



THE PUP TENT

Congregation Beth Jacob's Monthly Newsletter
October, 2021

SHABBAT!



Consistent with the practice of other synagogues in our area, CBJ has been conducting Shabbat services via **Zoom** for the past year and a half. See the "CBJ Weekly Update" for information on how to connect to these services. If you do not currently receive the "Weekly Update," please send an email message to Judith Sherman at judith.sherman@gmail.com, and she will be happy to add you to the distribution list.

Chag Sameach!

CBJ Calendar of Upcoming Events:

September 27, 7:00 pm: Short Yizkor Service

September 27, 7:30 pm: Musical Program from the Union for Reform Judaism (see article)

September 29: Shemini Atzeret/Simchat Torah

October 1, 7:00 pm: Shabbat Service (Simchat Torah will be observed at this service)

October 4, 8:30 am: Limud Torah with Rabbi Emeritus, Lawrence Silverman

October 8, 7:00 pm Shabbat Service

October 11, 8:30 am: Limud Torah with Rabbi Emeritus, Lawrence Silverman

October 15, 7:00 pm Shabbat Service

October 18, 8:30 am: Limud Torah with Rabbi Emeritus, Lawrence Silverman

October 22, 7:00 pm Shabbat Service

October 25, 8:30 am: Limud Torah with Rabbi Emeritus, Lawrence Silverman

October 29, 7:00 pm Shabbat Service

All via Zoom - See the "CBJ Weekly Update" for details and links to join these meetings.

[To see CBJ's online Calendar of Events, click here.](#)

Co-President Ronnie Hirschhorn's Message on the First Day of Rosh Hashanah, 5782



Good morning and welcome to everyone. Fred and I want to wish all of our CBJ family and our guests a Happy and Healthy New Year. When we did HH services last year via Zoom, I think we all expected that to be a unique experience. Yet, here we are today on Zoom again. However, this year we are able to offer a hybrid model, hopefully meeting everyone's preferences and level of comfortability. We are blessed with the opportunity to be together, whether in person or on Zoom. This will again be different than our traditional services; they will be new and exciting. We are so fortunate to have Rabbi Mills as our new rabbi and we are confident that she will bring creativity, spirituality, and relevance to all our services.

This past year has been another very challenging year. Some of us have faced unbearable loss personally and both our country and world have been deeply affected, not only by Covid, but by unbelievable and unprecedented climatic catastrophes. In addition, the divisiveness, and political turmoil throughout our country have added another level of anxiety, frustration, and sadness.

However, throughout all of this nightmarish situation, there seems to me to be a common thread-that of resiliency and hopefulness. Whether it is getting through personal loss or dealing with the world around us, without resiliency and hopefulness, I am not sure we can meet these challenges. I know that for me personally, I have turned inward to find my inner strength and try to be hopeful about the future.

If we look at the history of Jews we can also find that same thread or theme. As Jews, we have faced numerous attempts to eliminate us throughout our history. I am not going to recount all of the anti-Semitism that has occurred throughout our history, but the fact that it is growing and spreading throughout the world today should give us reason to think about it. Whether it was the earliest attempts to eliminate us from biblical times, throughout the Dark and Middle Ages, World War II and continuing today, we persevered. We are a resilient and hopeful people. We have had to be or we would have faced total annihilation. No matter who or what was happening to us, we faced our challenges and we survived. Not only did we survive, but we faced the future with hopefulness. We never gave up. We never lost faith that we had a future. And we went on after each attempt to eliminate us to be stronger. A couple of years ago, included in my HH speech, I gave a brief overview of all of the accomplishments and contributions Jews have made to the world and civilization. I won't repeat them, but I do want to remind you that we as a people have made the world a better place, whether it is medically, scientifically, or culturally, Jews have contributed so much. It is difficult to imagine what the

world would be like without all that we have accomplished. It is difficult to think about what and how else Jews could have done even more if 6 million of us weren't murdered during the Holocaust. What would the world have been like without the resiliency of the Jews to overcome their adversaries and then to face the future with hopefulness?

So throughout this holiday period, let's remind ourselves of not what has happened, but with what we can look forward to in the future. We are all here for different reasons, but we are here, and that is what's important. Throughout this last 18 months, we have tried to keep our CBJ family close. There have been many members who have provided us with opportunities to be together, on Zoom, so that we can feel connected to CBJ, each other, and to Judaism.

Throughout the coming year, we can once again call upon our resiliency and hopefulness. We can call upon our faith and the power of Judaism to help us get through these challenging times. We have been around for thousands of years and while nobody can predict the future, I know that with us as members of our beloved CBJ, or as members of a proud and accomplished people, we will survive.

Fred and I sincerely look forward to when we can safely reopen our building in the near future where we can rejoice in our new Rabbi and our new future. Just know, that we are undefeatable.

Let us be hopeful that 5782 will be a better year for all of us personally, for our country and the world, and for our beloved CBJ.

Shana Tova.

Ronnie Hirschhorn

Co-President, Congregation Beth Jacob

Shemini Atzeret and Simchat Torah (September 29)



Coming at the conclusion of Sukkot are the two holidays of Shemini Atzeret and Simchat Torah. In Israel and among liberal Jews they are combined into one holiday on the day after the conclusion of Sukkot. Among more traditional Jews outside of Israel, they are observed separately from one another on two consecutive days. Shemini Atzeret means the “Eighth Day of Assembly,” while Simchat Torah means “Rejoicing in Torah.”

Shemini Atzeret is mentioned in the Bible, but its exact function is unclear. In Second Temple times, it appears to have been a day devoted to the ritual cleansing of the altar in the Temple. With the destruction of the Temple in 70 CE, this function of the day became obsolete. Although it marks the beginning of the rainy season in Israel and, therefore includes the year’s first prayer for rain, its lack of clear definition may have provided the impetus to celebrate it in conjunction with Simchat Torah, a celebration of the conclusion of one and the beginning of another annual cycle of readings from the Torah. This latter holiday probably originated during the medieval period.

While Shemini Atzeret’s significance is somewhat unclear, Simchat Torah conveys a clear message about the centrality of Torah in Jewish life. It is both a source of Jewish identity and a precious gift from God. Simchat Torah is the day on which the whole community gathers to come into direct contact with the Torah and to express our joy in having received it.

**Celebrate Simchat Torah with Congregation Beth Jacob and the Reform
Movement**

on Monday, September 27:

Short Yizkor Service with Rabbi Mills at 7 pm, Musical event at 7:30.



On Simchat Torah we complete the annual reading of the Torah and begin again with the first words from the book of Genesis. It is also one of four times during the year we have a Yizkor, memorial, service. Observe Yizkor with your Congregation Beth Jacob family with a short service led by Rabbi Mills for CBJ members and friends followed by song and story, joining our voices together with Reform Jews from Across North America at 7:30 pm. Brought to you by the Union for Reform Judaism.

Featuring:

Noah Aronson

Becky Mann

Cantor Mary Thomas

Nefesh Moutain

Rabbis Ken Chasen and Yoshi Zweiback and friends

Marques Hollie

Eliana Rubin

Rabbi Asher Knight

Michelle Cohn Levy

Cantor Ross Wolman



YIZKOR

The four holidays during which the Yizkor prayer is recited are Passover, Shavuot, Yom Kippur, and the 8th day of Sukkot. If you are observing Yizkor, a candle is lit at sundown on September 27th. The Yizkor Prayer is available for you to view or print a copy here.

<https://www.nationaljewishmemorialwall.com/yizkor/>



Rabbi Mills' Yizkor Message

Jewish tradition shows great wisdom in encouraging us to gather for memorial services on Yom Kippur and on the three pilgrimage festivals of Passover, Shavuot, and Sukkot. The Yizkor service awakens strong memories of love and family: memories of time we shared with parents, grandparents, children, husbands, wives, brothers, sisters, and cherished friends.

Judaism teaches us to understand death as part of the divine pattern of the universe. At yizkor, we are reminded of the precarious nature of life in order to lead us to a deep gratitude and celebration of our days, to realize we always have the potential to make a difference in the quality of our life. Today we are reminded to be thankful for life with both its gifts and challenges...and to remember those who brought so much happiness to our existence and our world.

From its inception over a thousand years ago, Yizkor centers on two profound themes: God's continuing embrace of our loved ones who are beyond our reach; and our commitment to do the good deeds that are within our reach by giving tzedakah in their memory. When we say "Yizkor, may God remember . . .," we proclaim our faith that those who have died have significance now and forever.

As we recite their names, we remember the indelible mark that our loved ones left on our lives. As we pray in their memory, we rekindle our love for them. Their days on this earth are always too brief and we grieve their death. However, let us recall how they touched our lives so meaningfully and helped shape who we are today. And let us pray that we have the opportunity to touch the lives of others in the same way, so

that our legacy, along with the legacy of our loved ones will carry on even beyond our own days.

Even at times of sadness and grief, there is sweetness in remembrance. May God help us transform all of our bitter tears into the sweet tears of memory. May we honor their memory by living as they would have wanted us to, for as we are taught; "As long as we live, they too will live; for they are now a part of us; as we remember them."

Warmly,

Rabbi Estelle Mills

MEMBERSHIP NEWS 

We warmly welcome the newest members of our CBJ family:

Stephen Blinder
21 Snapping Bow
Plymouth, MA 02360

Tammy Serata
521 West Street
Duxbury, MA 02332

David & Pat Grace
2 Timberlane
Plymouth, MA 02360

Myra Glansberg
2 Fulton Street
Plymouth, MA 02360

If you know of any new families in the Plymouth area who might be interested in joining CBJ, please ask them to contact our Membership Chair, Rose Litchman at snobuntng@aol.com
[Click here for a link to CBJ's Application Form.](#)

Brotherhood News



Watch the Weekly Update for information about future Brotherhood events that are being planned.

The Brotherhood Dues Form for 2021-2022 is on the following pages. As you may be able to tell, Dan Hirschhorn (z"l) composed the wording, with his inimitable wry comic style.



CBJ'S NEW SISTERHOOD

Watch this space for information about Sisterhood's coming events during the new year. If our programming is as entertaining and as educational as it was last season, we all have a lot to look forward to!

The Sisterhood Dues Form for 2021-2022 is on the following pages.

Sisterhood Dues Notice:

For almost 70 years, CBJ Sisterhood has been an essential part of CBJ, providing the link that binds together long-term members with newer members of our congregation. Being part of Sisterhood provides a great way to be introduced to and get to know the members of CBJ. We pray together, study together and, yes, we have fun together.

Sisterhood holds interesting and informative meetings on the first Tuesday of each month; we plan activities for the whole congregation as we celebrate holidays together, and we raise funds for the benefit of our synagogue.

Sisterhood provides support to our young students in the Beit Sefer program by sponsoring our Pizza in the Hut for Sukkot, as well as the annual Chanukah and Purim Parties. Sisterhood provides all of the supplies for the Temple kitchen; sponsors Onegs throughout the year, and helps us all to celebrate the various holidays in the Jewish calendar by providing appropriate holiday foods for the Oneg table.

Sisterhood donates \$2500.00 to the Temple each year!

We can't do it alone. We need your financial support. Please become a member of Sisterhood so we can continue our support of our beloved **CBJ**.

Name _____

Phone _____ (home) _____ (cell)

Email _____

Area of interest _____

Talent you would be willing to share with the group _____

Program suggestions _____

If you prefer to be an inactive member, please indicate that preference here: _____

Dues are a primary source of funds for many projects. Please consider the following levels of contribution when writing your membership check. Even if you can't participate, please join us and support our important programs and activities. Thank you for your generous support.

Basic Membership _____ **\$25.00** **Sarah** _____ **\$36.00** **Rebecca** _____ **\$54.00**

Make your check payable to Beth Jacob Sisterhood and put "Sisterhood Dues" in the Memo line. Please mail to:

Cindy Teles, 31 Birch Avenue, Plymouth MA 02360

CBJ BROTHERHOOD DUES NOTICE

It happens every year at this time. You atone for your sins....you join Brotherhood! Consider it a mitzvah for yourself and the gift that keeps on giving. Presumptuous...yes. But we do have somewhat of a track record to fall back on. Over the 100 year history of this synagogue, this Brotherhood has established itself as an essential part of this congregation...this community. Our mantra has been: "to do everything we can to help this synagogue grow and flourish....and have fun doing it." But having fun is just a by-product of enjoying what we're doing. We're hoping to get back to that "doing" sooner rather than later. Lest you forget, that "doing" is translated into those "sumptuous" Brotherhood Breakfasts with their intriguing and informative guest speakers. There's the bi-monthly exercise in futility that we call "bowling". There's our Men's "Ribs'N Beer" Seder, our movie nights, our Family Picnic, our Brotherhood Discussion Group, our July 4th Hot Dog Fundraiser, our support of our Sisterhood, and our ongoing support and involvement with the Greater Plymouth Food Warehouse.

We also provide $\frac{3}{4}$ of our treasury to this synagogue's general fund. Between our fundraisers and your dues to this "manly" organization, we have been able to contribute \$2,500 in each of the last few years. In addition, CBJ Brotherhood has been the catalyst for providing over \$7,200 in gift cards to the Greater Plymouth Food Warehouse. With your help we can hopefully equal, if not do better, this year. We can't do it alone. So, with that in mind, we're asking you to once again become a member of CBJ Brotherhood so that we can continue this much needed help for our beloved CBJ as well as our extended Plymouth community.

NAME _____

HOME PHONE _____ CELL # _____

EMAIL _____

AREA OF INTEREST (just staying above ground counts)

Talent that you would be willing to share (THINK!) _____

We're always looking for new ideas to help us grow while helping this synagogue. If you have any new ideas, old ideas, any ideas to help us through this challenging time, we look forward to hearing them. If you prefer being non-participatory....we still welcome and look forward to your membership. We thank you for your generous support

Basic Membership (\$25)_____ Mitzvah Membership (\$36)_____ Big Macher (\$54)_____

Make your check payable to: **CBJ Brotherhood**
Please indicate "Dues Payment" and mail to:
Seth Teles, 31 Birch Avenue, Plymouth, MA 02360

Beit Sefer (Hebrew School) News



Our Beit Sefer students, their parents and guests enjoyed a wonderful day at Back Acre Farms in Middleboro, where they took a hayride around the farm, explored a corn maze, while learning about the holiday of Sukkot. What a wonderfully creative and fun way to begin the school year!

This year promises to build upon its successes of last year, despite the challenges presented by Covid. Our professional staff of Hebrew educators, working in coordination with Rabbi Estelle Mills, has developed an exciting curriculum that is designed to engage our students at every level. For information about our Beit Sefer program, please contact Devon Fernald at beitsefer@cbjplymouth.org.



Congregation Beth Jacob gratefully acknowledges receipt of the following donations:

General Fund (High Holy Day Donations):

Harley Kaplan
Alan Shapiro
Paul Cohen
Elliott Berger

Yahrzeit Fund:

- Allan & Judith Sherman - in memory of Judith's mother, Sylvia Krenis
- Allan & Judith Sherman - in memory of Allan's Grandfather, Julius Putnam
- Allan & Judith Sherman - in memory of Allan's Grandmother, Bessie Putnam

Sisterhood Diaper Fund Drive:

Jesilyn Isabell

Donations Received for Rabbi Silverman's Retirement Project:

Ann Geller

Contributions for Meet & Greet Reception for Rabbi Mills (at White Cliffs)

Dr. Donald & Mrs. Carol Gilbert



The Following Yahrzeits Will be Observed This Month:

(A memorial candle should be lit on the preceding evening.)

October 2021

- | | |
|--------------------------|------------------------------|
| 1 David Samuel Katz | 20 David M. Goldstein |
| 2 Richard Balton | 20 Phyllis E. Levenson |
| 3 Anna Veiner | 21 Sylvia Rubinfein Cohen |
| 4 Reva Brody | 21 Ruth Broder Ennis |
| 5 Manny Arons | 21 Trude Weishaupt |
| 5 Abraham Selig Feinberg | 22 Alfred Diamond |
| 6 Joan-Betty Bernard | 22 Jorge Epstein |
| 6 Zelda Gladstein | 22 Dora Goodman |
| 8 Harris B. Cohen | 22 Sally Jaffee |
| 8 Sarah Sherman | 22 Miriam Ross Toabe |
| 8 Harry L. Skulsky | 23 Charlotte Roe Gerber |
| 9 Lionel D. Greene | 23 Elissa Teles |
| 10 Anna P. Rodman | 25 Celia Bello |
| 14 Morton Arons | 25 Bernard T. Resnick |
| 15 Ethel Shiff | 26 Mildred Resnick Segal |
| 16 Frank Goldberg | 27 Esther Carlson |
| 17 Manis Albert | 27 Sadye R. Meltzer |
| 17 Erika Blass | 28 Herman Roe |
| 17 Edythe Shelly | 29 Bernard Feinberg |
| 18 Pearl Keil | 29 George Gleason |
| 18 Max Sadow | 29 Eunice Dezorett Millstein |
| 19 Mark Lelyveld | 29 Israel Pokross |
| 19 Nettie B. Resnick | 31 Edward F. Baler |
| 19 Amanda Russo | |
| 20 Meyer Baron | |

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.

Editor's Note: "The Pup Tent" is a monthly publication that provides a condensed summary of CBJ news, including the monthly Calendar, upcoming Yahrzeit dates, and acknowledgments of donations that have been received. The "CBJ Weekly Update" is our weekly email newsletter that includes full details about upcoming events, as well as information about the weekly Torah reading portion and helpful links to various resources. **To subscribe to the CBJ Weekly Update, please contact me at judith.sherman@gmail.com.** Thank you! Judith Sherman, Editor, "The Pup Tent" and "CBJ Weekly Update"



Recipe for My Dad's Sweet & Sour Stuffed Cabbage

INGREDIENTS

For the cabbage:

- 1 large head white cabbage
- 2 pounds ground beef or 1 lb. ground beef and 1 lb. ground chicken
- 2 eggs, beaten
- 1 cup finely chopped onion
- 2 finely chopped garlic cloves
- 2 teaspoons salt
- 1 teaspoon ground black pepper
- 1/2 cup raw rice, preferably long-grain or soft bread crumbs

For the sauce:

- 4 tablespoons olive oil
- 4 finely chopped garlic cloves
- 1 cup finely chopped onion
- 1 32-oz. can of tomatoes, blended to a puree with all their juice, or 2 lb. fresh, peeled tomatoes, pureed in a food processor.
- If using fresh tomatoes, add 1/2 cup water and 3 tablespoons tomato paste.
- 4 tablespoons apple cider or red wine vinegar or lemon juice
- 1/2 cup brown sugar
- 12 Ginger Snaps (break them up)
- 2 cups chopped cabbage from rest of cabbage head after separating leaves
- Salt and pepper

DIRECTIONS

1. Mix the ground meat with the eggs, seasonings and rice or soft bread crumbs. Cover and set aside for the flavors to meld.
2. Fill a deep pan with enough water to cover the cabbage generously, and have the water boiling.
3. Core the cabbage by working a sharp knife around the stem, as deeply as you can manage
4. Drop the cabbage into the boiling water. Let it cook 2 or 3 minutes, or until the leaves have changed color and are visibly soft. Stick a long-handled fork into the hollowed-out bottom and transfer it to a deep bowl containing cold water. Let it cool for a few minutes.
5. Turn the cabbage right side up on a chopping block to drain. Carefully separate about 20 leaves of the best-looking and most whole leaves. The top ones may be too cooked to handle; keep peeling leaves off until you get to ones that are flexible but not

overcooked. Any very large ones, slice in half the long way, alongside the rib. There's always some tearing, but don't worry, you can mend it. Set the leaves aside on a dish. Coarsely chop enough of the remaining fresh cabbage to fill 2 cups. Set aside in a separate bowl.

6. Shape the meat mixture into a plump square. Keep it as even as possible. With a long knife, divide the square into thirds, then each third into three pieces. Wet your hands and lightly roll a piece between your palms to make a plump rectangle.
7. Choose a cabbage leaf and place the meat rectangle at the base, above the stiff bottom. The curly top of the leaf should be face up. Roll the bottom up over the meat. Tuck the sides in once, and roll up. Keep rolling and tucking until the meat is encased in the leaf. Secure the bottom side with a toothpick. Fill all the leaves this way. Any leftover meat can be rolled into balls and placed around the stuffed leaves later.
8. Preheat the oven to 350° F (175° C).
9. Make the sauce. Heat the olive oil in a heavy skillet. Keeping the heat medium, cook and stir the onion until soft. Add the chopped cabbage; cook and stir until the cabbage wilts. Stir in the garlic.
10. Add the blended canned tomatoes (or pureed fresh tomatoes with water and tomato paste).
11. Stir in the vinegar or lemon juice and sugar. Stir to dissolve the sugar. Add the broken up ginger snaps. Add salt and black pepper to taste.
12. Cook for 5 minutes, lowering the heat if the sauce looks like it's drying out. Taste and adjust the sweetness/sourness to your liking, adding more vinegar, sugar, salt and pepper, in small quantities, until you're satisfied.
13. Place baking parchment on the bottom of a casserole dish or roasting pan. Ladle in enough of the sauce to cover the bottom of the paper. Place the stuffed rolls on the sauce, seam side down. Tuck any meatballs into corners. Ladle the rest of the sauce over the rolls. Cover the casserole with tin foil. Bake for 2 hours. Try not to peek. Serve, and enjoy.