



THE TENT

Congregation Beth Jacob's Monthly Newsletter

April, 2022



CBJ Calendar of Upcoming Events:

April 1, 7:00 pm: Shabbat Service (via Zoom)

April 4, 8:30 am: Limud Torah Study with Rabbi Emeritus Lawrence Silverman

April 4,, 7:00 pm: CBJ Board Meeting

April 5, 7:30 pm: Women Reform Rabbis Network Virtual Speaker Series, "From Our Lips to God's Ears: Jewish Women Shaping the Way We Pray, Learn and Mark Sacred Moments." To register and receive the Zoom link:

<https://us02web.zoom.us/meeting/register/tZYIcOGTrTwvH9JyayGS3kTFUzXTaS9ZXK-A>

April 6, 4:30 pm: Introduction to Judaism Class (hybrid) - Topic: America and the Jews

April 8, 7:30 pm: Shabbat Service (via Zoom)

April 9, 7:00 pm: Brotherhood Movie Discussion Night ("Welcome to Kutsher's - The Last Catskill Resort" (via Zoom) - **This event is open to everyone.**

April 11, 8:30 am: Limud Torah Study with Rabbi Emeritus Lawrence Silverman

April 13, 4:30 pm: Introduction to Judaism Class (hybrid)

Planned Topic for This Week: Modern European History and the Holocaust

April 15 - The first night of Passover. There will be no Shabbat service this week. Chag Pesach Sameach!

April 20, 12:00-1:00 pm: Counting the Omer Study Begins! Topic:Candle Lighting

April 20, 4:30 pm: Introduction to Judaism Class (hybrid)

April 22, 7:30 pm: Shabbat Passover Service (including Customs of Maimouna - hybrid)

April 25, 8:30 am: Limud Torah Study with Rabbi Emeritus Lawrence Silverman

April 26, 7:00 pm: Community Yom Hashoah Service (via Zoom) (See article)

April 27, 12:00-1:00 pm: Counting the Omer Study. Topic: Tzitzit

April 29, 7:00 pm: Shabbat Service

See the "CBJ Weekly Update" for details and links to join these meetings.

[To see the complete CBJ Calendar on our website, click here.](#)

Passover 2022 April 15 - April 22



PASSOVER'S ORIGINS

Passover (Pesach in Hebrew) is a major Jewish spring festival celebrating freedom and family as we remember the Exodus from Egypt more than 3,000 years ago. The main observances of this holiday center around a special home service called the seder, which includes a festive meal, the prohibition on eating chametz, and the eating of matzah.

On the 15th day of Nisan in the Hebrew calendar, Jews gather with family and friends in the evening to read from a book called the Haggadah, meaning "telling," which contains the order of prayers, rituals, readings, and songs for the Passover seder. The Haggadah helps us retell the events of the Exodus, so that each generation may learn and remember this story that is so central to Jewish life and history.

RITUAL OBJECTS

The seder plate contains various symbolic foods referred to in the seder itself. The contents of a seder plate vary by tradition, but most of them contain a shankbone, lettuce, an egg, greens, a bitter herb, and charoset.

These symbolic foods should be placed near the leader of the seder. During the course of the seder, they are pointed out and explained:

On the seder plate (use either a special one for this purpose or a regular dinner plate), include:

Shankbone, zeroa, symbolizes the lamb that was sacrificed in ancient days

Roasted egg, beitzah, represents the Passover offering of ancient days, as well as the wholeness and continuing cycle of life

Bitter herbs, maror, a reminder of the bitter lives of the Hebrew slaves

Charoset, the mixture of apples, nuts, sweet wine, cinnamon and sugar in the Ashkenazic fashion or dates, nuts and sweet wine in the Sephardic tradition, reminds us of the bricks and mortar made by the Hebrew slaves

Greens, karpas, symbolizes spring, the time of year when Passover takes place

Also place on the table:

Three matzot (plural of matzah), on a plate with a cloth or napkin cover

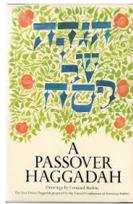
Salt water, a reminder of the tears shed by the Hebrew slaves

Cup of Elijah, Kos Eliyahu, symbolizes the hope for a redemptive future

Along with these traditional symbols, families may choose to include a Cup of Miriam, Kos Miriam, a special goblet filled with water, on the holiday table. This symbol honors Miriam, the sister of Moses, who played a vital role in the history of our people. Many families and congregations add an orange to the seder plate, too, as a symbol of inclusion of the LGBTQ+ community and others who feel marginalized in Jewish life (not, as the story has often been told, as a symbol of women in the rabbinate).

The Haggadah (plural is haggadot) contains the text of the seder. There are many different haggadot: some concentrate on involving children in the seder; some concentrate on the sociological or social justice aspects of Passover; there are even historical haggadot and critical editions.

The afikoman is half of the middle matzah that is broken in the fourth step of the seder, yachatz. It is customary to hide the afikoman, and the person who finds it gets a prize! The afikoman is eaten last of all at the seder, during step 12, tzafun.



HAGADDAH

Download a copy of a traditional Haggadah here:

<https://drive.google.com/file/d/1gpbFdDeLFQJ85w4LDi0n2P4loA42KpuR/view?usp=sharing>



THE SEDER

The seder is the centerpiece of any Passover experience. A seder is a festive meal that takes place on the first night (and in some families also on the second night) of the holiday. Family and friends join together to celebrate. The word seder literally means “order,” and the Passover seder has 15 separate steps in its traditional order. These steps are laid out in the Haggadah. Many congregations hold a community seder during at least one night of Passover. There are also synagogue services held on the first day of the holiday, and Yizkor services held on the last day.

The 15 steps of the seder can be summed up by this Hebrew rhyme:

Kadeish, Ur'chatz,
Karpas, Yachatz,
Magid, Rachtzah,
Motzi, Matzah,
Maror, Korech,
Shulchan Oreich,
Tzafun, Barech,
Hallel, Nirtzah

Listen to the "Order of the Seder," based on the ancient Babylonian chant (sung by Cantor Kathy Barr).

https://drive.google.com/file/d/129D7_hgECVRWNWiJgRvalg0vqIKUrU6T/view?usp=sharing

Each of these 15 steps is summarized and explained below:

1. Kadeish: Sanctification

A blessing is recited over wine in honor of the holiday. When the seder falls on a Friday night, this version of the Kiddush is recited for Passover and Shabbat. When the seder falls on a Saturday night, we continue with a special version of Havdalah. The wine is then drunk. A second cup is then poured (but not yet drunk).

2. Ur'chatz: Washing

Participants wash their hands without a blessing in preparation for eating the Karpas.

3. Karpas: Vegetable

A vegetable (usually parsley) is dipped in salt water and eaten. The vegetable symbolizes the lowly origins of the Jewish people; the salt water symbolizes the tears shed as a result of our slavery. Parsley is a good vegetable to use for this purpose, because when you shake off the salt water, it looks like tears.

4. Yachatz: Breaking

The middle of the three matzot on the table is broken into two pieces. The smaller part is returned to the pile, the larger one is set aside for the afikoman. It is customary to hide the afikoman, and the person who finds it gets a prize! The afikoman is eaten last of all at the seder, during step 12, tzafun.

5. Magid: The Story

A retelling of the story of the Exodus from Egypt and the first Pesach. This begins with the youngest person asking The Four Questions, a set of questions about the proceedings designed to encourage participation in the seder. The Magid is designed to satisfy the needs of four different types of people: the wise ones, who want to know the technical details; the wicked ones, who exclude themselves (and learn the penalty for doing so); the simple ones, who need to know the basics; and the ones who are unable to ask, who don't even know enough to know what they need to know. At the end of the Magid, a blessing is recited over the second cup of wine and it is drunk.

6. Rachtzah: Washing

Participants wash their hands again, this time with a blessing, in preparation for eating the matzah.

7. Motzi: Blessing over Grain Products

HaMotzi, the blessing for bread or grain products used as a meal, is recited over the matzah.

8. Matzah: Blessing over Matzah

A blessing specific to matzah is recited, and a bit of matzah is eaten.

9. Maror: Bitter Herbs

A blessing is recited over a bitter vegetable (usually raw horseradish; sometimes romaine lettuce), and it is eaten. This gesture symbolizes the bitterness of slavery. The maror is dipped in charoset, which symbolizes the mortar used by the Jews in building during their slavery. Note that there are two bitter herbs on the seder plate: one labeled maror and one labeled chazeret. The one labeled maror should be used for maror and the one labeled chazeret should be used in the Koreich, below.

10. Koreich: The Sandwich

Rabbi Hillel was of the opinion that the maror should be eaten together with matzah and the paschal offering in a sandwich. In his honor, we eat some maror on a piece of matzah, with some charoset. (Because we no longer sacrifice animals, so there is no paschal offering to eat).

11. Shulchan Oreich: Dinner

A festive meal is eaten. There is no particular requirement regarding what to eat at this meal (except, of course, that chametz cannot be eaten). Among Ashkenazi Jews, gefilte fish and matzah ball soup are often eaten at the beginning of the meal. Roast chicken or turkey are common as traditional main courses, as is beef brisket. Jews with far-ranging palates can put their own unique, contemporary stamp on this meal.

12. Tzafun: The Afikoman

The piece of matzah set aside earlier is eaten as “dessert,” the last food of the meal. Different families have different traditions relating to the afikoman. Some have the children hide it, while the parents have to either find it or ransom it back. Others have the parents hide it, with a small prize given to the finder. The idea is to keep the children awake and attentive throughout the pre-meal proceedings, in anticipation of this part of the seder.

13. Barech: Grace after Meals

The third cup of wine is poured, and Birkat HaMazon is recited. This is similar to the grace that would be recited on any Shabbat, but with the special insertion for Passover. At the end, a blessing is said over the third cup of wine and it is drunk. The fourth cup is poured, including a cup set aside for the prophet Elijah, who is supposed to herald the Messiah, and is supposed to come on Pesach to do so. The door is then opened to invite Elijah into our homes.

14. Hallel: Praises

The standard group of psalms that make up a full Hallel is recited at this point. A blessing is recited over the last cup of wine and it is drunk.

15. Nirtzah: Closing

A simple statement that the seder has been completed, with a wish that next year, we may celebrate Pesach in Jerusalem (i.e., that the Messiah will come within the next year). The closing may be followed by various traditional songs, hymns and stories.

Join Us for Our Passover Shabbat Service
April 22, 7:30 pm
Learn About the Sephardic Custom of Maimouna!
In-Person and via Zoom



Because Passover begins this year on Friday evening, April 15th, the night of the first Seder, there will be no Shabbat service that week. **At our Passover Shabbat service on April 22nd, Rabbi Mills will be including information about the customs of Maimouna.**

What, you might ask, is Maimouna? It is an exuberant and festive custom that Sephardic Jews observe on the evening and day after Passover, including eating special Sephardic foods.



Come to our Shabbat service on April 22nd to learn about this custom! [To see the flier for this special Shabbat, click here.](#) If you are curious and want to explore more about this subject, check out the article below:

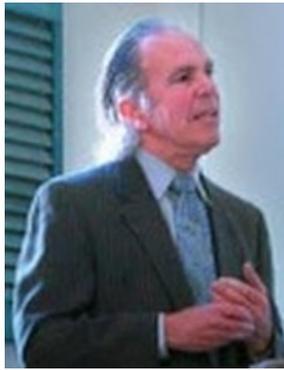
<https://www.myjewishlearning.com/article/maimouna-a-post-passover-celebration/>

Counting the Omer Study



The weeks between Passover and Shavuot are called the period of the Counting of the Omer and are traditionally observed with, among other things, a topic of study. For this year's Omer study, we will be meeting weekly on Wednesdays from noon to one pm to learn about Jewish Rituals. The classes will be taught by teams of Rabbis from small congregations around the county. The schedule and topics are below. [To see the flier, click here.](#)

Week 1: candle lighting	4/20
Week 2: Tzitzit	4/27
Week 3: Mikveh	5/4
Week 4: reading of Torah with Aliyah	5/11
Week 5: Brit Milah (and welcoming rituals)	5/18
Week 6: observance of Yahrzeit	5/25
	6/1
Week 7: Havdalah	



**Limud Torah/Torah Study Group
with Rabbi Emeritus Lawrence Silverman**

Monday mornings, from 8:30 - 9:45 a.m.

All are Welcome!

To join the Zoom Meeting, click on the link below:

<https://us02web.zoom.us/j/2947234661?pwd=RVFTQmFFYXBVWHRJQ3RkeDhjTVptZz09>

Meeting ID: 294 723 4661, Passcode: 720299



**Introduction to Judaism Class
Wednesdays at 4:30 pm**

**Each Class is Self-Contained, and
Congregants Are Encouraged to Drop In! Please Join Us!**

This Introduction to Judaism class is being taught by Rabbi Mills, in-person and via Zoom. The class has been meeting on Wednesdays at 4:30 pm. Originally conceived as a class for converts to Judaism, it is also ideal for congregants who want a comprehensive overview of their Jewish faith, rituals, beliefs, and history. For more information, please send an email to Rabbi Mills at cbjplymouthrabbi@gmail.com.

Upcoming topics to be discussed include:

- America and the Jews
- The Holidays
- Life Cycle; Birth to Marriage
- Life Cycle: Divorce to Death
- Prayer and Ritual
- Sin, Atonement, Afterlife
- Views on Contemporary Issue



MEMBERSHIP NEWS

Welcome to Jesilyn Isabelle, Our Newest Member!

The CBJ family warmly welcomes Jesilyn Isabelle as our newest member! Jesilyn began her studies for conversion under Rabbi Silverman over a year ago and will complete requirements with Rabbi Mills' assistance. She has been a regular attendee at our weekly Friday evening Shabbat services during this process, and many of us already feel like Jesilyn has been a member of our CBJ family for a long time!

Jesilyn's contact information is below:
161 Williston Rd., Sagamore Beach

If you know of any new families in the Plymouth area who might be interested in joining CBJ, please ask them to contact our Membership Chair, Rose Litchman at snobuntng@aol.com [Click here for a link to CBJ's Application Form.](#)



SISTERHOOD NEWS

Sisterhood's Diaper Drive Has Resumed!
Special Mothers Day Appeal!



Since Government assistance programs do not supply diapers or other essential hygiene products, families in need often face the dilemma of having to choose between paying rent or buying diapers for their babies. As its tzedakah project for the past several years, Sisterhood has been donating diapers, wipes, Desitin cream, and baby shampoo to the South Shore Action Council on Obery Street. Adult diapers are also needed.

This year, to coincide with Mothers' Day (May 8th), Sisterhood will be collecting funds, to either purchase these items ourselves, or to provide the funds to the South Shore Community Council for them to do so directly. **Please consider making a donation in honor of, or in memory of, a woman who has made a significant difference in your life. You don't need to contribute a lot in order to help. Donations of \$5.00, \$10.00, or \$20.00 will help. Coupons also greatly help. If you can make a contribution at this time, it would be much appreciated. Send a check to CBJ SISTERHOOD c/o Sherri Sore, 63 Seacliff Dr., Plymouth 02360.** Thank you!



HINENI (Here I Am) RESUMES!

Rides to medical appointments are available once again to congregants who need them through our Hineni Project. Please contact our Hineni Coordinator, Ed Sore, to make the necessary arrangements. Email: esoreproducts@gmail.com or call him at at 774-338-5209

THE CBJ GIFT CARD PROGRAM IS BACK!



Why You Should Support the Gift Card Program

CBJ's Gift Card Program continues to be one of the few ways that our synagogue can raise funds at this time. Please contact our Gift Card Coordinator, Ed Sore, at 774-338-5209 or by email at esoreproducts@gmail.com to tell him what you need. You can either send your payment to him by mail or attach it to your door for him to pick up when he delivers your gift cards. Ed plans to be at CBJ on Sunday mornings when Beit Sefer is in session. Checks can be made out to Congregation Beth Jacob and mailed to:

Ed Sore, 63 Seacliff Drive, Plymouth 02360.

What Cards Do We Carry?

Supermarkets - Stop and Shop, Shaws, The Market at Pinehills, Big Y.

Gas Stations- Speedway, Exxon, Mobil,

Pharmacies: CVS, Walgreens and Rite Aid (**You can pay for prescriptions using CBJ gift cards!**)

Restaurants: Dunkin Donuts, Panera, Texas Roadhouse, Bertuccis, Chilis, 99 and many more.

Department Stores- Walmart, TJ MAXX, Marshalls, Macys, Home Goods, Dicks Sporting Goods, Kohl's, Bed Bath and Beyond, Michaels, Amazon, plus 400 additional retailers. [Check out this link to see a partial listing.](#)



Congregation Beth Jacob gratefully acknowledges receipt of the following donations:

Sadye Sherman Gereboff Fund:

Susan and Joseph Stone - via their Donor Advised Fund (DAF) at Combined Jewish Philanthropies (CJP)

Yahrzeit Fund:

- Fred & Irene Sarke - in memory of Fred's mother, Sally Sarke
- Donald, Carol, & Denise Gilbert - in memory of Carol's mother, Charlotte Lippman
- Paula & Joe Keller - in memory of Joe's father, Dr. I. Harry Keller



**CBJ Community Observance of Yom HaShoah
At Congregation Beth Jacob
Tuesday, April 26, 7:00 pm (in-person and by Zoom)
Guest Speaker: Ada Winstin, a Holocaust Survivor
[To see the flier for this event, click here.](#)**

Yom HaShoah, also known as Holocaust Remembrance Day, occurs on the 27th of the Hebrew month of Nisan. Shoah, which means “catastrophe” or “utter destruction” in Hebrew, refers to the atrocities that were committed against the Jewish people during World War II. This is a memorial day for those who died in the Shoah. The Shoah is also known as the Holocaust, from a Greek word meaning "sacrifice by fire."

The Holocaust was the largest manifestation of antisemitism in recent history. Yom HaShoah reminds us of the horrors that Jews and other persecuted groups faced: forced labor, starvation, humiliation, and torture, which often resulted in death. It was a systematic effort to wipe out an entire population from the face of the earth. For more information about the Holocaust, click on the link below:

<https://www.reformjudaism.org/jewish-holidays/yom-hashoah/holocaust-shoah>

Information About Attendance at This Community Event

Ada Winstin, a Holocaust survivor, will be our Guest Speaker as we join together as an interfaith community to commemorate the destruction of European Jewry by the Nazis of Germany of some of their allies. Other acts of genocide will also be remembered at this service.

Space is limited for in-person attendance. If you are planning to attend in person, please RSVP to reserve your space. Be sure to mention that this is for the Community Observance of Yom HaShoah and how many in your family will be coming. RSVP to RSVP@cbjplymouth.org. The Zoom link will be available in the Weekly Update or by contacting Rabbi Estelle Mills at cbjplymouthrabbi@gmail.com.



**The Following Yahrzeits Will be Observed This
Month:**

(A memorial candle should be lit on the preceding evening.)

April, 2022

- | | |
|---------------------------|-----------------------------|
| 1 Lawrence Hollander | 17 Frances Nigrosh |
| 2 Max Chell | 17 Samuel Poretsky |
| 2 Irving Miller | 17 Irving J. Sadow |
| 3 Janet Lee Kalaminsky | 17 Leah Supornick |
| 3 Bernard Skulsky | 17 Mitchell Toabe |
| 4 Ida Herman | 19 Fannie Penn |
| 5 Shirley Friedman | 19 Aaron Slawsby |
| 5 Jeffrey Hirschhorn | 20 Victor A. Shiff |
| 6 Isaac Cohen | 23 Maurice Benjamin Resnick |
| 6 Ida (Sherman) Padlusky | 23 Max Winokur |
| 10 Ida Kabelsky | 24 Joseph Greenberg |
| 11 Dan Hirschhorn | 24 Cecille Rosen |
| 11 Mary Jane Katz | 24 Joseph Barney Van West |
| 11 Joseph George Resnick | 25 David Keil |
| 14 Dora Sackheim | 26 Barry S. Meltzer |
| 15 Sadye Sherman Gereboff | 27 James Moore |
| 15 Louis Segal | 28 Eleanor Goldberg |
| 15 Albert A. Silverman | 28 Hyman John Klasky |
| 16 Drazel Carlin | 30 Robert Goldberg |

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.



Brotherhood News

**The Next Brotherhood Movie Discussion Night:
"Welcome to Kutsher's - The Last Catskill Resort"
Saturday, April 9, at 7:00 pm
via Zoom**

Everyone is Welcome, not Just Brotherhood Members!



Kutsher's Country Club is the last surviving Jewish resort in the Catskills. Exploring the full Dirty Dancing-era Catskills experience-- and how it changed American pop culture in the comedy, sports and vacation industries-- this award-winning documentary captures a last glimpse of a lost world as it disappears before our eyes. [To watch the trailer, click here.](#)

This film is available to stream, free of charge, from Kanapy (offered by the Plymouth Library), on Amazon Prime (free for Prime members or \$3.99 for non-members) or Vudu. Participants in the Discussion should plan to watch the film beforehand, either individually or with friends/neighbors/family. (It's much more fun that way!) The Zoom link will be available later in The Weekly Update.



Our Beit Sefer Students' Purim Mishloach Manot Gift Boxes Project

Thank you to Rabbi Mills, Beit Sefer teachers, parents, and especially our Beit Sefer students for assembling, decorating, and delivering Mishloach Manot gift boxes. These Purim boxes, gifts of food and drink were delivered to all our members currently on the south shore (our apologies to the snowbirds). The mitzvah of giving mishloach manot (shaloch manos in Yiddish) derives from the Book of Esther and is meant to increase our sense of community.

Some photos of this awesome project are below. To see more, go to CBJ's Facebook page at <https://www.facebook.com/cbjplymouth/> Be sure to use the scroll arrows to see all of them!



Recipe for Chocolate-Drizzled Macaroons (to die for!)



These macaroons are crunchy on the outside and soft and cloud-like on the inside - completely unlike the hard-as-rock, artificially flavored ones that come in a can. These macaroons are straightforward and easy to make. Your reward? Your home will smell like heaven and you will feel like crying for joy when you take the first bite. (OK, maybe that's only me.)

These will keep in an airtight container for up to one week or in the freezer for up to a month!

INGREDIENTS

(2) 14-oz (40-g) packages sweetened coconut flakes (about 10 cups)
3 tablespoons sweetened condensed milk
5 large egg whites, at room temperature
¼ teaspoon cream of tartar
¼ cup (2 oz/60 g) sugar
1 teaspoon vanilla extract
6 oz (185 g) of your favorite chocolate, melted

DIRECTIONS

1. Preheat the oven to 325°F (165°C).
2. Spread the coconut in an even layer on an unlined baking sheet. Toast in the oven until fragrant, about 10 minutes. Let cool, stir the milk in, and use your hands to combine well. Do not turn off the oven.
3. In a stand mixer fitted with the whisk attachment, beat together the egg whites and cream of tartar on medium speed until frothy, about 4 minutes. Add the sugar, increase the speed to medium-high, and beat until the mixture is opaque and soft peaks form, about 3 minutes. Add the vanilla, increase the speed to high, and beat until stiff, glossy peaks form, about 2 minutes. Use a spatula to fold in the coconut mixture.
4. Line two baking sheets with parchment paper. Using a ¼-cup (2-fl oz/60-ml) measuring cup, drop the mixture onto the prepared baking sheets, spacing the cookies about 2 inches (5 cm) apart. They should form tall mounds, rather than wide ones. Bake, one sheet at a time, until the tops and bottoms of the cookies are browned and the insides are still a little soft, 15-20 minutes; they will harden as they cool. Let cool completely on the pans on wire racks. Turn the oven off. After it has cooled down a bit, return the cookies to the oven and leave them there overnight. The next day, peel the macaroons off the parchment and drizzle with the melted chocolate.

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Editor's Note: "The Tent" (formerly named The Pup Tent) is a monthly publication that provides a condensed summary of CBJ news, including the monthly Calendar, upcoming Yahrzeit dates, and acknowledgments of donations that have been received. The "CBJ Weekly Update" is our weekly email newsletter that includes full details about upcoming events, as well as information about the weekly Torah reading portion and helpful links to various resources. **To subscribe to the CBJ Weekly Update, please contact me at judith.sherman@gmail.com.** Thank you! Judith Sherman, Editor, "The Tent" and "CBJ Weekly Update"