/watch?v=H_2ajSLZ0p0

Ozi v'Zimrat Yah

Rabbi Estelle has introduced us to this beautiful prayer set to music by Rabbi Shefra Gold. Enjoy! [Click here to hear it.](#)

Oseh Shalom (Prayer for Peace) To experience instant joy, watch this YouTube Video of Nava Tehila performing Oseh Shalom. ([Click here!](#))

Olam Chesed Yibeneh (A World of Love)

Rabbi Menachim Creditor wrote this song for his daughter, who was born right after 9/11. [Click here to see this video.](#)

R'tzei (Receive Our Prayers with Love)

One of the blessings of the Amidah, R'tzei expresses the love of the Jewish People for God. The words of the prayer are R'tzei, r'tzei, r'tzei, Adonai, Eloheinu, b'amcha Yisrael. Julie Silver set this prayer to music. [To watch the YouTube video, click here.](#)

Ahavat Olam (Eternal Love) This beautiful prayer was set to music by Gabe Mann and Piper Rutman. The lyrics are:

Ahavat olam beit Yisra'el amcha ahavta,
Torah umitzvot chukim
umishpatim otanu limad'ta.
Al ken Adonai Eloheinu
b'shochveinu
uv'kumeinu
nasi'ach b'chukecha,

venis'mach b'divrei torat'cha
uv'mitzvotecha le'olam va'ed.
Ki hem chayeinu ve'orach yameinu
uvahem neh'geh yomam valaila.
Ve'ahavatcha
al tasir mimenu le'olamim,
Baruch ata Adonai,
ohav amo Yisrael.

The translation is:

Eternal love for Your people, House of Israel,
Torah and Mitzvot, laws
and precepts have You taught us.
Therefore, O God,
when we lie down
and when we rise up,
we will meditate on Your laws
and rejoice in Your Torah
and Mitzvot forever.
Day and night we will reflect on them,
for they are our life and the length of our days.
Then Your love
shall never depart from our hearts,
Blessed art Thou Lord,
who loves his nation Israel.

[To see the YouTube video, of Ahavat Olam performed by The Platt Brothers, click here.](#)

Jewish music has the rare ability to reach deep into the soul, rekindling the joy and pride in my Jewish identity. It is constantly growing and changing, drawing from contemporary influences and adopting the flavors of the cultures where Jews live, while preserving the essence of our love of God and His creation. **For more contemporary Jewish music, listen to The Ma'ayan Band playing Hannah Senesh's hauntingly beautiful poem, Eli, Eli (Walk to Caesaria) which was set to music by David Zehavi. [Click here to hear it.](#)**

Formed in 2016, **Ma'ayan Band** is a group of musicians located in Toronto, Canada. They are all coming from different backgrounds, countries and languages. [To hear their beautiful performance of Shalom Aleichem, click here.](#)

In Case You Missed It.... Jacob's Ladder Through the Eyes of Artists



At our December 2nd Shabbat service, the Torah portion was Vayetzei (And He Went Out), in which Jacob embarks on a journey to reconcile with his estranged brother, Esau. Filled with fear and trepidation, he dreams of wrestling with an angel and of a ladder ascending to Heaven.

We were enthralled by the Powerpoint presentation that Rabbi Mills had prepared, illustrating how artists throughout history have interpreted "Jacob's Ladder." [To see this amazingly beautiful presentation, click here.](#)



2022-2023 Holiday Donation Drive for The Food Warehouse

“The hungry are getting hungrier”. “The South Shore Community Action Council’s Food Resource Program has seen a 35 percent increase in need this year, as the COVID pandemic takes its toll on incomes and pantries.”

This was the first paragraph in last weeks’ OCM in an article titled “SSCAC calls for food drives”. Most...if not all of us are fortunate in not having to rely on the generosity of others to feed our families. With that in mind, as an integral part of Tikkun Olam we must feel the need to once again give when the need is there.

We are at that time of year where we give “Thanks” for the abundance that we continue to acquire and enjoy. However, there are those in our community who don’t have (for a variety of reasons) the bare minimum, much less the luxuries that many of us have come to take for granted. So we are once again asking our CBJ community to show their gratitude and generosity by giving to this worthy cause.

In the past eight years, with your overwhelming generosity, we’ve been able to donate thousands of dollars worth of supermarket gift cards to The Greater Plymouth Food Warehouse. These donations have gone a long way in helping to supplement the efforts of the South Shore Community Action Council to feed those in our Plymouth community who need it most. So whatever you can afford would be much appreciated and once again would prove that Congregation Beth Jacob is a vital and caring part of America’s Hometown.

Please make out your check to “CBJ Brotherhood” with the subject line reading: “Food Donation Drive” and send it to Seth Teles, 31 Birch Avenue, Plymouth, MA 02360. Consider it a mitzvah for the new year. Thank you.

Redemption

A Poem by Mark Nazimova



The Israelites walked into the Reed Sea One foot at a time.

(What were they thinking about
as the water rose
up their legs
chilling their hearts
advancing toward their open mouths?)

We continue to walk
here, now.
One foot at a time.
(On our better days, forward.)

Alone
I
cannot reach the far shore
without drowning.

Somehow I don't go under.
The person to my right
holds me up.
Something I cannot see
holds him up.

Blessed is the Source of Help
so often unexpected.
I step forward.
The sea is vast.

Blessed are You, Gracious One, for your miracles that greet us every day.



The Following Yahrzeits Will be Observed This Month:

(A memorial candle should be lit on the preceding evening.)

January 2023

1 Abraham C. Goldman	23 Mendel Aranowitz
3 Samuel Arons	24 Rose Gottman
3 Louis Coffman	24 David Resnick
3 Edwin Goldberg	24 Simon Resnick
3 Jacob Steinberg	24 Rebecca Shriber
6 Frank Kabelsky	25 Emil N. Winkler
7 William Smick	25 Ruth Bornstein Strauss
8 Albert Keil	26 Alan Koplan
9 Rhoda Burstein	26 Louis Policow
9 Louis Sherman	27 Irene Toabe Fagen
10 Elaine Winter Brown	27 Joseph Rains
10 Kay Hodosh Falstein	27 Samuel Resnick
10 Ruth Ross	28 Philip Aranowitz
11 Samuel Gereboff	28 Arthur Goodman
12 Helen Evans	29 Lawrence Friedman
12 Jacob Joseph Fortunow	29 Charles "Chuck" Ginsburg
12 Adeline Winokur	29 Fred Greenbaum
15 Ronald Goldberg	29 William Lewis
15 Paula Lesser	29 Michel Toabe
16 Isadore Albert	30 Karin Goldstein
16 Edith Beatrice Kagan	30 Seymore Horenstein
16 Pauline Resnick	30 Annie Mankoff
17 Jessica Pershing Strauss	30 Barbara Righter
19 Shirley Lubin	31 Shirley Greenbaum
19 Bessie Skulsky	31 William David Resnick
20 Hyman J. Aranowitz	31 Charles Righter
20 Harry Guttman	

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.

See What Our Beit Sefer Has In Store This School Year!



CONGREGATION BETH JACOB 2022-2023 RELIGIOUS SCHOOL CALENDAR K-7th GRADE: SUNDAYS 10 A.M. – 12 P.M.

January 1, 2023 NO SCHOOL: Winter Break
January 8, 2023 Babylonian Exile and the Talmud
January 15, 2023 NO SCHOOL: MLK Weekend
January 22, 2023 Golden Age of Spain
January 29, 2023 Spanish Inquisition
February 5, 2023 TU BISHVAT CELEBRATION
February 12, 2023 Jews come to America (Trip to Touro)
February 19, 2023 NO SCHOOL: Winter Recess
February 26, 2023 NO SCHOOL: Winter Recess
March 5, 2023 PURIM PALOOZA
March 12, 2023 Beginning of Zionism
March 19, 2023 Holocaust
March 26, 2023 Foundation of State of Israel
April 2, 2023 Jews Contributions to America
April 9, 2023 NO SCHOOL: Passover
April 16, 2023 NO SCHOOL: Spring Recess
April 23, 2023 Great Contributions of Israel
April 30, 2023 YOM HA'ATZMAUT: Entebbe
May 7, 2023 LAG B'OMER
May 14, 2023 NO SCHOOL: Mother's Day
May 21, 2023 Last Day of Class/ SHAVUOT

SPECIAL EVENTS:

Friday, March 10, 7:00 P.M. - Religious School Purim Shabbat

Thursday, April 6, 5:30 P.M. - Congregational Passover Seder

Friday, May 12, 7:00 P.M.- Religious School Shabbat In Celebration of our Mothers

For a printable 2022-2023 Religious School calendar, click on this link:

https://docs.google.com/document/d/1EHyVEQxhmiZJPsphVKA3Z3_-L9cGc-wdRuK7B5YhSol/edit?usp=sharing

What is Havdalah?



The beautiful ritual of Havdalah is the ceremony marking the end of Shabbat. Havdalah is a Hebrew word meaning “division” or “separation” and is the name of this ritual that formally ends Shabbat, “separating” it from the beginning of the new week. The service can take place in the home, in synagogue or in a group. The brief ceremony uses four elements to mark the moment we sadly say goodbye to the beauty of Shabbat, and pledge to carry its gifts into the week to come.

We drink from a cup of wine – which symbolizes the joy we experienced on Shabbat. We pass a spice box (full of cinnamon or another sweet smelling spice) – which symbolizes the lingering scent of the sweetness of Shabbat. We light a multi-wicked candle – which symbolizes how our busy separate selves come together on Shabbat. The light, the wine, and spices all come together to help us carry Shabbat with us through the week until the next Shabbat. We extinguish the candle into the wine to conclude the ceremony, as a final moment of “goodbye” to Shabbat. With the singing of Shavua Tov and Eliyahu haNavi we wish each other a “good week” to come and long for a day when Shabbat won’t need to end at all!

[To watch a YouTube video teaching the prayers of Havdalah, with transliteration, click here.](#)

[To watch a wonderful demonstration of the Havdalah ceremony, click here.](#)

Download a printable version of these blessings, click below:

https://reformjudaism.org/sites/default/files/2021-02/Havdalah_Blessing.pdf

I raise the cup of deliverance and invoke the name of Adonai.

BLESSING OVER THE WINE

(Lift the cup of wine or grape juice, and recite the blessing:)

Baruch atah, Adonai Eloheinu, Melech haolam, borei p'ri hagafen.

TRANSLATION: We praise You, Adonai our God, Sovereign of all, Creator of the fruit of the vine.

BLESSING OVER THE SPICES

(Hold up the spice box, and recite the blessing:)

Baruch atah, Adonai Eloheinu, Melech haolam, borei minei v'samim.

TRANSLATION: We praise You, Adonai our God, Sovereign of all, Creator of varied spices.

BLESSING OVER THE FLAME

(Hold the Havdalah candle, and recite the blessing:)

Baruch atah, Adonai Eloheinu, Melech haolam, borei m'orei ha-esh.

TRANSLATION: We praise You, Adonai our God, Sovereign of all, Creator of the lights of fire.

EXTINGUISHING THE CANDLE

*Baruch atah, Adonai Eloheinu, Melech haolam,
hamavdil bein kodesh l'chol, bein or l'choshech,
bein Yisrael laamim,
bein yom hash'vi-i l'sheishet y'mei hamaaseh.
Baruch atah Adonai, hamavdil bein kodesh l'chol.*

TRANSLATION: Praise to You, Adonai our God, Sovereign of all: who distinguishes between the holy and ordinary, between light and dark, between Israel and the nations, between the seventh day and the six days of work. Praise to You, Adonai who distinguishes the holy and ordinary.

(Sip the wine or grape juice. Then extinguish the candle in the remaining wine or grape juice.)

SHAVUA TOV (A Good week!)

Shavuah Tov!

A good week, a week of peace, may gladness reign and joy increase.

ELIYAHU HANAVI - PRAYER FOR THE PROPHET ELIJAH TO HERALD REDEMPTION

*Eliyahu hanavi,
Eliyahu hatishbi,
Eliyahu hagiladi.
Bimheirah b'yameinu,
yavo eileinu,
im Mashiach ben David.*

TRANSLATION

May Elijah the prophet,
Elijah the Tishbite,
Elijah of Gilead,
quickly in our day come to us
heralding redemption.

What If You Don't Have a Havdalah Set?

Now that you know all about Havdalah and how to observe it, what do you do if you don't own a Havdalah candle, besamim (spice) box or an "officially kosher" Havdalah set? Can you still observe Havdalah? Yes!

If you do not have a braided Havdalah candle, you may use several regular candles for Havdalah. The object is to create light. Havdalah candles are typically made of braided wax with several wicks, and are usually blue and white, or multicolored. If you don't have a Havdalah candle, no problem. You can hold birthday or Shabbat candles together—really anything with two or more flames works.

Use your kiddush cup (or whatever you use as a kiddush cup). You can use it for both purposes.

A lot of people hold the candle, over a paper plate or paper towel or a small plate that you're ok with getting candle wax on. They even make little plates for this purpose if you want something specific to havdalah but have a smaller budget.

Spices are the easiest: keep them in the container you bought at the grocery store. Cinnamon is my favorite, but cloves is probably the most popular. You could be a renegade and get pumpkin spice or nutmeg!

WANTED



**"ADULT ACTORS
OR SINGERS"**

**WANTED FOR:
PURIM
SCHPEIL
ON MARCH
3RD**

**APPROACH
WITH CAUTION:
NO EXPERIENCE
OR TALENT
NEEDED; JUST BE
WILLING TO
ATTEND A FEW
REHEARSALS**

CONTACT RABBI MILLS BY FEBRUARY 10TH!



REWARD: FREE HAMENTACHEN

Made with PosterMyWall.com

Recipe for No-Boil Bagels



If you've ever wanted to enjoy crispy-on-the-outside, chewy-on-the-inside everything bagels without leaving home, well, this is the recipe for you – no boiling required!

This recipe yields six bagels that are the perfect size and thickness for making breakfast sandwiches or just piling on a smear of your favorite cream cheese.

(No self-rising flour? No problem. Make your own using this substitute from King Arthur Flour: For each cup of flour, 1 ½ teaspoons baking powder and ¼ teaspoon salt. Whisk ingredients together and then use as directed where the recipe calls for self-rising flour.)

INGREDIENTS

BAGEL DOUGH:

2 cups self-rising flour

½ cup plain, nonfat Greek yogurt

½ tsp salt

¾ cup water (room temp or warm)

1 tsp active yeast (If you're using yeast that comes pre-portioned, note that this is less than half of a full packet.)

TOPPINGS:

1 egg

1 tsp water

Pinch of sea salt

"Everything" seasoning

DIRECTIONS

1. Preheat the oven to 400°F and line a baking sheet with parchment paper or a silicone mat (which will keep the bottoms of your bagels from burning).
2. In a bowl, mix together flour, salt, and yeast. Stir in yogurt and mix until it begins to combine. Add ¾ cup of water until the mixture combines and becomes sticky. Let dough sit for at least 30 minutes.
3. Flour your hands as needed to prevent the dough from sticking, then divide dough into six equal parts. Shape each portion into a ball, using your thumbs to create a hole in the center of each and gently shaping each into a uniformly sized ring.
4. Make an egg wash by whisking together the egg, salt, and water in a small bowl until smooth.
5. Dunk each bagel into your egg wash mixture until it's completely coated. Over a bowl, sprinkle your desired amount of everything bagel seasoning on all sides.
6. Place each bagel on a parchment-lined baking sheet and bake for 20-25 minutes or until golden brown.