



THE PUP TENT

Congregation Beth Jacob's Monthly Newsletter
January, 2021

SHABBAT!



Since March of 2020, CBJ has been conducting Shabbat services via **Zoom**. See the "CBJ Weekly Update" for information on how to connect to these services. If you do not currently receive the "Weekly Update," please send an email message to Judith Sherman at judith.sherman@gmail.com, and she will be happy to add you to the distribution list.



CBJ Virtual Musical Events 2021

Shir David is back at CBJ!
Join us via Zoom for one or all of these events and enjoy
this wonderful musical duo!

SAVE THE DATES!

January 23, 2021, 4:30-6:00 pm: Tu B'Shevat Havdalah Family Musical Program featuring Shir David

March 26, 2021, 4:30-6:00 pm: Passover Family Shabbat Musical Program featuring Shir David

May 14, 2021, 4:30-6:00 pm: Family Shabbat Musical Program featuring Shir David

To register, email Dianne Bluestein at dsbluestein@yahoo.com. A Zoom link will be provided prior to the event. [To see the flyer, click here.](#)



Congregation Beth Jacob gratefully acknowledges receipt of the following donations:

Yahrzeit Fund:

Allan & Judith Sherman - in memory of Judith's father, Max Krenis

Allan & Judith Sherman - in memory of Allan's father, Louis Sherman

General Fund:

Susan Resnick sent a generous donation in appreciation to Rabbi Silverman and in honor of his upcoming retirement. Sue enclosed the following note with her donation - "The Resnick family joins me in congratulating and thanking Rabbi Silverman on his pending retirement, and for his support to our family over these many years. We wish him much good luck and good health in the year to come."

In Memory of Melvin Klasky:

- Arthur and Arlene Constant
- Arthur Shaw, Jr.

Sisterhood's Diaper Drive:

- Ronnie Hirschhorn
- Jackie Winokur
- Barbara Aharoni
- Kate Engel
- Suzanne Goldberg



CBJ Calendar of Upcoming Events (All via Zoom - See the "CBJ Weekly Update" for links to join these meetings.)

January 4, 8:30 am - Limud Torah Study Group

January 6, 7:00 pm - New Sisterhood - Jews in the Arts: Jews in Comedy!

January 8, 7:00 pm - Shabbat Service

January 11, 8:30 am - Limud Torah Study Group

January 15, 7:00 pm - Shabbat Service

January 18, 8:30 am - Limud Torah Study Group

January 22, 7:00 pm - Shabbat Service

January 23, 4:30 pm - Tu B'Shevat/Havdalah Family Service with Shir David

January 25, 8:30 am - Limud Torah Study Group

January 25, 7:00 pm - CBJ Board Meeting

January 29, 7:00 pm - Shabbat Service



The Following Yahrzeits Will be Observed in January:

(A memorial candle should be lit on the preceding evening.)

January 2021

- | | |
|----------------------------|-----------------------------|
| 1 Esther Lee Bloom | 18 Joseph Rains |
| 1 Elaine Winter Brown | 18 Samuel Resnick |
| 1 Kay Hodosh Falstein | 19 Philip Aranowitz |
| 1 Ruth Ross | 19 Arthur Goodman |
| 2 Samuel Gereboff | 20 Lawrence Friedman |
| 3 Melvin Bloom | 20 Charles "Chuck" Ginsburg |
| 3 Irving Etkind | 20 Fred Greenbaum |
| 3 Helen Evans | 20 William Lewis |
| 3 Jacob Joseph Fortunow | 20 Michel Toabe |
| 3 Adeline Winokur | 21 Karin Goldstein |
| 6 Ronald Goldberg | 21 Seymore Horenstein |
| 6 Paula Lesser | 21 Annie Mankoff |
| 6 Anne Nigrosh | 21 Barbara Righter |
| 7 Isadore Albert | 22 Shirley Greenbaum |
| 7 Edith Beatrice Kagan | 22 William David Resnick |
| 7 Philip Ratick | 22 Charles Righter |
| 7 Pauline Resnick | 23 Hannah Cooper |
| 8 Hyman Addis | 24 Benjamin M. Feinberg |
| 8 Jessica Pershing Strauss | 24 Manuel Kalaminsky |
| 9 John Jacob Marcus | 24 Mildred Koplan |
| 10 Shirley Lubin | 24 Angy Moore |
| 10 Albert Reynolds | 25 Reina Etta Feinberg |
| 10 Bessie Skulsky | 25 Bernard Riback |
| 11 Hyman J. Aranowitz | 26 Morris Rodman |
| 14 Mendel Aranowitz | 27 Stephen Goldberg |
| 15 David Resnick | 27 Mae Hirschhorn |
| 15 Simon Resnick | 28 Sadie Stein |
| 15 Rebecca Shriber | 29 Harold Hoffman |
| 16 Ruth Bornstein Strauss | 29 Arthur Kallman |
| 16 Emil N. Winkler | 29 Ida B. Resnick |
| 17 Louis Policow | 30 Kay Levenson-Meltzer |
| 18 Irene Toabe Fagen | |

May their memories be for a blessing and live forever in the hearts of all who knew and loved them.



Beit Sefer News
CBJ K/1 Beit Sefer October/November Highlights
From Shira Moss, Teacher of Kindergarten/1st Grade

We are rolling along in our exploration of important Jewish Values, Themes and Actions for living a full and connected life. For children in kindergarten and first grade, the best way to learn content is through song, story, movement and art. Every class in our Beit Sefer includes fun and engaging ways to teach these important ideas.

We start out with greeting each other with the song, Shalom Chaverim, understanding that Shalom is a very important word with a triple meaning.

One main theme throughout our curriculum is Hachnasat HaTov (recognizing the good) and we also start every class with a sharing activity called Tell Me Something Tov(good), where each student shares something from their week.

Back in October we learned about the High Holidays and the important ideas and symbols that they bring. For Rosh Hashana we drew apple trees and used our art imaginations to make the apples represent our goals for the coming year.

For Yom Kippur we read a wonderful book called, The Hardest Word, and discussed how sometimes all we can do is express that we are truly sorry when we hurt someone's feelings or break something by accident, even if we didn't mean to.

For Sukkot we brought our favorite stuffed animals to class as our welcome guests (Hachnasat Orchim) and watched a video about a little boy in Israel whose family runs an etrog farm. We listened to the song David Melech Yisrael and learned all of the moves.

More recently we have explored the theme of Shalom Bayit (Peace in the home), have watched some great Shaboom videos and read a beautiful poetry book called Peace is an Offering about how it's the little things we do every day that add up. We're learning how to count to five in Hebrew with a fun "categories" game called Five Things, always reminding ourselves of the things we are thankful for (Hakarat HaTov).

As we rounded the corner into December, there was a fun lesson for Chanukah, and as we begin the new semester in January, we'll continue to explore important Jewish Values, Themes and Actions for the K/1 Mensch!



CBJ'S NEW SISTERHOOD

New Sisterhood's Officers:

Co-Presidents: Rose Litchman and Cindy Teles

Rose: snobuntng@aol.com

Cindy: iacorna@aol.com

Treasurer: Cindy Teles

Recording Secretary: Paula Keller

Corresponding Secretary: Suzanne Goldberg

NEW Sisterhood Program Theme "Jews in the Arts"

(from Sisterhood's Co-President, Rose Litchman)

Jews have always made key contributions to the intellectual life of the arts. Let's explore some of the famous people and some of our local people who have interests in the areas of culinary, poetry, music and art. **All programs will be on Zoom and will start at 7:00 pm.** Details about each program will follow. **All are welcome!** You will receive the Zoom link in the CBJ Weekly Update and in the Sisterhood email. Nearly 30 members and guests gathered around Sisterhood's Zoom table for our kick-off "Jews in the Culinary Arts" meeting on December 3rd! Chef Jerry Levine explained the differences in Jewish cuisines and he led a cholent cooking demonstration! It was a grand night of sharing family recipe memories and relating funny holiday food stories. What made the event so successful? Jerry's personality and his knowledge of food facts combined with the willingness of the people to contribute their own Jewish cooking experiences. We talked about gefilte fish, tzimmes and matzah balls. It was so much fun to look back and try to recall the great tastes that we loved at holiday times! Sisterhood is planning more great events. Don't miss them!



NEW SISTERHOOD LAUGH-IN ZOOM NIGHT Jews in the Arts - Comedy! Wednesday, January 6th at 7pm

LET'S LAUGH! Jews and comedy - What a natural fit! (Are there any comedians who are NOT Jewish?) So who are we talking about here? Hint: "Take my wife, please!" 2nd hint: The 2,000 year old man! 3rd hint: Is anything Okay? Get ready to share and reminisce about the great Jewish comedians who have made us laugh over the years!

Save the dates for these outstanding upcoming Sisterhood programs:

- February 3, 2021 - The theme will be Jewish Music (Jewish composers, singers, cantors)
- April 7, 2021 - The theme will be Jewish poetry (Hannah Senesh, Emma Lazarus, etc.)
- June 2, 2021 - the theme will be Jewish Painting/Sculpting



Read This...and Feel Proud! The Vaccine Scientists...Facts

It's a shame that the world population doesn't know this - especially with anti-Semitism on the rise! Read this and feel proud!

Mikael Dolsten, Chief Scientific Officer at Pfizer, is Jewish. He grew up in Halmstad, the son of a Jewish father with prewar roots in Sweden and a Jewish mother who escaped Austria in the early days of WWII. He visited Israel several times as a youngster and did a year of his doctoral work at the Weizmann Institute. There he learned cutting edge immunology which led him to pharmaceutical science. Dolsten has referred in interviews to rising anti-Semitism in Sweden.

Pfizer CEO Albert Borla is a Sephardic Jew from Thessalonika, a city whose Jewish population was almost completely wiped out during WWII. The Borla family's history in Thessalonika goes back 5 centuries, and Borla visits his remaining family members there yearly. He now lives in New York City.

The Chief Medical Officer for Moderna, a Cambridge, Mass.- based company, is an Israeli immigrant named Tal Zaks. Previously, he served as head of Global Oncology at Sanofi Pharmaceuticals. Zaks received his M.D. and PhD. degrees at Ben Gurion University and conducted post-doc research at the NIH.

The scientist responsible, with a colleague, for the pioneering breakthroughs that allowed the development of an mRNA vaccine (the novel approach used by Moderna and Pfizer for dealing with COVID-19) is University of Pennsylvania's Drew Weissman. A Professor of Medicine at Penn, he received his BA and MA degrees at Brandeis and MD/Microbiology and PhD at Boston U. Weissman once worked with a fellowship at the NIH under Dr. Fauci.

(Thank you to Carol Bogin, who provided this information.)

Tu Bishvat! (The Fifteenth of Shevat) January 27th - 28th



Although the celebration of Tu BiShvat has a long and varied history, the theme most commonly ascribed to the holiday today is the environment. It is considered a festival of nature, full of wonder, joy, and thankfulness for creation in anticipation of the renewal of the natural world. During this festival, Jews recall the sacred obligation to care for the world, and the responsibility to share the fruits of the earth with all. Tu BiShvat falls at the beginning of spring in Israel, when the winter rains subside and the pink and white blossoms of the almond trees begin to bud. It is for this reason that almonds and other fruits and nuts native to the Land of Israel - barley, dates, figs, grapes, pomegranates, olives, and wheat - are commonly eaten during a Tu BiShvat seder (a special ritual meal for the holiday).

Above all, the Torah itself is seen as a “Tree of Life,” a growing and abundant source of spiritual sustenance to a great people. Perhaps this is the best indication of the reverence and respect that Judaism holds for God’s world. The tree has been a symbol of life and continues to be a source of life for Israel today. On Tu BiShvat, we celebrate that life in joy and gladness. **To read more about the history of Tu Bishvat**, click on the link below:

https://reformjudaism.org/tu-bishvat-history?utm_source=BulletinBytes&utm_medium=email&utm_content=20191218&utm_campaign=TuBishvat

To learn about **Tu Bishvat Customs and Rituals**, click on the following link:

https://reformjudaism.org/tu-bishvat-customs-and-rituals?utm_source=BulletinBytes&utm_medium=email&utm_content=20191218&utm_campaign=TuBishvat

How can a family celebrate Tu Bishvat? Click on the link below for some cool ideas!

Family Activities:

https://reformjudaism.org/jewish-holidays/tu-bishvat/tu-bishvat-family-activities?utm_source=BulletinBytes&utm_medium=email&utm_content=20191218&utm_campaign=TuBishvat

What foods are eaten on Tu Bishvat?

On Jewish Arbor Day, also known as Tu BiShvat, it’s customary to eat the fruits and nuts that grow on trees in Israel. The holiday’s seven species (sheva minim) are wheat, barley, grapes (wine), figs, pomegranates, olives, and dates. Although not mentioned in Deuteronomy, almonds also figure prominently in this celebration, since almond trees are the first ones to flower in Israel at the time of the holiday.

<https://reformjudaism.org/jewish-life/food-and-recipes/18-tasty-recipes-jewish-arbor-day-aka-tu-bishvat>



Wake Up Chocolate Fruit Chunks for Tu Bishvat

These energizing chocolate chunks have a kick to them! These chocolate-coated, dried fruit chunks celebrate the seven species of the land of Israel – two grains and five fruits. This recipe uses six of those foods. Note: Using the cayenne pepper is completely optional!

INGREDIENTS

1 pound dark chocolate, chips or broken into pieces
1 cup almonds
½ cup raisins, dates, figs, pomegranate, and/or other dried fruit
⅛ cup coffee beans
2 teaspoons cayenne pepper, to taste (or omit it entirely)
½ cup unsweetened cocoa powder
Wheat cereal, barley cereal, granola, oatmeal, or other cereal (optional)

DIRECTIONS

Line a large baking sheet with parchment paper, aluminum foil, or waxed paper. Melt the chocolate in a large heatproof bowl set over a pan of simmering water. Remove from the heat. In a food processor with the chop blade, combine the almonds, raisins, coffee beans, and cayenne. Pulse until coarsely chopped.

Stir the cocoa into the melted chocolate. Once the mixture is even and getting stiff, add the chopped nuts and fruits; keep stirring. Taste to check the spice level.

If the mixture is too moist and sticky, add more nuts, granola, or chopped cereal, or wait until firm enough to handle. [Note: Cooling in the refrigerator will firm the mixture faster.]

Roll the mixture into balls and place on the prepared baking sheet. Cool completely. Dust with cocoa powder or roll in cocoa nibs. Remove from the baking sheet and store in a covered container.

Yield: Approximately 20 chunks

Editor's Note: "The Pup Tent" is a monthly publication that provides a condensed summary of CBJ news, including the monthly Calendar, upcoming Yahrzeit dates, and acknowledgments of donations that have been received. The "CBJ Weekly Update" is our weekly email newsletter that includes full details about upcoming events, as well as information about the weekly Torah reading portion and helpful links to various resources. **To subscribe to the CBJ Weekly Update, please contact me at judith.sherman@gmail.com.** Thank you! Judith Sherman, Editor, "The Pup Tent" and "CBJ Weekly Update"